



Wozupi Wi <u>The Planting Moon</u> May 2023

WAPAHA SKA



DAKOTA WOTANIN

DAKOTA WOTANIN

Wozupi Wi

- May 2023

Wapaha Ska Dakota Wotanin

Will be posted to the website during the first week of the month

REMINDER:

THE NEXT WAPAHA SKA DAKOTA WOTANIN SUBMISSION DEADLINE IS: Wednesday May 31st, 2023 @ 4:30 PM

Forward Submissions to:

receptionbo@whitecapdakota.com Or call 306-477-0908 Thank you.

WHITECAP DAKOTA FIRST NATION

182 CHIEF WHITECAP TRAIL WHITECAP, SK S7K 2L2 **TELEPHONE: 306-477-0908 FAX: 306-374-5899** www.whitecapdakota.com

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NEXT ISSUE: FIRST WEEK OF June 2023

WHITECAP EMERGENCY DIRECTORY

FIRE EMERGENCY	SELF HELP & OTHER
Major Fire: 911 Rural Saskatoon Fire Dispatch: 306-975-3030 Minor Fire: Contact Fire Chief ARNOLD STONE: 306-290-2760 (Cell) POLICING SERVICES	Saskatchewan Crime Stoppers: 1-800-222-TIPS (8477) Suicide Crisis Line: 306-933-6200 Kids Help Line/Suicide Hotline: 1-800-668-6868
Contact: 911 Complaints & Inquires: 306-975-5145	STC Well-Being Services Child Neglect/Protection Concerns: 1-866-871-4237 Toll Free: 1-844-956-5668
MEDICAL EMERGENCY Contact MD Ambulance Dispatch: 911	Domestic Abuse Crisis Line: 1-888-338-0880
OUTAGE/NATURAL GAS <u>REPORTING</u> SaskPower Outage Reporting: 306-310-2220 SaskEnergy Natural Gas Emergency & Safety: 1-888-700-0427	 Sexual Assault Crisis Line: 306-244-2224 Poison Control Center: 1-866-454-1212 Problem Gambling: 1-800-306-6789 Health Line: 1-877-800-0002 The Health Line is a group of Health Nurses that will determine if your health condition provides investigate
MEDICAL TRANSPORTATION Medical Taxi: 306-373-4600 Weekdays Only: 8:00am—4:30pm After Hours: 911 MD Ambulance Services	health condition requires immediate medical attention. This service is available 24 hours a day. All calls are confidential.
<u>Poachers (TIP) Program</u> 24 hours: 1-800-667-7561 SaskTel Cell: 55555	<u>Whitecap Security Team</u> Telephone: 306-477-0082 Cell: 306-281-7543 or 306-281-4868

WHITECAP DAKOTA FIRST N	IATION EMERGENCY CONTACT LIST
CRIS	IS REPSONSE
AMBULANCE	911
RCMP	306-975-5145
Saskatoon Mobile Crisis	306-933-6200
SUICID	E PREVENTION
Whitecap Dakota FN Health Centre	306-373-4600
24/7 Hotline	1-833-456-4566
KIDS HELP LINE	1-800-668-6868
DOMES	STICE VIOLENCE
HOTLINE	1-888-338-0880
Interval House	306-244-0185
Salvation Army Support	306-242-6833
CHILD	PROTECTION
STC Well-Being Services	1-866-871-4237 or 1-844-956-5668
Saskatoon and Rural	306-933-6077
After Hours- Mobile Crisis Services	306-933-6200
Saskatchewan Advocate for Children & Youth	306-933-6700 or 1-800-322-7221
	POLICE
RCMP	306-975-5145
Saskatoon City Police, Non-Emergency Line	306-975-8300
PARAMEDIC EMERGENCY MEDICAL SERVICES	911
	MERGENCY SERVICES
Royal University Hospital	306-655-1368
St. Paul's Hospital	306-655-5113
City Hospital	306-655-8230
Whitecap Dakota First Nation Health Centre	306-373-4600
•	ENCY SHELTERS
YWCA, Women's Shelter	306-244-2844
Salvation Army, Men's Shelter	306-244-6280
	AL ASSAULT SUPPORT
Saskatoon Sexual Assault Center	306-244-2224
	VICTIM-WITNESS ASSISTANCE
Legal Aide	306-933-7820
Victim Services	306-975-8400
	Sexually Transmitted Diseases)
Sexual Health Clinic, 101 - 310 Idylwyld Dr. North, Saskatoon	
Saskatoon Sexual Health, Family planning	306-244-7989
AIDS Saskatoon	306-242-5005
Persons Living with AIDS Organization	306-373-7766
	HELP GROUPS
Mental Health Clinic	306-655-7950
Alcoholics Anonymous	306-65-6727
Narcotics Anonymous	1-877-463-3537 or 306- 652-5216
Gambling Anonymous	1-800-306-6789
	COUNSELLING (MH Clinic)
Saskatchewan Health Authority- Adults	306-655-4100
Saskatchewan Health Authority- Youth	306-655-4900
MACSI Center Intake	306-657-4275
	HEALTH SERVICES
Mental Health Therapist – Whitecap Dakota First Nation	306-373-4600 cellphone 306-979-8484
24/7 Hotline	1-855-242-3310
Canadian Mental Health Association, Saskatoon Branch	306-384-9333
Mental Health & Addiction Services Centralized Intake	306-655-7777
	CORRECTIONS OFFICERS
WDFN Justice Worker	306-373-4600
Probation Officer	306-933-6324
Fine Option	306-244-0320



Whitecap Community Safety Officer (CSO) Program.



CONTACT INFORMATION:

Temporary Phone Number: 306-281-4868

Office Location: Whitecap Dakota FN Fire Hall.



FREQUENTLY ASKED QUESTIONS:

WHAT IS A COMMUNITY SAFETY OFFICER (CSO)?

A CSO will provide additional uniformed presence and patrol in WDFN. They can investigate low-risk incidents (ex. property theft) and engage in the enforcement of provincial laws and/or WDFN bylaws. They may also work with prevention-based programs, such as schools or with community groups.

WHAT HAPPENS TO THE RCMP?

CSO's and the RCMP will work together. When CSO's deal with lowrisk incidents, the RCMP will have more time to focus on serious criminal investigations.

CAN CSO's PULL YOU OVER?

Yes, CSO's can pull you over when they are in uniform.

CAN CSO's ARREST YOU?

CSO's have the authority to make arrests under certain provincial legislation.

DO CSO's CARRY WEAPONS?

CSO's do not carry guns, however, they do carry handcuffs, batons, and an Oleoresin Capsicum spray.

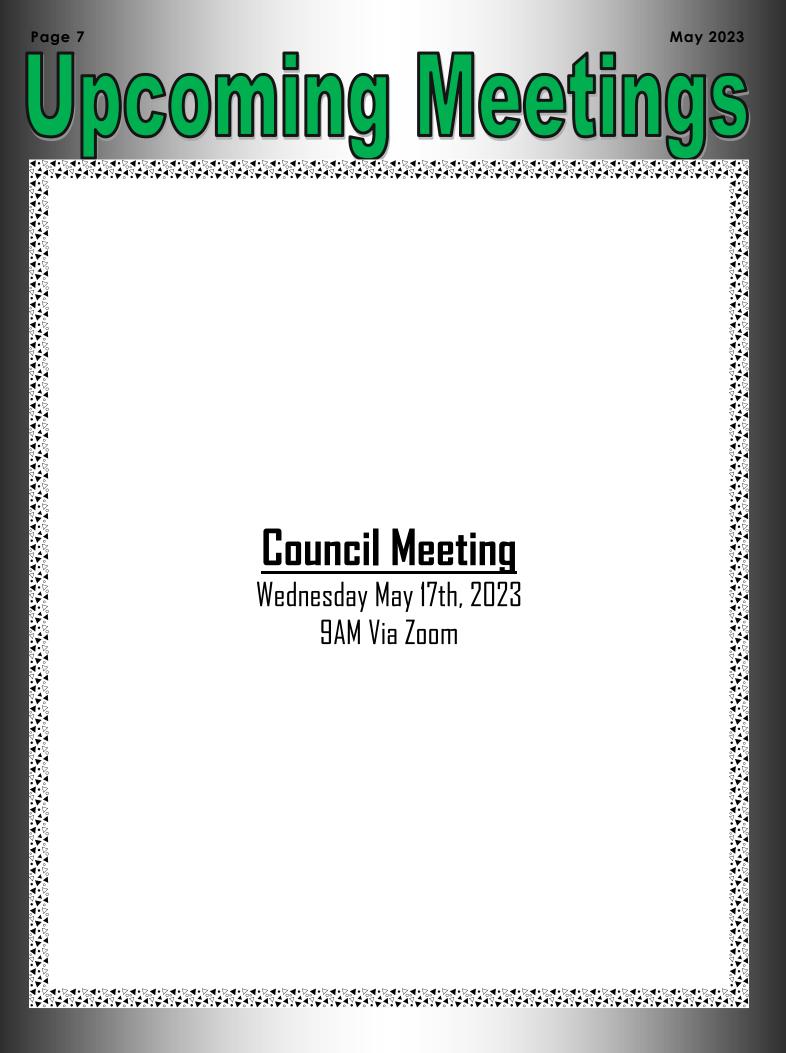
WHY DO WE HAVE CSO's?

In October 2019, WDFN, Muskoday, and the Province of Saskatchewan signed an MoU agreement. The MoU implements the CSO program to better enforce our laws and ensure community safety. This pilot program is supported by federal and provincial policing funding and by the Lands Advisory Board.



CSOs may enforce laws under the following acts:

- The Traffic Safety Act
- The Alcohol and Gaming Regulation Act, 1997
- The Highways and Transportation Act, 1997
- The Whitecap Environmental Protection Law, 2018
- The All-Terrain Vehicles Act and The Snowmobile Act
- The Trespass to Properties Act
- The Mental Health Services Act
- The Stray Animals Act
- The Summary Offence Procedures Act
- WDFN Smoking Bylaw
- WDFN Cannabis Control Law (2022)
- Other WDFN Bylaws (e.g., waste disposal)





Whitecap Dakota First Nation COUNCIL PORTFOLIOS

Chief Darcy Bear

- 1. Self-Government
- 2. Intergovernmental Affairs
- 3. Dakota Reconciliation
- 4. Economic Development
- 5. Finance
- 6. Major Capital
- 7. Taxation
- 8. Gaming
- 9. Housing
- 10. Public Works & Infrastructure
- 11. Lands & Agriculture

Councillor Dwayne Eagle

- 1. Health & Social Development
- 2. Child and Family Services
- 3. Saskatoon District Health WDFN Partnership
- 4. Justice & Policing
- 5. Occupational Health & Safety
- 6. Emergency Response, Fire Protection & Security
- 7. Environment Management
- 8. Fisheries & Oceans
- 9. Hunting & Trapping
- 10. Dakota Dunes Casino Liaison

Councillor Frank Royal

- 1. Administration & Operations
- 2. Education
- 3. Post-Secondary
- 4. Saskatoon Public School WDFN Partnership
- 5. Whitecap Early Learning Centre Inc.
- 6. Culture & Language
- 7. Youth & Recreation
- 8. Employment & Training
- 9. Membership
- **10. Veterans Affairs**



Whitecap Dakota First Nation ADVISORY COMMITTEES

EFFECTIVE FEBRUARY 25, 2021

Education Advisory Committee Culture & Recreation Advisory Committee Membership Advisory Committee

Members:

Sheldon Buffalo Heather Buffalo Kevin Littlecrow Chelsey Sinclair Don Redbear Jared Royal

Ex-officio Vice-chairperson: Councillor Frank Royal Self-Government Advisory Committee Housing & Public Works Advisory Committee Lands Advisory Committee

Members:

Vivian Anderson Jennifer Buffalo Elmer Eagle Allison Daniels Verna Buffalo Lori Buffalo-DeLaRonde Deanna Harper

Ex-officio Vice-chairperson: Chief Darcy Bear

Health & Social Development Advisory Committee CFS Advisory Committee Justice Advisory Committee

Members:

Nancy Linklater Rick Gamola Miranda Harper Loretta Whitecap Brown Trevor Cheekinew-Buffalo Caitlin Royal Pamela Eagle

Ex-officio Vice-chairperson: Councillor Dwayne Eagle Page 10

WHITECAP DAKOTA HEALTH CENTRE

AT THIS TIME, PLEASE CALL THE HEALTH CENTRE TO ACCESS SERVICES 306-373-4600



THANK YOU FOR YOUR COOPERATION

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STC Well-Being Services

Saskatoon Tribal Council (STC) Well-Being Services works collaboratively with our member communities to provide positive outcomes for children and families through the Progressive Model. The Progressive Model funding assists communities in enhancing their prevention and family support services that keep families intact and thriving within their circle of support and cultural connections. The goal is to move towards implementing and delivering their child welfare model.

Well-Being Services provides two collaborative pathways of services to STC members in their respective communities:

> Child Protection and Child Safety Services

STC has the legal authority under delegation of the Ministry of Social Services (Child and Family Services Act) to assess, investigate, and respond to alleged reports of child welfare concerns in our member communities.

Well-Being Services works collaboratively with communities to respond to child welfare concerns focusing on addressing safety concerns that support the child's best interest and build upon family strengths.

Secondary-Level Services

Ongoing assessments are essential in enhancing prevention and family support services. Communities are in the best position to know what is required to meet the needs of their families and children.

Well-Being Services helps facilitate and support capacity building in essential prevention and family support services for our member communities through our clinical and technical support services.

STC Urban Family Services

Our urban members can also access STC Urban Family Services programs for family support and children programs at their new location at 320-21st Street West in Saskatoon. Please call 306-956-0318 for more information or visit STC's webpage.



Intake Contact Information

General Inquiries about Well-Being Services:

306-659-5668 or toll free 1-844-956-5668

(Monday to Friday 8am to 4:30pm)

This number gets forwarded to an answering service outside of office hours and only urgent child welfare concerns will be patched through to an on-call worker

For Kinistin, Mistawasis, Muskoday, One Arrow, and Whitecap:

STC toll-free child protection reporting line: 1-866-871-4237

This number is forwarded to a call-center after hours, which in turn directs the call to the STC worker on call.

For Muskeg Lake:

Child welfare reports currently go directly to the Ministry of Social Services. Their toll-free intake number is 1-800-274-8297. This number is routed through Mobile Crisis outside of regular office hours. The Child and Family Services Act requires First Nations Child and Family Services Agencies to provide services to families on reserve where children are believed to be in need of protection. The goal of child protection services is to maintain children in their family home whenever possible and, if a child must be removed for their protection, to reunite families as soon as possible.

What is child abuse and neglect?

Abuse and neglect refers to circumstances that may be harmful to a child's physical, emotional or psychological health.

- Physical abuse any action, including discipline, causing injury to the child's body. Indicators: the presence of several injuries over a period of time; any bruising on an infant; reluctant to go home; cannot recall how injuries occurred, or offers an inconsistent explanation.
- Sexual abuse any action involving a child in sexual exploitation or sexual activity including touching, exposure, using a child in the making of/or viewing pornography. Indicators: injuries to the genital or anal area (e.g., bruising, swelling, infection); pregnancy; age-inappropriate sexual play with toys, self, others; bizarre, sophisticated or unusual sexual knowledge.
- Emotional maltreatment expecting a child to be able to do things he or she cannot do, embarrassing or insulting a child, making hurtful comments about a child's appearance, intelligence, size, ability, etc. Indicators: bedwetting and/or diarrhea which is non-medical in origin; frequent complaints of headaches, nausea, abdominal pain; extreme withdrawal or aggressive behavior; severe depression; running away from home.
- Neglect failing to provide a child with enough food, proper clothing, shelter, health care, or supervision. Indicators: hunger, inappropriate dress, poor hygiene' developmental delays; persistent health conditions (e.g., scabies, head lice); steals food; reports no caregiver at home.
- Domestic violence exposing a child to a pattern of abusive behavior or threats of abusive behavior by one caregiver against another (hitting, kicking, restraining, slapping, throwing objects, intimidation, stalking, etc.). Indicators: physical injuries; aggressive or antisocial behaviours; poor social relationships; low selfesteem.

Duty to Report

Anyone having reasonable suspicion that a child's physical, mental, emotional welfare has been or is being neglected has the legal duty to report such information immediately to a local First Nations Child and Family Services, Ministry of Social Services, or to the Police.

"The duty to report overrides professional confidentiality codes when there is reason to believe that a child may be abused or neglected."

As a parent...

If you would like general information on supports available, please call 306-659-5668 or toll-free 1-844-956-5668 and request to speak to the Social Worker on Duty.

If you feel unable to safely parent your children, please call **1-866-871-4237**.

As a community member...

If you believe a child may be neglected or abused, you have a **legal responsibility** to report your concerns by calling **1-866-871-4237**.

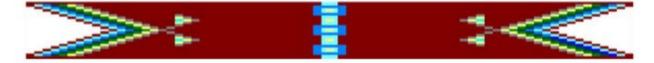












Whitecap Health Centre Staff Phone: 306-373-4600 Extension Numbers

Staff Member	Ext.	Position	Email
Lori Sparling	#8601	Director of Health & Social Development	lsparling@whitecapdakotahealth.com
Angela Buffalo	#8625	RN	abuffalo@whitecapdakotahealth.com
Arlene Peeteetuce	#8603	RN	apeeteetuce@whitecapdakota.com
Brenda Littlecrow		Transportation Service Provider	blittlecrow@whitecapdakota.com
Carrie Desnomie	#8604	Administrative Assistant	cdesnomie@whitecapdakotahealth.com
Christine Greyeyes	#8614	Home Care/LPN	cgreyeyes@whitecapdakota.com
Cora Fischer-Sutherland	#8606	Jordan's Principal Coordinator	cfischer@whitecapdakotahealth.com
Vacant	***	Accreditation Coordinator	
Fern Rose	#8607	Dental Therapist	
Joanne Alexander	#8609	Mental Health Therapist	jalexander@whitecapdakotahealth.com
Jody Harder		Custodian	
Jolie Seaton		Home Health Care Aide	jseaton@whitecapdakota.com
Karen Hart	#8610	Nurse Practitioner	
Karen Hercina	#8610	Nurse Practitioner	
Larissa Robillard	#8613	Community Justice Worker	Irobillard@whitecapdakotahealth.com
Lee Sinclair		Transportation Service Provider	lsinclair@whitecapdakota.com
Lori Buffalo-Delaronde	#8615	Income Assistance Coordinator	lbuffalod@whitecapdakotahealth.com
Natasha Kwasek	#8626	Maternal Child Health/Healthy Living Nurse	Nkwasek@whitecapdakota.com
Victorine Royal	#8600	Receptionist	vroyal@whitecapdakotahealth.com
Wendy Derksen	#8618	Accountant-Health	

Whitecap Well-Being Staff Phone: 306-373-4600 Extension Numbers

Staff Member	Ext.	Position	Email
Tanis Shanks	#8617	Director, Wellbeing Services	tshanks@whitecapdakota.com
Angel Skipper		Youth & Community Program Assistant	askipper@whitecapdakota.com
Colette Eagle		Wellbeing Administrative Assistant	ceagle@whitecapdakota.com
Desmond Joyea		Youth & Community Program Coordinator	djoyea@whitecapdakota.com
Diane Littlecrow		Cultural Liaison	dlittlecrow@whitecapdakota.com
Jordanna Johnson		Nation's Youth and Community Program Coordinator - LEAD	jjohnson@whitecapdakota.com
Kristen Netmaker		Youth & Community Program Coordinator	knetmaker@whitecapdakota.com
Sheldon Buffalo		Cultural Liaison	sbuffalo@whitecapdakota.com
Wendy Dice		Child & Family Services Liaison	wdice@whitecapdakota.com

Whitecap Well-Being Staff – 410 LTC Phone: 306-373-4600 Extension Numbers

Staff Member	Ext.	Position	Email
Brittany Deschambeault		Family Support Coordinator	bdeschambeault@whitecapdakota.com
Heather Musqua		Family Support Coordinator	hmusqua@whitecapdakota.com
Tammy Kehoe		Wellbeing Prevention Supervisor	tkehoe@whitecapdakota.com



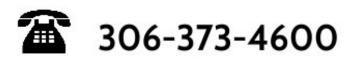
WHITECAP Health Centre

Whitecap is booking appointments for Covid-19 vaccine or booster and the flu vaccine.

If interested in getting your Covid-19 vaccine or booster, call the Health Centre to book.

Rapid tests are available at the Health Centre, please call to arrange for pick up or delivery.

Masks are encouraged while visiting the Health Centre if you are experiencing respiratory symptoms such as a cough, etc.



Learning to live with COVID-19 DOESN'T MEAN THE PANDEMIC IS OVER! People in our community continue to get sick.

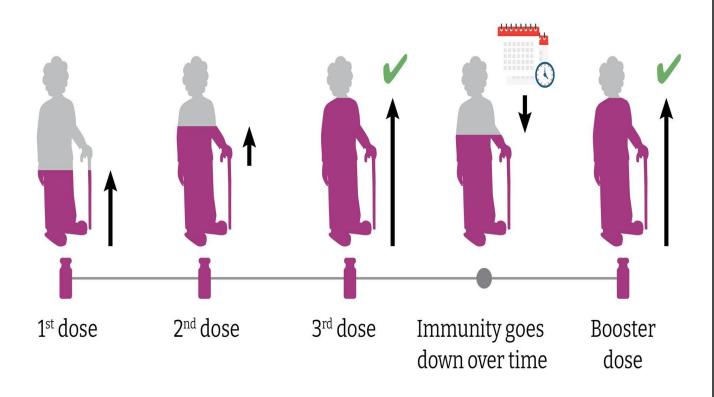
You can help protect our community by protecting yourself and others.



(Adapted from Northern Inter-Tribal Health Authority's "Learning to live with COVID-19" poster)



Everyone's health is unique and some may need more doses to reach a high level of protection (like Max's Grandma).



The greater your immunity, the more your body is able to fight COVID-19. This means you are less likely to have a very serious case or need to go to the hospital.

Mental Wellness Supports



If you're experiencing emotional distress or someone you know is struggling, these resources are available to support you. If you are experiencing a mental health crisis, call 911 immediately.

Hope for Wellness Help Line and Chat

Immediate support is available 24/7 Toll-Free: 1-855-242-3310 Online Chat: <u>www.hopeforwellness.ca</u>

Indian Residential Schools Saskatchewan Region Toll-Free: 1-866-250–1529

National Indian Residential School Crisis Line Toll-Free: 1-866-925-4419

The National Indian Residential School Crisis Line has been set up to provide **immediate support** for former students and those affected. Emotional and crisis referral services can be accessed through the 24-hour national crisis line.

Missing and Murdered Indigenous Women and Girls Support Line Toll-Free: 1-844-413-6649

Wellness Together Canada

Provides immediate crisis/substance use support: Adults: Text **WELLNESS** to 741741 Front Line Workers: Text **FRONTLINE** to 41741 <u>https://ca.portal.gs/</u>

Non-Insured Health Benefits (NIHB) Mental Health Counselling Immediate support is available 24/7 Toll-Free: 1-866-885-3933

For Youth:

Kids Help Phone supports youth 24/7 and through a partnership with We Matter Call: 1-800-668-6868 Text: 686868 Online: <u>kidshelpphone.ca</u>

wemattercampaign.org

Jordan's Principle NEW Saskatchewan Toll-Free Line: 1-833-752-4453 (1-833-SK-CHILD) www.canada.ca/jordans-principle

Indigenous Services Canada Services aux Autochtones Canada



Helping First Nation's children under age of 18 access the products, services and supports they need

speech therapy, educational supports, medical needs, health services, respite care, medical supplies, assessments and more.

If you have question about your child's needs, and what services/supplies are eligible contact Cora at cfischer@whitecapdakotahealth.com



Mental Health

Suicide Prevention 1-833-456-4566

Hope for Wellness 1-855-242-3310

Addictions Detox 1-306-655-4195

Domestic Violence

Interval House 1-888-338-0880

Sexual Assault 1-306-242-3310

Child Protection 1-888-225-2244

WDFN Therapist: 306-979-8484

IN AN EMERGENCY CALL 911 RCMP .. 307-975-5145

811 - Health Line 211 - MH Hub





AGES & STAGES Growth and Devlopment

What is this?

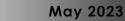
 Is your child between the ages of 2 months - 5 years old.
 Are you wondering if behaviour is normal?
 This testing will help identify your child's strengths and weaknesses.
 Nurse Tasha will come to your home and assess your child and teach you ways to help your child succeed.

Call or text Tasha 306 381 6428 to set up an appointment.

Foot Care Services

Wednesday, May 10, 2023 (additional half day) 1:00 - 4:00 pm Thursday, May 11, 2023 Call the Whitecap Health Centre to book @ 306-373-4600





MAY 3RD, 17TH & 31ST



CALL THE WHITECAP HEALTH CENTRE TO BOOK 306-373-4600



Adult Programming Adult Gym Might



*Every Thursday at CRHES *May 4th, 11th, 18th, and 25th *6:30pm-7:30pm *Snacks and rides are provided *Questions contact Des [306] 491-0930 **May 4th, is Basketball night**





Liability statement

By entering or otherwise participating in this event, all persons voluntarily assume all risks and dangers in any/all activities associated with this event and waive, release, and discharge the right to hold the Whitecap Dakota First Nation from all liability, including but not limited to: personal injury, property damage, and property theft.

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Youth/Teen Programming



Open Gym Night



*Every Thursday at CRHES *May 4th, 11th, 18th, and 25th *5:30pm-6:30pm *10-17 years old

*Snacks & rides are provided

*Rides/questions Contact one of our Rec team members Des [306] 491-0930, Angel [306] 491-5228 or Jordanna [306] 469-0093





Liability statement By entering or otherwise participating in this event, all persons voluntarily assume all risks and dangers in any/all activities associated with this event and waive, release, and discharge the right to hold the Whitecap Dakota First Nation from all liability, including but not limited to: personal injury, property damage, and property theft.





"They help each other and healing"

May 7 - Ceremony in Whitecap
 May 28 - Horse Teachings Littlecrow Stables

→ Grief Support Group 4pm

 Light snacks, refreshments & transportation provided.

Contact Diane Littlecrow (a) 306-380-9363 for more information. Group Facilitators: Clayton & Penny Waditaka

By entering or otherwise participating in this event, all persons voluntarily assume attricks and dangers in any/all activities associated with this event and waive, release, and discharge the right to hold the Whitecap Dakota First Nation from all liability including but not limited to: personal injury, property damage, and property theft:



TEEN GIRLS GROUP

A comprehensive and holistic program aimed at nourishing all aspects of self

May 1st, 15th & 29th Ages 13-19 6-7pm WDFN Elders Centre

Meal and transportation provided

Contact Jordanna to register (306) 469-0093

By entering or otherwise participating in this event, all persons voluntarily assume all risks and dangers in any/all activities associated with this event and waive, release, and discharge the right to hold the Whitecap Dakota First Nation from all liability, including but not limited to: personal injury, property damage, and property theft.

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WDFN Health Centre Activities - MAY 2023

	-		Cadets 530-7pm			
	4		Wellbriety 830am Elder's Meals Dietician Services Life Lab Deliveries	Wellbriety 830am	Wellbriety 830am	
	2	1	31	30	29	28
		Club – 2-4pm	Chronic Disease Mgmt			
	Red Road Dance Party (6-10pm School Gym)	(Includes immunization)	Cadets 530-7pm	Wellbriety 830am	Victoria Day	
	Wellbriety 830am	Wellbriety 830am	Life Lab Deliveries		DEFICE CLOSED	
	26	25	24	23	22	21
	Wellbriety 830am	Wellbriety 830am Well Baby Clinic (Includes immunization) Little Tot Adventure Club – 2-4pm	Elder's Meals Dietician Services Life Lab Deliveries Cadets 530-7pm Chronic Disease Mgmt	Wellbriety 830am	Wellbriety 830am	
	19	18	17	91	15	14
	Mother's Day Event (11a-3p School Gym)	Wellbriety 830am Foot Care Services Little Tot Adventure Club – 2-4pm	Wellbriety 830am Foot Care Services Life Lab Deliveries Cadets 530-7pm Chronic Disease Mgmt	Wellbriety 830am	Wellbriety 830am	FREE Tax Clinic 1-430 PM First came First Served
	12	11	10	6	8	7
	Wellbriety 830am	Wellbriety 830am Well Baby Clinic (Includes immunization) Little Tot Adventure Club – 2-4pm	Wellbriety 830am Elder's Meals Dietician Services Life Lab Deliveries Cadets 530-7pm	Wellbriety 830am Addictions Conversation (5-8pm School Gym)	Wellbriety 830am	WELLBRIETY 830AM Zoom Every week day
	5	4	3	2	L	30
SATURDAY	FRIDAY	THURSDAY	WEDNESDAY	TUESDAY	MONDAY	SUNDAY
MAY 2023	MAY			tivities	Health Centre Activities	Health C
2023	MAY	TILIDEDAV	WEDLIEGDAY	tivities		entre Ac

May 2023





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CRHES: CHARLES REDHAWK ELEMENTARY SCHOOL

May 2023

2022-23 SCHOOL YEAR CALENDAR Kindergarten-Grade 12

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	January 2023							
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Saskatoon Public Schools Inspiring Learning

saskatoonpublicschools.ca

WHITECAP EARLY LEARNING CENTRE



Whitecap Early Learning Centre has space available for: Toddlers – 18 to 30 months Preschoolers – 30 months to 5 years

Please contact Sara for more information or to book a tour!

slee@whitecapdakota.com

306.477.2615

We look forward to your family joining ours!

WHITECAP IRA NEWS



Indian Registry Administrator Report May 2023

CIS (Certificate of Indian Status) CARDS

By appointment only. Should you require a status card, you may call the Whitecap Government Office at (306) 477-0908 and leave a message with our receptionist. Our receptionist is instructed to screen your call for basic information: Name, reason for card request (First, Expired, Lost), phone number and/or email, and if you have the proper I.D. Then the IRA will contact you to book an appointment.

Is it time to Renew your CIS card? To find out; check your expiry date on the back of your current laminated status card. Please contact the Band Office as soon as you can to book in for a renewal once expired! Note that your Status number does not expire however, your photo must be updated every five years (for adults 18+) and every three years (for children under 18).

SERVICES AND INFORMATION

Italia Eagle is the IRA for Whitecap. For information on Indian Status eligibility, the SCIS (Secure Certificate Indian Status) card application form and process, and band membership, please contact her at the band office with your inquiry: (306) 477-0908

Important Update for Birth Registration Applications

PARENTS, PLEASE READ

We have been advised that applications for birth registrations that are mailed to the National Processing Unit in Gatineau, Quebec have been experiencing a delayed wait time of up to 2 years to process birth registrations, and that it is quicker to process birth registration applications if done in person or mailed to a regional office in Saskatchewan.

Parents: Please do not mail your child application for birth registration to the address listed on the application form. Instead, we strongly encourage parents to contact the Whitecap IRA for assistance with birth registration forms processing.

Options for parents for processing their child registration applications:

- 1. On Reserve or Local Urban Parent Members:
 - a. Preferred method: Make an in-person appointment with the Whitecap IRA to verify the completeness of your forms, then she will mail them directly to the regional office in Regina.
 - b. Mail the application to the Whitecap IRA so she can verify the forms content and send to the Regina office:

WHITECAP IRA NEWS

Whitecap Indian Registry Administrator 182 Chief Whitecap Trail Whitecap SK S7K 2L2

- 2. Off Reserve Members:
 - a. Preferred method: Mail the application to the Whitecap IRA so she can verify the forms content and send to the Regina office.
 - b. In Person Regina: Call (306) 780-5392 and ask to set up an appointment.
 - c. In Person Prince Albert: Call (306) 953-8522 and ask to set up an appointment.
 - d. Mail to: ISC Governance 1827 Albert Street Regina SK S4P 2S9

Application forms are available from the Whitecap IRA, or can be found online at www.canada.ca/indian-status

Please ensure to fill-out the <u>updated</u> 2020 Child/Dependent Adult application form found on the website or pick-up copy of the latest version available at the Band Office and Health Centre. Any old versions of the application will not be *accepted*.

REQUIRE A SASK. HEALTH CARD? Call toll free 1-800-667-7551 to place your request.

U.S. BORDER CROSSING

Consult the U.S. Customs and Border Protection for updates *before* you travel at 1-202-325-8000 or check this website for more info: <u>https://travel.gc.ca/travel-covid</u>

WDFN TOTAL POPULATION as of March 31, 2023: 694

WHITECAP IRA NEWS

Process to Register Your Child on the Indian Register

Documents required:

- A completed 'Application for Registration on the Indian Register (for children 15 or younger or dependent adults)'
 - Applications may be picked up at the Band office or Health Centre, as well as online on the Indigenous Services Canada website under the Indian Status tab. Please note that any old versions of the application will not be accepted.

Click here for current Application form

- Important Note: Spelling and spacing of any given or family names that will be entered in IRS must be the same as the names appearing on the Proof of Birth Document
- 2. An original proof of birth document with parental information
 - To get an original proof of birth document, applications may be picked up from the Band Office or Health Centre. You can also visit the Saskatchewan Vital Statistics website: <u>www.saskatchewan.ca</u> – Vital Statistics or view the contact information below.

Vital Statistics

Phone: 1-800-667-7551 (Toll-free Canada & US) 306-787-3251

Email: VitalStatistics@eHealthSask.ca

Phone service: 8 a.m. to 5 p.m. Monday to Friday (excluding statutory holidays)

- The proof of document must contain parental information (at least one parent stated on the birth document)
- The identity information must be visible and undamaged. If information is illegible, the document will not be accepted.

If the child or dependent adult's name on the application form is different from the name on the proof of birth document or legal documents, you must also submit:

- an original legal name-linking document, such as a change of name certificate, that links the previous name with the current name
- or
- a copy of a legal name-linking document and valid acceptable identification with the name that is on the application form

If the name of the applying parent, custodial parent or legal guardian is different from the name on any of the other necessary documents, you must also submit:

 a copy of a legal name-linking document, such as a change of name certificate, marriage certificate or divorce order, that links the previous name with the current name

Birth Registration Process (Jan 2023)

If the Applicant cannot obtain the other parent's signature: If both parents' names are listed on the child's birth document and after reasonable attempts to locate the other parent to obtain their signature were unsuccessful, a "Statement in Lieu of Other Parent's Signature" form can be completed.

 A copy of valid acceptable identification of the applying parent, custodial parent or legal guardian; copy must be taken of the <u>front and of the back</u> of the identification, each copy signed and dated by a guarantor (IRA).

- One piece of valid government issued ID which contains the full name, date of birth, photo, and signature. You can provide more than one supporting ID in order to fulfill the data requirements.
- Must indicate the Document Type (i.e., Saskatchewan Driver's License), Document Number (i.e., Driver's License number), the Expiry Date (YYYYMMDD format), and your Name exactly as it appears on the ID.

 For a child (15 or younger), any legal documents granting custody or guardianship of the child to the applying parent or legal guardian, if applicable for a dependent adult, the guardianship order

- Must indicate if there are any legal documents pertaining to the custody or guardianship of the child. If there are such documents, then must provide the most recent photocopies of the legal documents.
- It is important to note that the Guarantor Declaration is required in the following three (3) situations:
 - When an applicant does not have sufficient supporting identification to submit with the application;
 - · When the applicant is applying by mail without the assistance of an IRA; and
 - · When a third party submits an application on behalf of an applicant

Note that the application form must be submitted to ISC within the last 12 months from the date it was signed by both parents

All required/mandatory fields must be completed as stated in the instructions. Failure to complete these sections may result in delays in processing the application.

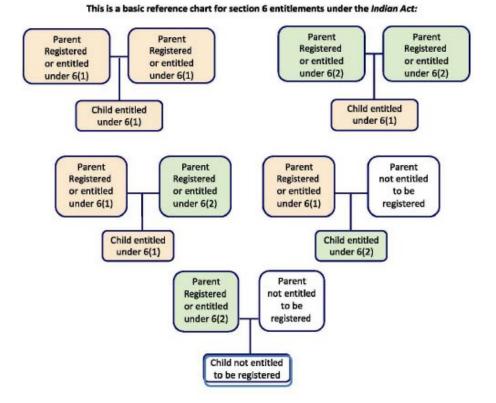
Please note that applications for birth registrations that are mailed to the National Processing Unit in Gatineau, Quebec have been experiencing a delayed wait time of up to 2 years to process birth registrations, and that it is quicker to process birth registration applications if done in person or mailed to a regional office in Saskatchewan.

Parents: Please do not mail your child application for birth registration to the address listed on the application form. Instead, we strongly encourage parents to contact the Whitecap IRA for assistance with birth registration forms processing.

WHITECAP IRA NEWS

How do I know if my Child is Eligible to be Registered as an Indian?

Category Chart



There are two key distinctions between entitlement categories, Subsections 6(1) and 6(2).

6(1) Entitlement

 An individual registered or entitled to be registered under subsection 6(1) can pass status to their child(ren).

6(2) Entitlement

 An individual registered or entitled to be registered under subsection 6(2) must parent with another registered or entitled to be registered Indian in order to pass status to the child(ren).

If only one parent is listed on a child's birth record, it is assumed that the other parent is non-Indian and therefore your child would only be entitled for registration under category 6(2) or not entitled at all. Therefore, it is crucial for the father to sign the "live birth document" in hospital at the time of birth. If the father could not be at the hospital at the time, please ensure to contact Vital Statistics Saskatchewan (eHealth) to request an "amendment to their child's birth record" to add the father.

WHITECAP BAND MEMBER PARENTS: If you have any questions at all regarding Child Registration, or if you are unsure of your category of registration in the Indian Register, please feel free to contact your Whitecap IRA for assistance: Italia Eagle at (306) 477-0908.

Birth Registration Process (Jan 2023)

Do you need to renew your Secure Certificate of Indian Status (SCIS)?





Indigenous Services Services aux Canada Autochtones Canada





Indigenous and Northern Affairs Canada

Affaires autochtones et du Nord Canada Canada

Do you have a will?

Did you know?



<9% Less than 9% of First Nation peoples on reserve pass away with a will

- the INAC website has information about planning your estate
- your will differs if you live on- or off-reserve
- the Indian Act outlines what should be included in your will
- you can't gift your land on reserve to someone who is not a member of your First Nation
- you can change your will as often as you like
- writing a will doesn't have to be complicated or costly

Why make a will?





BACKGROUND

- The WDFN Membership Code document was approved by the membership on November 16, 2012 via referendum (voting).
- The Minister of INAC notified the WDFN on August 23, 2013 that the Code was approved and is effective retroactive to December 4, 2012.

MEMBERSHIP CODE GUIDELINES SUMMARY AND APPLICATION PROCESS

★ An individual must be a registered Indian in order to apply to be on the WDFN (Whitecap) Band list.

Automatic Membership Process

- The parent(s) that requested of INAC to be on the Whitecap band list at the time they applied for their child to be a Registered Indian is recorded by INAC as an "affiliate" of Whitecap.
- The parent(s) of an "affiliate" child is required to complete a separate application form for Band Membership and submit to the Membership Clerk for processing along with required document(s).
- The Membership Clerk notifies the parent(s) in writing of the status of Band Membership application.
- The Membership Clerk updates the Whitecap Band list accordingly.

DEFINITION OF AN "AFFILIATE":

When an individual is affiliated with a Band, it means that the individual is a registered Indian in the IRS (Indian Registry System) with that band and is eligible for benefits including certain non-insured health benefits, the possibility of post-secondary education assistance and exemption from certain federal and provincial taxes. Only that band can grant an individual Membership and access to benefits such as: the right to reside on-reserve; housing on-reserve; voting privileges within the band; and the right to involvement in Community affairs, etc., depending on that Band's Code.

Watch for your information package from the WDFN Membership Clerk

- The Membership Clerk is sending out letters to the parents of infants/children that were born after December 4, 2012 whose children are registered Indians affiliated with Whitecap but who have not yet submitted their child's application for Band Membership. The Membership Clerk is also sending a letter to any adult affiliates.
- > The letter will contain information on how to apply along with a copy of the WDFN Membership Code.
- > Note: the Membership Clerk will correspond to the latest address we have on file.

If you have any questions, please contact Membership Clerk (Sheila) at 306-477-0908 or <u>scaisse@whitecapdakota.com</u>



<u>100% Approval on</u> Community Self-Government Treaty Vote!!!



Chief and Council thank all who participated in our vote and Band Membership Meeting on Apil 27th, 2023. The final vote was 164 - 0 in favour.

The "Self-Government Treaty Recognizing the Whitecap Dakota First Nation / Wapaha Ska Dakota Oyate" will be signed by Council and Minister Marc Miller on May 2nd, 2023 and introduced to Parliament to be made into a law shorty after.

WDFN will provide updates on progress.



Join our Facebook Group!

Whitecap Dakota Self-Governance Group



Whitecap Dakota Self Governance Private Group

This group was created specifically for Whitecap Dakota First Nation Members and Community Members. The purpose of this group is to engage by sharing information and consulting with members to have those critical conversations about the self government processes.

- 1. Self Government Negotiations
- 2. WDFN Constitution
- 3. WDFN Governance Code
- 4. Final Self Government Agreement



*This group is private and exclusive to <u>Registered Band Members</u> only. Feel free to invite other band members to join!

For those members not on social media, please email <u>engage@whitecapdakota.com</u> for more information on Self-Governance.

Scan the QR to Join OR:

- 1. Like the Whitecap Dakota Government FB Page
- From the Whitecap Dakota Government Page, Click on the" Whitecap Dakota Self Governance Agreement Group"
- 3. Click "JOIN"
- You will then be prompted to answer membership questions. Submit your responses and await approval!



WHITECAP HOUSING & PUBLIC WORKS

online Banking

Whitecap Dakota First Nation accepts rent payments through <u>Online Banking</u>.

Online Payment ≻ Fast, Simple, Convenient

- 1. The easiest and **preferred method** for rentpayments is by online banking. Simply add Whitecap Dakota First Nation as a Payee. All you need is your Customer Number, which can be obtained by calling Whitecap Housing and Public Works: 306-477-2013.
- 2. Schedule your payments in advance or set up as a recurring payment.
- Pay rent or damage deposit any time through your RBC, BMO, TD, CIBC, Scotiabank, Affinity Credit Union or Conexus Credit Union, online banking from any personal computer or smart phone app – day or night, 24/7. Recently added Peace Hills Trust, TCU Financial group and, Accent Credit Union to the list.
- 4. This saves you time, paperwork and leg-work.

financial group

5. Your bank not listed below? No problem, we can get your bank added to the list. Please call the Whitecap Finance staff to request it be added.



We put the accent on service.



182 Chief Whitecap Trail, Whitecap SK S7K 2L2 Phone (306) 477-0908 • Fax (306) 374-5899 Website: www.whitecapdakota.com

Memorandum

To:	ALL Whitecap Dakota Community Tenants									
CC:	WDFN Council									
	Warren Buffalo, General Manager									
From:	Terry Parenteau, Director WDFN Housing & Public Works									
Date:	November 29, 2022									
Re:	Maintenance Calls									

Please be advised that we are requesting all tenants take the following actions prior to making a maintenance call to the Housing & Public Works.

All housing units have received a Basic Home Maintenance Manual. Within the manual holds valuable housing maintenance tips. Such as replacing your furnace filter, plunging your toilet, sinks and tubs along with many other valuable maintenance guides.

- 1. When a maintenance repair arises please refer to your Basic Home Maintenance Manual and follow the procedure listed in the manual.
- Should you fail to rectify the maintenance repair issue please call Housing & Public Works 306-477-2013 and we will try to assist you over the phone.
- 3. If maintenance repair attempts are unsuccessful, H&PW will then place a call to a Professional Service Technician.

If you have placed a maintenance call and a Service Technician has not arrived to your home within 24 hours please call H&PW and we will follow up. **DO Not** Contact the Contractor yourself unless you are willing to be **liable for the bill**.

Please do not disrupt Housing & Public Works while they are working in the community. They are extremely busy and are not authorized to change their schedule. Keep in mind it is not anyone other than the tenants' responsibility to report your housing issue.

Thank you for your immediate attention and cooperation in this matter.



182 Chief Whitecap Trail, Whitecap SK S7K 2L2 Phone (306) 477-0908 • Fax (306) 374-5899 Website: www.whitecapdakota.com

Memorandum

Re:	Furnace Maintenance
Date:	November 29, 2022
Cc:	Warren Buffalo, General Manager
From:	Terry Parenteau, Director Housing & Public Works
To:	All WDFN Community Tenants

Please be reminded that it is the tenant's responsibility to maintain the upkeep of the furnace, 9/10 winter furnace service calls are due to a clogged filter. If the furnace service call confirms that the furnace filter is clogged the tenant **will be held responsible** for the cost.

All Housing Units have been provided with a Basic Home Maintenance Tenant Hand Book, page 23 – 26 contains helpful tips on Furnace Maintenance:

Once a Month

Change or clean filters during the heating months.

As a reminder when the seasons change, change the furnace filter but check often.

To determine how dirty the filters are, hold them up to a light source. If you can easily see light through them, then they are still deemed clean enough to use. Vacuum out return air grilles.

Unusual noises produced by the furnace should be cause for concern.

If airflow from your heat register decrease or seems cooler, chances are the furnace filter is clogged and must be replaced.

Benefits of Furnace Maintenance:

- Helps to increase equipment life
- Restores lost capacity
- Prevents breakdown
- Reduces utility costs
- Prevents unnecessary repair costs

Standard Furnace Filters are 16 x 25 and may be purchased at Home Depot, Canadian Tire and Walmart at affordable prices.

This winter ensure warmth and change your furnace filter.



182 Chief Whitecap Trail, Whitecap SK S7K 2L2 Phone (306) 477-0908 • Fax (306) 374-5899

Website: www.whitecapdakota.com

Memorandum

То:	WDFN Tenants
From:	Terry Parenteau, Director Housing & Public Works
cc:	Warren Buffalo, General Manager
Date:	May 1, 2023
Re:	Dogs running at large

Please be advised that WDFN Housing & Public Works has received an increase in the number of complaints about dog(s) running at large and in some cases, acting aggressive towards people especially children. Due to this, WDFN Housing & Public works is taking a **serious stance** on owner(s) allowing their dog(s) running at large.

All tenants with intent to own an animal must request written permission from WDFN H&PW as per Tenancy Agreement section:

8. Maintenance

g) The tenant is not allowed to have any pets on the said premises without written permission of the Housing Department.

A dog shall be deemed to be running at large when it is beyond the boundaries of the land occupied by the owner of the dog, or beyond the boundaries of any lands where it may be with the permission of the owner or occupant of the said land when it is not under control by being:

- A. In direct and continuous charge of a person competent to control it.
- B. Securely confined within an enclosure.
- C. Securely fastened so that it cannot roam at will.

Please accept this notice that WDFN H&PW will take necessary precautions to remove these dog(s) running at large from the community. In addition, fines may be issued starting at \$150.00 per charge and up to \$250.00 per charge for aggressive dog(s).



182 Chief Whitecap Trail, Whitecap SK S7K 2L2 Phone (306) 477-0908 • Fax (306) 374-5899 Website: www.whitecapdakota.com

Memorandum

To:	All WDFN Community Tenants
From:	Terry Parenteau, Housing & Public Works Director
C.C.:	WDFN Council
	Warren Buffalo, CEO
Date:	January 4th 2023
Re:	Garbage and Recycle Collection Schedule

Loraas has made some changes to the pickup schedules for Recycle Collection.

Recycle Collection will be executed every second Monday starting January 16th 2023 which will greatly improve all facets of the operations including reliability as Loraas' routing will become much more efficient.

Waste Collection will not change and will still be every second Friday, waste will be collected on January 13th 2023.

Loraas is confident this will definitely be much more beneficial for WDFN Community.



182 Chief Whitecap Trail, Whitecap SK S7K 2L2 Phone (306) 477-0908 • Fax (306) 374-5899 Website: www.whitecapdakota.com

Memorandum

To:	All WDFN Community Tenants
From:	Terry Parenteau, Director, WDFN Housing & Public Works
c.c.:	WDFN Council
	Warren Buffalo, General Manager
Date:	May 1⁵t, 2023
Re:	Loraas Disposal Garbage Bins and Recyclable Bins

Please keep in mind when discarding your garbage and recyclables.

- Collection equipment requires clear, safe access to your container on collection day to ensure service.
- Containers with inappropriate materials, overweight or over height could be bypassed by collection personnel.
- Garbage bags should not be stacked on top of or beside the garbage bin. The garbage bin must be able to close. Cardboard boxes/material do not belong in the garbage bins but rather the blue recycle bins.

The Grey garbage bins are clearly marked "DO NOT OVERFILL" The Blue Recyclable bins are clearly marked "Recyclable Products"

Below are illustrations of what to do AND what not to do on garbage day.



ACCEPTABLE



UNACCEPTABLE



WHITECAP- 2023 COLLECTION SCHEDULE THANK YOU FOR HELPING US KEEP OUR ENVIRONMENT CLEAN!

- . Ensure your cart is rolled out by 7 a.m. on your designated collection day.
- · Collection equipment requires clear, safe access to your cart.
- · Do not place your container within 4 feet of buildings, vehicles, overhead and underground utilities.
- · We are not responsible for any damage resulting from service provision.
- · Containers with inappropriate materials, overweight or overloaded will be bypassed by collection personnel.
- · Should your scheduled collection day fall on a statutory holiday, please be advised service will continue as normal.
- . If you scheduled collection day falls on either Christmas or New Years Day, collection will occur on the following Saturday.

	RECYCLE PICK UP DAY									GARBAGE PICK UP DAY									2	20	2	3					
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Community Spring Clean-Up May 6th & May 7th, 2023

Join your neighbors and participate in Whitecap's Annual Spring Clean-up event scheduled for the weekend of: May 6th & May 7th, 2023

Public works will be dropping off garbage bags to each household mailbox.

Tenants are asked to place their garbage bags out front for **Monday, May 8th 2023,** the Whitecap Public Works staff will pick-up your bagged yard waste (leaves, grass clippings, weeds) or any other debris and garbage that day.

BBQ will be held at the Sports Centre on Sunday, May 7th 2023 from 12:00 PM until 2:00 PM.

<u>Note</u>: This is the only time of year that Public Works will pick up your household waste. Otherwise, it is the sole responsibility of the tenant to dispose of.



ADVERTISEMENTS, ANNOUNCEMENTS & NOTICES

Hunting on Whitecap Dakota Lands

As per a Whitecap community meeting motion, WDFN has requested that Saskatchewan Conservation Officers patrol Whitecap Reserve Lands for unauthorized hunters.

- If you are a WDFN Member and hold a status card you may hunt as per usual. Remember it is necessary to carry your status card while you are out hunting.
- <u>Non-WDFN members with a status card need a written</u>
 <u>permission slip from the Band and their status card while</u>
 <u>hunting.</u>
- <u>Non-status individuals must have a valid hunting license and a</u> written permission slip from the Band.

If you have any questions or concerns please contact the Band Office.

Turn in Poachers or Unauthorized Hunters at:

TURN IN POACHERS 24 HOURS – TOLL FREE 1-800-667-7561 SASKTEL CELL - #5555

Thank you for your understanding.

The Chief and Council of the Whitecap Dakota First Nation and its Members, would like to thank the Dakota Dunes Community Development Corporation (DDCDC) for their contributions to the following Community Events/ Projects:

- Buffalo Berry Playground Fence
- Zoom Boom
- Sander Project
- CSO Vehicles
- ➢ 616 HCP
- Boundary Road
- Wheelchair conversion



We look forward to another successful year in the name of community investment and partnership



WDFN On-Reserve Subsidy Programs 2023-24

The Whitecap Dakota First Nation has the following On-Reserve Subsidy Programs available to eligible Band members or Community members. These programs sheets can be downloaded from the WDFN website under the "Our Community" section under "On-Reserve Subsidy Programs". The application forms are in PDF fillable format. Click here:

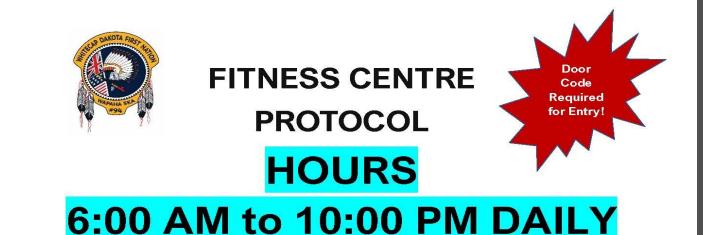
https://www.whitecapdakota.com/en/our-community/on-reserve-subsidy-programs.aspx

You may also contact the department office responsible for administering these programs for a copy be sent to you.

Each Subsidy Program contains a description of what is available to apply for, the Eligibility criteria, the Approval Process, Contact Information, and an Application Form.

- WDFN On-Reserve 50/50 Agriculture Projects Assistance Program
 O Chief Executive Officer (CEO)
- WDFN On-Reserve Children's School Supplies Program
 Orregion Community School Coordinator
- WDFN On-Reserve Market Rent Subsidy Program
 O Director, Housing & Public Works
- WDFN On-Reserve Minor Sports and Fine Arts Fees Program
 CEO
- WDFN On-Reserve Private Home Ownership Program
 O Director, Housing & Public Works
- WDFN On-Reserve Rent Subsidy and Computer Grant for Skills and Trades Apprenticeship Program
 - o Director, Housing & Public Works
- WDFN On-Reserve Seniors Housing Subsidy Program
 O Director, Housing & Public Works
- WDFN On-Reserve Seniors Tax Return Service Program
 - o Director, Economic Development & Lands

WDFN Subsidy Programs 2023-24 Summary



1. EFFECTIVE SEPTEMBER 9, 2022 @ 4:30 PM.

- In the interest of community safety, the Fitness Centre door will be locked 24-7, 365 and all users must enter a code to gain access. \rightarrow See page 2*
- 2. ENTER AT YOUR OWN RISK. All users acknowledge, by your use of this facility, that such use is at your sole risk, and that you shall be liable for and shall indemnify the Whitecap Dakota First Nation against any and all claims, actions, liabilities, losses, damages, or expenses relating to your use of this facility.
- 3. MUST BE 16+ YEARS OF AGE
- 4. MUST BE A WHITECAP COMMUNITY OR STAFF MEMBER
- 5. MASKING IS OPTIONAL
- 6. LOG-IN AND LOG-OUT. Enter your name, time entered, and time exited in the logbook in the entrance.

SAFETY RULES:

- If you are experiencing mild, cold-like symptoms including cough, sore throat, and sneezing, without fever, please refrain from entering our buildings.
- > No children under 16 years of age allowed in the Fitness Centre
- > Pay attention to the safety posters in the Fitness Centre

Security Notice:

- This facility is monitored inside and out by security cameras
- The security alarms are set to automatically disarm shortly before 6am and to arm shortly after 10pm. If you remain in the gym past the scheduled close time, an alarm is generated, and authorities are notified. <u>Please exit the gym promptly at 10 pm so as not to set off false alarms.</u>

FITNESS CENTRE ACCESS CODE PROCEDURE

EFFECTIVE SEPTEMBER 9, 2022 @ 8:00 AM

Fitness Centre users will contact either of the following staff for the community code and during business hours only of 8:00AM to 4:30 PM:

Desmond Joyea, Youth & Community Program Assistant

306-492-0930 or by email: <u>djoyea@whitecapdakota.com</u>

or

Jordanna Johnson, Youth & Community Program Coordinator

306-469-0093 or by email: jjohnson@whitecapdakota.com

EFFECTIVE OCTOBER 11, 2022 @ 4:30 PM

Fitness Centre users <u>must</u> sign up for the *Whitecap App* prior to October 11th as this will be the only way we will communicate code changes.

Fitness Centre users <u>must</u> fill out the membership form so that we can add you to the "Fitness Centre Group".

The community code will be changed every 2 weeks on Mondays (Tuesdays if Monday falls on a Stat holiday) and a notification will be sent to you via the App.

In the interest of Community Safety, please do not share the community access code to any person who is not a Whitecap Band member or community member.

Thank you for your understanding.

Pidamaya

If you have any questions or concerns, please contact the Whitecap Band Office during business hours: 8:00am-4:30 pm Monday-Friday: (306) 477-0908



NOTICE:

Whitecap APP Discontinued

Effective March 31, 2023, the Whitecap Mobile App will be discontinued and removed from the *Apple* and *Google Play* stores.

The First Nation is switching to a new notification system soon. Watch for more information in the Whitecap Newsletter, website, and Facebook pages.

<u>Note to the Whitecap Fitness Center Members</u>: in the interim, we will switch to email notices to send you the bi-weekly Fitness Centre code changes. We have retained the email addresses for the users in our 'Fitness Centre' group only so that authorized Whitecap staff may continue to send you the code. If your email address has changed since you signed up for the App, please contact Italia at the Whitecap Government office to provide your new email at: ieagle@whitecapdakota.com or call 306-477-0908.

All other contact information for all users of the app will be deleted.

CEO, Whitecap Dakota First Nation

OLD GRAVE YARD CLEAN UP

SUNDAY, MAY 28, 2023

CLEAN UP TO START AT 11:00 AM POTLUCK MEAL TO FOLLOW

EVERYONE IS WELCOME



Does Your Family Have A 72-Hour Emergency Kit?

"What is a 72- Hour Emergency Kit and why do I need one"?

Many people ask the question, "What is an emergency kit?" Simply put, a 72-hour emergency kit (for blizzards, tornadoes, power outage, wildland fires or other occurrence) is a collection of basic items your family will need to survive in the event of an emergency.

Being aware that you and your family may need to survive on your own after a major power outage or disaster situation occurs, means having your own emergency food, water and other important supplies on hand in sufficient quantities to sustain yourself and your family for at least 72 hours.

Local officials and relief workers will be on the scene when possible after a disaster, but they cannot reach everyone immediately. You could receive help in hours-or it may take days or longer. Additionally, basic services such as electricity, gas, water, sewage treatment and telephones may be cut off for days, or even a week or more. Your emergency supplies kit should include plenty of survival essentials to help you manage during these outages.

Why Emergency Kits are Important?

Emergency survival kits have been used for centuries to protect people from natural disasters. Most people use emergency kits in natural disasters to keep them safe; however, there are also people who do not use kits because they do not think that they will ever need one because they have never experienced a natural disaster. 72-hour kits are important in any natural disaster because they keep you safe, are essential for staying prepared and fighting off stress, and could mean the difference between life and death in an emergency situation.

MAKE A PLAN TODAY. Your family may not be together if a disaster strikes, so it is important to know which types of disasters could affect your area. Know how you'll contact one another and reconnect if separated. Establish a family meeting place that's familiar and easy to find.

Since you do not know where you will be when an emergency occurs, prepare supplies for home, work and vehicles.

Home: Keep this kit in a designated place and have it ready in case you have to leave your home quickly. Make sure all family members know where the kit is kept.

Work/school: Be prepared to shelter at work or school for at least 24 hours. Your kit should include food, water, and other necessities like medicines, stored in a "grab and go" case (backpack).

Vehicle: In case you are stranded, keep a kit of emergency supplies in your car, and add items for winter driving as needed.

Emergency planning experts at WDFN are encouraging you to assemble your kit well in advance of an emergency. You may have to evacuate at a moment's notice and take essentials with you. You will probably not have time to search for the disaster supplies you require, at a time when you most need them. Emergency preparedness provides peace of mind and safety for yourself and your loved ones, and ensures that essential survival supplies will be on hand and ready-to-grab when you most need them! Now is the ideal time to make sure your emergency supplies kit is in place and up to date.

A Communication Plan

How will you get in touch? Who are you out of area contacts that family members can contact during an emergency?

List of Emergency Numbers

Police, Fire, family doctor, family/friends who can help in a crisis.

Food and water

- Four litres of drinking water per person per day.
- Food (non-perishable and easy to prepare items).

Equipment

- Manual can opener.
- □ Flashlight (wind-up/battery-operated), batteries
- Wind-up/battery-powered radio.
- Solar charger for phones.
- □ Candles, lighter, waterproof matches.
- Pens, sharpie, and paper.
- Duct tape
- Paracord, fishing line or rope, tarp, work gloves.
- Pocket knife, pocket camping saw.
- Cooking pot, folding backpack stove and eating utensils.
- Warm clothes, shoes.
- Blankets or sleeping bags, mylar blankets.
- Garbage bags, Ziplock bags
- □ Whistle and/or flares.
- Extra batteries.
- Playing cards, travel games and other activities for children.

Special needs items

- Infant needs (diapers, formula, bottles).
- Prescription medicines.
- Extra prescription glasses or contact lenses.
- Pet items (food, leash, muzzle, medication, etc.).

Toiletries

- Cleaning supplies (hand sanitizer, shampoo).
- □ First aid kit.
- Toilet paper.
- Dish soap.
- Feminine supplies.
- Toothbrush, toothpaste.
- Hair elastics.
- Brush/comb.
- Deodorant.
- Wash cloth.
- Medicine, pain relief.
- Sunscreen.
- Bug spray.

Personal documents and items

- A list of your emergency contacts (names and contact numbers).
- An extra set of house and car keys.
- Some cash in smaller bills.
- Copies of important documents like passports, birth certificates and insurance policies, driver's license.
- Photos of family members and pets (write the age, weight, height, name and other characteristics on the back)
- Printed procedures to shut off home utilities (water, electricity, gas)

Additional Items for winter and car

- Shovel, ice melt or cat litter.
- Winter boots.
- Sleeping bags, blankets.
- Warm winter clothing.
- □ Hand and foot warmers, HotHands.

KNOW THE RISKS, MAKE A PLAN AND BE PREPARED. YOUR 72 HOUR KIT HOLDS SUPPLIES TO SUPPORT YOU AND YOUR FAMILY FOR 3 DAYS. HAVING THE RIGHT EQUIPMENT MEANS THAT YOU AND YOUR LOVED ONES WILL BE TAKEN CARE OF AND YOU CAN SURVIVE UNTIL HELP ARRIVES.



WDFN EMERGENCY MANAGEMENT FIRESMART BEGINS AT HOME

HELP REDUCE THE RISK OF WILDLAND FIRES

With the beginning of nicer weather comes all our favorite outdoor activities again. WDFN is currently under spring fire restrictions. Backyard fire pits are allowed with conditions. The WDFN Fire Chief must be notified prior to fire pit use, there must be means of extinguishment and must be fully extinguished after use. Fire pits are not to be left unattended. To help reduce the risk of wildland fires, follow these fire safety tips.

REDUCE IGNITION SOURCES

It's possible to unintentionally start a grass fire or wildland fire in dry conditions. Reduce the risk by following these steps:

- Dispose of cigarettes and matches correctly. Don't throw lit cigarettes or matches out of your vehicle or on the ground;
- Avoid driving through or parking on dry grass. A vehicle's exhaust can reach a temperature of more than 538 degrees Celsius (1,000 degrees Fahrenheit). It only takes 260 degrees Celsius (500 degrees Fahrenheit) to start a fire;
- Don't use machines or tools that may cause sparks during dry conditions. If you must use a toll such as a grinder, wet down your working area and have a fire extinguisher handy;
- · Teach your children not to play with fire or with matches. Fire can spread quickly.

BE FIRESMART

Reduce the risk of fire around your home and the community by practicing the FIRESMART tops below.

- Keep your lawn cut and your gardens and paths well maintained, and leave raked up;
- Keep woodpiles at least 10 metres (30 feet) from away from your home;
- · Firepits should be place as far as possible from structures, fences and trees as possible;
 - Keep the area 3 metres (9 feet) around the firepit free of combustible materials;
 - Always ensure the firepit has proper ventilation and is screened with 6mm or finer wire mesh.
- Cut the grass around your outbuildings and around tanks or other containers that may contain flammable materials;
- · Do not burn trash or leaves unless they are in a dump or grass free area;
- Regular maintenance and cleaning in the corners and crevices of your yard and under your deck will leave nothing for embers to ignite;
- Relocate propane tanks at least 10 metres from your home;
- Hold your sheds and other structures to the same standards as your home.



WDFN EMERGENCY MANAGEMENT

KEEP YOUR FAMILY 72 HOUR EMERGENCY KIT UP TO DATE AND BE PREPARED TO EVACUATE.





Whitecap Sports Centre Booking Policy for Whitecap Band Members (Revised April 3, 2023)

- 1. This booking policy is for Whitecap Dakota First Nation (WDFN) Band Members only.
- 2. Band Members must contact the Housing & Public Works Housing Clerk to provide details of event: 306-477-2013
- 3. The Housing Clerk checks on availability and then relays the request to the Director, HPW for approval. Once approved, the Housing Clerk proceeds with the following:
 - a. Arranges for a Facility Usage Agreement (FUA) to be signed by the Director, HPW and the Band Member.
 - b. Collects a rental fee of \$150.00 from the Renter and issues a receipt and a copy of the FUA.
 - c. Books the WDFN after-hours security person to open/close the sports centre and to perform inspections of the facility before and after the event.
 - d. Arranges for a refund of \$75.00 to the Band Member provided that the Sports Centre is left in a clean state, there are no damages and there is no missing WDFN property. Deductions will be made accordingly based on the inspection report.

Booking Conditions:

- Band Member is responsible for any missing WDFN property and/or damages to the Sports Centre and agrees to reimburse WDFN for replacement/repair costs.
- The use of the sports centre *does not* include use of the kitchen cooking equipment.
- No alcohol allowed in the Sports Centre.
- Band Members must bring their food already prepared and bring their own supplies, such as disposable plates, cutlery, and coffee/tea and condiments.
- There is a coffee maker and tea kettle available for use.

Note:

This booking policy *does not* apply to bookings for the outdoor areas of the sports grounds i.e.) the Dakota Gardens or Sports Centre patio. Please refer to that separate policy for the booking protocol.



Dakota Gardens or Sports Centre Patio Booking Policy for Whitecap Band Members

(Revised April 3, 2023)

- 1. This booking policy is for Whitecap Dakota First Nation (WDFN) Band Members only.
- 2. This booking policy applies to the Dakota Gardens or the Sports Centre Patio.
- 3. Band Members must contact the Housing & Public Works Housing Clerk to provide details of event: 306-477-2013
- 4. The Housing Clerk checks on availability and then relays the request to the Director, HPW for approval. Once approved, the Housing Clerk proceeds with the following:
 - a. Arranges for a Facility Usage Agreement (FUA) to be signed by the Director, HPW and the Band Member.
 - b. Collects a \$150.00 rental fee from the Band Member and issues a receipt and a copy of the FUA.
 - c. Books the WDFN after-hours security person to open/close the gate to the sports grounds, to open/close the shower-house washrooms, and to perform inspections of the washrooms and the outdoor area(s) before and after the event.
 - d. Arranges for a refund of \$75.00 to the Band Member provided that the area is left in a clean state, there are no damages and there is no missing WDFN property. Deductions will be made accordingly based on the inspection report.

Booking Conditions:

- Band member is responsible for any missing WDFN property and/or damages to the shower-house washrooms, the Dakota Gardens or the Sports Centre Patio and agrees to reimburse WDFN for replacement/repair costs.
- For events involving the serving of alcohol, the Band member must obtain approval from Council and purchase a liquor license, liability insurance and provide own security staff.

Note:

This booking policy *does not* apply to bookings for the Sports Centre. Please refer to that separate policy for the booking protocol.

Dakota Gardens or Patio Booking Policy for WDFN Band Members (rev 2023-04-03)



Charles Red Hawk Elementary School (CRHES) Gym Rental Policy for Whitecap Band Members

(Revised April 3, 2023)

- 1. This rental policy is for WDFN Band Members only.
- 2. Band Members must contact the CRHES Community School Coordinator (CSC) / Administrative Assistant (AA)** to provide details of event.

** During the summer months of July and August, contact the Administrative Assistant – Band Operations at the Band Office.

- 3. The CRHES CSC/AA makes inquiry with the School Principal and the Youth & Community Program Coordinator on availability of gym and then relays the request to the CEO for approval. Once approval granted, the CRHES CSC/AA proceeds with the following:
 - a. Arranges for a Facility Usage Agreement (FUA) to be signed by the CEO and the Renter.
 - b. Collects a rental fee of \$150.00 from the Renter and issues a receipt and a copy of the FUA.
 - c. Books the WDFN after-hours security person to open/close the gym and to perform inspection of the facility after the event.
 - d. Arranges for a refund of \$75.00 to the Band Member provided that the area(s) are left in a clean state, there are no damages and there is no missing CRHES property. Deductions will be made accordingly based on the inspection report.

Notes:

- No alcohol allowed in the CRHES Gym or premises.
- The use of the CRHES Gym does not include the use of the Kitchen unless the event is for a wake/funeral or a feast.

Bookings for Funeral/Feast Protocol:

- The WDFN will not charge a rental fee if the event is for a wake/funeral.
- The WDFN will charge a rental fee of \$150 if the event is for a private, family feast.



Booking Policy for Other Whitecap Indoor Facilities (Updated April 3, 2023)

Please be advised that the following indoor facilities *are not available* for bookings for private events by Whitecap Band Members:

- Fire Hall: no longer available for bookings as it has been converted into office space.
- Elders Centre: not available for bookings as is dedicated to programs for Elders and certain health programming by Whitecap staff.
- Cover-All (at sports grounds): not available for bookings.

Note:

Please refer to the notices regarding the booking policies for the Sports Centre, the Dakota Gardens or Sports Centre Patio and the CRHES gym.

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NOTICE

Please be advised of some recent changes to the operations at the Waste Transfer Station:

- Effective immediately, waste will be tracked and monitored by the Waste Transfer Attendant.
- Accepted waste includes:
 - Solid waste (sorted and bagged)
 - Organic waste (grass clippings, leaves, garden material, etc.)
 - Scrap metals
 - Recyclable materials
 - o Wood
 - Electronics (computers, tv, etc.)
 - Used appliances (fridges, stoves)
 - o Tires
 - Construction and demolition materials (shingles, bricks, cement, siding, etc.)
 - Propane tanks
- Hazardous accepted materials include:
 - Used oil and used oil filters
 - Automotive batteries
 - Used paint and stain
- When dropping off any lawn mowers or other items that may contain fuel or oil, it
 will be the individual's responsibility to drain any and all fluids prior to disposal at
 the site. The site attendant can restrict what is accepted at the transfer station.
- The facility is available for access Monday to Friday, 8:00AM 4:30PM by appointment only. Gates will be locked at all times when unsupervised. To access the site, contact the WDFN Public Works office at (306) 477 – 2013.
- WDFN Community will be notified when the site will be open and available for use without appointment via the community newsletter, the Whitecap mobile app, and/or the WDFN website.



Be advised that hunting and fishing on the Dakota Dunes Golf Course is strictly prohibited.

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REMINDER

<u>Whitecap Dakota First Nation</u> <u>Community Curfew</u>

All persons, 12 years of age and under are required to be off Community streets and Community property between 8 P.M. and 7 A.M. unless accompanied by a parent or guardian.

All persons, between the ages of 13 and 17 are required to be off Community streets and Community property between 11 P.M. and 7 A.M. unless accompanied by a parent or guardian.

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Please be respectful of peoples property

Stay in ditches and trails

Follow all safety rules: helmets, etc.

Respect time of day

(ATV's are loud, be considerate of neighbors)
Children under the age of 16 should not be operating an ATV

Be cautious of children playing and pedestrians

Have Fun and Be Safe!





Please be advised that the Band Office, Business Centre, Housing & Public Works, Health Centre, and Whitecap Early Learning Centre will be



Monday, May 22nd, 2023

(Victoria Day Stat Holiday)

Normal business hours will resume at 8:00 a.m. on Tuesday, May 23rd, 2023