March 2022



Ista Wicazayan Wi <u>The Sore Eye Moon</u> March 2022



WAPAHA SKA



DAKOTA WOTANIN

DAKOTA WOTANIN

Ista Wicazayan Wi - March 2022

Wapaha Ska Dakota Wotanin

Will be posted to the website during the first week of the month

REMINDER:

THE NEXT WAPAHA SKA DAKOTA WOTANIN SUBMISSION DEADLINE IS: Friday March 25th 2022 @ 4:30 PM

Forward Submissions to:

receptionbo@whitecapdakota.com Or call 306-477-0908 Thank you.

WHITECAP DAKOTA FIRST NATION

182 CHIEF WHITECAP TRAIL WHITECAP, SK S7K 2L2 **TELEPHONE: 306-477-0908 FAX: 306-374-5899** www.whitecapdakota.com

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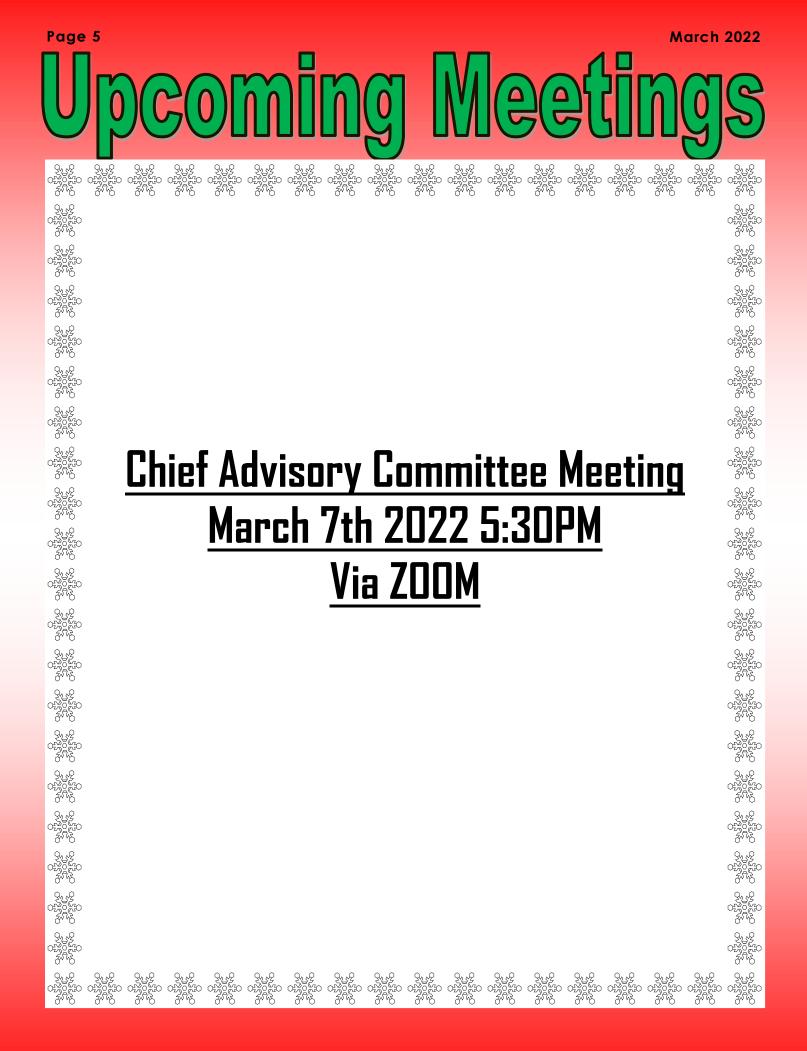
NEXT ISSUE: FIRST WEEK OF April 2022

WHITECAP EMERGENCY DIRECTORY

FIRE EMERGENCY	SELF HELP & OTHER
Major Fire: 911 Rural Saskatoon Fire Dispatch: 306-975-3030 Minor Fire: Contact Fire Chief	Saskatchewan Crime Stoppers: 1-800-222-TIPS (8477)
ARNOLD STONE: 306-290-2760 (Cell)	Suicide Crisis Line: 306-933-6200 Kids Help Line/Suicide Hotline:
POLICING SERVICES Contact: 911 Complaints & Inquires: 306-975-5145	1-800-668-6868 Agency Chiefs Child & Family Services Child Neglect/Protection Concerns: 306-883-3345 Toll Free: 1-888-225-2244
MEDICAL EMERGENCY Contact MD Ambulance Dispatch: 911	Domestic Abuse Crisis Line: 1-888-338-0880 Sexual Assault Crisis Line: 306-244-
OUTAGE/NATURAL GAS <u>REPORTING</u> SaskPower Outage Reporting: 306-310-2220 SaskEnergy Natural Gas Emergency & Safety: 1-888-700-0427	 2224 Poison Control Center: 1-866-454-1212 Problem Gambling: 1-800-306-6789 Health Line: 1-877-800-0002 The Health Line is a group of Health Nurses that will determine if your
MEDICAL TRANSPORTATION Medical Taxi: 306-373-4600 Weekdays Only: 8:00am—4:30pm After Hours: 911 MD Ambulance Services	health condition requires immediate medical attention. This service is available 24 hours a day. All calls are confidential.
<u>Poachers (TIP) Program</u> 24 hours: 1-800-667-7561 SaskTel Cell: 55555	<u>Whitecap Security Team</u> Telephone: 306-477-0082 Cell: 306-281-7543 or 306-281-4868

WHITECAP DAKOTA FIRST NATION EMERGENCY CONTACT LIST

CRISIS	S REPSONSE
AMBULANCE	911
RCMP	306-975-5145
Saskatoon Mobile Crisis	306-933-6200
SUICIDE	PREVENTION
Whitecap Dakota FN Health Centre	306-373-4600
24/7 Hotline	1-833-456-4566
KIDS HELP LINE	1-800-668-6868
DOMES	TICE VIOLENCE
HOTLINE	1-888-338-0880
Interval House	306-244-0185
Salvation Army Support	306-242-6833
	PROTECTION
Agency Chiefs Child & Family Services	1-888-225-2443
Saskatoon and Rural	306-933-6077
After Hours- Mobile Crisis Services	306-933-6200
Saskatchewan Advocate for Children & Youth	306-933-6700 or 1-800-322-7221
	POLICE
RCMP	306-975-5145
RCMP Saskatoon City Police, Non-Emergency Line	
PARAMEDIC EMERGENCY MEDICAL SERVICES	306-975-8300 911
	IERGENCY SERVICES
Royal University Hospital	306-655-1368
St. Paul's Hospital	306-655-5113
City Hospital	306-655-8230
Whitecap Dakota First Nation Health Centre	306-373-4600
EMERGE	NCY SHELTERS
YWCA, Women's Shelter	306-244-2844
Salvation Army, Men's Shelter	306-244-6280
RAPE/SEXUAL	ASSAULT SUPPORT
Saskatoon Sexual Assault Center	306-244-2224
LEGAL ASSISTANCE/VI	ICTIM-WITNESS ASSISTANCE
Legal Aide	306-933-7820
Victim Services	306-975-8400
STD INFORMATION (Se	exually Transmitted Diseases)
Sexual Health Clinic, 101 - 310 Idylwyld Dr. North, Saskatoon	306-655-4664
Saskatoon Sexual Health, Family planning	306-244-7989
AIDS Saskatoon	306-242-5005
Persons Living with AIDS Organization	306-373-7766
75 - Surfacedo	ELP GROUPS
Mental Health Clinic	306-655-7950
Alcoholics Anonymous	306-665-6727
Narcotics Anonymous	1-877-463-3537 or 306-652-5216
Gambling Anonymous	1-800-306-6789
	COUNSELLING (MH Clinic)
Saskatchewan Health Authority- Adults	306-655-4100
Saskatchewan Health Authority- Youth	306-655-4900
MACSI Center Intake	306-657-4275
	IEALTH SERVICES
Mental Health Therapist – Whitecap Dakota First Nation	306-373-4600 cellphone 306-979-8484
24/7 Hotline	1-855-242-3310
Canadian Mental Health Association, Saskatoon Branch	306-384-9333
Mental Health & Addiction Services Centralized Intake	306-655-7777
COMMUNITY CO	DRRECTIONS OFFICERS
WDFN Justice Worker	306-373-4600
Probation Officer	306-933-6324
Fine Option	306-244-0320





Whitecap Dakota First Nation COUNCIL PORTFOLIOS

Chief Darcy Bear

- 1. Self-Government
- 2. Intergovernmental Affairs
- 3. Dakota Reconciliation
- 4. Economic Development
- 5. Finance
- 6. Major Capital
- 7. Taxation
- 8. Gaming
- 9. Housing
- 10. Public Works & Infrastructure
- 11. Lands & Agriculture

Councillor Dwayne Eagle

- 1. Health & Social Development
- 2. Child and Family Services
- 3. Saskatoon District Health WDFN Partnership
- 4. Justice & Policing
- 5. Occupational Health & Safety
- 6. Emergency Response, Fire Protection & Security
- 7. Environment Management
- 8. Fisheries & Oceans
- 9. Hunting & Trapping
- 10. Dakota Dunes Casino Liaison

Councillor Frank Royal

- 1. Administration & Operations
- 2. Education
- 3. Post-Secondary
- 4. Saskatoon Public School WDFN Partnership
- 5. Whitecap Early Learning Centre Inc.
- 6. Culture & Language
- 7. Youth & Recreation
- 8. Employment & Training
- 9. Membership
- **10. Veterans Affairs**



Whitecap Dakota First Nation ADVISORY COMMITTEES

EFFECTIVE FEBRUARY 25, 2021

Education Advisory Committee Culture & Recreation Advisory Committee Membership Advisory Committee

Members:

Sheldon Buffalo Heather Buffalo Kevin Littlecrow Chelsey Sinclair Don Redbear Jared Royal

Ex-officio Vice-chairperson: Councillor Frank Royal Self-Government Advisory Committee Housing & Public Works Advisory Committee Lands Advisory Committee

Members:

Vivian Anderson Jennifer Buffalo Elmer Eagle Allison Daniels Verna Buffalo Lori Buffalo-DeLaRonde Deanna Harper

Ex-officio Vice-chairperson: Chief Darcy Bear

Health & Social Development Advisory Committee CFS Advisory Committee Justice Advisory Committee

Members:

Nancy Linklater Rick Gamola Miranda Harper Loretta Whitecap Brown Trevor Cheekinew-Buffalo Caitlin Royal Pamela Eagle

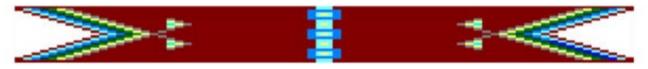
Ex-officio Vice-chairperson: Councillor Dwayne Eagle

WHITECAP DAKOTA HEALTH CENTRE

AT THIS TIME, PLEASE CALL THE Health centre to access services 306-373-4600



THANK YOU FOR YOUR COOPERATION



Whitecap Dakota Health Centre Phone: 306-373-4600 Staff Extension Numbers

Staff Member	Ext.	Position	Email
Arlene Peeteetuce	#8603	Community Health Nurse	apeeteetuce@whitecapdakotahealth.com
Angela Buffalo	#8625	Community Health Nurse	abuffalo@whitecapdakota.com
Brenda Littlecrow		Transportation Service Provider	blittlecrow@whitecapdakota.com
Carrie Desnomie	#8604	Administrative Assistant	cdesnomie@whitecapdakotahealth.com
Carol Penner	#8605	Home Health Aide	cpenner@whitecapdakota.com
Christine Greyeyes	#8614	Community Health Nurse	cgreyeyes@whitecapdakota.com
Cora Fischer	#8606	Jordan's Principal Coordinator	cfischer@whitecapdakotahealth.com
Cory Bear		Receptionist	cjbear@whitecapdakota.com
Fern Rose	#8607	Dental Therapist	
Heather Musqua	#8608	Community Case Manager	hmusqua@whitecapdakotahealth.com
Joanne Alexander	#8609	Mental Health Therapist	jalexander@whitecapdakotahealth.com
Karen Hart	#8610	Nurse Practitioner	
Karen Hercina	#8610	Nurse Practitioner	
Kayla Ahenakew		Youth Enhancement Coordinator	Kahenakew@whitecapdakota.com
Larissa Mercredi	#8613	Community Justice Worker	Imercredi@whitecapdakotahealth.com
Lee Sinclair		Transportation Service Provider	lsinclair@whitecapdakota.com
Lori Buffalo-Delaronde	#8615	Income Assistance Coordinator	lbuffalod@whitecapdakotahealth.com
Lori Sparling	#8601	Director of Health & Social Dev.	lsparling@whitecapdakotahealth.com
Miranda Harper	#8616	Demo Project Program Coordinator	mharper@whitecapdakotahealth.com
Natasha Kwasek	#8626	Maternal Child Health Coordinator	Nkwasek@whitecapdakota.com
Tanis Shanks	#8617	Director, Wellbeing Services	tshanks@whitecapdakota.com
Victorine Royal	#8600	Receptionist	vroyal@whitecapdakotahealth.com
Wendy Derksen	#8618	Accountant-Health	







Agency Chiefs Child & Family Services

P.O. Box 329, Spiritwood, Sask. S0J 2900 Tel: 306-883-3345 Fax: 306-883-3838

ACCFS Whitecap Staff List

Title/Name:	Contact Number:
Protection Supervisor, Jane Ross	(306) 841-7732
Case Manager, Carolena Silva	(306) 250-1776
Prevention Supervisor, Margaret Bear	(306) 227-0265
Family Support Worker, Blaire Buffalo	(306) 250-5125
Family Support Worker, Rosanne Morphy	(306) 380-6995
Youth Enhancement Worker, Sandra Daniels	(306) 491-9337
Cultural Liaison Worker, Sheldon Buffalo	(306) 491-7080

After Hours - TOLL FREE: 1-888-225-2244



Agency Chiefs Child & Family Services

P.O. Box 329, Spiritwood, Sask. SOJ 2940 Tel: 306-883-3345 Fax; 306-883-3838

Foster Care Program CAREGIVERS WANTED

Agency Chiefs Child and Family Services is seeking individuals willing and able to provide temporary care to the children and youth who come into our care. ACCFS is facing a decline in foster homes and are in need of emergency, short and long-term homes. If you have the desire to make a difference in a child's life we want to hear from you!

Please feel free to contact Verla Thomas at 306-883-3345 if you are interested in becoming a caregiver and learn about the added incentives involved.

Covid-19 Response and Updates

Proof of Vaccination

Effective February 14, 2022, proof of vaccination is no longer in effect as a Public Health Order. Please be advised some business, stores and organizations may still require proof of vaccination to enter.

Mandatory Masking Indoor Public Spaces

Effective Monday, February 28, 2022, mandatory masking will no longer be in effect as a Public Health Order. Please be advised some business, stores and organizations may still require masking to enter.

Mandatory Self- Isolation

Effective Monday, February 28, 2022, mandatory self-isolation will no longer be in effect as a Public Health Order. Please be courteous of others and yourself, if you are not feeling well, stay home and get tested.

Self-Monitoring

Self-monitoring means watching closely for symptoms in yourself or your dependents. At the first sign of symptoms, such as increase in body temperature or development of a cough or sore throat or shortness of breath, you should use the **testing options available** to you.

Symptoms of COVID-19 are like other respiratory illnesses including the flu and common cold and may include one or more of the following:

- fever
- cough
- headache
- muscle and/or joint aches and pains
- sore throat
- chills
- runny nose
- nasal congestion
- conjunctivitis
- dizziness
- fatigue
- nausea/vomiting
- diarrhea
- loss of appetite (difficulty feeding for children)
- altered sense of taste or smell
- difficulty breathing
- Note that some people experience mild symptoms or no symptoms at all.

Self-Monitoring vs. Self-Isolation

Self-monitoring means paying attention to your health and so you can identify signs of sickness. During a pandemic, everyone should be self-monitoring. It is important to know the symptoms of COVID-19 and to act appropriately if you have those symptoms. Self-isolation means staying at home to prevent the spread of infection.

How to Protect Yourself

The best protection against COVID-19 is to be **fully vaccinated with 2 doses of Covid-19 vaccine**. Boosters are now available. Additional, everyday preventive actions can continue to reduce transmission of this respiratory illness.

- Practice proper cough and sneezing etiquette (into a tissue or the bend of your elbow)
- Wash your hands often with soap and water; if soap and water are not available, use an alcoholbased hand sanitizer
- Avoid touching your eyes, nose and mouth with unwashed hands
- Clean and disinfect high-touch surfaces regularly
- Stay home with even mild symptoms and get tested

Whitecap Health Centre can provide in home-vaccinations. If interested in this service, can call the Health Centre 306-373-4600

The Test Site is open Monday to Friday 9:00 a.m. to 11:00 a.m.

Information regarding **Returning to School** can be found on CRHES Facebook page. DO NOT send you child to school if they have any of the following symptoms

- Fever/Chills
- Cough or Sore Throat
- Loss of taste or smell
- Shortness of Breath
- Headache
- Aches and Pains
- Runny nose or congestion
- Fatigue
- Diarrhea
- Dizziness

Masking Remains in Effect for All Whitecap Facilities

If you are entering any Whitecap facilities, you must wear a mask indoors.

STEP by STEP on How to register for MySaskHealthRecord

Go to ehealth Saskatchewan - Preferably on Laptop

- Create a <u>Saskatchewan.ca [Saskatchewan.ca]</u> account by going to my SaskHealth record and click on create account, if you don't already have one.
- They will ask you for first and last name email address make sure it's the one you use all the time - create a username and password.
- 3. They will ask you to choose a four-digit code Write everything down.
- 4. Accept the terms of use, and check the "I'm not a robot" checkbox then continue
- Check your email you used to confirm and register your <u>Saskatchewan.ca [Saskatchewan.ca]</u> account.
- Open the email to Activate.
- 7. A message will come up saying your account was successfully activated.
- 8. Go back to ehealthsask.ca [ehealthsask.ca] and select my SaskHealth record tab.
- 9. Select the validate identity Button Step 2.
- 10. Sign in with the username or email you provided and password.
- 11. Once you're in go to the my services page select use service.
- 12. Scroll to the bottom of the MySaskHealthRecord terms and conditions and select "I consent".
- 13. Review the list of prerequisites and press next
- Next you will see Validate your account Need SGI card and complete the following fields last name, given name, SGI customer number, and validation number - Which is on the back of the SGI photo ID card - As it is spelled in your card.
- 15. Review the list of Prerequisites and press next.
- You will need your health card information name, date of birth, health card number, phone number and address - press next.
- The following account activity message will come up Asking you for your pin Review and press next.
- 18. You will receive confirmation that all prerequisite information is complete Select next
- 19. Press next on notification settings page.
- 20. Your MySaskHealthRecord application is complete. Select apply.
- Under tasks view my MySaskHealthRecord please allow up to 24 hours before provincial data is available.
- 22. You now have access to your MySaskHealthRecord to view personal information

Note: Please ensure your SGI photo ID is the most recent issued ID that you may have, and that you are entering your given name exactly as seen on your ID. If you have issues at the SGI section, please use the online assistant at eHealthSask.ca/MySaskHealthRecord and type SGI Error.

Call or Text Lori Buffalo-Delaronde if you require assistance

(639) 317-7091

WHITECAP HEALTH CENTRE COVID-19 VACCINE CLINIC WEDNESDAYS

Vaccine Clinic will be held from 10 am - 12 pm at the Bus Barn. Please call 306-373-4600 to book.

We understand that barriers such as transportation, childcare or other reasons may prevent you from receiving your Covid-19 Vaccine.

The Whitecap Nurses will be offering door to door Covid-19 Vaccinations and can be done on your doorstep if preferred. Please answer your door when the Nurses arrive at your home.

> Door to Door Vaccinations Wednesday from 10 am to 4 pm



December 14, 2021



COVID-19 Prevention

Information for Hunters

Background

- Wild and captive white-tailed deer in Quebec and in the United States have tested positive for COVID-19.
 There have been no reported cases in Saskatchewan.
- COVID-19 infections have been found in other domestic and wild animals as well.
- There are no known cases of people catching COVID-19 from white-tailed deer.
- Research is underway in:
 - Canada to see if the infection exists in white-tailed deer and other cervids—moose, elk, mule deer and caribou, in other provinces.
 - Canada and other countries to discover how wildlife (including cervids) is infected, how widespread the infection is, and the potential risks posed to hunters, trappers and the public.

What can hunters do to reduce their risk of infection?

While there is no evidence of transmission from white-tailed deer to humans, hunters should take precautions when dressing and handling deer carcasses.

- Wear a well fitted non-medical mask.
- Do not hunt or consume animals that appear sick or are found dead.
 - Report any sick or dead animals to your local wildlife authority.

When handling and dressing the carcass:

- Wear gloves (e.g. rubber, latex, nitrile, vinyl) and eye protection (e.g. goggles, safety glasses, face shields)
- Do not eat, drink or smoke and avoid touching your face
- Process carcasses outdoors or in a well-ventilated area and keep knives sharp
- When handling tissues such as lungs, trachea (windpipe), mouth, and nasal cavity:
 - Avoid splashing or spraying fluids from these tissues as much as possible
 - o Clean or change knives and equipment before handling the rest of the carcass
- Dispose of wastes properly
- Keep pets or hunting dogs away from carcasses and discarded tissues
- Dispose wastes properly and reduce the spread of Chronic Wasting Disease (see box→)

After handling the carcass:

- Wash knives, other equipment and surfaces and sanitize with a bleach solution
 - 20 ml of unscented household bleach in 1 litre of water (4 teaspoons in 4 cups of water)
- · Remove your gloves and wash your hands with soap and water or use hand sanitizer
- Change your clothing and footwear if possible
- Cook meat to an internal temperature of 74°C (165°F) to kill any parasites, viruses or bacteria that may be present.

How can you reduce the potential risk of a COVID-19 infection?

- Follow existing public health recommendations.
- Vaccination is still one of the most effective ways to protect you, your family and community.
 - Whenever possible, have a fully vaccinated person handle and dress carcasses.
 - Hunters with underlying health conditions or who are not fully vaccinated have a higher risk of a serious COVID-19 illness.



Help Reduce the Spread of Chronic Wasting Disease

- Don't bait or use salt licks.
- Don't quarter the carcass or debone the meat in the field.
- Double bag and dispose of the carcassand other wastes in a landfillor transfer station.

Mental Wellness Supports



If you're experiencing emotional distress or someone you know is struggling, these resources are available to support you. If you are experiencing a mental health crisis, call 911 immediately.

Hope for Wellness Help Line and Chat

Immediate support is available 24/7 Toll-Free: 1-855-242-3310 Online Chat: <u>www.hopeforwellness.ca</u>

Indian Residential Schools Saskatchewan Region Toll-Free: 1-866-250–1529

National Indian Residential School Crisis Line Toll-Free: 1-866-925-4419

The National Indian Residential School Crisis Line has been set up to provide **immediate support** for former students and those affected. Emotional and crisis referral services can be accessed through the 24-hour national crisis line.

Missing and Murdered Indigenous Women and Girls Support Line Toll-Free: 1-844-413-6649

Wellness Together Canada

Provides immediate crisis/substance use support: Adults: Text **WELLNESS** to 741741 Front Line Workers: Text **FRONTLINE** to 41741 <u>https://ca.portal.gs/</u>

Non-Insured Health Benefits (NIHB) Mental Health Counselling Immediate support is available 24/7 Toll-Free: 1-866-885-3933

For Youth:

Kids Help Phone supports youth 24/7 and through a partnership with We Matter Call: 1-800-668-6868 Text: 686868 Online: <u>kidshelpphone.ca</u>

wemattercampaign.org

Jordan's Principle NEW Saskatchewan Toll-Free Line: 1-833-752-4453 (1-833-SK-CHILD) www.canada.ca/jordans-principle

Indigenous Services Canada Services aux Autochtones Canada



Jordan's Principle is a principle that ensures there is substantive equality (true equality) and that there are no gaps in publicly funded health, social, and educations programs, services, and supports for all First Nations children, on or off reserve, under the age of majority (0 - 18).

The Jordan's Principle provides necessary funding for any services/products/supports, within the domains of health, dental, medical equipment, mental health, social, educational needs, and any other aspect that directly affects the child's wellbeing. In addition, the Jordan's Principle not only aids with individual requests but also group requests (group homes, schools, communities, etc.). The aim of the Jordan's Principle is to meet the unmet needs of all First Nations children and to be able to achieve equal outcomes as all children in Canada. Furthermore, the Jordan's Principle seeks to attain a level of care that is within and beyond Normative Standards of Care, provisions that are culturally appropriate, and adequate safeguards in the best interest of the child. There are a multitude of requests of services/products/supports that are provided for all First Nations children. Each request is evaluated and decided on a case-by-case basis.

If your child requires the support from the Jordan's Principle, please contact me. I will provide guidance in application, navigation of language & process, education of Jordan's Principle standards, provisions of immediate resources, and assist with all coordination processes and funding, if needed.

If you need more information, you can visit: CANADA.CA/JORDANS-PRINCIPLE

Cora Fischer Jordan's Principle Service Coordinator Whitecap Dakota First Nation 182 Chief Whitecap Trail Whitecap, SK S7K 2L2 (306) 380 – 2672 (Monday-Friday 8:00am-4:30pm) cfischer@whitecapdakotahealth.com

WHITECAP HEALTH FOOT CARE SERVICES



THURSDAY, MARCH 10TH Elder's Centre

CALL 306-373-4600

To Book Your Appointment

	Sat	Q	12	19	26	
	Fi	4 Adult support group 9- 10:30	11 Adult support group 9- 10:30	18 Adult support group 9- 10:30	25 Adult support group 9- 10:30	
I al al a	Thu	3 Well baby 8-4 Family Bingo	10 Footcare clinic 8-2 Virtual cooking Family outing	17 Well baby 8-4 St. Patty's Day	24 Well baby 8-4 Virtual cooking	31 Well baby 8-4 Family outing
March	Wed	2	9 Car seat clinic	16	33	30
	Tue	1 Elders meals Parent and tot literacy 1pm-3pm	8 9 Parent and tot literacy 1pm-3pm Prenatal 6-8	15 Parent and tot literacy 1pm-3pm Elders meals	22 Budgeting 101 TBA Prenatal	29 Elders meals
	Mon		7 Girls wellness 5-7	14 CHEP order deadline Girls wellness 5-7	21 Girls wellness 5-7	28 Girls wellness 5-7
	Sun		6 Beading 2-4	13	20 Youth & Parent Conference 12pm-7pm	27

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2021-22 SCHOOL YEAR CALENDAR Kindergarten-Grade 12

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January 2022

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Stat Holida y s
No School - Students/Teachers
All SPS Facilities Closed
STA Convention
PD/Planning/Operations (K-12 No Students)
PD/Planning (K-8 No Students)
PD/Operations (9-12 No Students)
Turnaround Day (9-12 No Students)
Student First Day (K-12)
Student Last Day (9-12)
Student Last Day (K-8)



Saskatoon Public Schools Inspiring Learning

saskatoonpublicschools.ca

WHITECAP EARLY LEARNING CENTRE

Yvonne Peters—WELC Manager

WHITECAP EARLY LEARNING CENTRE

WE ARE ACCEPTING APPLICATIONS FOR ALL AGE GROUPS

- Age groups: 6 weeks 10 years
- Hours of operations: Monday Friday 7:30am – 5:30pm
- Before and After School Program

Band members and employees of Whitecap Dakota First Nation are eligible for a subsidy off regular daycare rates

Please come to the Whitecap Early Learning Centre to pick up your application forms.

Contact the following if you have any questions:

Whitecap Early Learning Centre: 306 – 477 – 2615 Yvonne Peters, WELC Manager 306 – 716 – 4635 Venus Kay, Pedagogical Leader: 306 – 371 – 9223

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WHITECAP IRA NEWS



Indian Registry Administrator Report March 2022

WDFN is committed to the health and wellbeing of its employees and Community members while maintaining essential services for the community. With the continued spread of the COVID-19 virus and its variants, we continue with our proactive health practices. As such, the Whitecap Government Office is closed to the public.

CIS (Certificate of Indian Status) CARDS

By appointment only. At the time of booked appointment, visitors are asked to adhere to the *WDFN Safe Workplace Protocol* regarding Covid-19 Health Check, mandatory masking, hand sanitizing and physical distancing.

Should you require a status card, you may call the Whitecap Government Office at (306) 477-0908 and leave a message with our receptionist. Our receptionist is instructed to screen your call for basic information: Name, reason for card request (First, Expired, Lost), phone number and/or email, and if you have the proper I.D. Then the IRA will contact you to book an appointment.

SERVICES AND INFORMATION

Italia Eagle is the new IRA for Whitecap. For information on Indian Status eligibility, the SCIS (Secure Certificate Indian Status) card application form and process, and band membership, please contact the band office and leave a message for the IRA with your inquiry.

Important Update for Birth Registration Applications

PARENTS, PLEASE READ

We have been advised that applications for birth registrations that are mailed to the National Processing Unit in Gatineau, Quebec have been experiencing a delayed wait time of up to 2 years to process birth registrations, and that it is quicker to process birth registration applications if done in person or mailed to a regional office in Saskatchewan.

<u>Parents:</u> Please do not mail your child application for birth registration to the <u>address listed on the application form</u>. Instead, we strongly encourage parents to contact the Whitecap IRA for assistance with birth registration forms processing.

Page 1 of 2

Options for parents for processing their child registration applications:

- 1. On Reserve or Local Urban Parent Members:
 - a. Preferred method: Make an in-person appointment with the Whitecap IRA to verify the completeness of your forms, then she will mail them directly to the regional office in Regina.
 - b. Mail the application to the Whitecap IRA so she can verify the forms content and send to the Regina office:

Whitecap Indian Registry Administrator 182 Chief Whitecap Trail Whitecap SK S7K 2L2

- 2. Off Reserve Members:
 - a. Preferred method: Mail the application to the Whitecap IRA so she can verify the forms content and send to the Regina office.
 - b. In Person Regina: Call (306) 780-5392 and ask to set up an appointment.
 - c. In Person Prince Albert: Call (306) 953-8522 and ask to set up an appointment.
 - d. Mail to: ISC Governance 1827 Albert Street Regina SK S4P 2S9

Application forms are available from the Whitecap IRA, or can be found online at **www.canada.ca/indian-status**

REQUIRE A SASK. HEALTH CARD? Call toll free 1-800-667-7551 to place your request.

U.S. BORDER CROSSING

Consult the U.S. Customs and Border Protection for updates *before* you travel at **1-202-325-8000** or check this website for more info: <u>https://travel.gc.ca/travel-covid</u>

WDFN TOTAL POPULATION as of January 31, 2021: 683

Page 2 of 2



Indigenous and Northern Affairs Canada Affaires autochtones et du Nord Canada Canada

Do you have a will?

Did you know?



<9% Less than 9% of First Nation peoples on reserve pass away with a will

- the INAC website has information about planning your estate
- your will differs if you live on- or off-reserve
- the Indian Act outlines what should be included in your will
- you can't gift your land on reserve to someone who is not a member of your First Nation
- you can change your will as often as you like
- writing a will doesn't have to be complicated or costly

Why make a will?





NOTICE REGARDING THE Whitecap Dakota First Nation

MEMBERSHIP CODE, 2012

BACKGROUND

- The WDFN Membership Code document was approved by the membership on November 16, 2012 via referendum (voting).
- The Minister of INAC notified the WDFN on August 23, 2013 that the *Code* was approved and is effective and retroactive to December 4, 2012.

MEMBERSHIP CODE GUIDELINES SUMMARY AND APPLICATION PROCESS

An individual must be a registered Indian in order to apply to be on the WDFN (Whitecap) Band list. <u>Automatic Membership</u>

- The parent(s) of minor children that requested of INAC to be on the Whitecap band list at the time they applied for their child to be a Registered Indian is recorded by INAC as an "affiliate" of Whitecap.
- An adult who became eligible to be a Registered Indian as a result of Bill C-3 that requested of INAC to be on the Whitecap band list at the time applied for Registration as an Indian is recorded by INAC as an "affiliate" of Whitecap.
- "Affiliates" are required to complete an application form for Band Membership and submit to the Membership Clerk for processing along with required document(s).
- The Membership Clerk notifies the individual in writing of the status of Band Membership application.
- □ The Membership Clerk updates the Whitecap Band list accordingly.

Discretionary Membership

- The individual completes application for Band Membership and submits to the Membership Clerk for processing along with required documents.
- □ The Membership Clerk takes forward the application to the Membership Committee for their review and recommendation to Council.
- □ The Membership Clerk takes forward recommendation from Membership Committee to Council.
- □ If approved, the Membership Clerk posts a Notice of the approved Band Membership application for 30 days.
- □ The Membership Clerk notifies the person in writing of the status of Band Membership application.
- □ The Membership Clerk updates the Whitecap Band list accordingly.

DEFINITION OF AN "AFFILIATE":

When an individual is affiliated with a Band, it means that the individual is a registered Indian in the IRS (Indian Registry System) with that band and is eligible for benefits including certain non-insured health benefits, the possibility of post-secondary education assistance and exemption from certain federal and provincial taxes. Only that band can grant an individual Membership and access to benefits such as: the right to reside on-reserve; housing on-reserve; voting privileges within the band; and the right to involvement in Community affairs, etc., depending on that Band's Code.

★ Band Membership Application is available at the Whitecap Government (Band) Office, Health Centre, Elementary School or Housing & Public Works office ★

If you have any questions, please contact the WDFN Membership Clerk (Sheila) at 306-477-0908 or <u>scaisse@whitecapdakota.com</u>

Remember to update the WDFN Membership Clerk if you move. The Membership Clerk will correspond to the latest address on file.

Join our Facebook Group!

Whitecap Dakota Self-Governance Group



Whitecap Dakota Self Governance Private Group

This group was created specifically for Whitecap Dakota First Nation Members and Community Members. The purpose of this group is to engage by sharing information and consulting with members to have those critical conversations about the self government processes.

- 1. Self Government Negotiations
- 2. WDFN Constitution
- 3. WDFN Governance Code
- 4. Final Self Government Agreement



*This group is private and exclusive to <u>Registered Band Members</u> only. Feel free to invite other band members to join!

For those members not on social media, please email <u>engage@whitecapdakota.com</u> for more information on Self-Governance.

Scan the QR to Join OR:

- 1. Like the Whitecap Dakota Government FB Page
- From the Whitecap Dakota Government Page, Click on the" Whitecap Dakota Self Governance Agreement Group"
- 3. Click "JOIN"
- 4. You will then be prompted to answer membership questions. Submit your responses and await approval!





WDFN Self-Government- Helpful Links

Scan the following QR Codes using your mobile device or tablet to view the following:



WHITECAP HOUSING &



Whitecap Dakota First Nation accepts rent payments through <u>Online Banking</u>.

Online Payment ≻ Fast, Simple, Convenient

- 1. The easiest and **preferred method** for rentpayments is by online banking. Simply add Whitecap Dakota First Nation as a Payee. All you need is your Customer Number, which can be obtained by calling Whitecap Housing and Public Works: 306-477-2013.
- 2. Schedule your payments in advance or set up as a recurring payment.
- Pay rent or damage deposit any time through your RBC, BMO, TD, CIBC, Scotiabank, Affinity Credit Union or Conexus Credit Union, online banking from any personal computer or smart phone app – day or night, 24/7. Recently added Peace Hills Trust, TCU Financial group and, Accent Credit Union to the list.
- 4. This saves you time, paperwork and leg-work.

financial group

5. Your bank not listed below? No problem, we can get your bank added to the list. Please call the Whitecap Finance staff to request it be added.



We put the accent on service.



Whitecap Dakota First Nation

182 Chief Whitecap Trail, Whitecap SK S7K 21.2 Phone (306) 477-0908 • Fax (306) 374-5899 Website: www.whitecapdakota.com

Memorandum

To:	ALL Whitecap Dakota Community Tenants
CC:	WDFN Council
	Warren Buffalo, General Manager
From:	Terry Parenteau, Director WDFN Housing & Public Works
Date:	January 5, 2022
Re:	Maintenance Calls

Please be advised that we are requesting all tenants take the following actions prior to making a maintenance call to the Housing & Public Works.

All housing units have received a Basic Home Maintenance Manual. Within the manual holds valuable housing maintenance tips. Such as replacing your furnace filter, plunging your toilet, sinks and tubs along with many other valuable maintenance guides.

- When a maintenance repair arises please refer to your Basic Home Maintenance Manual and follow the procedure listed in the manual.
- Should you fail to rectify the maintenance repair issue please call Housing & Public Works 306-477-2013 and we will try to assist you over the phone.
- If maintenance repair attempts are unsuccessful, H&PW will then place a call to a Professional Service Technician.

If you have placed a maintenance call and a Service Technician has not arrived to your home within 24 hours please call H&PW and we will follow up. **DO Not** Contact the Contractor yourself unless you are willing to be **liable for the bill**.

Please do not disrupt Housing & Public Works while they are working in the community. They are extremely busy and are not authorized to change their schedule. Keep in mind it is not anyone other than the tenants' responsibility to report your housing issue.

Thank you for your immediate attention and cooperation in this matter.



Whitecap Dakota First Nation

182 Chief Whitecap Trail, Whitecap SK S7K 2L2 Phone (306) 477-0908 • Fax (306) 374-5899 Website: www.whitecapdakota.com

Memorandum

To:	All WDFN Community Tenants
From:	Terry Parenteau, Director Housing & Public Works
Cc:	Warren Buffalo, General Manager
Date:	January 5, 2022
Re:	Furnace Maintenance

Please be reminded that it is the tenant's responsibility to maintain the furnace 9 out of 10 winter furnace service calls are due to a clogged filter.

All Housing Units were provided with a Basic Home Maintenance Tenant Handbook, page 23 – 26 contains helpful tips on Furnace Maintenance:

Once a Month

Change or clean filters, especially during the heating months.

As a reminder, when the seasons change, change the furnace filter but check often.

To determine how dirty the filters are, hold them up to a light source. If you can easily see light through them, then they are still deemed clean enough to use. Vacuum out return air grilles.

Unusual noises produced by the furnace should be cause for concern.

If airflow from your heat register decrease or seems cooler, chances are the furnace filter is clogged and must be replaced.

Benefits of Furnace Maintenance:

- Helps to increase equipment life
- Restores lost capacity
- Prevents breakdown
- Reduces utility costs
- · Prevents unnecessary repair costs

Standard Furnace Filters are 16 x 25 x 1 and may be purchased at Home Depot, Canadian Tire and Walmart at affordable prices.

Stay warm this winter by regularly changing your furnace filter!



Whitecap Dakota First Nation

182 Chief Whitecap Trail, Whitecap SK S7K 21.2 Phone (306) 477-0908 • Fax (306) 374-5899 Website: www.whitecapdakota.com

Memorandum

To:	All WDFN Community Tenants
c.c.:	WDFN Council
	Warren Buffalo, General Manager
From:	Terry Parenteau, Director, WDFN Housing & Public Works
Date:	January 5, 2022
Re:	Loraas Disposal Garbage Bins and Recyclable Bins

Please keep in mind when discarding your garbage and recyclables.

- Collection equipment requires clear, safe access to your container on collection day to ensure service.
- Containers with inappropriate materials, overweight or over height could be bypassed by collection personnel.
- Garbage bags should NOT be stacked on top of or beside the garbage bin. The garbage bin must be able to close. Cardboard boxes/material do NOT belong in the garbage bins but rather the blue recycle bins.

The Grey garbage bins are clearly marked "DO NOT OVERFILL" The Blue Recyclable bins are clearly marked "Recyclable Products"

Below are illustrations of what to do AND what not to do on garbage day.





ACCEPTABLE Made with PosterMyWall.com

UNACCEPTABLE



WHITECAP- 2022 COLLECTION SCHEDULE THANK YOU FOR HELPING US KEEP OUR ENVIRONMENT CLEAN!

- . Ensure your cart is rolled out by 7 a.m. on your designated collection day.
- · Collection equipment requires clear, safe access to your cart.
- . Do not place your container within 4 feet of buildings, vehicles, overhead and underground utilities.
- · We are not responsible for any damage resulting from service provision.
- · Containers with inappropriate materials, overweight or overloaded will be bypassed by collection personnel.
- · Should your scheduled collection day fall on a statutory holiday, please be advised service will continue as normal.
- . If you scheduled collection day falls on either Christmas or New Years Day, collection will occur on the following Saturday.

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ADVERTISEMENTS, ANNOUNCEMENTS & NOTICES

Hunting on Whitecap Dakota Lands

As per a Whitecap community meeting motion, WDFN has requested that Saskatchewan Conservation Officers patrol Whitecap Reserve Lands for unauthorized hunters.

- If you are a WDFN Member and hold a status card you may hunt as per usual. Remember it is necessary to carry your status card while you are out hunting.
- <u>Non-WDFN members with a status card need a written</u>
 <u>permission slip from the Band and their status card while</u>
 <u>hunting.</u>
- <u>Non-status individuals must have a valid hunting license and a</u> written permission slip from the Band.

If you have any questions or concerns please contact the Band Office.

Turn in Poachers or Unauthorized Hunters at:

TURN IN POACHERS 24 HOURS – TOLL FREE 1-800-667-7561 SASKTEL CELL - #5555

Thank you for your understanding.

The Chief and Council of the Whitecap Dakota First Nation and its Members, would like to thank the Dakota Dunes Community Development Corporation (DDCDC) for their contributions to the following Community Events/ Projects:

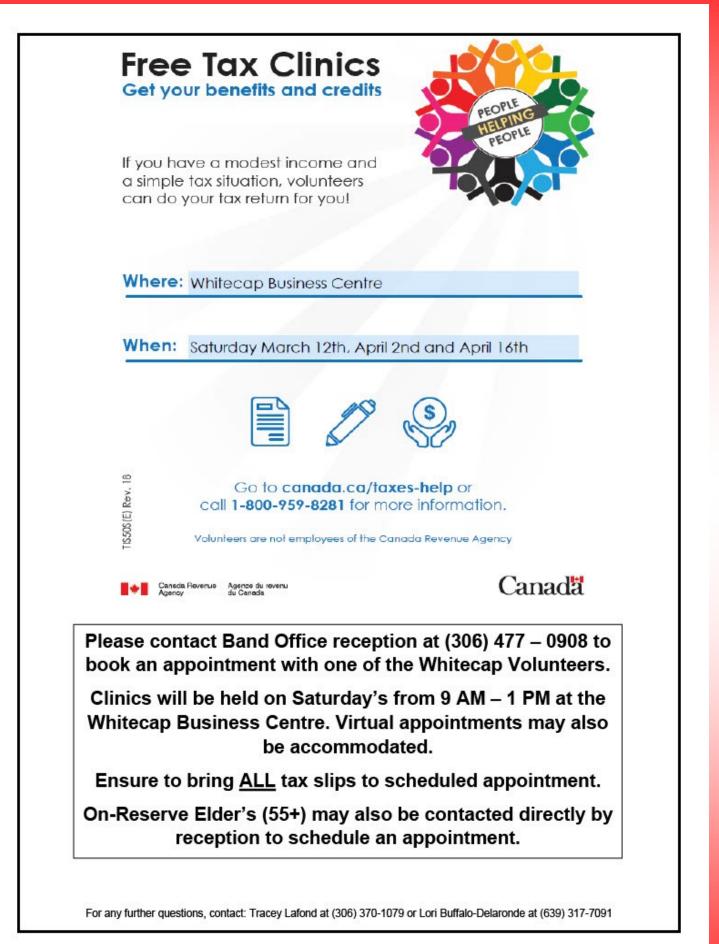
- ➢ Dakota Travelers
- ➢ Compensation Study
- ➤ Sander project
- Public Works Maintenance Trucks year 3
- Store Improvements
- Sports Centre Renovations
- Sports Centre Kitchen Upgrade

- > Wheelchair conversion
- ➤ AED project
- ➢ Public Works Facility
- ≻616 HCP
- Dakota Language Conference
- Whitecap Parade Float Project 2019
- ➢ Septic Tank/ Trailer
- ≻ Pumphouse Reno
- Safety Assessment

We look forward to another successful year in the name of community investment and partnership.



DAKOTA DUNES COMMUNITY DEVELOPMENT CORPORATION





Be advised that hunting and fishing on the Dakota Dunes Golf Course is strictly prohibited.

REMINDER

<u>Whitecap Dakota First Nation</u> <u>Community Curfew</u>

All persons, 12 years of age and under are required to be off Community streets and Community property between 8 P.M. and 7 A.M. unless accompanied by a parent or guardian.

All persons, between the ages of 13 and 17 are required to be off Community streets and Community property between 11 P.M. and 7 A.M. unless accompanied by a parent or guardian.





STRANGER DANGER STRATEGY Information for Community Members of Whitecap Dakota First Nation (WDFN) 2022

Notice

There are recent safety concerns from WDFN members regarding unknown vehicles in the community. WDFN leadership and employees, RCMP, STC, and other agencies are well aware of these concerns and have taken necessary steps to address community safety and well-being

ACTION

As Whitecap is situated on a main highway close to a major city, parental supervision is strongly advised to ensure safety for all children and youth at play.

PARENT TIP

All parents and caregivers are also encouraged to take steps to ensure the safety of their children by teaching safety tips (refer to page 4), following curfew, knowing where your child is at all times, transporting children to activities, participating in community events, etc.

SOCIAL MEDIA TIP

If anything is posted on social media, use caution as the information may not be accurate. Be sure anything you post is accurate.

Please report any suspicious activity to the RCMP. (310-RCMP (7267))

Strategies

1) Quick Response:

a. Saskatchewan Crime Watch Advisory Network – The RCMP launched a new program where anyone can receive texts/calls/emails, etc. about current Crime Watch Advisory's. Any crime watches from WDFN may be posted, if it is reported to the RCMP (911). *To sign up, go to: www.saskcrimewatch.ca

2) Enforcement:

a. RCMP– Gather as much information as possible: Information such as license plates, vehicle type and description, number of occupants, last direction vehicle has travelling, etc., will all be helpful for police investigation.

This information should be reported immediately to the RCMP.

The numbers to call are:

310-RCMP (7267) to report unusual vehicles or activity, or

call <u>911</u> in the event of an emergency including if you have been followed or approached by strangers asking if you want a ride, etc.

b. Community Safety Officers Program- This program is currently under development and will see members of WDFN trained as Community Safety Officers (CSO's).

*Some duties of the CSO include: patrolling and being a visible presence in the community, enforcing community bylaws, assisting in the area of prevention (eg. presentations) and collaborating with the RCMP and WDFN to ensure community safety and well-being.

3) Community Engagement and Awareness:

- a. "Safety Day" Will be planned during the summer to promote safety including:
 - i. Safety Presentation
 - ii. Bike Rodeo

3) Community Engagement and Awareness:

- a. "Safety Day" Will be planned during the summer to promote safety including:
 - i. Safety Presentation
 - ii. Bike Rodeo
 - iii. Child-Find Clinic Will be contacted to come to WDFN
 - iv. Community BBQ and Activities
 - v. STC Mascot, Journey, will be on-site
- b. School Safety Presentations STC, RCMP, and WDFN Community Justice Worker will work together to plan presentations to school-aged children and youth in the schools.
- c. Neighbourhood Watch Be good neighbours! Be aware of your surroundings, be on the lookout for any suspicious activity in the area, and report anything illegal or suspicious to the RCMP (310-RCMP (7267).

Safety Tips: Ways to Keep Children Safe

Parents should be sure their children understand the following:

- Never say they are alone if they answer the phone: they can offer to take a message or say their parents will phone back.
- 2. Never answer the door if they are alone.
- 3. Not invite anyone into the house without the permission of a parent or babysitter.
- 4. Not go into people's houses without letting anyone know where they are.
- 5. Never get into anyone's car without permission.
- 6. Not take candy or other gifts from strangers or anyone else without asking a parent first.
- 7. Never play in deserted buildings or isolated areas.
- 8. Scream and scatter books and belongings if they are forced toward a building or car.
- 9. Move away from a car that pulls up beside them if they do not know the driver.
- 10. Be taught their full telephone number and address.
- 11. Be taught that it's all right to say 'no' to an adult if the person wants them to do something you've taught them is wrong.
- 12. Know that no one has the right to touch any part of their bodies that a bathing suit would cover.
- 13. Tell you, school authorities or a police officer about anyone who exposes private parts.
- 14. Tell you if someone has asked them to keep a secret from you.
- 15. Go to the nearest cashier if lost or separated from you in a store or mall.
- 16. Know who to call in case of emergency.

Teens should:

- 1. Tell you where they are at all times or leave a written or recorded message at home.
- 2. Never hitchhike.
- 3. Avoid shortcuts through empty parks, fields, laneways or alleys.
- 4. Run home or go to the nearest public place and yell for help if they are being followed.
- Learn to recognize suspicious behavior and remember a description of the person or vehicle to give you or the police. Write the plate number in the dirt or snow if nothing else is available.
- 6. If attacked for money, jewelry or clothing give it up rather than risk injury.
- 7. Feel that they can talk to you and can call you to pick them up any time, any place.

Parents should:

- Avoid clothing and toys with your child's name on it. A child is less likely to fear someone that knows his/her name.
- 2. Check all potential babysitters and older friends of your child.
- 3. Never leave a child alone in a public place, stroller or car. Not even for a minute.
- Always accompany young children to the bathroom in a public place and advise them never to play in or around the area.
- Always accompany your child on door-to-door activities, i.e. Halloween, school fundraising campaigns, etc.
- Point out safe houses or homes with the Block Parent sign where children can go if they are in trouble.
- Keep an up-to-date colour photograph of your child, a medical and dental history, and have your child fingerprinted. <u>http://www.childfind.ca/safety/parents1.php</u>

Whitecap's New Mobile App Coming Soon!

The First Nation has their own custom mobile communication apps in the works. Our new app will allow for uploading of community notices and events, surveys and forms.

Details will be unveiled soon! Watch for more information which will be shared via the Whitecap Newsletter, Website, and Facebook pages.