



# **Wozupi Wi**

## **The Planting Moon**

### **April 2022**

# **WAPAHA SKA**



# **DAKOTA WOTANIN**

# DAKOTA WOTANIN

## Wozupi Wi- April 2022

### Wapaha Ska Dakota Wotanin

Will be posted to the  
website during the first  
week of the month

#### **REMINDER:**

THE NEXT WAPAHA SKA  
DAKOTA WOTANIN  
SUBMISSION DEADLINE IS:  
Friday April 22nd, 2022  
@ 4:30 PM

#### **Forward Submissions to:**

[receptionbo@whitecapdakota.com](mailto:receptionbo@whitecapdakota.com)

Or call 306-477-0908

Thank you.

#### **WHITECAP DAKOTA FIRST NATION**

182 CHIEF WHITECAP TRAIL

WHITECAP, SK S7K 2L2

TELEPHONE: 306-477-0908

FAX: 306-374-5899

[www.whitecapdakota.com](http://www.whitecapdakota.com)

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**NEXT ISSUE:  
FIRST WEEK OF MAY 2022**

# **WHITECAP EMERGENCY DIRECTORY**

## **FIRE EMERGENCY**

Major Fire: 911  
 Rural Saskatoon Fire Dispatch:  
 306-975-3030  
 Minor Fire: Contact Fire Chief  
 ARNOLD STONE:  
 306-290-2760 (Cell)

## **POLICING SERVICES**

Contact: 911  
 Complaints & Inquires:  
 306-975-5145

## **MEDICAL EMERGENCY**

Contact MD Ambulance Dispatch:  
 911

## **OUTAGE/NATURAL GAS REPORTING**

SaskPower Outage Reporting:  
 306-310-2220  
 SaskEnergy Natural Gas Emergency  
 & Safety:  
 1-888-700-0427

## **MEDICAL TRANSPORTATION**

Medical Taxi: 306-373-4600  
 Weekdays Only: 8:00am—4:30pm  
  
 After Hours: 911  
 MD Ambulance Services

## **Poachers (TIP) Program**

24 hours: 1-800-667-7561  
 SaskTel Cell: 55555

## **SELF HELP & OTHER**

**Saskatchewan Crime Stoppers:**  
 1-800-222-TIPS (8477)

**Suicide Crisis Line:** 306-933-6200

**Kids Help Line/Suicide Hotline:**  
 1-800-668-6868

**Agency Chiefs Child & Family Services**  
 Child Neglect/Protection Concerns:  
 306-883-3345  
 Toll Free: 1-888-225-2244

**Domestic Abuse Crisis Line:**  
 1-888-338-0880

**Sexual Assault Crisis Line:** 306-244-2224

**Poison Control Center:** 1-866-454-1212

**Problem Gambling:** 1-800-306-6789

**Health Line:** 1-877-800-0002  
 The Health Line is a group of Health Nurses that will determine if your health condition requires immediate medical attention. This service is available 24 hours a day. All calls are confidential.

## **Whitecap Security Team**

Telephone: 306-477-0082  
 Cell: 306-281-7543 or 306-281-4868

WHITECAP DAKOTA FIRST NATION EMERGENCY CONTACT LIST	
<b>CRISIS RESPONSE</b>	
AMBULANCE	911
RCMP	306-975-5145
Saskatoon Mobile Crisis	306-933-6200
<b>SUICIDE PREVENTION</b>	
Whitecap Dakota FN Health Centre	306-373-4600
24/7 Hotline	1-833-456-4566
KIDS HELP LINE	1-800-668-6868
<b>DOMESTIC VIOLENCE</b>	
HOTLINE	1-888-338-0880
Interval House	306-244-0185
Salvation Army Support	306-242-6833
<b>CHILD PROTECTION</b>	
Agency Chiefs Child & Family Services	1-888-225-2443
Saskatoon and Rural	306-933-6077
After Hours- Mobile Crisis Services	306-933-6200
Saskatchewan Advocate for Children & Youth	306-933-6700 or 1-800-322-7221
<b>POLICE</b>	
RCMP	306-975-5145
Saskatoon City Police, Non-Emergency Line	306-975-8300
PARAMEDIC EMERGENCY MEDICAL SERVICES	911
<b>HOSPITAL EMERGENCY SERVICES</b>	
Royal University Hospital	306-655-1368
St. Paul's Hospital	306-655-5113
City Hospital	306-655-8230
Whitecap Dakota First Nation Health Centre	306-373-4600
<b>EMERGENCY SHELTERS</b>	
YWCA, Women's Shelter	306-244-2844
Salvation Army, Men's Shelter	306-244-6280
<b>RAPE/SEXUAL ASSAULT SUPPORT</b>	
Saskatoon Sexual Assault Center	306-244-2224
<b>LEGAL ASSISTANCE/VICTIM-WITNESS ASSISTANCE</b>	
Legal Aide	306-933-7820
Victim Services	306-975-8400
<b>STD INFORMATION (Sexually Transmitted Diseases)</b>	
Sexual Health Clinic, 101 - 310 Idylwyld Dr. North, Saskatoon	306-655-4664
Saskatoon Sexual Health, Family planning	306-244-7989
AIDS Saskatoon	306-242-5005
Persons Living with AIDS Organization	306-373-7766
<b>SELF HELP GROUPS</b>	
Mental Health Clinic	306-655-7950
Alcoholics Anonymous	306-665-6727
Narcotics Anonymous	1-877-463-3537 or 306-652-5216
Gambling Anonymous	1-800-306-6789
<b>SUBSTANCE ABUSE COUNSELLING (MH Clinic)</b>	
Saskatchewan Health Authority- Adults	306-655-4100
Saskatchewan Health Authority- Youth	306-655-4900
MACSI Center Intake	306-657-4275
<b>MENTAL HEALTH SERVICES</b>	
Mental Health Therapist – Whitecap Dakota First Nation	306-373-4600 ... cellphone 306-979-8484
24/7 Hotline	1-855-242-3310
Canadian Mental Health Association, Saskatoon Branch	306-384-9333
Mental Health & Addiction Services Centralized Intake	306-655-7777
<b>COMMUNITY CORRECTIONS OFFICERS</b>	
WDFN Justice Worker	306-373-4600
Probation Officer	306-933-6324
Fine Option	306-244-0320



# Upcoming Meetings

**Council Meeting**  
**Thursday April 7th, 2022**  
**Via Zoom 9:00 AM**



## Whitecap Dakota First Nation COUNCIL PORTFOLIOS

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### Chief Darcy Bear

1. Self-Government
2. Intergovernmental Affairs
3. Dakota Reconciliation
4. Economic Development
5. Finance
6. Major Capital
7. Taxation
8. Gaming
9. Housing
10. Public Works & Infrastructure
11. Lands & Agriculture

### Councillor Dwayne Eagle

1. Health & Social Development
2. Child and Family Services
3. Saskatoon District Health – WDFN Partnership
4. Justice & Policing
5. Occupational Health & Safety
6. Emergency Response, Fire Protection & Security
7. Environment Management
8. Fisheries & Oceans
9. Hunting & Trapping
10. Dakota Dunes Casino Liaison

### Councillor Frank Royal

1. Administration & Operations
2. Education
3. Post-Secondary
4. Saskatoon Public School – WDFN Partnership
5. Whitecap Early Learning Centre Inc.
6. Culture & Language
7. Youth & Recreation
8. Employment & Training
9. Membership
10. Veterans Affairs



## Whitecap Dakota First Nation ADVISORY COMMITTEES

**EFFECTIVE FEBRUARY 25, 2021**

<b>Education Advisory Committee</b>
<b>Culture &amp; Recreation Advisory Committee</b>
<b>Membership Advisory Committee</b>

Members:

Sheldon Buffalo  
Heather Buffalo  
Kevin Littlecrow  
Chelsey Sinclair  
Don Redbear  
Jared Royal

Ex-officio Vice-chairperson:  
Councillor Frank Royal

<b>Self-Government Advisory Committee</b>
<b>Housing &amp; Public Works Advisory Committee</b>
<b>Lands Advisory Committee</b>

Members:

Vivian Anderson  
Jennifer Buffalo  
Elmer Eagle  
Allison Daniels  
Verna Buffalo  
Lori Buffalo-DeLaRonde  
Deanna Harper

Ex-officio Vice-chairperson:  
Chief Darcy Bear

<b>Health &amp; Social Development Advisory Committee</b>
<b>CFS Advisory Committee</b>
<b>Justice Advisory Committee</b>

Members:

Nancy Linklater  
Rick Gamola  
Miranda Harper  
Loretta Whitecap Brown  
Trevor Cheeknew-Buffalo  
Caitlin Royal  
Pamela Eagle

Ex-officio Vice-chairperson:  
Councillor Dwayne Eagle



# WHITECAP DAKOTA HEALTH CENTRE

**AT THIS TIME, PLEASE CALL THE  
HEALTH CENTRE TO ACCESS SERVICES  
306-373-4600**



Appointments available:  
9:30 am- 3:30 pm  
Monday-Friday  
Closed Statutory  
Holidays



**THANK YOU FOR YOUR COOPERATION**



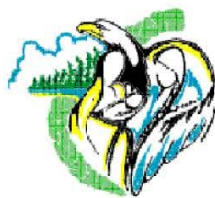


**Whitecap Dakota Health Centre**  
**Phone: 306-373-4600**  
**Staff Extension Numbers**

Staff Member	Ext.	Position	Email
Arlene Peeteetuce	#8603	Community Health Nurse	<a href="mailto:apeeteetuce@whitecapdakotahealth.com">apeeteetuce@whitecapdakotahealth.com</a>
Angela Buffalo	#8625	Community Health Nurse	<a href="mailto:abuffalo@whitecapdakota.com">abuffalo@whitecapdakota.com</a>
Brenda Littlecrow	---	Transportation Service Provider	<a href="mailto:blittlecrow@whitecapdakota.com">blittlecrow@whitecapdakota.com</a>
Carrie Desnomie	#8604	Administrative Assistant	<a href="mailto:cdesnomie@whitecapdakotahealth.com">cdesnomie@whitecapdakotahealth.com</a>
Carol Penner	#8605	Home Health Aide	<a href="mailto:cpenner@whitecapdakota.com">cpenner@whitecapdakota.com</a>
Christine Greyeyes	#8614	Community Health Nurse	<a href="mailto:cgreyeyes@whitecapdakota.com">cgreyeyes@whitecapdakota.com</a>
Cora Fischer	#8606	Jordan's Principal Coordinator	<a href="mailto:cfischer@whitecapdakotahealth.com">cfischer@whitecapdakotahealth.com</a>
Cory Bear	---	Receptionist	<a href="mailto:cjbear@whitecapdakota.com">cjbear@whitecapdakota.com</a>
Fern Rose	#8607	Dental Therapist	---
Heather Musqua	#8608	Community Case Manager	<a href="mailto:hmusqua@whitecapdakotahealth.com">hmusqua@whitecapdakotahealth.com</a>
Joanne Alexander	#8609	Mental Health Therapist	<a href="mailto:jalexander@whitecapdakotahealth.com">jalexander@whitecapdakotahealth.com</a>
Karen Hart	#8610	Nurse Practitioner	---
Karen Hercina	#8610	Nurse Practitioner	---
Kayla Ahenakew	---	Youth Enhancement Coordinator	<a href="mailto:Kahenakew@whitecapdakota.com">Kahenakew@whitecapdakota.com</a>
Larissa Mercredi	#8613	Community Justice Worker	<a href="mailto:lmercredi@whitecapdakotahealth.com">lmercredi@whitecapdakotahealth.com</a>
Lee Sinclair	---	Transportation Service Provider	<a href="mailto:lsinclair@whitecapdakota.com">lsinclair@whitecapdakota.com</a>
Lori Buffalo-Delaronde	#8615	Income Assistance Coordinator	<a href="mailto:lbuffalod@whitecapdakotahealth.com">lbuffalod@whitecapdakotahealth.com</a>
Lori Sparling	#8601	Director of Health & Social Dev.	<a href="mailto:lsparling@whitecapdakotahealth.com">lsparling@whitecapdakotahealth.com</a>
Miranda Harper	#8616	Demo Project Program Coordinator	<a href="mailto:mharper@whitecapdakotahealth.com">mharper@whitecapdakotahealth.com</a>
Natasha Kwasek	#8626	Maternal Child Health Coordinator	<a href="mailto:Nkwasek@whitecapdakota.com">Nkwasek@whitecapdakota.com</a>
Tanis Shanks	#8617	Director, Wellbeing Services	<a href="mailto:tshanks@whitecapdakota.com">tshanks@whitecapdakota.com</a>
Victorine Royal	#8600	Receptionist	<a href="mailto:vroyal@whitecapdakotahealth.com">vroyal@whitecapdakotahealth.com</a>
Wendy Derksen	#8618	Accountant-Health	---







## *Agency Chiefs Child & Family Services*

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*P.O. Box 329, Spiritwood, Sask. S0J 2M0*

*Tel: 306-883-3345 Fax: 306-883-3838*

### ACCFS Whitecap Staff List

<b>Title/Name:</b>	<b>Contact Number:</b>
Protection Supervisor, Jane Ross	(306) 841-7732
Case Manager, Carolena Silva	(306) 250-1776
Prevention Supervisor, Margaret Bear	(306) 227-0265
Family Support Worker, Blaire Buffalo	(306) 250-5125
Family Support Worker, Rosanne Morphy	(306) 380-6995
Youth Enhancement Worker, Sandra Daniels	(306) 491-9337
Cultural Liaison Worker, Sheldon Buffalo	(306) 491-7080

**After Hours - TOLL FREE: 1-888-225-2244**



*Agency Chiefs Child & Family Services*

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P.O. Box 329, Spiritwood, Sask. S0J 2M0  
Tel: 306-883-3345 Fax: 306-883-3838

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## Foster Care Program

# CAREGIVERS WANTED

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Agency Chiefs Child and Family Services is seeking individuals willing and able to provide temporary care to the children and youth who come into our care. ACCFS is facing a decline in foster homes and are in need of emergency, short and long-term homes.

If you have the desire to make a difference in a child's life we want to hear from you!

Please feel free to contact Verla Thomas at 306-883-3345 if you are interested in becoming a caregiver and learn about the added incentives involved.



# Whitecap Health Centre

If interested in getting your  
Covid-19 vaccine or booster  
call the Health Centre @  
306-373-4600

Whitecap is now booking  
appointments through the  
Health Centre.

Business Hours:  
Monday- Friday  
8:00am-4:30pm

## Covid-19 Response and Updates

### **Proof of Vaccination**

Effective February 14, 2022, proof of vaccination is no longer in effect as a Public Health Order. Please be advised some business, stores and organizations may still require proof of vaccination to enter.

### **Mandatory Masking Indoor Public Spaces**

Effective Monday, February 28, 2022, mandatory masking will no longer be in effect as a Public Health Order. Please be advised some business, stores and organizations may still require masking to enter.

### **Mandatory Self- Isolation**

Effective Monday, February 28, 2022, mandatory self-isolation will no longer be in effect as a Public Health Order. Please be courteous of others and yourself, if you are not feeling well, stay home and get tested.

### **Self-Monitoring**

Self-monitoring means watching closely for symptoms in yourself or your dependents. At the first sign of symptoms, such as increase in body temperature or development of a cough or sore throat or shortness of breath, you should use the testing options available to you.

Symptoms of COVID-19 are like other respiratory illnesses including the flu and common cold and may include one or more of the following:

- fever
- cough
- headache
- muscle and/or joint aches and pains
- sore throat
- chills
- runny nose
- nasal congestion
- conjunctivitis
- dizziness
- fatigue
- nausea/vomiting
- diarrhea
- loss of appetite (difficulty feeding for children)
- altered sense of taste or smell
- difficulty breathing
- Note that some people experience mild symptoms or no symptoms at all.



### Self-Monitoring vs. Self-Isolation

Self-monitoring means paying attention to your health and so you can identify signs of sickness. During a pandemic, everyone should be self-monitoring. It is important to know the symptoms of COVID-19 and to act appropriately if you have those symptoms. Self-isolation means staying at home to prevent the spread of infection.

### How to Protect Yourself

The best protection against COVID-19 is to be **fully vaccinated with 2 doses of Covid-19 vaccine**. Boosters are now available. Additional, everyday preventive actions can continue to reduce transmission of this respiratory illness.

- Practice proper cough and sneezing etiquette (into a tissue or the bend of your elbow)
- Wash your hands often with soap and water; if soap and water are not available, use an alcohol-based hand sanitizer
- Avoid touching your eyes, nose and mouth with unwashed hands
- Clean and disinfect high-touch surfaces regularly
- Stay home with even mild symptoms and get tested

Whitecap Health Centre can provide in home-vaccinations. If interested in this service, can call the Health Centre 306-373-4600

The Test Site is open Monday to Friday 9:00 a.m. to 11:00 a.m.

Information regarding **Returning to School** can be found on CRHES Facebook page. DO NOT send you child to school if they have any of the following symptoms

- Fever/Chills
- Cough or Sore Throat
- Loss of taste or smell
- Shortness of Breath
- Headache
- Aches and Pains
- Runny nose or congestion
- Fatigue
- Diarrhea
- Dizziness

### **Masking Remains in Effect for All Whitecap Facilities**

- If you are entering any Whitecap facilities, you must wear a mask indoors.



## STEP by STEP on How to register for MySaskHealthRecord

Go to ehealth Saskatchewan - Preferably on Laptop

1. Create a [Saskatchewan.ca](https://saskatchewan.ca) [[Saskatchewan.ca](https://saskatchewan.ca)] account by going to my SaskHealth record and click on create account, if you don't already have one.
2. They will ask you for first and last name email address - make sure it's the one you use all the time - create a username and password.
3. They will ask you to choose a four-digit code - Write everything down.
4. Accept the terms of use, and check the "I'm not a robot" checkbox then continue
5. Check your email you used to confirm and register your [Saskatchewan.ca](https://saskatchewan.ca) [[Saskatchewan.ca](https://saskatchewan.ca)] account.
6. Open the email to Activate.
7. A message will come up saying your account was successfully activated.
8. Go back to [ehealthsask.ca](https://ehealthsask.ca) [[ehealthsask.ca](https://ehealthsask.ca)] and select my SaskHealth record tab.
9. Select the validate identity Button - Step 2.
10. Sign in with the username or email you provided and password.
11. Once you're in go to the my services page - select use service.
12. Scroll to the bottom of the MySaskHealthRecord terms and conditions and select "I consent".
13. Review the list of prerequisites and press next
14. Next you will see - Validate your account - Need SGI card and complete the following fields - last name, given name, SGI customer number, and validation number - Which is on the back of the SGI photo ID card - As it is spelled in your card.
15. Review the list of Prerequisites and press next.
16. You will need your health card information - name, date of birth, health card number, phone number and address - press next.
17. The following account activity message will come up - Asking you for your pin - Review and press next.
18. You will receive confirmation that all prerequisite information is complete - Select next
19. Press next on notification settings page.
20. Your MySaskHealthRecord application is complete. Select apply.
21. Under tasks - view my MySaskHealthRecord - please allow up to 24 hours before provincial data is available.
22. You now have access to your MySaskHealthRecord to view personal information

**Note:** Please ensure your SGI photo ID is the most recent issued ID that you may have, and that you are entering your given name exactly as seen on your ID. If you have issues at the SGI section, please use the online assistant at [eHealthSask.ca/MySaskHealthRecord](https://eHealthSask.ca/MySaskHealthRecord) and type SGI Error.

Call or Text Lori Buffalo-Delaronde if you require assistance

(639) 317-7091



## COVID-19 Prevention Information for Hunters

December 14, 2021

### Background

- Wild and captive white-tailed deer in Quebec and in the United States have tested positive for COVID-19.
  - There have been no reported cases in Saskatchewan.
- COVID-19 infections have been found in other domestic and wild animals as well.
- There are no known cases of people catching COVID-19 from white-tailed deer.
- Research is underway in:
  - Canada to see if the infection exists in white-tailed deer and other cervids—moose, elk, mule deer and caribou, in other provinces.
  - Canada and other countries to discover how wildlife (including cervids) is infected, how widespread the infection is, and the potential risks posed to hunters, trappers and the public.

### What can hunters do to reduce their risk of infection?

While there is no evidence of transmission from white-tailed deer to humans, hunters should take precautions when dressing and handling deer carcasses.

- Wear a well fitted non-medical mask.
- Do not hunt or consume animals that appear sick or are found dead.
  - Report any sick or dead animals to your local wildlife authority.



### When handling and dressing the carcass:

- Wear gloves (e.g. rubber, latex, nitrile, vinyl) and eye protection (e.g. goggles, safety glasses, face shields)
- Do not eat, drink or smoke and avoid touching your face
- Process carcasses outdoors or in a well-ventilated area and keep knives sharp
- When handling tissues such as lungs, trachea (windpipe), mouth, and nasal cavity:
  - Avoid splashing or spraying fluids from these tissues as much as possible
  - Clean or change knives and equipment before handling the rest of the carcass
- Dispose of wastes properly
- Keep pets or hunting dogs away from carcasses and discarded tissues
- Dispose wastes properly and reduce the spread of **Chronic Wasting Disease** (see box→)

#### Help Reduce the Spread of Chronic Wasting Disease

- Don't bait or use salt licks.
- Don't quarter the carcass or debone the meat in the field.
- Double bag and dispose of the carcass and other wastes in a landfill or transfer station.

### After handling the carcass:

- Wash knives, other equipment and surfaces and sanitize with a bleach solution
  - 20 ml of unscented household bleach in 1 litre of water ( 4 teaspoons in 4 cups of water)
- Remove your gloves and wash your hands with soap and water or use hand sanitizer
- Change your clothing and footwear if possible
- Cook meat to an internal temperature of 74°C (165°F) to kill any parasites, viruses or bacteria that may be present.

### How can you reduce the potential risk of a COVID-19 infection?

- Follow existing public health recommendations.
- Vaccination is still one of the most effective ways to protect you, your family and community.
  - Whenever possible, have a fully vaccinated person handle and dress carcasses.
  - Hunters with underlying health conditions or who are not fully vaccinated have a higher risk of a serious COVID-19 illness.

# Mental Wellness Supports



If you're experiencing emotional distress or someone you know is struggling, these resources are available to support you.  
If you are experiencing a mental health crisis, call 911 immediately.

## Hope for Wellness Help Line and Chat

Immediate support is available 24/7

**Toll-Free:** 1-855-242-3310

**Online Chat:** [www.hopeforwellness.ca](http://www.hopeforwellness.ca)

**Indian Residential Schools  
Saskatchewan Region Toll-Free:**  
1-866-250-1529

**National Indian Residential  
School Crisis Line Toll-Free:**  
1-866-925-4419

The National Indian Residential School Crisis Line has been set up to provide **immediate support** for former students and those affected. Emotional and crisis referral services can be accessed through the 24-hour national crisis line.

**Missing and Murdered  
Indigenous Women and Girls  
Support Line Toll-Free:**  
1-844-413-6649

## Wellness Together Canada

Provides immediate crisis/substance use support:

Adults: Text **WELLNESS** to 741741

Front Line Workers: Text **FRONTLINE** to 41741 <https://ca.portal.gs/>

## Non-Insured Health Benefits (NIHB) Mental Health Counselling

Immediate support is available 24/7

**Toll-Free:** 1-866-885-3933

## For Youth:

**Kids Help Phone supports youth 24/7**  
and through a partnership with We Matter

**Call:** 1-800-668-6868 **Text:** 686868

**Online:** [kidshelpphone.ca](http://kidshelpphone.ca)

[wemattercampaign.org](http://wemattercampaign.org)

**Jordan's Principle NEW**  
**Saskatchewan Toll-Free Line:** 1-833-752-4453

(1-833-SK-CHILD)

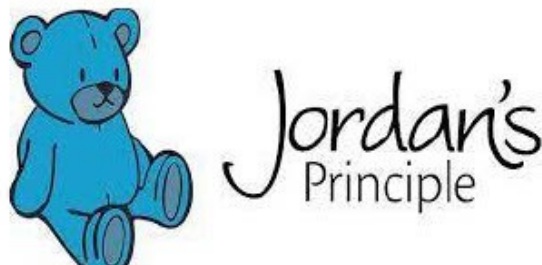
[www.canada.ca/jordans-principle](http://www.canada.ca/jordans-principle)



Indigenous Services  
Canada

Services aux  
Autochtones Canada





Jordan's Principle is a principle that ensures there is substantive equality (true equality) and that there are no gaps in publicly funded health, social, and education programs, services, and supports for all First Nations children, on or off reserve, under the age of majority (0 - 18).

The Jordan's Principle provides necessary funding for any services/products/supports, within the domains of health, dental, medical equipment, mental health, social, educational needs, and any other aspect that directly affects the child's wellbeing. In addition, the Jordan's Principle not only aids with individual requests but also group requests (group homes, schools, communities, etc.). The aim of the Jordan's Principle is to meet the unmet needs of all First Nations children and to be able to achieve equal outcomes as all children in Canada. Furthermore, the Jordan's Principle seeks to attain a level of care that is within and beyond Normative Standards of Care, provisions that are culturally appropriate, and adequate safeguards in the best interest of the child. There are a multitude of requests of services/products/supports that are provided for all First Nations children. Each request is evaluated and decided on a case-by-case basis.

If your child requires the support from the Jordan's Principle, please contact me. I will provide guidance in application, navigation of language & process, education of Jordan's Principle standards, provisions of immediate resources, and assist with all coordination processes and funding, if needed.

If you need more information, you can visit: [CANADA.CA/JORDANS-PRINCIPLE](https://canada.ca/jordans-principle)

Cora Fischer  
Jordan's Principle Service Coordinator  
Whitecap Dakota First Nation  
182 Chief Whitecap Trail  
Whitecap, SK S7K 2L2  
(306) 380 – 2672 (Monday-Friday 8:00am-4:30pm)  
[cfischer@whitecapdakotahealth.com](mailto:cfischer@whitecapdakotahealth.com)

MATERNAL CHILD HEALTH PRESENTS

# BABY CLOTHING DRIVE



PLEASE BRING YOUR GENTLY USED BABY CLOTHING

Trying to collect gently used baby clothing, baby toys, and baby blankets for mothers in need. If anyone in the community has items that a future mother may find useful please drop off at the Health Centre.

Any questions or concerns please contact Tasha 306 381 6428.

Tasha will be cleaning and laundering the items.



# Wellbriety Project



by: Adult Support Group

Walking the Red Road Together  
Native Elder Teachings

- *Weekdays 8:30 am: Elders Daily Reading*
- *Fridays stay longer for Study Group*
- *Free Wellbriety kits available*

Zoom Mtg: 944 2065 2043



Questions? ... call Joanne 306-979-8484



# WHITECAP HEALTH **FOOT CARE SERVICES**

**THURSDAY, APRIL 14 ELDER'S CENTRE**

**CALL 306-373-4600 TO BOOK  
YOUR APPOINTMENT**

Health & Wellbeing Activity Calendar April 2022						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>Elders Centre (EC) Cultural Room (CR) Virtual (V)</b> <b>Gymnasium (Gym) Sports Centre (SC) Health Centre (HC)</b>						
<b>3</b> OPEN GYM 1PM-3PM	<b>4</b> Wellbriety Group 8:30am (V) GIRLS WELLNESS (EC) 5PM-7PM CPNP deliveries	<b>5</b> Wellbriety Group 8:30am (V) Afterschool Soccer (Gym) (Gr.3-4) 3:30pm-4:30pm Soccer Skills (Age 12-17) 5-6pm Ribbon Skirt Program 5-7:30 (EC) Moccasin Making 6pm (CR) Elders Freezer meals	<b>6</b> Wellbriety Group 8:30am (V) Good Food Box BOXING (Gym) Youth 5pm-6pm Adult 6:15-7:15	<b>7</b> Wellbriety Group 8:30am (V) Well baby Clinic 8-4 (HC) TEEN OUTING Clip & Climb	<b>8</b> Wellbriety Group 8:30am (V)	<b>9</b>
<b>10</b> OPEN GYM 1PM-3PM	<b>11</b> Wellbriety Group 8:30am (V) GIRLS WELLNESS (Gym) 5PM-7PM Women's Yoga 7:30pm (Gym)	<b>12</b> Wellbriety Group 8:30am (V) Afterschool Soccer (Gym) (Gr.3-4) 3:30pm-4:30pm Soccer Skills (Age 12-17) 5-6pm Ribbon Skirt Program 5-7:30 (EC) Moccasin Making 6pm (CR)	<b>13</b> Wellbriety Group 8:30am (V) Elder's BINGO (Gym) 1:30pm BOXING (gym) Youth 5pm-6pm Adult 6:15-7:15	<b>14</b> Footcare Clinic 8-2 (EC) Wellbriety Group 8:30am (V) Easter Come n Go for families (SC) 1-3:30	<b>15</b> GOOD FRIDAY STAT	<b>16</b>
<b>17</b> EASTER 	<b>18</b> EASTER MONDAY 	<b>19</b> Wellbriety Group 8:30am (V) CPNP deliveries Afterschool Soccer (Gym) (Gr.3-4) 3:30pm-4:30pm Soccer Skills (Age 12-17) 5-6pm Ribbon Skirt Program 5-7:30 (EC) Elders Freezer meals	<b>20</b> Wellbriety Group 8:30am (V) Good food box BOXING (Gym) Youth 5pm-6pm Adult 6:15-7:15	<b>21</b> Wellbriety Group 8:30am (V) Lacrosse Academy	<b>22</b> Wellbriety Group 8:30am (V) Lacrosse Academy	<b>23</b> FAMILY RUSH GAME
<b>24</b> OPEN GYM 1PM-3PM	<b>25</b> Wellbriety Group 8:30am (V) GIRLS WELLNESS (Gym) 5PM-7PM Women's Yoga 7:30pm (Gym)	<b>26</b> Wellbriety Group 8:30am (V) Afterschool Soccer (Gym) (Gr.3-4) 3:30pm-4:30pm Soccer Skills (Age 12-17) 5pm-6pm Ribbon Skirt Program 5-7:30 (EC)	<b>27</b> Wellbriety Group 8:30am (V) Elder's BINGO (Gym) 1:30pm BOXING (Gym) Youth 5pm-6pm Adult 6:15-7:15	<b>28</b> Wellbriety Group 8:30am (V)	<b>29</b> Wellbriety Group 8:30am (V)	<b>30</b>



# 2021-22 SCHOOL YEAR CALENDAR

## Kindergarten—Grade 12

August 2021						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

September 2021						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

October 2021						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

November 2021						
S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

December 2021						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

January 2022						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

February 2022						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28					

March 2022						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

April 2022						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

May 2022						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

June 2022						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

	Stat Holidays
	No School - Students/Teachers
	All SPS Facilities Closed
	STA Convention
	PD/Planning/Operations (K-12 No Students)
	PD/Planning (K-8 No Students)
	PD/Operations (9-12 No Students)
	Turnaround Day (9-12 No Students)
	Student First Day (K-12)
	Student Last Day (9-12)
	Student Last Day (K-8)



**Saskatoon Public Schools**  
Inspiring Learning

saskatoonpublicschools.ca

JUNE 14, 2021

**WHITECAP EARLY LEARNING CENTRE****Yvonne Peters—WELC Manager**

# WHITECAP EARLY LEARNING CENTRE

WE ARE ACCEPTING  
APPLICATIONS FOR ALL AGE  
GROUPS

- Age groups: 6 weeks – 10 years
- Hours of operations: Monday – Friday  
7:30am – 5:30pm
- Before and After School Program

**\*Band members and employees of Whitecap  
Dakota First Nation are eligible for a subsidy off  
regular daycare rates\***

Please come to the Whitecap Early Learning Centre to  
pick up your application forms.

Contact the following if you have any questions:

Whitecap Early Learning Centre: 306 – 477 – 2615

Yvonne Peters, WELC Manager 306 – 716 – 4635



**WHITECAP IRA NEWS****Indian Registry Administrator Report  
April 2022**

WDFN is committed to the health and wellbeing of its employees and Community members while maintaining essential services for the community. With the continued spread of the COVID-19 virus and its variants, we continue with our proactive health practices. As such, the Whitecap Government Office is closed to the public.

**CIS (Certificate of Indian Status) CARDS**

**By appointment only.** At the time of booked appointment, visitors are asked to adhere to the *WDFN Safe Workplace Protocol* regarding Covid-19 Health Check, mandatory masking, hand sanitizing and physical distancing.

Should you require a status card, you may call the Whitecap Government Office at (306) 477-0908 and leave a message with our receptionist. Our receptionist is instructed to screen your call for basic information: Name, reason for card request (First, Expired, Lost), phone number and/or email, and if you have the proper I.D. Then the IRA will contact you to book an appointment.

**SERVICES AND INFORMATION**

Italia Eagle is the new IRA for Whitecap. For information on Indian Status eligibility, the SCIS (Secure Certificate Indian Status) card application form and process, and band membership, please contact the band office and leave a message for the IRA with your inquiry.

**Important Update for Birth Registration Applications****PARENTS, PLEASE READ**

We have been advised that applications for birth registrations that are mailed to the National Processing Unit in Gatineau, Quebec have been experiencing a delayed wait time of up to 2 years to process birth registrations, and that it is quicker to process birth registration applications if done in person or mailed to a regional office in Saskatchewan.

**Parents: Please do not mail your child application for birth registration to the address listed on the application form.** Instead, we strongly encourage parents to contact the Whitecap IRA for assistance with birth registration forms processing.

Options for parents for processing their child registration applications:

1. *On Reserve or Local Urban Parent Members:*

- a. Preferred method: Make an in-person appointment with the Whitecap IRA to verify the completeness of your forms, then she will mail them directly to the regional office in Regina.
- b. Mail the application to the Whitecap IRA so she can verify the forms content and send to the Regina office:

Whitecap Indian Registry Administrator  
182 Chief Whitecap Trail  
Whitecap SK S7K 2L2

2. *Off Reserve Members:*

- a. Preferred method: Mail the application to the Whitecap IRA so she can verify the forms content and send to the Regina office.
- b. In Person – Regina: Call (306) 780-5392 and ask to set up an appointment.
- c. In Person – Prince Albert: Call (306) 953-8522 and ask to set up an appointment.
- d. Mail to: ISC – Governance  
1827 Albert Street  
Regina SK S4P 2S9

Application forms are available from the Whitecap IRA, or can be found online at [www.canada.ca/indian-status](http://www.canada.ca/indian-status)

**REQUIRE A SASK. HEALTH CARD?** Call toll free **1-800-667-7551** to place your request.

**U.S. BORDER CROSSING**

Consult the U.S. Customs and Border Protection for updates *before* you travel at **1-202-325-8000** or check this website for more info: <https://travel.gc.ca/travel-covid>

**WDFN TOTAL POPULATION** as of February 28, 2022: 686

If your secure status card is up for renewal, your First Nation office or Indigenous Services Canada can help you through the renewal process.



## How to renew:



Read the instructions and complete the renewal application form.



Download the free SCIS Photo app to submit your photo.



**Submit your complete application by mail or in person at your First Nation office.**

R122-26/2022E-PDF  
978-0-660-41738-7



For more information on how to renew your secure status card and to access the application, please scan the QR code below with your mobile device or visit [canada.ca/indian-status-card](https://canada.ca/indian-status-card).

**Still have questions?** Please contact the Public Enquiries Contact Centre by phone at **1-800-567-9604** or by email at **[infopubs@sac-isc.gc.ca](mailto:infopubs@sac-isc.gc.ca)**.





Indigenous and  
Northern Affairs Canada

Affaires autochtones  
et du Nord Canada

Canada

# Do you have a will?

## Did you know?



**<9%**

Less than 9% of First Nation peoples  
on reserve pass away with a will

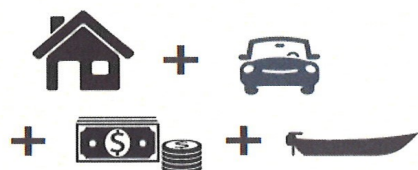
- the INAC website has information about planning your estate
- your **will** differs if you live on- or off-reserve
- the *Indian Act* outlines what should be included in your **will**
- you can't gift your land on reserve to someone who is not a member of your First Nation
- you can change your **will** as often as you like
- writing a **will** doesn't have to be complicated or costly

## Why make a will?

- to provide for your loved ones, your children and grandchildren



- to clearly state who should receive your possessions



- to leave instructions for end of life ceremonies



- to decide who will get your home



- to name who will take care of your children and dependents



- to name who will take care of your estate



**A will could provide peace of mind and clear direction  
about your wishes to your family and loved ones**



Visit <http://www.aadnc-aandc.gc.ca/eng/1100100032530/1100100032532>  
for more information

This publication is also available in French under the title: Avez-vous un testament?

QS-1005-000-EE-A1





## NOTICE REGARDING THE Whitecap Dakota First Nation MEMBERSHIP CODE, 2012

### BACKGROUND

- The *WDFN Membership Code* document was approved by the membership on November 16, 2012 via referendum (voting).
- The Minister of INAC notified the WDFN on August 23, 2013 that the *Code* was approved and is effective and retroactive to December 4, 2012.

### MEMBERSHIP CODE GUIDELINES SUMMARY AND APPLICATION PROCESS

An individual must be a registered Indian in order to apply to be on the WDFN (Whitecap) Band list.

#### Automatic Membership

- The parent(s) of minor children that requested of INAC to be on the Whitecap band list at the time they applied for their child to be a Registered Indian is recorded by INAC as an “affiliate” of Whitecap.
- An adult who became eligible to be a Registered Indian as a result of Bill C-3 that requested of INAC to be on the Whitecap band list at the time applied for Registration as an Indian is recorded by INAC as an “affiliate” of Whitecap.
- ☐ “Affiliates” are required to complete an application form for Band Membership and submit to the Membership Clerk for processing along with required document(s).
- ☐ The Membership Clerk notifies the individual in writing of the status of Band Membership application.
- ☐ The Membership Clerk updates the Whitecap Band list accordingly.

#### Discretionary Membership

- ☐ The individual completes application for Band Membership and submits to the Membership Clerk for processing along with required documents.
- ☐ The Membership Clerk takes forward the application to the Membership Committee for their review and recommendation to Council.
- ☐ The Membership Clerk takes forward recommendation from Membership Committee to Council.
- ☐ If approved, the Membership Clerk posts a Notice of the approved Band Membership application for 30 days.
- ☐ The Membership Clerk notifies the person in writing of the status of Band Membership application.
- ☐ The Membership Clerk updates the Whitecap Band list accordingly.

#### **DEFINITION OF AN “AFFILIATE”:**

When an individual is affiliated with a Band, it means that the individual is a registered Indian in the IRS (Indian Registry System) with that band and is eligible for benefits including certain non-insured health benefits, the possibility of post-secondary education assistance and exemption from certain federal and provincial taxes. Only that band can grant an individual Membership and access to benefits such as: the right to reside on-reserve; housing on-reserve; voting privileges within the band; and the right to involvement in Community affairs, etc., depending on that Band's Code.

**★ Band Membership Application is available at the Whitecap Government (Band) Office, Health Centre, Elementary School or Housing & Public Works office ★**

**If you have any questions, please contact the WDFN Membership Clerk (Sheila) at 306-477-0908 or [scaisse@whitecapdakota.com](mailto:scaisse@whitecapdakota.com)**

*Remember to update the WDFN Membership Clerk if you move.  
The Membership Clerk will correspond to the latest address on file.*



## Whitecap Dakota First Nation

182 Chief Whitecap Trail, Whitecap SK S7K 2L2

Phone (306) 477-0908 • Fax (306) 374-5899

Website: [www.whitecapdakota.com](http://www.whitecapdakota.com)

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March 15, 2022

### **RE: Proposed Amendments to the Whitecap Dakota First Nation Cannabis Law**

Whitecap Dakota First Nation (WDFN) passed a Cannabis Law on November 9<sup>th</sup>, 2020. This law was enacted to govern all aspects of cannabis distribution, sale, possession, and use within and on Whitecap Dakota Lands. It was discovered that our law posed challenges to retailers regarding the purchase of legally produced products from federally licensed producers. To rectify this, we are proposing amendments to the law in consultation with the Province of Saskatchewan and the WDFN technical team whereas the province will recognize our Cannabis Law.

The amendments do not materially change the intent of the law but will more closely align with the wording of the Saskatchewan law, and the reporting required by the federal government. All references to cultivation and production for licensing purposes have been removed, as these are of federal jurisdiction.

In addition to the proposed amendments, this letter is to advise Whitecap membership that WDFN will no longer be pursuing a partnership with Indigenous Bloom as proposed at a December 2018 Community Meeting. The Whitecap Development Corporation did not see enough economic benefit once due diligence on the business plan was completed. The cannabis law will provide the authority to the First Nation to issue a retail license to a third-party operator, with WDFN being the regulator.

The proposed amendments and law have been introduced to Council, reviewed by the Lands Advisory Committee, and will be made available to Whitecap membership for their review and comment as per the WDFN Land Code. The amended law will be posted for a period of twenty-one (21) days from this date. To obtain a copy of the amended law or to discuss further, please contact the Lands Department at (306) 477-0908 or by email at [tlafond@whitecapdakota.com](mailto:tlafond@whitecapdakota.com).

Regards,

Tracey Lafond  
Lands Manager, WDFN

cc: WDFN Council  
Darrell Balkwill, Director of Economic Development and Lands

# Free Tax Clinics

Get your benefits and credits



If you have a modest income and a simple tax situation, volunteers can do your tax return for you!

**Where:** Whitecap Business Centre

**When:** Saturday, April 23rd, 2022



TIS505(E) Rev. 18

Go to [canada.ca/taxes-help](https://canada.ca/taxes-help) or  
call **1-800-959-8281** for more information.

Volunteers are not employees of the Canada Revenue Agency



Canada Revenue  
Agency

Agence du revenu  
du Canada

Canada

**Please contact Band Office reception at (306) 477 – 0908 to book an appointment with one of the Whitecap Volunteers.**

**Clinics will be held on Saturday's from 9 AM – 1 PM at the Whitecap Business Centre. Virtual appointments may also be accommodated.**

**Ensure to bring ALL tax slips to scheduled appointment.**  
**On-Reserve Elder's (55+) may also be contacted directly by reception to schedule an appointment.**

For any further questions, contact: Tracey Lafond at (306) 370-1079 or Lori Buffalo-Delaronde at (639) 317-7091



## Join our Facebook Group!

### Whitecap Dakota Self-Governance Group



This group was created specifically for Whitecap Dakota First Nation Members and Community Members. The purpose of this group is to engage by sharing information and consulting with members to have those critical conversations about the self government processes.

1. Self Government Negotiations
2. WDFN Constitution
3. WDFN Governance Code
4. Final Self Government Agreement



**\*This group is private and exclusive to Registered Band Members only.** Feel free to invite other band members to join!

For those members not on social media, please email [engage@whitecapdakota.com](mailto:engage@whitecapdakota.com) for more information on Self-Governance.

Scan the QR to Join OR:

1. Like the Whitecap Dakota Government FB Page
2. From the Whitecap Dakota Government Page, Click on the "Whitecap Dakota Self Governance Agreement Group"
3. Click "JOIN"
4. You will then be prompted to answer membership questions. Submit your responses and await approval!













### WDFN Self-Government- Helpful Links

Scan the following QR Codes using your mobile device or tablet to view the following:

<p>View the WDFN Website/Self-Government Webpage:</p> 	
<p>Read the Whitecap Constitution Consultation Draft:</p> 	
<p>Watch our latest videos, Whitecap Dakota Self-Government: "Building on Our Past, Creating Our Future" Video Series:</p> 	

## WHITECAP HOUSING & PUBLIC WORKS

# Online Banking

Whitecap Dakota First Nation accepts  
rent payments through Online Banking.

### Online Payment ➤ Fast, Simple, Convenient

1. The easiest and **preferred method** for rent payments is by online banking. Simply add Whitecap Dakota First Nation as a Payee. All you need is your Customer Number, which can be obtained by calling Whitecap Housing and Public Works: 306-477-2013.
2. Schedule your payments in advance or set up as a recurring payment.
3. Pay rent or damage deposit any time through your RBC, BMO, TD, CIBC, Scotiabank, Affinity Credit Union or Conexus Credit Union, online banking from any personal computer or smart phone app – **day or night, 24/7**. Recently added Peace Hills Trust, TCU Financial group and, Accent Credit Union to the list.
4. This saves you time, paperwork and leg-work.
5. Your bank not listed below? No problem, we can get your bank added to the list. Please call the Whitecap Finance staff to request it be added.





## Whitecap Dakota First Nation

182 Chief Whitecap Trail, Whitecap SK S7K 2L2

Phone (306) 477-0908 • Fax (306) 374-5899

Website: [www.whitecapdakota.com](http://www.whitecapdakota.com)

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# Memorandum

**To:** ALL Whitecap Dakota Community Tenants  
**CC:** WDFN Council  
Warren Buffalo, General Manager  
**From:** Terry Parenteau, Director WDFN Housing & Public Works  
**Date:** January 5, 2022  
**Re:** **Maintenance Calls**

---

Please be advised that we are requesting all tenants take the following actions prior to making a maintenance call to the Housing & Public Works.

All housing units have received a Basic Home Maintenance Manual. Within the manual holds valuable housing maintenance tips. Such as replacing your furnace filter, plunging your toilet, sinks and tubs along with many other valuable maintenance guides.

1. When a maintenance repair arises please refer to your Basic Home Maintenance Manual and follow the procedure listed in the manual.
2. Should you fail to rectify the maintenance repair issue please call Housing & Public Works 306-477-2013 and we will try to assist you over the phone.
3. If maintenance repair attempts are unsuccessful, H&PW will then place a call to a Professional Service Technician.

If you have placed a maintenance call and a Service Technician has not arrived to your home within 24 hours please call H&PW and we will follow up. **DO Not** Contact the Contractor yourself unless you are willing to be **liable for the bill**.

Please do not disrupt Housing & Public Works while they are working in the community. They are extremely busy and are not authorized to change their schedule. Keep in mind it is not anyone other than the tenants' responsibility to report your housing issue.

Thank you for your immediate attention and cooperation in this matter.



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# Memorandum

**To:** All WDFN Community Tenants  
**From:** Terry Parenteau, Director Housing & Public Works  
**Cc:** Warren Buffalo, General Manager  
**Date:** January 5, 2022  
**Re:** **Furnace Maintenance**

---

Please be reminded that it is the tenant's responsibility to maintain the furnace  
9 out of 10 winter furnace service calls are due to a clogged filter.

All Housing Units were provided with a Basic Home Maintenance Tenant Handbook,  
page 23 – 26 contains helpful tips on Furnace Maintenance:

### **Once a Month**

Change or clean filters, especially during the heating months.

### **As a reminder, when the seasons change, change the furnace filter but check often.**

To determine how dirty the filters are, hold them up to a light source. If you can easily see light through them, then they are still deemed clean enough to use. Vacuum out return air grilles.

Unusual noises produced by the furnace should be cause for concern.

If airflow from your heat register decrease or seems cooler, chances are the furnace filter is clogged and must be replaced.

### **Benefits of Furnace Maintenance:**

- Helps to increase equipment life
- Restores lost capacity
- Prevents breakdown
- Reduces utility costs
- Prevents unnecessary repair costs

Standard Furnace Filters are 16 x 25 x 1 and may be purchased at Home Depot, Canadian Tire and Walmart at affordable prices.

Stay warm this winter by regularly changing your furnace filter!





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# Memorandum

**To:** All WDFN Community Tenants  
**c.c.:** WDFN Council  
Warren Buffalo, General Manager  
**From:** Terry Parenteau, Director, WDFN Housing & Public Works  
**Date:** January 5, 2022  
**Re:** **Loraas Disposal Garbage Bins and Recyclable Bins**

Please keep in mind when discarding your garbage and recyclables.

1. Collection equipment requires clear, safe access to your container on collection day to ensure service.
2. Containers with inappropriate materials, overweight or over height could be bypassed by collection personnel.
3. Garbage bags should NOT be stacked on top of or beside the garbage bin. The garbage bin must be able to close. Cardboard boxes/material do NOT belong in the garbage bins but rather the blue recycle bins.

The Grey garbage bins are clearly marked **"DO NOT OVERFILL"**

The Blue Recyclable bins are clearly marked **"Recyclable Products"**

Below are illustrations of what to do AND what not to do on garbage day.



**ACCEPTABLE**



**UNACCEPTABLE**



(306) 242-2300 | 805 – 47th Street East Saskatoon, SK S7K 8G7 | [customercare@loraas.ca](mailto:customercare@loraas.ca) | [loraas.ca](http://loraas.ca)



## WHITECAP- 2022 COLLECTION SCHEDULE

THANK YOU FOR HELPING US KEEP OUR ENVIRONMENT CLEAN!

- Ensure your cart is rolled out by 7 a.m. on your designated collection day.
- Collection equipment requires clear, safe access to your cart.
- Do not place your container within 4 feet of buildings, vehicles, overhead and underground utilities.
- We are not responsible for any damage resulting from service provision.
- Containers with inappropriate materials, overweight or overloaded will be bypassed by collection personnel.
- Should your scheduled collection day fall on a statutory holiday, please be advised service will continue as normal.
- If your scheduled collection day falls on either Christmas or New Years Day, collection will occur on the following Saturday.

■ RECYCLE PICK UP DAY

■ GARBAGE PICK UP DAY

2022

JANUARY							FEBRUARY							MARCH							APRIL						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
26	27	28	29	30	31	1	30	31	1	2	3	4	5	27	28	1	2	3	4	5	27	28	29	30	31	1	2
2	3	4	5	6	7	8	6	7	8	9	10	11	12	6	7	8	9	10	11	12	3	4	5	6	7	8	9
9	10	11	12	13	14	15	13	14	15	16	17	18	19	13	14	15	16	17	18	19	10	11	12	13	14	15	16
16	17	18	19	20	21	22	20	21	22	23	24	25	26	20	21	22	23	24	25	26	17	18	19	20	21	22	23
23	24	25	26	27	28	29	27	28	1	2	3	4	5	27	28	29	30	31	1	2	24	25	26	27	28	29	30
30	31	1	2	3	4	5	6	7	8	9	10	11	12	3	4	5	6	7	8	9	1	2	3	4	5	6	7

MAY							JUNE							JULY							AUGUST						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
1	2	3	4	5	6	7	29	30	31	1	2	3	4	26	27	28	29	30	1	2	31	1	2	3	4	5	6
8	9	10	11	12	13	14	5	6	7	8	9	10	11	3	4	5	6	7	8	9	7	8	9	10	11	12	13
15	16	17	18	19	20	21	12	13	14	15	16	17	18	10	11	12	13	14	15	16	14	15	16	17	18	19	20
22	23	24	25	26	27	28	19	20	21	22	23	24	25	17	18	19	20	21	22	23	21	22	23	24	25	26	27
29	30	31	1	2	3	4	26	27	28	29	30	1	2	24	25	26	27	28	29	30	28	29	30	31	1	2	3
5	6	7	8	9	10	11	3	4	5	6	7	8	9	31	1	2	3	4	5	6	4	5	6	7	8	9	10

SEPTEMBER							OCTOBER							NOVEMBER							DECEMBER						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
26	29	30	31	1	2	3	25	26	27	28	29	30	1	30	31	1	2	3	4	5	27	28	29	30	1	2	3
4	5	6	7	8	9	10	2	3	4	5	6	7	8	6	7	8	9	10	11	12	4	5	6	7	8	9	10
11	12	13	14	15	16	17	9	10	11	12	13	14	15	13	14	15	16	17	18	19	11	12	13	14	15	16	17
18	19	20	21	22	23	24	16	17	18	19	20	21	22	20	21	22	23	24	25	26	18	19	20	21	22	23	24
25	26	27	28	29	30	1	23	24	25	26	27	28	29	27	28	29	30	1	2	3	25	26	27	28	29	30	31
2	3	4	5	6	7	8	30	31	1	2	3	4	5	4	5	6	7	8	9	10	1	2	3	4	5	6	7

**ADVERTISEMENTS, ANNOUNCEMENTS & NOTICES**

## **Hunting on Whitecap Dakota Lands**

As per a Whitecap community meeting motion, WDFN has requested that Saskatchewan Conservation Officers patrol Whitecap Reserve Lands for unauthorized hunters.

- **If you are a WDFN Member and hold a status card you may hunt as per usual.** *Remember it is necessary to carry your status card while you are out hunting.*
- **Non-WDFN members with a status card need a written permission slip from the Band and their status card while hunting.**
- **Non-status individuals must have a valid hunting license and a written permission slip from the Band.**

If you have any questions or concerns please contact the Band Office.

**Turn in Poachers or Unauthorized Hunters at:**

**TURN IN POACHERS  
24 HOURS – TOLL FREE  
1-800-667-7561  
SASKTEL CELL - #5555**

Thank you for your understanding.



The Chief and Council of the Whitecap Dakota First Nation and its Members, would like to thank the Dakota Dunes Community Development Corporation (DDCDC) for their contributions to the following Community Events/ Projects:

- |  |   |
|--|---|
| ➤ Dakota Travelers                             | ➤ Wheelchair conversion                 |
| ➤ Compensation Study                           | ➤ AED project                           |
| ➤ Sander project                               | ➤ Public Works Facility                 |
| ➤ Public Works<br>Maintenance Trucks<br>year 3 | ➤ 616 HCP                               |
| ➤ Store Improvements                           | ➤ Dakota Language<br>Conference         |
| ➤ Sports Centre<br>Renovations                 | ➤ Whitecap Parade Float<br>Project 2019 |
| ➤ Sports Centre Kitchen<br>Upgrade             | ➤ Septic Tank/ Trailer                  |
|  | ➤ Pumphouse Reno                        |
|  | ➤ Safety Assessment                     |

*We look forward to another successful year in the name of community investment and partnership.*







# FITNESS CENTRE PROTOCOL HOURS

## 6:00 AM to 10:00 PM DAILY

1. **ENTER AT YOUR OWN RISK.** All users acknowledge, by your use of this facility, that such use is at your sole risk, and that you shall be liable for and shall indemnify the Whitecap Dakota First Nation against any and all claims, actions, liabilities, losses, damages, or expenses relating to your use of this facility.
2. **MUST BE 16+ YEARS OF AGE**
3. **MUST BE A WHITECAP COMMUNITY OR STAFF MEMBER**
4. **MASKING IS OPTIONAL**
5. **LOG-IN AND LOG-OUT.** Enter your name, time entered, and time exited in the logbook in the entrance.

### SAFETY RULES:

- If you are experiencing mild, cold-like symptoms including cough, sore throat, and sneezing, without fever, please refrain from entering our buildings.
- No children under 16 years of age allowed in the Fitness Centre
- Pay attention to the safety posters in the Fitness Centre

### Security Notice:

- This facility is monitored inside and out by security cameras
- The security alarms are set to automatically disarm shortly before 6am and to arm shortly after 10pm. If you remain in the gym past the scheduled close time, an alarm is generated, and authorities are notified. **Please exit the gym promptly at 10 pm so as not to set off false alarms.**
- Door is unlocked during operating hours; the 4-digit entry code is no longer required

If you have any questions or concerns, please contact the  
Whitecap Band Office during business hours:  
8:00am-4:30 pm Monday-Friday  
(306) 477-0908

# WHITECAP FITNESS CENTRE PROTOCOL UPDATED

To Whitecap Community Members:

Effective March 18th, 2022, we have eliminated the requirement for a waiver form to access the Fitness Centre.

In addition, you will no longer need a code to enter as the door is programmed to auto-open and auto-lock.

This is also to update you that the Fitness Centre is mask friendly: it is encouraged but optional to wear a mask while in the Fitness Centre.

Note: All other Whitecap facilities remain under mandatory masking until further notice.

Community members may contact the Band Office if you have any questions or concerns.

Business Hours: 8:00 am-4:30pm Monday-Friday

306-477-0908





Whitecap Dakota First Nation presents the 3<sup>rd</sup> Annual Spring Dakota Language Conference:



# Oçeti Šakowin

Revitalizing Our Sacred Language

**June 2 & 3, 2021**  
VIRTUAL CONFERENCE ONLY

A gathering to bring together the Oçeti Šakowin – Seven Council Fires of the Dakota, Nakota and Lakota from across US and Canada to share in best practices in reclamation, revitalization, preservation and strengthening of our languages. We encourage all you language warriors and champions to heed our call and join us virtually for this exciting event.



Keynote Speaker:  
**Arvol Looking Horse**  
19<sup>th</sup> Generation Keeper of the Sacred  
White Buffalo Calf Pipe Bundle



Master of Ceremonies  
**Curtis Standing**  
Wahpeton, SK.



Speaker:  
**Duane Hollow  
Horn Bear**  
Lakota Traditional Thought  
& Philosophy



Speaker:  
**Dr. Craig Howe**  
Centre for American Indian  
Research and Native Studies



Speaker:  
**Glen Wasicuna**  
Dakota Teaching  
Methodology

**REGISTRATION OPENS APRIL 1, 2021**

**whitecapdakota.com**

For more information contact:  
dakotalanguagegathering@whitecapdakota.com



# **NOTICE**

Be advised that hunting  
and fishing on the  
Dakota Dunes Golf  
Course is strictly  
prohibited.

# **REMINDER**

## **Whitecap Dakota First Nation** **Community Curfew**

All persons, 12 years of age and under are required to be off Community streets and Community property between 8 P.M. and 7 A.M. unless accompanied by a parent or guardian.

All persons, between the ages of 13 and 17 are required to be off Community streets and Community property between 11 P.M. and 7 A.M. unless accompanied by a parent or guardian.



# Reminder for ATV/Snowmobile Users!

- Please be respectful of peoples property
    - Stay in ditches and trails
  - Follow all safety rules: helmets, etc.
    - Respect time of day
- (ATV's are loud, be considerate of neighbors)
- Children under the age of 16 should not be operating an ATV
  - Be cautious of children playing and pedestrians

**Have Fun and Be Safe!**



## **Whitecap's New Mobile App Coming Soon!**

The First Nation has their own custom mobile communication apps in the works. Our new app will allow for uploading of community notices and events, surveys and forms.

Details will be unveiled soon! Watch for more information which will be shared via the Whitecap Newsletter, Website, and Facebook pages.



# NOTICE

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**Please be advised that the Band Office,  
Business Centre, Housing & Public Works,  
Health Centre, and Whitecap Early  
Learning Centre will be**

***Closed***

**Friday, April 15<sup>th</sup>, 2022**

(Good Friday Stat Holiday)

**&**

**Monday, April 18<sup>th</sup>, 2022**

(Easter Monday Holiday)

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**Normal business hours will resume at  
8:00 a.m. on Tuesday, April 19<sup>th</sup>, 2022**