



**Ista Wicazayan Wi**  
**The Sore Eye Moon**  
**March 2025**

**WAPAHA SKA**



**DAKOTA WOTANIN**

DAKOTA WOTANIN

Ista Wicazayan Wi — March 2025

Wapaha Ska  
Dakota Wotanin

Will be posted to the website during the first week of the month

**REMINDER:**  
THE NEXT WAPAHA SKA  
DAKOTA WOTANIN  
SUBMISSION DEADLINE IS:  
Friday, March 28th, 2025 @  
4:30 PM

**Forward Submissions to:**  
[receptionbo@whitecapdakota.com](mailto:receptionbo@whitecapdakota.com)  
Or call 306-477-0908  
Thank you.

WHITECAP DAKOTA NATION

182 CHIEF WHITECAP TRAIL  
WHITECAP, SK S7K 2L2  
TELEPHONE: 306-477-0908  
FAX: 306-374-5899  
[www.whitecapdakota.com](http://www.whitecapdakota.com)

INSIDE THIS ISSUE:

Table of Contents	2
Emergency Contact Numbers	3-4
Community Safety Officer Program	5-7
Upcoming Meetings	8
Whitecap Council Portfolios,	9
Whitecap Advisory Committees	—
Whitecap Health Centre/ Wellbeing	10-28
Charles Red Hawk Elementary	-
Whitecap Early Learning Centre	29
Whitecap IRA	30-36
Whitecap Membership Code	37
Whitecap Business Centre	—
Whitecap Housing & Public Works	38-49
Whitecap Memorandum	—
Whitecap Advertisements & Notices	50-64
Emergency Management	65-70
Whitecap Office Closure	—

**NEXT ISSUE:**  
**FIRST WEEK OF April 2025**

# **WHITECAP EMERGENCY DIRECTORY**

## **FIRE EMERGENCY**

Call : 911

## **POLICING SERVICES**

Contact: 911

Complaints & Inquires:  
306-975-5145

## **MEDICAL EMERGENCY**

Call : 911

## **OUTAGE/NATURAL GAS REPORTING**

SaskPower Outage Reporting:  
306-310-2220

## **MEDICAL TRANSPORTA- TION**

Medical Taxi: 306-373-4600  
Weekdays Only: 8:00am—  
4:30pm  
After Hours: Call 911

## **Poachers (TIP) Program**

24 hours: 1-800-667-7561  
SaskTel Cell: 55555

## **SELF HELP**

## **& OTHER**

**Saskatchewan Crime Stoppers:**  
1-800-222-TIPS (8477)

**Suicide Crisis Line:**  
306-933-6200

**Kids Help Line/Suicide Hotline:**  
1-800-668-6868

**STC Well-Being Services**  
Child Neglect/Protection Concerns:  
1-866-871-4237  
Toll Free: 1-844-956-5668

**Domestic Abuse Crisis Line:**  
1-888-338-0880

**Sexual Assault Crisis Line:**  
306-244-2224

**Poison Control Center:**  
1-866-454-1212

**Problem Gambling:**  
1-800-306-6789

**Health Line:**  
1-877-800-0002  
The Health Line is a group of Health Nurses that will determine if your health condition requires immediate medical attention. This service is available 24 hours a day. All calls are confidential.

**Whitecap CSO Team**  
Telephone: (306) 281-4868

WHITECAP DAKOTA NATION EMERGENCY CONTACT LIST	
<b>CRISIS RESPONSE</b>	
AMBULANCE	911
RCMP	306-975-5145
Saskatoon Mobile Crisis	306-933-6200
<b>SUICIDE PREVENTION</b>	
Whitecap Dakota Nation Health Centre	306-373-4600
24/7 Hotline	1-833-456-4566
KIDS HELP LINE	1-800-668-6868
<b>DOMESTIC VIOLENCE</b>	
HOTLINE	1-888-338-0880
Interval House	306-244-0185
Salvation Army Support	306-242-6833
<b>CHILD PROTECTION</b>	
STC Well-Being Services	1-866-871-4237 or 1-844-956-5668
Saskatoon and Rural	306-933-6077
After Hours- Mobile Crisis Services	306-933-6200
Saskatchewan Advocate for Children & Youth	306-933-6700 or 1-800-322-7221
<b>POLICE</b>	
RCMP	306-975-5145
Saskatoon City Police, Non-Emergency Line	306-975-8300
PARAMEDIC EMERGENCY MEDICAL SERVICES	911
<b>HOSPITAL EMERGENCY SERVICES</b>	
Royal University Hospital	306-655-1368
St. Paul's Hospital	306-655-5113
City Hospital	306-655-8230
<b>EMERGENCY SHELTERS</b>	
YWCA, Women's Shelter	306-244-2844
Salvation Army, Men's Shelter	306-244-6280
<b>RAPE/SEXUAL ASSAULT SUPPORT</b>	
Saskatoon Sexual Assault Center	306-244-2224
<b>LEGAL ASSISTANCE/VICTIM-WITNESS ASSISTANCE</b>	
Legal Aide	306-933-7820
Victim Services	306-975-8400
<b>STD INFORMATION (Sexually Transmitted Diseases)</b>	
Sexual Health Clinic, 101 - 310 Idylwyld Dr. North, Saskatoon	306-655-4664
Saskatoon Sexual Health, Family planning	306-244-7989
AIDS Saskatoon	306-242-5005
Persons Living with AIDS Organization	306-373-7766
<b>SELF HELP GROUPS</b>	
Mental Health Clinic	306-655-7950
Alcoholics Anonymous	306-665-6727
Narcotics Anonymous	1-877-463-3537 or 306- 652-5216
Gambling Anonymous	1-800-306-6789
<b>SUBSTANCE ABUSE COUNSELLING (MH Clinic)</b>	
Saskatchewan Health Authority- Adults	306-655-4100
Saskatchewan Health Authority- Youth	306-655-4900
MACSI Center Intake	306-657-4275
<b>MENTAL HEALTH SERVICES</b>	
Mental Health Therapist – Whitecap Dakota First Nation	306-373-4600
24/7 Hotline	1-855-242-3310
Canadian Mental Health Association, Saskatoon Branch	306-384-9333
Mental Health & Addiction Services Centralized Intake	306-655-7777
<b>COMMUNITY CORRECTIONS OFFICERS</b>	
WDN Justice Worker	306-373-4600
Probation Officer	306-933-6324
Fine Option	306-244-0320





## *Whitecap Community Safety Officer (CSO) Program.*



### **CONTACT INFORMATION:**

**Temporary Phone Number: 306-281-4868**

**Office Location: Whitecap Dakota Nation Fire Hall.**



# Whitecap Dakota Nation CSO Program Update

*Whitecap Dakota Nation's Community Safety Officer Program has recently completed its two-year pilot term. Chief and Council have received much positive feedback on the program and the work of our CSO's. Here are a few updates for WDN Members and residents:*

## Ongoing and Expanded Program

- WDN Chief and Council will continue to ensure CSO services on Whitecap. Council is working with Canada and Saskatchewan to put additional funding in place to expand the program.
- This year, WDN has approved a budget for 7 CSOs to enhance community safety. With the recent hiring of two new CSOs, we currently have 6 on staff and are recruiting another.

## CSO Responsibilities Outside the Community

- CSO's are regularly required to travel to Saskatoon for activities such as:
  - Traffic Court Appearances
  - Business with the RCMP
  - Vehicle servicing and cleaning
  - Meetings with Sask Justice
  - Picking up supplies
  - Training with Saskatoon Police Service

## CSO Enforcement Activities

- CSO's have the same enforcement powers as police in the province.
- CSO's actively enforce a zone along Chief Whitecap Trail (Highway #219) between Beaver Creek and the south end of WDN lands.
- CSO's sometimes are required to follow vehicles or are called in by police outside their enforcement zone.
- CSO's participate in joint enforcement initiatives with the RCMP, Saskatoon Police Service, Corman Park Police and others (e.g. Recent Check Stop at #219 and Grasswood Road)
- It is estimated that the CSO's have conducted over 50 sobriety checks over the past year.

**In case of an emergency, please call:**

**306-281-4868**



**Whitecap Community Safety Officer  
306-281-4868**



## FREQUENTLY ASKED QUESTIONS:

### WHAT IS A COMMUNITY SAFETY OFFICER (CSO)?

A CSO will provide additional uniformed presence and patrol in WDN. They can investigate low-risk incidents (ex. property theft) and engage in the enforcement of provincial laws and/or WDN bylaws. They may also work with prevention-based programs, such as schools or with community groups.

### WHAT HAPPENS TO THE RCMP?

CSO's and the RCMP will work together. When CSO's deal with low-risk incidents, the RCMP will have more time to focus on serious criminal investigations.

### CAN CSO's PULL YOU OVER?

Yes, CSO's can pull you over when they are in uniform.

### CAN CSO's ARREST YOU?

CSO's have the authority to make arrests under certain provincial legislation.

### DO CSO's CARRY WEAPONS?

CSO's do not carry guns, however, they do carry handcuffs, batons, and an Oleoresin Capsicum spray.

### WHY DO WE HAVE CSO's?

In October 2019, WDN, Muskoday, and the Province of Saskatchewan signed an MoU agreement. The MoU implements the CSO program to better enforce our laws and ensure community safety. This pilot program is supported by federal and provincial policing funding and by the Lands Advisory Board.

CSOs may enforce laws under the following acts:

- *The Traffic Safety Act*
- *The Alcohol and Gaming Regulation Act, 1997*
- *The Highways and Transportation Act, 1997*
- *The Whitecap Environmental Protection Law, 2018*
- *The All-Terrain Vehicles Act and The Snowmobile Act*
- *The Trespass to Properties Act*
- *The Mental Health Services Act*
- *The Stray Animals Act*
- *The Summary Offence Procedures Act*
- *WDN Smoking Bylaw*
- *WDN Cannabis Control Law (2022)*
- *Other WDN Bylaws (e.g., waste disposal)*



# Upcoming Meetings

**Chief and Council Meeting**  
March 3rd 2025 @ 9am





## Whitecap Dakota Nation COUNCIL PORTFOLIOS

## SCHEDULE A

### Chief Darcy Bear

- Self Government Treaty
- Intergovernmental Affairs
- Whitecap Dakota Reconciliation Treaty
- Economic Development
- Major Capital
- Own Source Revenue
- Gaming
- Housing

### Councillor Dwayne Eagle

- Health and Social Development
- Sask Health Authority Liaison
- Saskatoon District Health: WDN Partnership
- Public Works and Infrastructure
- Agriculture
- Hunting and Trapping
- Fisheries, Oceans and Coast Guard
- Wellbeing: C92/Protection & Prevention

### Councillor Frank Royal

- Culture and Language
- History and Cultural Artifacts
- Western Development Museum Partnership
- Land Management
- Lands Advisory Board
- Administration and Operations
- Membership
- Veteran Affairs
- Dakota Dunes CDC
- Residential and Boarding Schools
- Dakota Lakota Nations
- Oceti Sakowin
- Language Conference
- Culture Camp
- Veterans Ceremony
- Reconciliation Walks

### Councillor Allison Daniels

- Post Secondary Education
- Education Pre-K - 12
- Saskatoon Public Schools Partnership
- Early Learning - WELC
- Employment and Training
- Whitecap Industrial Services
- Whitecap Dakota Powwow
- Dakota Dunes Hotel Liaison
- Finance/Finance & Audit Committee
- Tourism & Trails

### Councillor Bradon Eagle

- Whitecap Dakota Youth and Recreation
- Emergency Response & Preparedness
- Whitecap Dakota Volunteer Fire Department
- Justice
- Community Tripartite Agreement: RCMP & CSO
- Community Consultative Group
- Cress Housing Liaison
- Occupational Health and Safety
- Environment & Climate Change
- Dakota Dunes Casino Liaison
- Dakota Golf Links Liaison
- Dakota Days
- Winterfest



# WHITECAP DAKOTA HEALTH CENTRE

**PLEASE CALL THE HEALTH CENTRE TO  
ACCESS HEALTH SERVICES**

**306-373-4600**



Appointments available:

8:00 am- 4:30 pm

Monday-Friday

Closed Statutory

Holidays



**THANK YOU FOR YOUR COOPERATION**



### STC Well-Being Services

Saskatoon Tribal Council (STC) Well-Being Services works collaboratively with our member communities to provide positive outcomes for children and families through the Progressive Model. The Progressive Model funding assists communities in enhancing their prevention and family support services that keep families intact and thriving within their circle of support and cultural connections. The goal is to move towards implementing and delivering their child welfare model.

Well-Being Services provides two collaborative pathways of services to STC members in their respective communities:

#### ➤ Child Protection and Child Safety Services

STC has the legal authority under delegation of the Ministry of Social Services (Child and Family Services Act) to assess, investigate, and respond to alleged reports of child welfare concerns in our member communities.

Well-Being Services works collaboratively with communities to respond to child welfare concerns focusing on addressing safety concerns that support the child's best interest and build upon family strengths.

#### ➤ Secondary-Level Services

Ongoing assessments are essential in enhancing prevention and family support services. Communities are in the best position to know what is required to meet the needs of their families and children.

Well-Being Services helps facilitate and support capacity building in essential prevention and family support services for our member communities through our clinical and technical support services.

### STC Urban Family Services

Our urban members can also access STC Urban Family Services programs for family support and children programs at their new location at 320-21<sup>st</sup> Street West in Saskatoon. Please call 306-956-0318 for more information or visit STC's webpage.



### Intake Contact Information

#### General Inquiries about Well-Being Services:

306-659-5668 or toll free 1-844-956-5668

(Monday to Friday 8am to 4:30pm)

\*This number gets forwarded to an answering service outside of office hours and only urgent child welfare concerns will be patched through to an on-call worker\*

#### For Kinistin, Mistawasis, Muskoday, One Arrow, and Whitecap:

**STC toll-free child protection reporting line:**  
1-866-871-4237

This number is forwarded to a call-center after hours, which in turn directs the call to the STC worker on call.

#### For Muskeg Lake:

Child welfare reports currently go directly to the Ministry of Social Services. Their toll-free intake number is 1-800-274-8297. This number is routed through Mobile Crisis outside of regular office hours.



**The Child and Family Services Act** requires First Nations Child and Family Services Agencies to provide services to families on reserve where children are believed to be in need of protection. The goal of child protection services is to maintain children in their family home whenever possible and, if a child must be removed for their protection, to reunite families as soon as possible.

### What is child abuse and neglect?

Abuse and neglect refers to circumstances that may be harmful to a child's physical, emotional or psychological health.

- **Physical abuse** – any action, including discipline, causing injury to the child's body. Indicators: the presence of several injuries over a period of time; any bruising on an infant; reluctant to go home; cannot recall how injuries occurred, or offers an inconsistent explanation.
- **Sexual abuse** – any action involving a child in sexual exploitation or sexual activity including touching, exposure, using a child in the making of/or viewing pornography. Indicators: injuries to the genital or anal area (e.g., bruising, swelling, infection); pregnancy; age-inappropriate sexual play with toys, self, others; bizarre, sophisticated or unusual sexual knowledge.
- **Emotional maltreatment** – expecting a child to be able to do things he or she cannot do, embarrassing or insulting a child, making hurtful comments about a child's appearance, intelligence, size, ability, etc. Indicators: bedwetting and/or diarrhea which is non-medical in origin; frequent complaints of headaches, nausea, abdominal pain; extreme withdrawal or aggressive behavior; severe depression; running away from home.
- **Neglect** – failing to provide a child with enough food, proper clothing, shelter, health care, or supervision. Indicators: hunger, inappropriate dress, poor hygiene, developmental delays; persistent health conditions (e.g., scabies, head lice); steals food; reports no caregiver at home.
- **Domestic violence** – exposing a child to a pattern of abusive behavior or threats of abusive behavior by one caregiver against another (hitting, kicking, restraining, slapping, throwing objects, intimidation, stalking, etc.). Indicators: physical injuries; aggressive or antisocial behaviours; poor social relationships; low self-esteem.

### Duty to Report

Anyone having reasonable suspicion that a child's physical, mental, emotional welfare has been or is being neglected has the legal duty to report such information immediately to a local First Nations Child and Family Services, Ministry of Social Services, or to the Police.

**"The duty to report overrides professional confidentiality codes when there is reason to believe that a child may be abused or neglected."**

#### As a parent...

If you would like general information on supports available, please call 306-659-5668 or toll-free 1-844-956-5668 and request to speak to the Social Worker on Duty.

If you feel unable to safely parent your children, please call **1-866-871-4237**.

#### As a community member...

If you believe a child may be neglected or abused, you have a **legal responsibility** to report your concerns by calling **1-866-871-4237**.

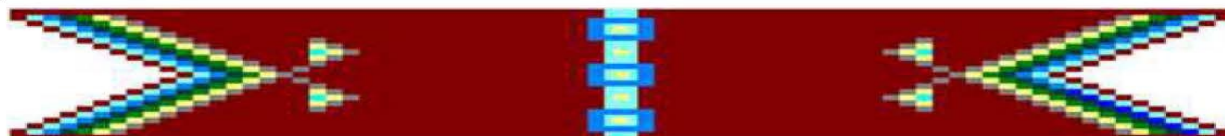






**Whitecap Dakota Health & Wellbeing**  
**Phone: 306-373-4600**  
**Staff Extension Numbers**

<b>HEALTH CENTRE STAFF</b>			
<b>Staff Member</b>	<b>Ext.</b>	<b>Position</b>	<b>Email</b>
Angela Buffalo	8617	Community Health Nurse	abuffalo@whitecapdakota.com
Arlene Peeteetuce	8630	Community Health Nurse	apeeteetuce@whitecapdakota.com
Brenda Littlecrow	-----	Transportation Service Provider	blittlecrow@whitecapdakota.com
Carrie Desnomie	8604	Administrative Assistant	cdesnomie@whitecapdakota.com
Charity Wuttunee	---	Maternal /Child Support /School Health Nurse	cwuttunee@whitecapdakota.com
Cindy Clarke	8603	Mental Health Therapist	cclarke@whitecapdakota.com
Cory-Jade Bear	---	Accreditation & Reception Support	cjbear@whitecapdakota.com
Fern Rose	8607	Dental Therapist	---
Glory Udoh	8605	Clinical Integration Manager	gudoh@whitecapdakota.com
Joanna McKay	---	Community Health Plan Writer	jmckay@whitecapdakota.com
Jodie Harder	-----	Custodian	jharder@whitecapdakota.com
Karen Hercina	8610	Nurse Practitioner / CDM	khercina@whitecapdakota.com
Lee Sinclair	-----	Transportation Service Provider	lsinclair@whitecapdakota.com
Lori Buffalo-Delaronde	8615	Income Assistance Coordinator	lbuffalod@whitecapdakota.com
Lori Sparling	8601	Director of Health & Social Dev.	lsparling@whitecapdakotahealth.com
Rachel Tang	8625	Addictions Counsellor	rtang@whitecapdakota.com
Victorine Royal	4600	Receptionist	vroyal@whitecapdakotahealth.com
Wendy Derksen	8618	Accountant – Health	wderksen@whitecapdakota.com
<b>HEALTH CENTRE STAFF TRAILER</b>			
Jolie Seaton	---	Home Health Aide	jseaton@whitecapdakota.com
Larissa Robillard	---	Community Justice Worker	lrobillard@whitecapdakota.com
Paris Brittain	---	Home Maker	pbrittain@whitecapdakota.com
<b>JORDAN'S PRINCIPLE STAFF TRAILER</b>			
Brandon Bear	---	Jordan's Principle Program Coordinator	bbear@whitecapdakota.com
Cora Fischer	---	Jordan's Principle Program Manager	cfischer@whitecapdakotahealth.com
Heather Brittain	---	Jordan's Principle Service Coordinator	hbrittain@whitecapdakota.com
<b>WELLBEING STAFF TRAILER 408 A Littlecrow Trail</b>			
Angel Skipper	---	Youth & Community Program Assistant	askipper@whitecapdakota.com
Jordanna Johnson	---	Youth & Community Program Coordinator Lead	jjohnson@whitecapdakota.com
Vacant	---	Child & Family Services Liaison	---
Tristen Redbear	---	Youth & Community Program Assistant	tredbear@whitecapdakota.com
Venn Morin	---	Youth & Community Program Coordinator	vmorin@whitecapdakota.com
<b>WELLBEING STAFF TRAILER 408 B Littlecrow Trail</b>			
Collette Eagle	---	Office Administrator	ceagle@whitecapdakota.com
Diane Littlecrow	---	Cultural Liaison	dlittlecrow@whitecapdakota.com
Kemesha Kilburn-Rodney	---	Post Majority Care Navigator	kkilburnrodney@whitecapdakota.com
Lee DeLaRonde	---	On Leave	ldelaronde@whitecapdakota.com
Sheldon Buffalo	---	Cultural Liaison	sbuffalo@whitecapdakota.com
<b>WELLBEING STAFF 410 LITTECROW TRAIL</b>			
Brittany Deschambeault	---	Family Support Coordinator	bdeschambeault@whitecapdakota.com
Heather Musqua	---	Family Support Coordinator	hmusqua@whitecapdakota.com
Onyeka Arinze	---	Director< Child & Family Prevention Services	oarinze@whitecapdakota.com
Zack Azure	---	School Social Worker	zazure@whitecapdakota.com



# Mental Wellness Supports



If you're experiencing emotional distress or someone you know is struggling, these resources are available to support you.  
If you are experiencing a mental health crisis, call 911 immediately.

## Hope for Wellness Help Line and Chat

Immediate support is available 24/7

**Toll-Free:** 1-855-242-3310

**Online Chat:** [www.hopeforwellness.ca](http://www.hopeforwellness.ca)

**Indian Residential Schools  
Saskatchewan Region Toll-Free:**  
1-866-250-1529

**National Indian Residential  
School Crisis Line Toll-Free:**  
1-866-925-4419

The National Indian Residential School Crisis Line has been set up to provide **immediate support** for former students and those affected. Emotional and crisis referral services can be accessed through the 24-hour national crisis line.

**Missing and Murdered  
Indigenous Women and Girls  
Support Line Toll-Free:**  
1-844-413-6649

## Wellness Together Canada

Provides immediate crisis/substance use support:

Adults: Text **WELLNESS** to 741741

Front Line Workers: Text **FRONTLINE** to 41741 <https://ca.portal.gs/>

## Non-Insured Health Benefits (NIHB) Mental Health Counselling

Immediate support is available 24/7

**Toll-Free:** 1-866-885-3933

## For Youth:

**Kids Help Phone supports youth 24/7**  
and through a partnership with We Matter

**Call:** 1-800-668-6868 **Text:** 686868

**Online:** [kidshelpphone.ca](http://kidshelpphone.ca)

[wemattercampaign.org](http://wemattercampaign.org)

**Jordan's Principle NEW**  
**Saskatchewan Toll-Free Line:** 1-833-752-4453

(1-833-SK-CHILD)

[www.canada.ca/jordans-principle](http://www.canada.ca/jordans-principle)



Indigenous Services  
Canada

Services aux  
Autochtones Canada



Jordan's Principle is a principle that ensures there is substantive equality (true equality) and that there are no gaps in publicly funded health, social, and education programs, services, and supports for all First Nations children, on or off reserve, under the age of majority (0 - 18).

The Jordan's Principle provides necessary funding for any services/products/supports, within the domains of health, dental, medical equipment, mental health, social, educational needs, and any other aspect that directly affects the child's wellbeing.

In addition, the Jordan's Principle not only aids with individual requests but also group requests (group homes, schools, communities, etc.). The aim of the Jordan's Principle is to meet the unmet needs of all First Nations children and to be able to achieve equal outcomes as all children in Canada. Furthermore, the Jordan's Principle seeks to attain a level of care that is within and beyond Normative Standards of Care, provisions that are culturally appropriate, and adequate safeguards in the best interest of the child. There are a multitude of requests of services/products/supports that are provided for all First Nations children. Each request is evaluated and decided on a case-by-case basis.

If your child requires the support from the Jordan's Principle, please contact us. We will provide guidance in application, navigation of language & process, education of Jordan's Principle standards, provisions of immediate resources, and assist with all coordination processes and funding, if needed.

If you need more information, you can visit: [CANADA.CA/JORDANS-PRINCIPLE](https://CANADA.CA/JORDANS-PRINCIPLE)

Cora Fischer  
Jordan's Principle Manager  
Whitecap Dakota Nation

Any questions or if you are needing supports for your child(ren)  
contact the intake email at [intake@whitecapdakota.com](mailto:intake@whitecapdakota.com) OR (306) 373-4600 (Monday-Friday  
8:00am-4:30pm)





**Whitecap Dakota Nation**

**Jordan's**  
Principle



Jordan's Principle ensures that all First Nations children have access to the products, services, and support they require for their health, social, and educational needs.

**If you have any questions, need more information, or would like to apply, we have a team in Whitecap that would be happy to help!**

**For Individual/ Regional Applications :**

(ex: education support, respite/daycare, therapy, dental, medical equipment, etc.)

**Please contact : Brandon Bear**

**brbear@whitecapdakota.com**

**For all other inquiries, please contact:**

**Cora Fischer - Jordan's Principle Program Manager**

**cfischer@whitecapdakota.com**

**Whitecap Dakota Nation Health Center**

**Phone: 306-373-4600 Fax: 306-343-8855**

**For Social Requests:**

(ex: emergency grocery support, clothing and furniture requests, etc.)

**Please contact :**

**intake@whitecapdakota.com**

**You may also visit: [Canada.ca/jordans-principle](https://canada.ca/jordans-principle)**

**1-855-JP-CHILD (1-855-572-4453)**

**available 24 hours a day, 7 days a week**





# Whitecap Health Centre Mental Health Support

Whitecap Mental Health Supports are  
available 8 am - 4:30 pm  
To speak to WDN Mental Health Support Staff,  
please call 306-373-4600.

Cindy Clarke - Mental Health Therapist  
306-250-3074

Rachel Tang - Addictions Counsellor  
306-491-9077

## Mental Health

Suicide Prevention  
1-833-456-4566

Hope for Wellness  
1-855-242-3310

Addictions Detox  
1-306-655-4195

## Domestic Violence

Interval House  
1-888-338-0880

Sexual Assault  
1-306-244-2294

Child Protection  
1-888-225-2244

**IN AN EMERGENCY CALL 911**



# MEDICAL APPOINTMENTS

Need a ride to a walk in clinic? We've got you covered! Book your ride 2 days in advance with medical transportation and plan to arrive early, as walk-in clinics often have long wait times. Please note that our virtual doctors have a waitlist. If you can't make your appointment, call to reschedule or cancel so we can assist someone on the waitlist.

RX Renewals: Have your pharmacy fax over a renewal request to the Whitecap Dakota Health Centre

**Whitecap Dakota Health Centre-**  
**306-373-4600**



# Whitecap Health Centre **COMMUNITY HEALTH CENTRE @ MARKET MALL**

The Community Health Centre @  
Market Mall serves seniors ages 50+.

Anyone can book an appointment to see  
a doctor or Nurse Practitioner.

Appointment required.

Medical Transportation from Whitecap  
Dakota Nation to the Community Health  
Centre @ Market Mall available.

**To Book an appointment at the Community Health Centre  
@ Market Mall, call: 306.844.4050**

**To Book Medical Transportation to the Community Health  
Centre @ Market Mall, call 306.373.4600**





# Whitecap Health Centre

VIRTUAL HEALTH HUB

**March 2025**  
**In Clinic Virtual Appointments**

## Dr. Victoria Sparrow-Downes

**Monday, March 17, 2025 1-4 PM**

**Monday, March 24, 2025 1-4 PM**



## Dr. J. M. Stevens

**Wednesday, March 19, 2025**

**Wednesday, March 26, 2025**

**10 AM - 4 PM**



**Call 306-373-4600 to book**



# Dental care just 4 kids!

## OUR SERVICES

- >Children under 8 years old.
- >MUST have updated COHI consent.
- >Dental Exam with Fern Rose.

March 5, 2025  
March 12, 2025  
March 19, 2025  
March 26, 2025  
10:30 am - 1 pm



Call Whitecap Health Centre to book

306 373 4600



Fern Rose  
Dental Therapist





# Whitecap Dakota Health Centre

## DENTAL CLEANING

OPEN TO ALL AGES

When: March 6, 13, & 20, & 27, 2025

Where: Dental Suite at Whitecap Health Centre

Who: Fern Rose, Dental Therapist

Time: 10:30 am - 1:30 pm

Please call Whitecap Health Centre front desk to book  
treatment appointment

**Book an Appointment**

**☎ 306 373 4600**







WHITECAP DAKOTA NATION

PRESENTS

# CAREER & WELLNESS FAIR 2025

March 26, 2025 | 10AM - 2 PM

CRHES GYM

This is an  
excellent chance  
to explore  
multiple  
opportunities in  
one place!

We Can't Wait To See You There!!!





# Dietician Services

Whitecap Health Centre

**Wednesday, March 12, 2025**

**Wednesday, March 19, 2025**

**Wednesday, March 26, 2025**

To book an appointment,  
please call

Call (306) 373-4600





Whitecap Health Centre



# Foot Care Services



Lois - Thursday, March 13, 2025

Please call to book  
306-373-4600





# MARCH 2025



## WELLBEING SERVICES PROGRAMMING



Sun	Mon	Tue	Wed	Thu	Fri	Sat	Notes
						1	 <ul style="list-style-type: none"><li>• Children (Ages 5-9)</li><li>• Youth (Ages 10-17)</li><li>• Adults (18+)</li><li>• Elders (65+)</li><li>• Community (All Ages)</li></ul> <p>Our offices are located at 408 A&amp;B and 410 Littlecrow Trail</p>
2	3 Boys & Girls Groups: 5:30pm Men's Sharing Circle: 6pm	4 Elders Sewing: 10am Youth Open Gym: 5:30pm Singing with the Youth: 6pm	5 Wellbeing Services Staff Professional Development	6 Wellbeing Services Staff Professional Development	7 Wellbeing Services Staff Professional Development	8	
9 Grief Support Group: 1pm	10 Youth Outing: 5:30pm Men's Sharing Circle: 6pm	11 Elders Sewing: 10am Singing with the Youth: 6pm	12 Children's Outing: 3:15pm Cadets: 5:30pm	13 Striders: 10am Snow Day Club: 3:15pm Open Gym: 5:30pm Parent & Child Outing: 5pm Men's Singing Practice: 6pm	14	15 Community Outing: Two Spirit Powwow: 11am	
16 Community Outing: Two Spirit Powwow: 11am	17 Boys & Girls Groups: 5:30pm Men's Sharing Circle: 6pm	18 Elders Sewing: 10am Singing with the Youth: 6pm	19 Elders Bingo: 1:30pm Cadets: 5:30pm	20 Striders: 10am Snow Day Club: 3:15pm Open Gym: 5:30pm Men's Singing Practice: 6pm My Story Support Group: 6pm	21 Adult Outing: 5:30pm	22	
23 Grief Support Group: 1pm	24 Boys & Girls Groups: 5:30pm Men's Sharing Circle: 6pm	25 Elders Sewing: 10am Singing with the Youth: 6pm	26 Career & Wellness Fair: 10am	27 Striders: 10am Snow Day Club: 3:15pm Men's Singing Practice: 6pm My Story Support Group: 6pm	28	29 Moms in Jeans: 10am	
30 Moms in Jeans: 10am	31 Boys & Girls Groups: 5:30pm Men's Sharing Circle: 6pm						





WDN Health Activities for MARCH 2025						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
23	24 Wellbriety Zoom 8:30 am Every weekday	25	26	27	28	1
2	3 Pow Wow Club 6 pm-730 pm Every Monday evening	4	5 Lab Day COHI	6 Dental Treatment Dr. Russ Schultz Eye Clinic	7 Dr. Russ Schultz Eye Clinic	8
9	10 Elder help prep with meals	11 Elder Meals	12 Lab Day Dietician COHI	13 Dental Treatment Foot Care Clinic	14	15
16 	17 St. Patrick's Day Dr. Victoria Sparrow-Downes Clinic	18	19 Lab Day COHI Dietician Dr. J.M. Stevens	20 Dental Treatment My Story 8-9 pm, Elder Centre	21	22
23	24 Elder Meals Dr. Victoria Sparrow-Downes Clinic	25	26 Lab Day Dietician & COHI Career-Wellness Fair Dr. J.M. Stevens	27 Dental Treatment	28	29
30	31	1	2	3	4	5



## Post-Majority Care Services

Now available: post-majority care services funding in support of individual youth aging out of care or young adults formerly in care up to including the age of 25 (until their 26th Birthday).

Assistance can be provided in various ways. Once eligibility is confirmed, assistance can be made available either through individual support, financial assistance, life planning, or other individualized direct services.

If you are a member of Whitecap Dakota Nation that is:

- A youth aged out of care residing in the community of Whitecap Dakota Nation.
- The caregiver of a youth aging out of your care soon (15-18 years)
- A member of Whitecap Dakota Nation aged out of care from another location.
- A caregiver of a youth registered to WDN aging out of care soon residing outside the community.

Contact: Kemesha Kilburn-Rodney, Post Majority Care Navigator  
Whitecap Dakota Nation Well Being Services  
408 B Littlecrow Trail  
(306) 316-1508  
kkilburnrodney@whitecapdakota.com



Whitecap Early Learning Centre has space available for:

Toddler – 18 months to 2 ½ years      1 space

Preschool – Ages 2 ½ years to 6 years      10 spaces

Please contact Sara for more information or to book a tour!

[slee@whitecapdakota.com](mailto:slee@whitecapdakota.com)

306.477.2615

We look forward to your family joining ours!



**WHITECAP IRA NEWS****Indian Registry Administrator Report  
March 2025****CIS (Certificate of Indian Status) CARDS**

**By appointment only.** Should you require a status card, you may call the Whitecap Government Office at (306) 477-0908 and leave a message with our receptionist. Our receptionist is instructed to screen your call for basic information: Name, reason for card request (First, Expired, Lost), phone number and/or email, and if you have the proper I.D. Then the IRA will contact you to book an appointment.

**Is it time to Renew your CIS card?** To find out; check your expiry date on the back of your current laminated status card. Please contact the Band Office as soon as you can to book in for a renewal once expired! Note that your Status number does not expire however, your photo must be updated every five years (for adults 18+) and every three years (for children under 18).

**Please note:** Indigenous Services Canada has been experiencing shipping delays for Status Cards, and as such, the WDN has not received card stock since the beginning of fall and only recently received a very limited stock of Status cards. The IRA will reply to all member requests accordingly in the order they were received. Please be kind and patient with the WDN Staff regarding your requests for status cards appointments.

**SERVICES AND INFORMATION**

Italia Eagle is the IRA for Whitecap. For information on Indian Status eligibility, the SCIS (Secure Certificate Indian Status) card application form and process, and band membership, please contact her at the band office with your inquiry: (306) 477-0908

**Important Update for Birth Registration Applications****PARENTS, PLEASE READ**

We have been advised that applications for birth registrations that are mailed to the National Processing Unit in Gatineau, Quebec have been experiencing a delayed wait time of up to 2 years to process birth registrations, and that it is quicker to process birth registration applications if done in person or mailed to a regional office in Saskatchewan.

**Parents: Please do not mail your child application for birth registration to the address listed on the application form.** Instead, we strongly encourage parents to contact the Whitecap IRA for assistance with birth registration forms processing.

## WHITECAP IRA NEWS

Options for parents for processing their child registration applications:

1. *On Reserve or Local Urban Parent Members:*
  - a. Preferred method: Make an in-person appointment with the Whitecap IRA to verify the completeness of your forms, then she will mail them directly to the regional office in Regina.
  - b. Mail the application to the Whitecap IRA so she can verify the forms content and send to the Regina office:  
Whitecap Indian Registry Administrator  
182 Chief Whitecap Trail  
Whitecap SK S7K 2L2
2. *Off Reserve Members:*
  - a. Preferred method: Mail the application to the Whitecap IRA so she can verify the forms content and send to the Regina office.
  - b. In Person – Regina: Call (306) 780-5392 and ask to set up an appointment.
  - c. In Person – Prince Albert: Call (306) 953-8522 and ask to set up an appointment.
  - d. Mail to: ISC – Governance  
1783 Hamilton Street  
Regina, SK, S4P 2B6

Application forms are available from the Whitecap IRA, or can be found online at [www.canada.ca/indian-status](http://www.canada.ca/indian-status)

Please ensure to fill-out the **updated** 2020 Child/Dependent Adult application form found on the website or pick-up copy of the latest version available at the Band Office and Health Centre. Any old versions of the application will not be *accepted*.

**REQUIRE A SASK. HEALTH CARD?** Call toll free **1-800-667-7551** to place your request.

### **U.S. BORDER CROSSING**

Consult the U.S. Customs and Border Protection for updates *before* you travel at **1-202-325-8000** or check this website for more info: <https://travel.gc.ca/travel-covid>

**WDN TOTAL POPULATION** as of February 28, 2025: 717

## WHITECAP IRA NEWS

### Process to Register Your Child on the Indian Register

Documents required:

1. A completed 'Application for Registration on the Indian Register (for children 15 or younger or dependent adults)'
  - Applications may be picked up at the Band office or Health Centre, as well as online on the Indigenous Services Canada website under the Indian Status tab. **Please note that any old versions of the application will not be accepted.**

Click here for current [Application](#) form

- **Important Note:** Spelling and spacing of any given or family names that will be entered in IRS must be the same as the names appearing on the Proof of Birth Document
2. An original proof of birth document with parental information
    - To get an original proof of birth document, applications may be picked up from the Band Office or Health Centre. You can also visit the Saskatchewan Vital Statistics website: [www.saskatchewan.ca](http://www.saskatchewan.ca) – Vital Statistics or view the contact information below.

#### Vital Statistics

Phone: 1-800-667-7551 (Toll-free Canada & US)  
306-787-3251

Email: [VitalStatistics@eHealthSask.ca](mailto:VitalStatistics@eHealthSask.ca)

Phone service: 8 a.m. to 5 p.m. Monday to Friday (excluding statutory holidays)

- The proof of document must contain parental information (at least one parent stated on the birth document)
- The identity information must be visible and undamaged. If information is illegible, the document will not be accepted.

If the child or dependent adult's name on the application form is different from the name on the proof of birth document or legal documents, you must also submit:

- an original legal name-linking document, such as a change of name certificate, that links the previous name with the current name
- or
- a copy of a legal name-linking document and valid acceptable identification with the name that is on the application form

If the name of the applying parent, custodial parent or legal guardian is different from the name on any of the other necessary documents, you must also submit:

- a copy of a legal name-linking document, such as a change of name certificate, marriage certificate or divorce order, that links the previous name with the current name



**WHITECAP IRA NEWS****If the Applicant cannot obtain the other parent's signature:**

If both parents' names are listed on the child's birth document and after reasonable attempts to locate the other parent to obtain their signature were unsuccessful, a "Statement in Lieu of Other Parent's Signature" form can be completed.

3. A copy of valid acceptable identification of the applying parent, custodial parent or legal guardian; copy must be taken of the front and of the back of the identification, each copy signed and dated by a guarantor (IRA).
  - One piece of valid government issued ID which contains the full name, date of birth, photo, and signature. You can provide *more than one* supporting ID in order to fulfill the data requirements.
  - Must indicate the Document Type (i.e., Saskatchewan Driver's License), Document Number (i.e., Driver's License number), the Expiry Date (YYYYMMDD format), and your Name exactly as it appears on the ID.
4. **For a child (15 or younger)**, any legal documents granting custody or guardianship of the child to the applying parent or legal guardian, if applicable **for a dependent adult**, the guardianship order
  - Must indicate if there are any legal documents pertaining to the custody or guardianship of the child. If there are such documents, then must provide the most recent photocopies of the legal documents.
5. It is important to note that the **Guarantor Declaration** is required in the following three (3) situations:
  - When an applicant does not have sufficient supporting identification to submit with the application;
  - When the applicant is applying by mail without the assistance of an IRA; and
  - When a third party submits an application on behalf of an applicant

\*Note that the application form must be submitted to ISC within the last 12 months from the date it was signed by both parents\*

All required/mandatory fields must be completed as stated in the instructions. **Failure to complete these sections may result in delays in processing the application.**

Please note that applications for birth registrations that are mailed to the National Processing Unit in Gatineau, Quebec have been experiencing a delayed wait time of up to 2 years to process birth registrations, and that it is quicker to process birth registration applications if done in person or mailed to a regional office in Saskatchewan.

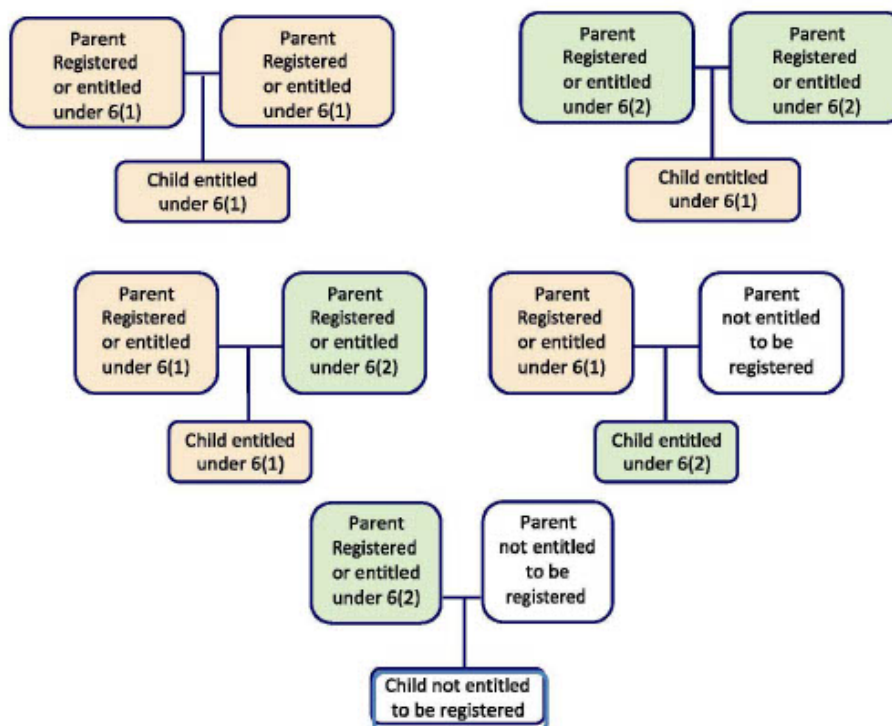
**Parents: Please do not mail your child application for birth registration to the address listed on the application form.** Instead, we strongly encourage parents to contact the Whitecap IRA for assistance with birth registration forms processing.

## WHITECAP IRA NEWS

### How do I know if my Child is Eligible to be Registered as an *Indian*?

#### Category Chart

This is a basic reference chart for section 6 entitlements under the *Indian Act*:



There are two key distinctions between entitlement categories, Subsections 6(1) and 6(2).

#### **6(1) Entitlement**

- An individual registered or entitled to be registered under subsection 6(1) can pass status to their child(ren).

#### **6(2) Entitlement**

- An individual registered or entitled to be registered under subsection 6(2) must parent with another registered or entitled to be registered Indian in order to pass status to the child(ren).

If only one parent is listed on a child's birth record, it is assumed that the other parent is non-Indian and therefore your child would only be entitled for registration under category 6(2) or not entitled at all. Therefore, it is crucial for the father to sign the "live birth document" in hospital at the time of birth. If the father could not be at the hospital at the time, please ensure to contact Vital Statistics Saskatchewan (eHealth) to request an "amendment to their child's birth record" to add the father.

**WHITECAP BAND MEMBER PARENTS:** *If you have any questions at all regarding Child Registration, or if you are unsure of your category of registration in the Indian Register, please feel free to contact your Whitecap IRA for assistance: Italia Eagle at (306) 477-0908.*







Indigenous and  
Northern Affairs Canada

Affaires autochtones  
et du Nord Canada

Canada

# Do you have a will?

## Did you know?



**<9%**

Less than 9% of First Nation peoples  
on reserve pass away with a will

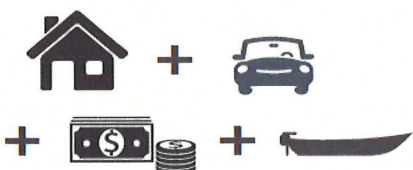
- the INAC website has information about planning your estate
- your will differs if you live on- or off-reserve
- the *Indian Act* outlines what should be included in your will
- you can't gift your land on reserve to someone who is not a member of your First Nation
- you can change your will as often as you like
- writing a will doesn't have to be complicated or costly

## Why make a will?

- to provide for your loved ones, your children and grandchildren
- to decide who will get your home



- to clearly state who should receive your possessions



- to name who will take care of your children and dependents



- to leave instructions for end of life ceremonies



- to name who will take care of your estate



A will could provide peace of mind and clear direction  
about your wishes to your family and loved ones



Visit <http://www.aadnc-aandc.gc.ca/eng/1100100032530/1100100032532>  
for more information

This publication is also available in French under the title: Avez-vous un testament?

QS-1005-000-EE-A1



## NOTICE REGARDING THE Whitecap Dakota Nation MEMBERSHIP CODE, 2012

### BACKGROUND

- The *WDFN Membership Code* document was approved by the membership on November 16, 2012 via referendum (voting).
- The Minister of INAC notified the WDN on August 23, 2013 that the *Code* was approved and is effective and retroactive to December 4, 2012.

### MEMBERSHIP CODE GUIDELINES SUMMARY AND APPLICATION PROCESS

An individual must be a registered Indian in order to apply to be on the WDN (Whitecap) Band list.

#### Automatic Membership

- The parent(s) of minor children that requested of INAC to be on the Whitecap band list at the time they applied for their child to be a Registered Indian is recorded by INAC as an “affiliate” of Whitecap.
- An adult who became eligible to be a Registered Indian as a result of Bill C-3 that requested of INAC to be on the Whitecap band list at the time applied for Registration as an Indian is recorded by INAC as an “affiliate” of Whitecap.
- ☐ “Affiliates” are required to complete an application form for Band Membership and submit to the Membership Clerk for processing along with required document(s).
- ☐ The Membership Clerk notifies the individual in writing of the status of Band Membership application.
- ☐ The Membership Clerk updates the Whitecap Band list accordingly.

#### Discretionary Membership

- ☐ The individual completes application for Band Membership and submits to the Membership Clerk for processing along with required documents.
- ☐ The Membership Clerk takes forward the application to the Membership Committee for their review and recommendation to Council.
- ☐ The Membership Clerk takes forward recommendation from Membership Committee to Council.
- ☐ If approved, the Membership Clerk posts a Notice of the approved Band Membership application for 30 days.
- ☐ The Membership Clerk notifies the person in writing of the status of Band Membership application.
- ☐ The Membership Clerk updates the Whitecap Band list accordingly.

#### **DEFINITION OF AN “AFFILIATE”:**

When an individual is affiliated with a Band, it means that the individual is a registered Indian in the IRS (Indian Registry System) with that band and is eligible for benefits including certain non-insured health benefits, the possibility of post-secondary education assistance and exemption from certain federal and provincial taxes. Only that band can grant an individual Membership and access to benefits such as: the right to reside on-reserve; housing on-reserve; voting privileges within the band; and the right to involvement in Community affairs, etc., depending on that Band’s Code.

**★ Band Membership Application is available at the  
Whitecap Dakota Government Office or Health Centre ★**

**If you have any questions, please contact the WDN Membership Clerk (Sheila)  
at 306-477-0908 or [scaisse@whitecapdakota.com](mailto:scaisse@whitecapdakota.com)**

*Remember to update the WDN Membership Clerk if you move.  
The Membership Clerk will correspond to the latest address on file.*



## WHITECAP HOUSING & PUBLIC WORKS

# Online Banking

Did you know?

**Whitecap Dakota Nation**  
accepts rent payments through **Online Banking**

### Online Payment: Fast, Simple, Convenient

The easiest and **preferred method** for rent payments is **online banking**.

Simply add Whitecap Dakota Nation as a Bill Payee.

All you need is your Customer Number, which can be obtained by calling the Whitecap Housing or Finance departments at 306-477-0908

Benefits:

- Schedule your payments in advance or set up as a recurring payment.
- Saves you time, paperwork, and legwork.
- The payment is recorded in your transaction history.
- Online payments are safe and secure.

Pay rent, or damage deposit, any time through your RBC, BMO, TD, CIBC, Scotiabank, Affinity Credit Union, Conexus Credit Union or First Nations Bank of Canada online banking from any personal computer or smart phone app – **day or night, 24/7.**

Your bank not listed? No problem. We can get your bank added to the list.  
Please call the Whitecap Finance staff to request that your bank be added.







## Whitecap Dakota Nation

182 Chief Whitecap Trail, Whitecap SK S7K 2L2  
Phone (306) 477-0908 • Fax (306) 374-5899  
Website: [www.whitecapdakota.com](http://www.whitecapdakota.com)

---

# Attention:

## BEWARE OF UNSECURED DOGS

Please be advised that there have been multiple complaints about dogs at large in the community. Tenants are reminded that dogs must always remain secure in your yard while outside, Any dogs found at large will be removed by animal control at the cost of the owner.

The community considers these dogs dangerous due to aggressive interactions with the Housing, Public works and Maintenance Vendors coming to do repairs on your unit. WDN members are especially concerned for the safety of children at play in the neighborhood. We take this matter seriously, and we want everyone's safety to be taken into consideration.

Please contact the Housing Department in the event you witness any dogs at large at 306-491-9090.

Sincerely,

Wade Edin  
Director of Housing



Whitecap Dakota Nation

---

## Attention Tenants

Here are some **tips** on clearing your **outside exhaust vents**  
During the **winter season**, please take the following precautions and steps to ensure the heating equipment is operating properly to reduce the risk of carbon monoxide poisoning.

### Keep Outside Vents Free of Snow and Ice

**Tools Required:** Snowbrush or a soft broom, & winter gloves to remove snow and ice formations. Small plastic putty knife if there is ice build up.

**Steps** (This can be done after a big snow fall/storm or when temperatures fall below freezing for a number of days).

1. Do a walk-through inspection to the exterior of your home & locate all exterior vents (see **Illustrations** below). Each house will have similar vent set ups and most are in the rear or side of the house. Remember some vents are made of pvc or plastic coverings so be careful not to break them. **The best way to do this is to use a lot of care and to be very careful not to break anything.**
2. Carefully clear all the **snow/ice outside** of each vent that is built up or any ice formations, don't forget to remove any **snow/ice** from **inside** the furnace and appliance, HRV vents. Also, clear snow from the gas and electric meters. Clear away any snow away below the vents-ground level as well. Using your **gloves** is the best way to clear snow as it reduces damage to the vents.
3. Check behind the doors of your exhaust vents/pipes to make sure snow and ice haven't packed inside. **Snow storms, days of below freezing temperatures, drifting snow, and snow removal efforts** can cause snow and ice to pile up and freeze around your vents and meters. Proper air flow is needed for the safe operation of gas furnaces and appliances and blocked vents which may lead to **toxic fumes** and a dangerous build-up of **carbon monoxide** inside the home.

**Dryer Vents**

**Furnace Vents**

**HRV Vents**



Whitecap Dakota Nation



## A note on Carbon Monoxide Safety: Often referred to as the Silent Killer.

**Carbon monoxide (CO)** is a toxic gas that is **colorless, odorless, tasteless** and can be formed when appliances aren't operating or venting properly.

### What are Symptoms of carbon monoxide poisoning?

-often mimics the flu and include **headaches, nausea, fatigue, dizziness, shortness of breath, and stinging or burning of the eyes.**

### What to do if you suspect Co2 Poisoning?

-open any windows and doors to let fresh air in. go outside. get medical advice as soon as possible – do not go back into the affected building until you have got advice or warm up in your vehicles if the weather is extreme. Call your Housing Department or Emergency contacts right away. **Call 911** for advice if you cannot reach anyone.

**What else should you do to prevent co in your home?** It is recommended to have a working [CO detector](#) in your house to alert you to any danger. Make sure your detectors have battery back-up so they are operational if the power goes out. They should be placed on each floor of your home, outside sleeping areas, and near any fuel-burning appliance. Although regulations differ by Provincial and Federal Guidelines it is still a must to have them in your home regardless. Please contact your local housing department if you need assistance or have questions.





## Whitecap Dakota Nation

---

- **Elderly Tenants** along with tenants with **disabilities or any medical concerns** or **who cannot do** this on their own can call the housing department for assistance.
- The Contact information is provided below.
- In case of Emergency Please call this number  
\_\_\_\_\_.
- In case of suspected Carbon Monoxide Emergencies Call 911 if you cannot reach anyone at your local housing department.

**Thank you for your cooperation.**

**If you have not updated your current phone number with us within the last 3-6 months. Please contact the Housing Department and someone would be happy to assist you.**

**Again, please take these precautions and preventative tips so we are all safe in our homes this winter.**

**Housing Department 306-491-9090**

**OR in case of Emergencies please dial 911**

**THE HOUSING DEPARTMENT WOULD LIKE TO WISH EVERYONE A SAFE  
AND HAPPY HOLIDAY SEASON!**

For any Maintenance or Repair please  
contact the Housing Department at  
306-491-9090, Trish would be happy to  
assist you.





## Whitecap Dakota Nation

182 Chief Whitecap Trail, Whitecap SK S7K 2L2

Phone (306) 477-0908 • Fax (306) 374-5899

Website: [www.whitecapdakota.com](http://www.whitecapdakota.com)

---

# Memo

**To:** Whitecap Dakota Nation Band Members & Community Members  
**From:** Terry Parenteau, Director Housing & Public Works  
**CC:** Warren Buffalo, CEO  
**Date:** February 28, 2025  
**Re:** Yard Maintenance

---

We would like to remind all Whitecap Dakota Nation residents of the importance of keeping our community clean, safe, and welcoming for everyone.

Each household is responsible for maintaining a yard free of garbage and debris to support a healthy living environment.

Please note that assistance with garbage disposal is only available once a year during our annual Spring Clean-Up. Outside of this event, it is each household's responsibility to properly dispose of waste and keep their yard tidy.

If Public Works is required to cut the grass and clean a yard, a fee of \$150 will be charged to the head of household. Additionally, there will be a \$250 fee for debris removal from assigned rental units.

By working together, we can ensure a clean and beautiful community for all.

Thank you for your cooperation and commitment to maintaining our shared spaces.

Please reach out should you have any questions or need guidance on proper disposal options.





## Whitecap Dakota First Nation

182 Chief Whitecap Trail, Whitecap SK S7K 2L2  
Phone (306) 477-0908 • Fax (306) 374-5899  
Website: [www.whitecapdakota.com](http://www.whitecapdakota.com)

---

# Memorandum

**To:** All WDFN Community Tenants  
**From:** Terry Parenteau, Director, Public Works  
**c.c.** Warren Buffalo, CEO  
**Date:** January 14<sup>th</sup>, 2025  
**Re:** **Recycle Collection Schedule**

---

Happy New Year!

**Loraas Recycle and Waste Collection will remain on schedule as follows:**

**Regular schedule of Recycle Collection will be executed every second Monday.**

**Regular Schedule of Waste Collection will be executed every second Friday.**

**The Loraas - Whitecap – 2025 Collection Schedule is on the following page for your convenience.**

Please ensure to have your carts out the night before pick up schedule or prior to 7:00AM the day of pick up schedule to prevent missing Loraas.



WHITECAP- COLLECTION SCHEDULE

THANK YOU FOR HELPING US KEEP OUR ENVIRONMENT CLEAN!

- Ensure your cart is rolled out by 7 a.m. on your designated collection day.
- Collection equipment requires clear, safe access to your cart.
- Do not place your container within 4 feet of buildings, vehicles, overhead and underground utilities.
- We are not responsible for any damage resulting from service provision.
- Containers with inappropriate materials, overweight or overloaded will be bypassed by collection personnel.
- Should your scheduled collection day fall on a statutory holiday, please be advised service will continue as normal.
- If you scheduled collection day falls on either Christmas or New Years Day, collection will occur on the following Saturday.

RECYCLE PICK UP DAY

GARBAGE PICK UP DAY

2025

JANUARY

S	M	T	W	T	F	S
29	30	31	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	1
2	3	4	5	6	7	8

FEBRUARY

S	M	T	W	T	F	S
26	27	28	29	30	31	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	1
2	3	4	5	6	7	8

MARCH

S	M	T	W	T	F	S
23	24	25	26	27	28	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31	1	2	3	4	5

APRIL

S	M	T	W	T	F	S
30	31	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	1	2	3
4	5	6	7	8	9	10

MAY

S	M	T	W	T	F	S
27	28	29	30	1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31
1	2	3	4	5	6	7

JUNE

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	1	2	3	4	5
6	7	8	9	10	11	12

JULY

S	M	T	W	T	F	S
29	30	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31	1	2
3	4	5	6	7	8	9

AUGUST

S	M	T	W	T	F	S
27	28	29	30	31	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31	1	2	3	4	5	6

SEPTEMBER

S	M	T	W	T	F	S
31	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	1	2	3	4
5	6	7	8	9	10	11

OCTOBER

S	M	T	W	T	F	S
28	29	30	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	1
2	3	4	5	6	7	8

NOVEMBER

S	M	T	W	T	F	S
26	27	28	29	30	31	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	1	2	3	4	5	6

DECEMBER

S	M	T	W	T	F	S
30	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31	1	2	3
4	5	6	7	8	9	10



## Whitecap Dakota Nation

182 Chief Whitecap Trail, Whitecap SK S7K 2L2  
Phone (306) 477-0908 • Fax (306) 374-5899  
Website: [www.whitecapdakota.com](http://www.whitecapdakota.com)

# Memo

**To:** WDN Community Members  
**From:** Terry Parenteau, Director Public Works  
**Cc:** Warren Buffalo, CEO  
**Date:** January 3<sup>rd</sup> 2024  
**Re:** Loraas Disposal Recycle Bins and Waste Bins

Please keep in mind when discarding your garbage and recyclables.

1. Collection equipment requires clear, safe access to your container on collection day to ensure service.
2. Containers with inappropriate materials, overweight or over height could be bypassed by collection personnel.
3. Garbage bags should not be stacked on top of or beside the garbage bin. The garbage bin must be able to close. Cardboard boxes/material do not belong in the garbage bins but rather the blue recycle bins.

The Grey garbage bins are clearly marked **"DO NOT OVERFILL"**

The Blue Recyclable bins are clearly marked **"Recyclable Products"**

Below are illustrations of what to do AND what not to do on garbage day.



**ACCEPTABLE**



**UNACCEPTABLE**



**We have noticed a growing amount of pest control cases within the community. Please call the WDN Housing Office at 306-491-9090 with any requests concerning any pest issues. Here's a few tips to follow as well as a link to Service Canada on how to maintain pest control.**

Pest control tips - Canada.ca

- Remove sources of food, water and shelter.
- Store food in sealed plastic or glass containers. Garbage containing food scraps should be placed in tightly covered trash cans. Remove garbage regularly from your home.
- Fix leaky plumbing and don't let water accumulate anywhere in the home. Don't let water collect in trays under your house plants or refrigerator. Don't leave pet food and water out overnight.
- Clutter provides places for pests to breed and hide and makes it hard to get rid of them. Get rid of things like stacks of newspapers, magazines, or cardboard.
- Close off places where pests can enter and hide. For example, caulk cracks and crevices around cabinets or baseboards. Use steel wool to fill spaces around pipes. Cover any holes with wire mesh.
- Learn about the pests you have and options to control them.
- Check for pests in packages or boxes before carrying them into your home.



# NOTICE

Please be advised of some recent changes to the operations at the Waste Transfer Station:

- Effective immediately, waste will be tracked and monitored by the Waste Transfer Attendant.
- Accepted waste includes:
  - Solid waste (sorted and bagged)
  - Organic waste (grass clippings, leaves, garden material, etc.)
  - Scrap metals
  - Recyclable materials
  - Wood
  - Electronics (computers, tv, etc.)
  - Used appliances (fridges, stoves)
  - Tires
  - Construction and demolition materials (shingles, bricks, cement, siding, etc.)
  - Propane tanks
- Hazardous accepted materials include:
  - Used oil and used oil filters
  - Automotive batteries
  - Used paint and stain
- When dropping off any lawn mowers or other items that may contain fuel or oil, it will be the individual's responsibility to drain any and all fluids prior to disposal at the site. The site attendant can restrict what is accepted at the transfer station.
- The facility is available for access Monday to Friday, 8:00AM – 4:30PM by appointment only. Gates will be locked at all times when unsupervised. To access the site, contact the WDN Public Works office at (306) 477 – 2013.
- WDN Community will be notified when the site will be open and available for use without appointment via the community newsletter, the Whitecap mobile app, and/or the WDN website.

**ADVERTISEMENTS, ANNOUNCEMENTS & NOTICES**

## **Hunting on Whitecap Dakota Lands**

As per a Whitecap community meeting motion, WDN has requested that Saskatchewan Conservation Officers patrol Whitecap Reserve Lands for unauthorized hunters.

- **If you are a WDN Member and hold a status card you may hunt as per usual.** *Remember it is necessary to carry your status card while you are out hunting.*
- **Non-WDN members with a status card need a written permission slip from the Band and their status card while hunting.**
- **Non-status individuals must have a valid hunting license and a written permission slip from the Band.**

If you have any questions or concerns please contact the Band Office.

**Turn in Poachers or Unauthorized Hunters at:**

**TURN IN POACHERS  
24 HOURS – TOLL FREE  
1-800-667-7561  
SASKTEL CELL - #5555**

Thank you for your understanding.



The Chief and Council of the Whitecap Dakota Nation and its Members, would like to thank the Dakota Dunes Community Development Corporation (DDCDC) for their contributions to the following Community Events/Projects:

- Sports Ground Upgrade
- Hotel Fence
- Community Surveillance Cameras
- Whitecap Warriors
- Hotel AV
- Hotel Booth Reno
- Pow wow 2024
- Cemetery Upgrade



We look forward to another successful year in the name of community investment and partnership



January 15, 2025

## **NOTICE:**

### **To All WDN On-Reserve Community Members**

#### ***RE: Personal Mail/Packages Delivered to the WDN Government Office Address***

We have noticed an increase in the number of packages being delivered to the Government Office addressed to persons living in the Community. The WDN Government Office is a place of business, and the staff are not responsible for your personal items delivered to the Government office.

**Please use your street address as your  
delivery address for courier services.**

Thank you,

WDN Management  
306-477-0908



### Whitecap Dakota Nation Elder Services - On-Reserve

	Age 55+	Age 60-64	Age 65+
Participate in Elders Luncheons	✓	✓	✓
Rent 25% Subsidy		✓	
Rent 100% Subsidy			✓
100% on SaskPower Utility bill			✓
Central Air Conditioning			✓
Lawn Care Service			✓
Rototilling of Garden Space once a year			✓
Recycling and Garbage Carts Roll-out and Retrieval			✓
Snow Removal Service			✓
Nurse Practitioner Services	✓	✓	✓
Foot Care Services	✓	✓	✓
Chronic Disease Management	✓	✓	✓
Freezer Meals			✓
Labs - Bloodwork Services (In-home)	✓	✓	✓
Prescriptions Delivered to Elder Homes	✓	✓	✓
Influenza Vaccine Clinics	✓	✓	✓
Covid Vaccine Clinics	✓	✓	✓
Home Care Services	✓	✓	✓
Dietician Services	✓	✓	✓
Mental Health Services	✓	✓	✓
Justice Services (Fine Option, etc.)	✓	✓	✓
Yearly Tax Services	✓	✓	✓
Transportation to Medical Appointments	✓	✓	✓
Transportation to Events In/Out of Community	✓	✓	✓





# COMMUNITY NOTICE

## ~NEWSLETTER GOING GREEN!~

Starting with the June 2024 issue, the *Wapaha Ska Dakota Wotanin* newsletter will no longer be delivered in paper copy to each of the Community households unless you submit your request to our office.

If you would still like to receive a paper copy, please contact Shelby at the Band Office 306-447-0908.

The digital copy will still be available on the Whitecap Dakota website:

[www.whitecapdakota.com](http://www.whitecapdakota.com)



## WDN On-Reserve Subsidy Programs 2024-25

The Whitecap Dakota Nation has the following On-Reserve Subsidy Programs available to eligible Band members or Community members. These programs sheets can be downloaded from the WDN website under the “Our Community” section under “On-Reserve Subsidy Programs”. The application forms are in PDF fillable format. Click here:

<https://www.whitecapdakota.com/en/our-community/on-reserve-subsidy-programs.aspx>

You may also contact the department office responsible for administering these programs for a copy be sent to you.

Each Subsidy Program contains a description of what is available to apply for, the Eligibility criteria, the Approval Process, Contact Information, and an Application Form.

- **WDN On-Reserve 50/50 Agriculture Projects Assistance Program**
  - Chief Executive Officer (CEO)
- **WDN On-Reserve 50/50 Home Improvement Program**
  - CEO
- **WDN On-Reserve Children’s School Supplies Program**
  - Community School Coordinator
- **WDN On-Reserve DDGL Golf Season Pass Subsidy Program**
  - CEO
- **WDN On-Reserve Market Rent Subsidy Program**
  - Director, Housing
- **WDN On-Reserve Minor Sports and Fine Arts Fees Program**
  - CEO
- **WDN On-Reserve Private Home Ownership Program**
  - Director, Housing
- **WDN On-Reserve Rent Subsidy and Computer Grant for Skills and Trades Apprenticeship Program**
  - Director, Public Works
- **WDN On-Reserve Seniors Housing Subsidy Program**
  - Director, Housing
- **WDN On-Reserve Seniors Tax Return Service Program**
  - Director, Economic Development & Lands



# FITNESS CENTRE PROTOCOL HOURS



## 6:00 AM to 10:00 PM DAILY

1. In the interest of Community safety, the Fitness Centre door is locked 24-7, 365 and all users must enter a code to gain access. → See page 2\*
2. **ENTER AT YOUR OWN RISK.** All users acknowledge, by your use of this facility, that such use is at your sole risk, and that you shall be liable for and shall indemnify the Whitecap Dakota First Nation against any and all claims, actions, liabilities, losses, damages, or expenses relating to your use of this facility.
3. **MUST BE 16+ YEARS OF AGE**
4. **MUST BE A WHITECAP COMMUNITY OR STAFF MEMBER**
5. **MASKING IS OPTIONAL**
6. **LOG-IN AND LOG-OUT.** Enter your name, time entered, and time exited in the logbook in the entrance.

### SAFETY RULES:

- If you are experiencing mild, cold-like symptoms including cough, sore throat, and sneezing, without fever, please refrain from entering our buildings.
- No children under 16 years of age allowed in the Fitness Centre
- Pay attention to the safety posters in the Fitness Centre

If you have any questions or concerns, please contact the  
Whitecap Band Office during business hours:  
8:00am-4:30 pm Monday-Friday: (306) 477-0908



## FITNESS CENTRE ACCESS CODE PROCEDURE

### EFFECTIVE JULY 6, 2023

Fitness Centre users must sign up for Whitecap's new notification system *called*  VOYENTALERT!

as this will be the only way we will communicate code changes.

The community code is changed every 2 weeks on Mondays (Tuesdays if Monday falls on a Stat holiday) and a notification will be sent to you via *Voyent Alert*.

*In the interest of Community Safety, please do not share the community access code to any person who is not a Whitecap Band member or Community member.*

*Thank you for your understanding.*

*Pidamayaye*

### **Security Notice:**

- This facility is monitored inside and out by security cameras
- The security alarms are set to automatically disarm shortly before 6am and to arm shortly after 10pm. If you remain in the gym past the scheduled close time, an alarm is generated, and authorities are notified. *Please exit the gym promptly at 10 pm so as not to set off false alarms.*

If you have any questions or concerns, please contact the  
Whitecap Band Office during business hours:  
8:00am-4:30 pm Monday-Friday: (306) 477-0908



## Whitecap Sports Centre Booking Policy for Whitecap Band Members

(Revised June 10, 2024)

1. This booking policy is for Whitecap Dakota Nation (WDN) Band Members only.
2. Band Members must contact the Band Operations Administrative Assistant to provide details of event: 306-477-0908.
3. The Administrative Assistant checks on availability and then relays the request to the CEO for approval. Once approved, the Administrative Assistant proceeds with the following:
  - a. Arranges for a Facility Usage Agreement (FUA) to be signed by the CEO and the Band Member.
  - b. Arranges for the collection of the rental fee of \$150.00 from the Band Member and provides counter-signed copy of the FUA to the Band Member.
  - c. Books the WDN after-hours security person to: open/close the gate to the sports grounds, open/close the sports centre, and to perform inspections of the facility before and after the event.
  - d. Arranges for a refund of \$75.00 to the Band Member provided that the Sports Centre is left in a clean state, there are no damages and there is no missing WDN property. Deductions will be made accordingly based on the inspection report.

### **Booking Conditions:**

- Band Member is responsible for any missing WDN property and/or damages to the Sports Centre and agrees to reimburse WDN for replacement/repair costs.
- The use of the sports centre *includes* use of the kitchen if required; Band Member is responsible to clean the kitchen area and cooking appliances after use.
- No alcohol allowed in the Sports Centre.
- Band Members must bring their own supplies, such as disposable plates, cutlery, coffee/tea, and condiments.
- There is a coffee maker, tea kettle and microwave available for use.

### **Note:**

This booking policy *does not* apply to bookings for the outdoor areas of the sports grounds i.e.) the Dakota Gardens or Sports Centre patio. Please refer to that separate policy for the booking protocol.



## **Dakota Gardens or Sports Centre Patio Booking Policy for Whitecap Band Members**

(Revised June 10, 2024)

1. This booking policy is for Whitecap Dakota Nation (WDN) Band Members only.
2. This booking policy applies to the Dakota Gardens or the Sports Centre Patio.
3. Band Members must contact the Band Operations Administrative Assistant to provide details of event: 306-477-0908.
4. The Band Operations Administrative Assistant checks on availability and then relays the request to the CEO for approval. Once approved, the Administrative Assistant proceeds with the following:
  - a. Arranges for a Facility Usage Agreement (FUA) to be signed by the CEO and the Band Member.
  - b. Arranges for the collection of the rental fee of \$150.00 from the Band Member and a provides counter-signed copy of the FUA to the Band Member.
  - c. Books the WDN after-hours security person to: open/close the gate to the sports grounds, open/close the shower-house washrooms, and to perform inspections of the washrooms and the outdoor area(s) before and after the event.
  - d. Arranges for a refund of \$75.00 to the Band Member provided that the area is left in a clean state, there are no damages and there is no missing WDN property. Deductions will be made accordingly based on the inspection report.

### **Booking Conditions:**

- Band member is responsible for any missing WDN property and/or damages to the shower-house washrooms, the Dakota Gardens or the Sports Centre Patio and agrees to reimburse WDN for replacement/repair costs.
- For events involving the serving of alcohol, the Band member must obtain approval from Council and purchase a liquor license, liability insurance and provide own security staff.

### **Note:**

This booking policy *does not* apply to bookings for the Sports Centre. Please refer to that separate policy for the booking protocol.





## Charles Red Hawk Elementary School (CRHES) Gym Rental Policy for Whitecap Band Members (Revised January 1, 2024)

1. This rental policy is for WDN Band Members only.
2. Band Members must contact the CRHES Administrative Assistant\*\* to provide details of event.

*\*\* During the summer months of July and August, contact the Administrative Assistant – Band Operations at the Band Office.*

3. The CRHES Administrative Assistant makes inquiry with the School Principal and the Lead Youth & Community Program Coordinator on availability of gym. Once approval granted, the CRHES Administrative Assistant proceeds with the following:
  - a. Arranges for a Facility Usage Agreement (FUA) to be signed by the CEO and the Renter.
  - b. Collects a rental fee of \$150.00 from the Renter and issues a receipt and a copy of the FUA.
  - c. Books the WDN after-hours security person to open/close the gym and to perform inspection of the facility after the event.
  - d. Arranges for a refund of \$75.00 to the Band Member provided that the area(s) are left in a clean state, there are no damages and there is no missing CRHES property. Deductions will be made accordingly based on the inspection report.

### Notes:

- No alcohol allowed in the CRHES Gym or premises.
- The use of the CRHES Gym does not include the use of the Kitchen unless the event is for a wake/funeral.
- Kitchen use for a wake/funeral is limited to appliance use only (fridge, stove, microwave and commercial coffee machine). Families must bring their own cooking supplies and equipment (cookware, dishware, utensils, etc.).
- The school's kitchen cooking supplies and equipment are strictly for the use of the CRHES Nutrition Program.

### Bookings for Funeral/Feast Protocol:

- The WDN will not charge a rental fee if the event is for a wake/funeral. The Band Member is still required to make their booking request through the CHRES Administrative Assistant, and a facility inspection will be performed following the wake/funeral.
- The WDN will charge a rental fee of \$150 if the event is for a private, family memorial feast and does not include use of the kitchen.



## Booking Policy for Other Whitecap Indoor Facilities (Updated April 3, 2023)

Please be advised that the following indoor facilities *are not available* for bookings for private events by Whitecap Band Members:

- **Fire Hall:** no longer available for bookings as it has been converted into office space.
- **Elders Centre:** not available for bookings as is dedicated to programs for Elders and certain health programming by Whitecap staff.
- **Cover-All** (at sports grounds): not available for bookings.

### Note:

Please refer to the notices regarding the booking policies for the Sports Centre, the Dakota Gardens or Sports Centre Patio and the CRHES gym.

# **NOTICE**

Be advised that hunting  
and fishing on the  
Dakota Dunes Golf  
Course is strictly  
prohibited.



## **REMINDER**

### **Whitecap Dakota Nation**

### **Community Curfew**

All persons, 12 years of age and under are required to be off Community streets and Community property between 8 P.M. and 7 A.M. unless accompanied by a parent or guardian.

All persons, between the ages of 13 and 17 are required to be off Community streets and Community property between 11 P.M. and 7 A.M. unless accompanied by a parent or guardian.



# Reminder for ATV/Snowmobile Users!

- Please be respectful of peoples property
    - Stay in ditches and trails
  - Follow all safety rules: helmets, etc.
    - Respect time of day
- (ATV's are loud, be considerate of neighbors)
- Children under the age of 16 should not be operating an ATV
  - Be cautious of children playing and pedestrians

**Have Fun and Be Safe!**



## WDN EMERGENCY MANAGEMENT



This is a friendly reminder to all residents to download **VOYENT ALERT! EMERGENCY NOTIFICATION SYSTEM** onto your cell phones. The Voyent Alert! App is an important tool WDN uses to communicate with residents of Whitecap Dakota Nation.

VOYENT ALERT! is a multi-purpose communication service and alerting app that is designed to support Whitecap Dakota Nation through rapid dissemination of information with enriched and personalized alert for both critical emergencies and day-to-day notifications.

VOYENT ALERT will communicate relevant, and timely information directly to your phone and keep everyone connected to critical alerts.

In addition, VOYENT ALERT is used to keep residents informed and up to date on everything that's happening around WDN including updates on programs, services and important notifications from the Whitecap Dakota Government.

To download the app, go to either the App Store or Google Play and download VOYENT ALERT! Or register online at [register.voyent-alert.com](http://register.voyent-alert.com) to receive email, voice, or text-based alerts.



Don't have a mobile phone or access to the internet? You can utilize access points either at a library or through a friend or family member.

**VOYENT ALERT could save your life and keep you and your family safe.**

In the event of an emergency VOYENT ALERT, refer to your "Community Member Quick Reference Emergency Response Plan" for directions on how to respond. Every household was provided with a copy.

If you do not have one, contact the Government Office at 306-477-0908, and we will have one delivered to you. It's magnetic, put it on your fridge for quick access, and ensure everyone in your household knows where it is, and are aware of what to do to stay safe.

Make plans for the unexpected, be prepared, have your 72-hour kits up to date and ready to go, stay informed and up to date on emergency situations. REGISTER TODAY.

## WDN EMERGENCY MANAGEMENT





# WDN EMERGENCY MANAGEMENT

## PREPARE YOURSELF AND YOUR FAMILY FOR WINTER WEATHER

WDN Emergency Management is always committed to you and your family's safety, especially in the event of a local emergency.

Cold weather, winter blizzards, and possible power failures will soon be upon us again, being prepared is the key to staying safe. Below are some tips to help you prepare for cold winter weather.

### 1) Have your family's 72-hour kit and your Vehicle Winter driving Kit prepared

- Use the suggested checklist on the following page or refer to your Community Member Quick Reference Emergency Response Plan, Emergency Kit Lists tab, to stock a basic 72-hour kit and add items depending on your family's needs,
- Ideally, your kit should be stored in a waterproof container.
- You may have to stay in your home without electricity or water, or you may have to evacuate your home until utilities are restored.
- Building a 72-hour emergency kit includes everything your family needs for a 3-day camping trip, at home.
- Check on elders to ensure they are warm enough and have sufficient supplies, particularly when the weather is cold or snowy. They might not feel comfortable going outside to shop and may require food, medications, and other supplies.

### 2) Listen to the weather forecast

- Check the Environment Canada weather forecast, the Highway Hotline and **VOYENTALERT** before going out.
- **Wind chill** warnings are based on local conditions and are issued when significant wind chills are expected.

### 3) Plan ahead. Avoid driving in Severe Weather, if you must travel

- Develop a cold weather **safety plan**.
- Always inform someone of your travel plans and estimated time of arrival.
- Bring extra clothing, a sleeping bag or blankets, food and water.
- Charge your cell phone.
- Be sure to pack a Vehicle Emergency Kit.

### 3) Dress warmly

- Dress in **layers**, with a wind resistant outer layer.
- **Wear a hat**, mittens, or insulated gloves. Keep your face warm with a scarf, neck tube or facemask.
- Wear warm waterproof footwear. When it is very cold, or when the wind chill is significant, cover as much exposed skin as possible.

### 4) Stay dry

- Wet clothing chills the body rapidly.
- Remove outer layers of clothing or open your coat if you are sweating.

# WDN EMERGENCY MANAGEMENT



# WDN EMERGENCY MANAGEMENT

## SUGGESTED CHECKLIST FOR 72 HOUR AND VEHICLE KITS

### A Communication Plan

How will you get in touch with each other? Who are you out of area contacts that family members can contact during an emergency?

### List of Emergency Numbers

Police, Fire, family doctor, family/friends who can help in a crisis.

### Food and water

- ☐ Four litres of drinking water per person per day.
- ☐ Food (non-perishable and easy to prepare items).

### Equipment

- ☐ Manual can opener.
- ☐ Flashlight (wind-up/battery-operated), batteries
- ☐ Wind-up/battery-powered radio.
- ☐ Solar charger for phones.
- ☐ Candles, lighter, waterproof matches.
- ☐ Pens, sharpie, and paper.
- ☐ Duct tape
- ☐ Paracord, fishing line or rope, tarp, work gloves.
- ☐ Pocket knife, pocket camping saw.
- ☐ Cooking pot, folding backpack stove and eating utensils.
- ☐ Warm clothes, shoes.
- ☐ Blankets or sleeping bags, mylar blankets.
- ☐ Garbage bags, Ziplock bags
- ☐ Whistle and/or flares.
- ☐ Extra batteries.
- ☐ Playing cards, travel games and other activities for children.

### Special needs items

- ☐ Infant needs (diapers, formula, bottles).
- ☐ Prescription medicines.
- ☐ Extra pair of prescription glasses or contact lenses.
- ☐ Pet items (food, leash, muzzle, medication, etc.).

### Toiletries

- ☐ Cleaning supplies (hand sanitizer, shampoo).
- ☐ First aid kit.
- ☐ Toilet paper.
- ☐ Dish soap.
- ☐ Feminine supplies.
- ☐ Toothbrush, toothpaste.
- ☐ Hair elastics.
- ☐ Brush/comb.
- ☐ Deodorant.
- ☐ Wash cloth.
- ☐ Medicine, pain relief.
- ☐ Sunscreen.
- ☐ Bug spray.

### Personal documents and items

- ☐ A list of your emergency contacts (names and contact numbers).
- ☐ An extra set of house and car keys.
- ☐ Some cash in smaller bills.
- ☐ Copies of important documents like passports, birth certificates, insurance policies, driver's license.
- ☐ Photos of family members and pets (write the age, weight, height, name and other characteristics on the back)
- ☐ Printed procedures to shut off home utilities (water, electricity, gas)

### Additional Items when driving in your car

- ☐ Shovel, ice melt or cat litter.
- ☐ Winter boots, gloves, toques/hat.
- ☐ Sleeping bags, blankets.
- ☐ Warm winter clothing.
- ☐ Hand and foot warmers.
- ☐ Protein or granola bars.
- ☐ Thermos of tea, coffee, or hot chocolate.

**KNOW THE RISKS, MAKE A PLAN AND BE PREPARED. YOUR 72 HOUR KIT HOLDS SUPPLIES TO SUPPORT YOU AND YOUR FAMILY FOR 3 DAYS. HAVING THE RIGHT EQUIPMENT MEANS THAT YOU AND YOUR LOVED ONES WILL BE TAKEN CARE OF AND YOU CAN SURVIVE UNTIL HELP ARRIVES.**

# WDN EMERGENCY MANAGEMENT





# ATV SAFETY



All Terrain Vehicles, (including side by sides) are specifically designed for off road use and provide a rewarding recreational experience and a valuable tool for those that use them for work. They are not toys, and can cause serious injury or death when operated by the untrained and inexperienced riders.

In Saskatchewan all ATVs are governed by the Saskatchewan All Terrain Vehicles Act (2021)

According to Saskatchewan Government Insurance (SGI), 29 people were killed and 310 were injured in ATV collisions on public roads in the province from 2012 to 2021. However, a majority of ATV crashes and fatalities happen on private roads and aren't included in that data. In Saskatchewan ATVs are the leading cause of hospitalization and death for children 1 to 19 years of age.

In accordance with the Saskatchewan All Terrain Vehicle Act, to operate an ATV, you **MUST** be 16 years of age and have a valid Driver's License.

Youth between 12 and 15 years of age can operate an all-terrain vehicle if:

- they have successfully completed an approved ATV training course, or;
- they are directly supervised by a person who has held a driver's license for the previous year

Following these guidelines will ensure that you make it home safe and sound:

1. **GET TRAINED** – it's important that riders know how to ride their ATV properly. Youth between 12 and 15 years of age **MUST** have successfully completed an approved ATV training course. All riders can benefit from the training.
2. **Wear the Gear**. Saskatchewan ATV Act requires that all ATV riders (including passengers) wear a helmet and goggles (if the helmet doesn't have a face screen), this includes side by sides. Roll cages are not foolproof and in a roll over the driver's head can come in contact with the roll cage or other parts of the ATV resulting in serious head injuries.
3. **Do not allow passengers** unless the ATV is designed to carry a passenger. Single person ATVs are just meant for one person, adding a passenger can create a dangerous imbalance in the ATV, and roll overs are more likely to occur.
4. **The Right ATV** – this is especially true for children. ATVs have warning labels which advises what minimum age is appropriate to riding that ATV. Allowing a child or small person on an ATV that is too large or powerful to handle can have dire consequences.
5. **Ride with a Buddy or Group** – at the very least make sure someone knows where you are going to ride and when you are expected to come back.
6. **Know your Limits** – attempting advanced or tricky maneuvers, without the proper experience and training, can lead to crashes, and serious injuries.

**WDN EMERGENCY MANAGEMENT**





## WDN EMERGENCY MANAGEMENT

From time to time, police activity and/or incidents in and around CRHES and WDN may result in the school, or WDN being put into “Hold & Secure” or a “Lockdown”.

Below, you will find a brief explanation of each of these situations.

### CRHES Hold & Secure

*Hold & Secure* is a response to a threat and/or incident in the general vicinity, but not on or very near to school property. School life continues as normal inside the school; however, as a precautionary measure, outer doors are locked, and no one enters or leaves the building.

### CRHES Lockdown

*Lockdown* is used in a serious emergency situation, where the threat is inside the school, on or very near to school property or somewhere within the community. A Lockdown minimizes access and visibility in an effort to shelter students, staff, and visitors in secure locations. Like a Hold & Secure, all outer doors are locked; however, a Lockdown requires that, in the school, all students be kept in classrooms or other designated locations and that inner hallway and classroom doors also be locked where possible. Entry to, and exit from, the building is restricted to emergency services personnel only.

During a Lockdown, lights are turned off in the classrooms and offices, curtains and blinds are closed where possible, cell phone use is restricted and all people inside the building should remain quiet. School phones will not be answered as the administration is tending to the ongoing situation. As cell phone use is restricted, students are asked not to use phones until cleared to do so.

### WDN COMMUNITY WIDE Hold & Secure/Lockdown

If a WDN Community wide Hold & Secure or Lockdown is ordered, everyone will remain inside their residence or building. Lock all doors and windows, and everyone take cover in a secure room out of sight and remain quiet until all clear is given. Do not use your cellphones until cleared to do so.

For further details, refer to your “Community Member Quick Reference Emergency Response Plan” previously distributed to every household.

### Hold and Secure/Lockdown Messages

Parents/guardians and WDN members will all be notified immediately of a Hold & Secure or Lockdown situation via the VOYENTALERT emergency notification app and social media.

Once it has been deemed safe to do so, the Hold and Secure or Lockdown will be lifted, and everyone will be contacted via VOYENTALERT/ SOCIAL MEDIA to indicate that the situation has been resolved.

## WDN EMERGENCY MANAGEMENT



## WDN EMERGENCY MANAGEMENT

We encourage all WDN members to download the free VOYENTALERT App. This is the primary method used to notify members of emergencies.

If you have any questions about these procedures, please feel free to contact 306-477-0908 and ask to speak with the WDN Emergency Management Coordinator.

### WHITECAP DAKOTA NATION

### NOTIFICATION SERVICES

**WHITECAP DAKOTA NATION**  
WAPAH SKA  
#94

**VOYENTALERT!**

**REGISTER  
NOW!**

Download on the  
**App Store**

GET IT ON  
**Google Play**

## WDN EMERGENCY MANAGEMENT