



Ista Wicazayan Wi  
The Sore Eye Moon  
March 2023



# WAPAHA SKA



# DAKOTA WOTANIN



# DAKOTA WOTANIN

## Wica-tawi

## - March 2023

### Wapaha Ska Dakota Wotanin

Will be posted to the website during the first week of the month

#### **REMINDER:**

THE NEXT WAPAHA SKA  
DAKOTA WOTANIN  
SUBMISSION DEADLINE IS:  
Friday March 31st, 2023 @  
4:30 PM

#### **Forward Submissions to:**

[receptionbo@whitecapdakota.com](mailto:receptionbo@whitecapdakota.com)

Or call 306-477-0908

Thank you.

#### **WHITECAP DAKOTA FIRST NATION**

182 CHIEF WHITECAP TRAIL

WHITECAP, SK S7K 2L2

TELEPHONE: 306-477-0908

FAX: 306-374-5899

[www.whitecapdakota.com](http://www.whitecapdakota.com)

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**NEXT ISSUE:**  
**FIRST WEEK OF April 2023**

# **WHITECAP EMERGENCY DIRECTORY**

## **FIRE EMERGENCY**

Major Fire: 911  
 Rural Saskatoon Fire Dispatch:  
 306-975-3030  
 Minor Fire: Contact Fire Chief  
 ARNOLD STONE:  
 306-290-2760 (Cell)

## **POLICING SERVICES**

Contact: 911  
 Complaints & Inquires:  
 306-975-5145

## **MEDICAL EMERGENCY**

Contact MD Ambulance Dispatch:  
 911

## **OUTAGE/NATURAL GAS REPORTING**

SaskPower Outage Reporting:  
 306-310-2220  
 SaskEnergy Natural Gas Emergency  
 & Safety:  
 1-888-700-0427

## **MEDICAL TRANSPORTATION**

Medical Taxi: 306-373-4600  
 Weekdays Only: 8:00am—4:30pm  
  
 After Hours: 911  
 MD Ambulance Services

## **Poachers (TIP) Program**

24 hours: 1-800-667-7561  
 SaskTel Cell: 55555

## **SELF HELP**

## **& OTHER**

**Saskatchewan Crime Stoppers:**  
 1-800-222-TIPS (8477)

**Suicide Crisis Line:** 306-933-6200

**Kids Help Line/Suicide Hotline:**  
 1-800-668-6868

**STC Well-Being Services**  
 Child Neglect/Protection Concerns:  
 1-866-871-4237  
 Toll Free: 1-844-956-5668

**Domestic Abuse Crisis Line:**  
 1-888-338-0880

**Sexual Assault Crisis Line:** 306-244-2224

**Poison Control Center:** 1-866-454-1212

**Problem Gambling:** 1-800-306-6789

**Health Line:** 1-877-800-0002  
 The Health Line is a group of Health Nurses that will determine if your health condition requires immediate medical attention. This service is available 24 hours a day. All calls are confidential.

## **Whitecap Security Team**

Telephone: 306-477-0082  
 Cell: 306-281-7543 or 306-281-4868

WHITECAP DAKOTA FIRST NATION EMERGENCY CONTACT LIST	
<b>CRISIS RESPONSE</b>	
AMBULANCE	911
RCMP	306-975-5145
Saskatoon Mobile Crisis	306-933-6200
<b>SUICIDE PREVENTION</b>	
Whitecap Dakota FN Health Centre	306-373-4600
24/7 Hotline	1-833-456-4566
KIDS HELP LINE	1-800-668-6868
<b>DOMESTIC VIOLENCE</b>	
HOTLINE	1-888-338-0880
Interval House	306-244-0185
Salvation Army Support	306-242-6833
<b>CHILD PROTECTION</b>	
STC Well-Being Services	1-866-871-4237 or 1-844-956-5668
Saskatoon and Rural	306-933-6077
After Hours- Mobile Crisis Services	306-933-6200
Saskatchewan Advocate for Children & Youth	306-933-6700 or 1-800-322-7221
<b>POLICE</b>	
RCMP	306-975-5145
Saskatoon City Police, Non-Emergency Line	306-975-8300
PARAMEDIC EMERGENCY MEDICAL SERVICES	911
<b>HOSPITAL EMERGENCY SERVICES</b>	
Royal University Hospital	306-655-1368
St. Paul's Hospital	306-655-5113
City Hospital	306-655-8230
Whitecap Dakota First Nation Health Centre	306-373-4600
<b>EMERGENCY SHELTERS</b>	
YWCA, Women's Shelter	306-244-2844
Salvation Army, Men's Shelter	306-244-6280
<b>RAPE/SEXUAL ASSAULT SUPPORT</b>	
Saskatoon Sexual Assault Center	306-244-2224
<b>LEGAL ASSISTANCE/VICTIM-WITNESS ASSISTANCE</b>	
Legal Aide	306-933-7820
Victim Services	306-975-8400
<b>STD INFORMATION (Sexually Transmitted Diseases)</b>	
Sexual Health Clinic, 101 - 310 Idylwyld Dr. North, Saskatoon	306-655-4664
Saskatoon Sexual Health, Family planning	306-244-7989
AIDS Saskatoon	306-242-5005
Persons Living with AIDS Organization	306-373-7766
<b>SELF HELP GROUPS</b>	
Mental Health Clinic	306-655-7950
Alcoholics Anonymous	306-665-6727
Narcotics Anonymous	1-877-463-3537 or 306- 652-5216
Gambling Anonymous	1-800-306-6789
<b>SUBSTANCE ABUSE COUNSELLING (MH Clinic)</b>	
Saskatchewan Health Authority- Adults	306-655-4100
Saskatchewan Health Authority- Youth	306-655-4900
MACSI Center Intake	306-657-4275
<b>MENTAL HEALTH SERVICES</b>	
Mental Health Therapist – Whitecap Dakota First Nation	306-373-4600 ... cellphone 306-979-8484
24/7 Hotline	1-855-242-3310
Canadian Mental Health Association, Saskatoon Branch	306-384-9333
Mental Health & Addiction Services Centralized Intake	306-655-7777
<b>COMMUNITY CORRECTIONS OFFICERS</b>	
WDFN Justice Worker	306-373-4600
Probation Officer	306-933-6324
Fine Option	306-244-0320





## *Whitecap Community Safety Officer (CSO) Program.*

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### **CONTACT INFORMATION:**

**Temporary Phone Number:** 306-281-4868

**Office Location:** Whitecap Dakota FN Fire Hall.



## FREQUENTLY ASKED QUESTIONS:

### WHAT IS A COMMUNITY SAFETY OFFICER (CSO)?

A CSO will provide additional uniformed presence and patrol in WDFN. They can investigate low-risk incidents (ex. property theft) and engage in the enforcement of provincial laws and/or WDFN bylaws. They may also work with prevention-based programs, such as schools or with community groups.

### WHAT HAPPENS TO THE RCMP?

CSO's and the RCMP will work together. When CSO's deal with low-risk incidents, the RCMP will have more time to focus on serious criminal investigations.

### CAN CSO's PULL YOU OVER?

Yes, CSO's can pull you over when they are in uniform.

### CAN CSO's ARREST YOU?

CSO's have the authority to make arrests under certain provincial legislation.

### DO CSO's CARRY WEAPONS?

CSO's do not carry guns, however, they do carry handcuffs, batons, and an Oleoresin Capsicum spray.

### WHY DO WE HAVE CSO's?

In October 2019, WDFN, Muskoday, and the Province of Saskatchewan signed an MoU agreement. The MoU implements the CSO program to better enforce our laws and ensure community safety. This pilot program is supported by federal and provincial policing funding and by the Lands Advisory Board.



## CSOs may enforce laws under the following acts:

- *The Traffic Safety Act*
- *The Alcohol and Gaming Regulation Act, 1997*
- *The Highways and Transportation Act, 1997*
- *The Whitecap Environmental Protection Law, 2018*
- *The All-Terrain Vehicles Act and The Snowmobile Act*
- *The Trespass to Properties Act*
- *The Mental Health Services Act*
- *The Stray Animals Act*
- *The Summary Offence Procedures Act*
- *WDFN Smoking Bylaw*
- *WDFN Cannabis Control Law (2022)*
- *Other WDFN Bylaws (e.g., waste disposal)*

# Upcoming Meetings

## **Council Meeting**

March 7th, 2023 @ 12:00PM

In Person

## **Councillor Frank Royal**

## **Advisory Committee Meeting**

April 5th, 2023 @ 5:30pm

Dakota Dunes Resort



## Whitecap Dakota First Nation COUNCIL PORTFOLIOS

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### Chief Darcy Bear

1. Self-Government
2. Intergovernmental Affairs
3. Dakota Reconciliation
4. Economic Development
5. Finance
6. Major Capital
7. Taxation
8. Gaming
9. Housing
10. Public Works & Infrastructure
11. Lands & Agriculture

### Councillor Dwayne Eagle

1. Health & Social Development
2. Child and Family Services
3. Saskatoon District Health – WDFN Partnership
4. Justice & Policing
5. Occupational Health & Safety
6. Emergency Response, Fire Protection & Security
7. Environment Management
8. Fisheries & Oceans
9. Hunting & Trapping
10. Dakota Dunes Casino Liaison

### Councillor Frank Royal

1. Administration & Operations
2. Education
3. Post-Secondary
4. Saskatoon Public School – WDFN Partnership
5. Whitecap Early Learning Centre Inc.
6. Culture & Language
7. Youth & Recreation
8. Employment & Training
9. Membership
10. Veterans Affairs





## Whitecap Dakota First Nation ADVISORY COMMITTEES

**EFFECTIVE FEBRUARY 25, 2021**

<b>Education Advisory Committee</b>
<b>Culture &amp; Recreation Advisory Committee</b>
<b>Membership Advisory Committee</b>

Members:

Sheldon Buffalo  
Heather Buffalo  
Kevin Littlecrow  
Chelsey Sinclair  
Don Redbear  
Jared Royal

Ex-officio Vice-chairperson:  
Councillor Frank Royal

<b>Self-Government Advisory Committee</b>
<b>Housing &amp; Public Works Advisory Committee</b>
<b>Lands Advisory Committee</b>

Members:

Vivian Anderson  
Jennifer Buffalo  
Elmer Eagle  
Allison Daniels  
Verna Buffalo  
Lori Buffalo-DeLaRonde  
Deanna Harper

Ex-officio Vice-chairperson:  
Chief Darcy Bear

<b>Health &amp; Social Development Advisory Committee</b>
<b>CFS Advisory Committee</b>
<b>Justice Advisory Committee</b>

Members:

Nancy Linklater  
Rick Gamola  
Miranda Harper  
Loretta Whitecap Brown  
Trevor Cheeknew-Buffalo  
Caitlin Royal  
Pamela Eagle

Ex-officio Vice-chairperson:  
Councillor Dwayne Eagle



# WHITECAP DAKOTA HEALTH CENTRE

**AT THIS TIME, PLEASE CALL THE  
HEALTH CENTRE TO ACCESS SERVICES  
306-373-4600**



Appointments available:  
9:30 am- 3:30 pm  
Monday-Friday  
Closed Statutory  
Holidays



**THANK YOU FOR YOUR COOPERATION**





### STC Well-Being Services

Saskatoon Tribal Council (STC) Well-Being Services works collaboratively with our member communities to provide positive outcomes for children and families through the Progressive Model. The Progressive Model funding assists communities in enhancing their prevention and family support services that keep families intact and thriving within their circle of support and cultural connections. The goal is to move towards implementing and delivering their child welfare model.

Well-Being Services provides two collaborative pathways of services to STC members in their respective communities:

#### ➤ Child Protection and Child Safety Services

STC has the legal authority under delegation of the Ministry of Social Services (Child and Family Services Act) to assess, investigate, and respond to alleged reports of child welfare concerns in our member communities.

Well-Being Services works collaboratively with communities to respond to child welfare concerns focusing on addressing safety concerns that support the child's best interest and build upon family strengths.

#### ➤ Secondary-Level Services

Ongoing assessments are essential in enhancing prevention and family support services. Communities are in the best position to know what is required to meet the needs of their families and children.

Well-Being Services helps facilitate and support capacity building in essential prevention and family support services for our member communities through our clinical and technical support services.

### STC Urban Family Services

Our urban members can also access STC Urban Family Services programs for family support and children programs at their new location at 320-21<sup>st</sup> Street West in Saskatoon. Please call 306-956-0318 for more information or visit STC's webpage.



### Intake Contact Information

#### General Inquiries about Well-Being Services:

306-659-5668 or toll free 1-844-956-5668

(Monday to Friday 8am to 4:30pm)

\*This number gets forwarded to an answering service outside of office hours and only urgent child welfare concerns will be patched through to an on-call worker\*

#### For Kinistin, Mistawasis, Muskoday, One Arrow, and Whitecap:

**STC toll-free child protection reporting line:**  
1-866-871-4237

This number is forwarded to a call-center after hours, which in turn directs the call to the STC worker on call.

#### For Muskeg Lake:

Child welfare reports currently go directly to the Ministry of Social Services. Their toll-free intake number is 1-800-274-8297. This number is routed through Mobile Crisis outside of regular office hours.



**The Child and Family Services Act** requires First Nations Child and Family Services Agencies to provide services to families on reserve where children are believed to be in need of protection. The goal of child protection services is to maintain children in their family home whenever possible and, if a child must be removed for their protection, to reunite families as soon as possible.

### What is child abuse and neglect?

Abuse and neglect refers to circumstances that may be harmful to a child's physical, emotional or psychological health.

- **Physical abuse** – any action, including discipline, causing injury to the child's body. Indicators: the presence of several injuries over a period of time; any bruising on an infant; reluctant to go home; cannot recall how injuries occurred, or offers an inconsistent explanation.
- **Sexual abuse** – any action involving a child in sexual exploitation or sexual activity including touching, exposure, using a child in the making of/or viewing pornography. Indicators: injuries to the genital or anal area (e.g., bruising, swelling, infection); pregnancy; age-inappropriate sexual play with toys, self, others; bizarre, sophisticated or unusual sexual knowledge.
- **Emotional maltreatment** – expecting a child to be able to do things he or she cannot do, embarrassing or insulting a child, making hurtful comments about a child's appearance, intelligence, size, ability, etc. Indicators: bedwetting and/or diarrhea which is non-medical in origin; frequent complaints of headaches, nausea, abdominal pain; extreme withdrawal or aggressive behavior; severe depression; running away from home.
- **Neglect** – failing to provide a child with enough food, proper clothing, shelter, health care, or supervision. Indicators: hunger, inappropriate dress, poor hygiene, developmental delays; persistent health conditions (e.g., scabies, head lice); steals food; reports no caregiver at home.
- **Domestic violence** – exposing a child to a pattern of abusive behavior or threats of abusive behavior by one caregiver against another (hitting, kicking, restraining, slapping, throwing objects, intimidation, stalking, etc.). Indicators: physical injuries; aggressive or antisocial behaviours; poor social relationships; low self-esteem.

### Duty to Report

Anyone having reasonable suspicion that a child's physical, mental, emotional welfare has been or is being neglected has the legal duty to report such information immediately to a local First Nations Child and Family Services, Ministry of Social Services, or to the Police.

**"The duty to report overrides professional confidentiality codes when there is reason to believe that a child may be abused or neglected."**

#### As a parent...

If you would like general information on supports available, please call 306-659-5668 or toll-free 1-844-956-5668 and request to speak to the Social Worker on Duty.

If you feel unable to safely parent your children, please call **1-866-871-4237**.

#### As a community member...

If you believe a child may be neglected or abused, you have a **legal responsibility** to report your concerns by calling **1-866-871-4237**.







**Whitecap Health Centre Staff**  
**Phone: 306-373-4600**  
**Extension Numbers**

Staff Member	Ext.	Position	Email
Lori Sparling	#8601	Director of Health & Social Development	<a href="mailto:lsparling@whitecapdakotahealth.com">lsparling@whitecapdakotahealth.com</a>
Angela Buffalo	#8625	RN	<a href="mailto:abuffalo@whitecapdakotahealth.com">abuffalo@whitecapdakotahealth.com</a>
Arlene Peeteetuce	#8603	RN	<a href="mailto:apeeteetuce@whitecapdakota.com">apeeteetuce@whitecapdakota.com</a>
Brenda Littlecrow	---	Transportation Service Provider	<a href="mailto:blittlecrow@whitecapdakota.com">blittlecrow@whitecapdakota.com</a>
Carrie Desnomie	#8604	Administrative Assistant	<a href="mailto:cdesnomie@whitecapdakotahealth.com">cdesnomie@whitecapdakotahealth.com</a>
Christine Greyeyes	#8614	Home Care/LPN	<a href="mailto:cgreyeyes@whitecapdakota.com">cgreyeyes@whitecapdakota.com</a>
Cora Fischer-Sutherland	#8606	Jordan's Principal Coordinator	<a href="mailto:cfischer@whitecapdakotahealth.com">cfischer@whitecapdakotahealth.com</a>
Vacant	---	Accreditation Coordinator	---
Fern Rose	#8607	Dental Therapist	---
Joanne Alexander	#8609	Mental Health Therapist	<a href="mailto:jalexander@whitecapdakotahealth.com">jalexander@whitecapdakotahealth.com</a>
Jody Harder	---	Custodian	---
Jolie Seaton	---	Home Health Care Aide	<a href="mailto:jseaton@whitecapdakota.com">jseaton@whitecapdakota.com</a>
Karen Hart	#8610	Nurse Practitioner	---
Karen Hercina	#8610	Nurse Practitioner	---
Larissa Robillard	#8613	Community Justice Worker	<a href="mailto:lrobillard@whitecapdakotahealth.com">lrobillard@whitecapdakotahealth.com</a>
Lee Sinclair	---	Transportation Service Provider	<a href="mailto:lsinclair@whitecapdakota.com">lsinclair@whitecapdakota.com</a>
Lori Buffalo-Delaronde	#8615	Income Assistance Coordinator	<a href="mailto:lbuffalod@whitecapdakotahealth.com">lbuffalod@whitecapdakotahealth.com</a>
Natasha Kwasek	#8626	Maternal Child Health/Healthy Living Nurse	<a href="mailto:Nkwasek@whitecapdakota.com">Nkwasek@whitecapdakota.com</a>
Victorine Royal	#8600	Receptionist	<a href="mailto:vroyal@whitecapdakotahealth.com">vroyal@whitecapdakotahealth.com</a>
Wendy Derksen	#8618	Accountant-Health	---

**Whitecap Well-Being Staff**  
**Phone: 306-373-4600**  
**Extension Numbers**

Staff Member	Ext.	Position	Email
Tanis Shanks	#8617	Director, Wellbeing Services	<a href="mailto:tshanks@whitecapdakota.com">tshanks@whitecapdakota.com</a>
Angel Skipper	---	P/T Youth & Community Program Assistant	<a href="mailto:askipper@whitecapdakota.com">askipper@whitecapdakota.com</a>
Colette Eagle	---	Wellbeing Administrative Assistant	<a href="mailto:ceagle@whitecapdakota.com">ceagle@whitecapdakota.com</a>
Desmond Joyea	---	Youth & Community Program Assistant	<a href="mailto:djoyea@whitecapdakota.com">djoyea@whitecapdakota.com</a>
Diane Littlecrow	---	Cultural Liaison	<a href="mailto:dlittlecrow@whitecapdakota.com">dlittlecrow@whitecapdakota.com</a>
Jordanna Johnson	---	Youth & Community Program Coordinator	<a href="mailto:jjohnson@whitecapdakota.com">jjohnson@whitecapdakota.com</a>
Kristen Netmaker	---	Elders & Survivors Coordinator	<a href="mailto:knetmaker@whitecapdakota.com">knetmaker@whitecapdakota.com</a>
Sheldon Buffalo	---	Cultural Liaison	<a href="mailto:sbuffalo@whitecapdakota.com">sbuffalo@whitecapdakota.com</a>
Tammy Kehoe	---	Prevention Supervisor	<a href="mailto:tkehoe@whitecapdakota.com">tkehoe@whitecapdakota.com</a>
Wendy Dice	---	Child & Family Services Liaison	<a href="mailto:wdice@whitecapdakota.com">wdice@whitecapdakota.com</a>

**Whitecap Well-Being Staff – 410 LTC**  
**Phone: 306-373-4600**  
**Extension Numbers**

Staff Member	Ext.	Position	Email
Brittany Deschambeault	---	Family Support Coordinator	<a href="mailto:bdeschambeault@whitecapdakota.com">bdeschambeault@whitecapdakota.com</a>
Heather Musqua	---	Family Support Coordinator	<a href="mailto:hmusqua@whitecapdakota.com">hmusqua@whitecapdakota.com</a>
Vacant	---	Wellbeing Services Supervisor	---



# WHITECAP HEALTH CENTRE

Whitecap is booking appointments for Covid-19 vaccine or booster and the flu vaccine.

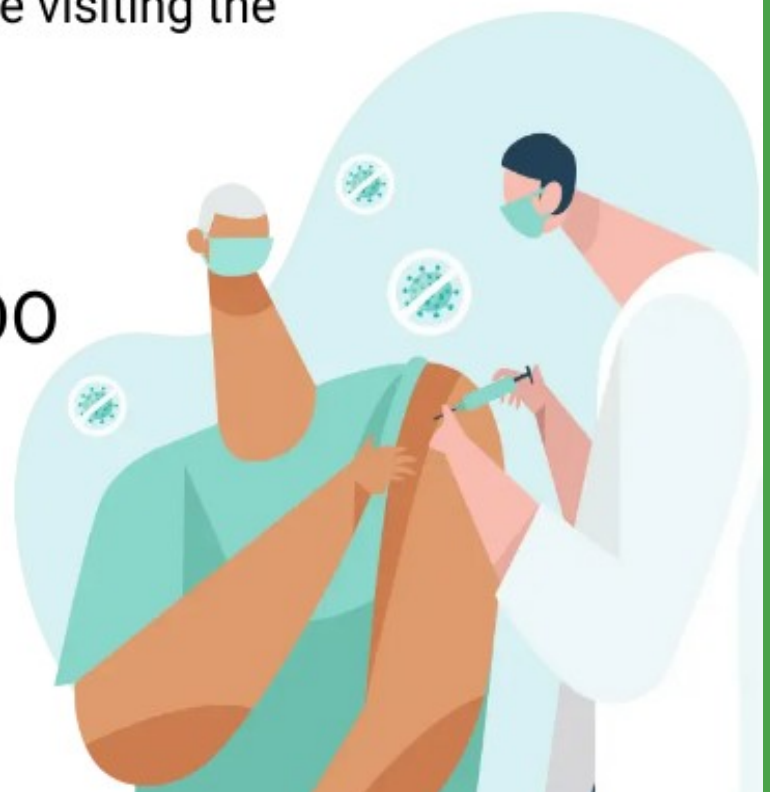
If interested in getting your Covid-19 vaccine or booster call the Health Centre to book.

Rapid tests are available at the Health Centre, please call to arrange for pick up or delivery.

Masks are mandatory while visiting the Health Centre.



306-373-4600



# Learning to live with COVID-19 **DOESN'T MEAN THE PANDEMIC IS OVER!**

People in our community continue to get sick.

You can help protect our community by protecting yourself and others.

**Wear A Mask  
In Public Indoor Settings**



**Wash Your Hands Frequently  
Or Use Hand Sanitizers**



**Protect  
Our Most Vulnerable!**



**TESTING 1-2 TIMES PER  
WEEK IS RECOMMENDED**  
Rapid Test Kits are available  
at your Health Centre

**COVID-19 VACCINATION  
IS YOUR  
BEST PROTECTION!**



**Cover Your Mouth  
When You Sneeze or Cough**



**Stay At Home When You  
Are Not Feeling Well**



**Practice  
Physical Distancing**



- Reduces your risk of serious illness and Long COVID-19 symptoms
- Protects the Health Care System and essential services in our community

**IMPROVE YOUR PROTECTION**  
Talk to your Community Health Nurse  
about getting your COVID-19 Vaccinations  
up to date.

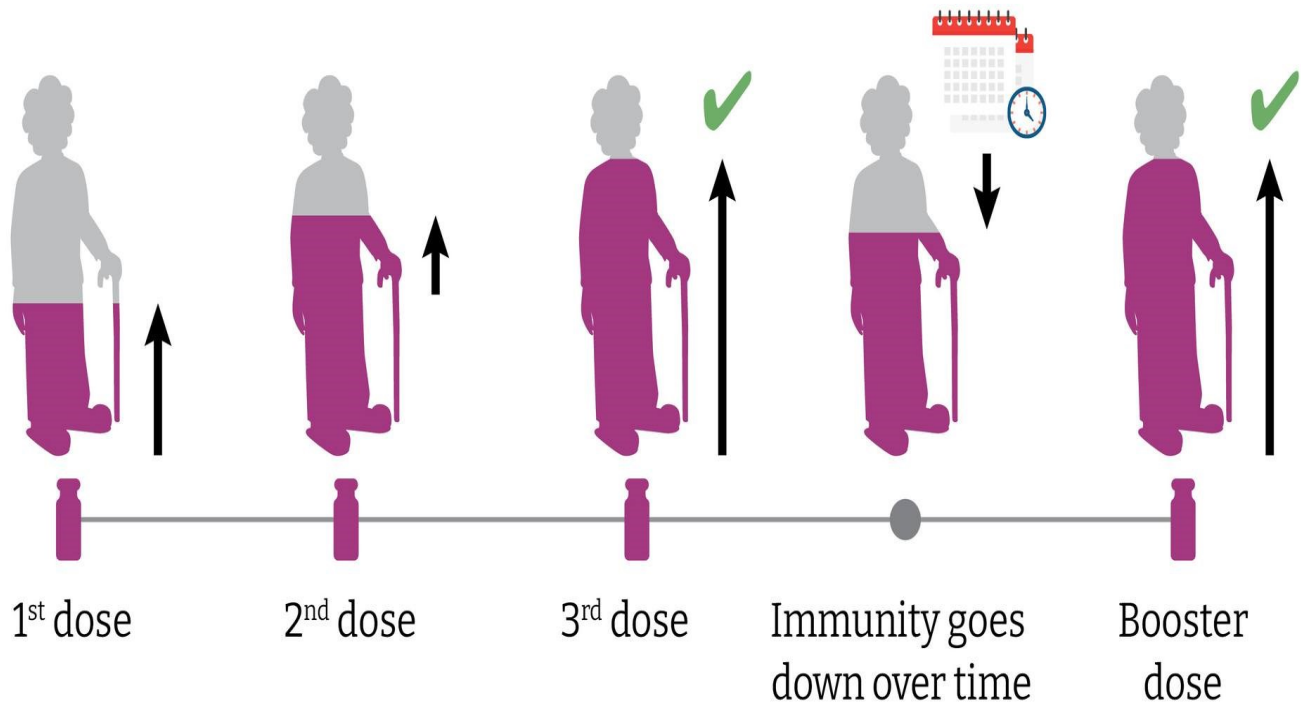
(Adapted from Northern Inter-Tribal Health Authority's "Learning to live with COVID-19" poster)





Grandma

Everyone's health is unique and some may need more doses to reach a high level of protection (like Max's Grandma).



The greater your immunity, the more your body is able to fight COVID-19. This means you are less likely to have a very serious case or need to go to the hospital.



# Mental Wellness Supports



If you're experiencing emotional distress or someone you know is struggling, these resources are available to support you.  
If you are experiencing a mental health crisis, call 911 immediately.

## Hope for Wellness Help Line and Chat

Immediate support is available 24/7

**Toll-Free:** 1-855-242-3310

**Online Chat:** [www.hopeforwellness.ca](http://www.hopeforwellness.ca)

**Indian Residential Schools  
Saskatchewan Region Toll-Free:**  
1-866-250-1529

**National Indian Residential  
School Crisis Line Toll-Free:**  
1-866-925-4419

The National Indian Residential School Crisis Line has been set up to provide **immediate support** for former students and those affected. Emotional and crisis referral services can be accessed through the 24-hour national crisis line.

**Missing and Murdered  
Indigenous Women and Girls  
Support Line Toll-Free:**  
1-844-413-6649

## Wellness Together Canada

Provides immediate crisis/substance use support:

Adults: Text **WELLNESS** to 741741

Front Line Workers: Text **FRONTLINE** to 41741 <https://ca.portal.gs/>

## Non-Insured Health Benefits (NIHB) Mental Health Counselling

Immediate support is available 24/7

**Toll-Free:** 1-866-885-3933

## For Youth:

**Kids Help Phone supports youth 24/7**  
and through a partnership with We Matter

**Call:** 1-800-668-6868 **Text:** 686868

**Online:** [kidshelpphone.ca](http://kidshelpphone.ca)

[wemattercampaign.org](http://wemattercampaign.org)

**Jordan's Principle NEW**  
**Saskatchewan Toll-Free Line:** 1-833-752-4453

(1-833-SK-CHILD)

[www.canada.ca/jordans-principle](http://www.canada.ca/jordans-principle)



Indigenous Services  
Canada

Services aux  
Autochtones Canada



Jordan's Principle is a principle that ensures there is substantive equality (true equality) and that there are no gaps in publicly funded health, social, and education programs, services, and supports for all First Nations children, on or off reserve, under the age of majority (0 - 18).

The Jordan's Principle provides necessary funding for any services/products/supports, within the domains of health, dental, medical equipment, mental health, social, educational needs, and any other aspect that directly affects the child's wellbeing. In addition, the Jordan's Principle not only aids with individual requests but also group requests (group homes, schools, communities, etc.). The aim of the Jordan's Principle is to meet the unmet needs of all First Nations children and to be able to achieve equal outcomes as all children in Canada. Furthermore, the Jordan's Principle seeks to attain a level of care that is within and beyond Normative Standards of Care, provisions that are culturally appropriate, and adequate safeguards in the best interest of the child. There are a multitude of requests of services/products/supports that are provided for all First Nations children. Each request is evaluated and decided on a case-by-case basis.

If your child requires the support from the Jordan's Principle, please contact me. I will provide guidance in application, navigation of language & process, education of Jordan's Principle standards, provisions of immediate resources, and assist with all coordination processes and funding, if needed.

If you need more information, you can visit: [CANADA.CA/JORDANS-PRINCIPLE](https://canada.ca/jordans-principle)

Cora Fischer  
Jordan's Principle Service Coordinator  
Whitecap Dakota First Nation  
182 Chief Whitecap Trail  
Whitecap, SK S7K 2L2  
(306) 380 – 2672 (Monday-Friday 8:00am-4:30pm)  
[cfischer@whitecapdakotahealth.com](mailto:cfischer@whitecapdakotahealth.com)



## Mental Health

Suicide Prevention  
1-833-456-4566

Hope for Wellness  
1-855-242-3310

Addictions Detox  
1-306-655-4195

## Domestic Violence

Interval House  
1-888-338-0880

Sexual Assault  
1-306-242-3310

Child Protection  
1-888-225-2244

**WDFN Therapist: 306-979-8484**

**IN AN EMERGENCY CALL 911**  
**RCMP .. 307-975-5145**

811 - Health Line  
211 - MH Hub



**STAY  
SAFE**






AGES & STAGES


# Growth and Development

What is this?

1. Is your child between the ages of 2 months – 5 years old.
  2. Are you wondering if behaviour is normal?
  3. This testing will help identify your child's strengths and weaknesses.
  4. Nurse Tasha will come to your home and assess your child and teach you ways to help your child succeed.
- 

Call or text Tasha

306 381 6428 to set up an appointment.





# Community Kitchen for Elders

Starting February 7th, 2023, there will be a Community Kitchen for Elders.

We are encouraging all WDFN Elders to come out to the Community Kitchen to help plan and participate in the cooking of your own take home meals. Cooking will start 9 am to 12 noon.

Rides are available, come out and enjoy the mornings with others, socialize, cook, share recipes, laugh and most of all, have fun!

**Tuesday, February 7th  
Wednesday, February 22nd**

**Tuesday, March 7th  
Tuesday, March 21st**

**9 am to 12 noon**

**Call the Health Centre or contact  
Jolie Seaton, Home Health Aide**

***Book your ride!***  
**Call (306) 373-4600**



# **Gentle Yoga for Elders**

**Yoga Instruction lead by Joanne Alexander**

**Elders Centre**

**Wednesday, March 8th & 22nd.**

**10:30am-12:30pm**

**Rides & light lunch provided**

**Please call Kristen Netmaker @ (306) 370-5552 to sign up.**





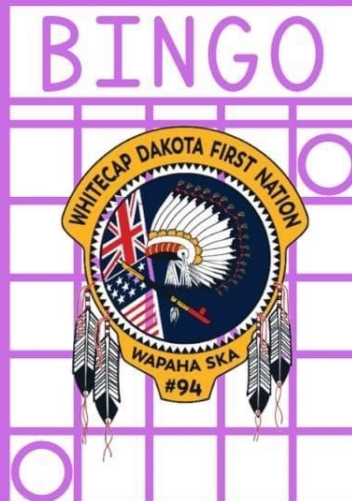
# Elder's Bingo

**Wednesdays, March 1st, 15th, & 29th.**

**P/u starts 1:00pm**

**Elder's Centre**

**Snacks & Refreshments provided.**



**Questions or Rides?**

**Please call Kristen Netmaker**

**@ (306) 370-5552**

By entering or otherwise participating in this event, all persons voluntarily assume all risks and dangers in any/all activities associated with this event and waive, release, and discharge the right to hold the Whitecap Dakota First Nation from all liability, including but not limited to: personal injury, property damage, and property theft.

# TRADITIONAL PARENTING

with Nancy Linklater

Next Session is March 9th  
12 to 315pm  
Elders Centre

**TRANSPORTATION - LUNCH - DOOR PRIZES  
DAYCARE AVAILABLE**

To Register Please Call  
Brittany (306) 370-3549 or  
Heather (306) 281-5698



# Make a connection. Help save a life.

**Suicide is preventable. Anyone can make a difference.**

- Half-day training in suicide alertness skills
- Learn four basic steps to create a life-saving connection
- Widely used by professionals and the general public

Spring 2023 safeTALK Certification

Upcoming safeTALK training

Date: Monday, March 27 from 5 - 9 pm

Location: Whitecap SK

Hosted by: WDFN Health Centre

Cost: Free including Dinner

To inquire or register, call 306-373-4600

or email [jalexander@whitecapdakotahealth.com](mailto:jalexander@whitecapdakotahealth.com)

safeTALK works. Learn more and see the evidence at [www.livingworks.net/safetalk](http://www.livingworks.net/safetalk)





# March

## 2023

### Wellbeing Services Programming

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Elders Bingo: 1:30pm (EC)	2 Sports Night: Youth -5:30pm Adults -6:30pm (CRHES) Leather Concho Belt Workshop: 5:30pm (EC) Men's Singing Practice: 6pm (Elders Cabin)	3	4
5 Grief Support Group: 4pm (EC)	6 Children's Outing: Flynn's Forest Pick-up @ CRHES: 3:15pm Men's Singing Circle: 6pm (Elders Cabin)	7 Elders Sewing: 10am (EC) Snow Day Club: 3:15pm (EC) Singing with the Youth: 6pm (Elders Cabin)	8 Elders Yoga: 10:30am (EC) Elders iPad Basics: 1:30pm (EC) Buffalo Teachings with Koda Tacan: 5pm (CRHES)	9 Traditional Parenting Group: 12pm (EC) Sports Night: Youth -5:30pm Adults - 6:30pm (CRHES) Leather Concho Belt Workshop: 5:30pm (EC) Men's Singing Practice: 6pm (Elders Cabin)	10 Elders Outing Teen Outing: HMT Entertainment Pick-ups @ 5:15pm	11
12 Grief Support Group at Wahpeton Dakota First Nation	13 Men's Singing Circle: 6pm (Elders Cabin)	14 Elders Sewing: 10am (EC) Snow Day Club: 3:15pm (EC) Teen Girls Group: 6pm (EC) Singing with the Youth: 6pm (Elders Cabin)	15 Elders Bingo: 1:30pm (EC)	16 Sports Night: Youth -5:30pm Adults -6:30pm (CRHES) Men's Singing Practice: 6pm (Elders Cabin)	17 Kahomni: 3pm (DDR)	18
19 Grief Support Group: 4pm (EC)	20 Men's Singing Circle: 6pm (Elders Cabin)	21 Elders Sewing: 10am (EC) Snow Day Club: 3:15pm Singing with the Youth: 6pm (Elders Cabin)	22 Elders Yoga: 10:30am (EC)	23 Traditional Parenting Group: 12pm (EC) Sports Night: Youth -5:30pm Adults -6:30pm (CRHES) Men's Singing Practice: 6pm (Elders Cabin)	24 Youth Trip to NHL Game in Edmonton	25
26 Youth Trip to Edmonton Grief Support Group: 4pm (EC)	27 Drum Making for Adult Fathers: 6pm (Elders Cabin)	28 Elders Sewing: 10am (EC) Snow Day Club: 3:15pm (EC) Teen Girls Group: 6pm (EC) Drum Making for Adult Fathers: 6pm (Elders Cabin)	29 Elders Bingo: 1:30pm (EC) Drum Making for Adult Fathers: 6pm (Elders Cabin)	30 Sports Night: Youth -5:30pm Adults -6:30pm (CRHES) Drum Making for Adult Fathers: 6pm (Elders Cabin)	31 Elders Movie at the Elders Centre: 1:30pm Drum Making for Adult Fathers: 6pm (Elders Cabin)	EC: Elders Centre CRHES: Charles Redhawk Elementary School DDR: Dakota Dunes Resort

Health Centre Activities						MARCH 2023	
SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT	
			1 Wellbriety 830am Zoom Lifelabs Dietician Dental - Treatment 10a-2p	2 Wellbriety 830a Zoom Baby Well Clinic	3 Wellbriety 830am Zoom	4	
5 Wellbriety 830a Zoom	6 Wellbriety 830a Zoom	7 Wellbriety 830a Zoom	8 Wellbriety 830am Zoom Lifelabs Elder Chair Yoga 10:30a Chronic Disease Mgmt. Elder Meal Delivery Dental - COHI 10a-2p Cadet Program 530-730pm	9 Wellbriety 830a Zoom Foot Care Clinic Dental - Treatment 10a-2p	10 Wellbriety 830am Zoom	11 Tax Clinic 9am - 1pm	
12	13	14	15 Wellbriety 830am Zoom Lifelabs Dietician Cadet Program 530-730pm	16 Wellbriety 830a Zoom Dental - Treatment 10a-2p Baby Well Clinic	17 St. Patrick's Day Wellbriety 830am Zoom	18	
19	20 Wellbriety 830a Zoom	21 Wellbriety 830a Zoom	22 Wellbriety 830am Zoom Lifelabs Elder's Chair Yoga 10:30a Chronic Disease Mgmt. Elder Meal Delivery Dental - COHI 10a-2p Cadet Program 530-730pm	23 Wellbriety 830a Zoom Dental - Treatment 10a-2p Baby Well Clinic	24 Wellbriety 830am Zoom	25 Tax Clinic 9am - 1pm	
26 Wellbriety 830a Zoom	27	28 Wellbriety 830a Zoom SAFE TALK Tax Clinic 430-7p	29 Wellbriety 830am Zoom Lifelabs Dietician Cadet Program 530-730pm	30 Wellbriety 830a Zoom Dental - Treatment 10a-2p	31 Wellbriety 830am Zoom		

# 2022-23 SCHOOL YEAR CALENDAR

## Kindergarten—Grade 12

August 2022						
S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

September 2022						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

October 2022						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

November 2022						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

December 2022						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

January 2023						
S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

February 2023						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28				

March 2023						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

April 2023						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

May 2023						
S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

June 2023						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

	Stat Holiday
	No School - Students and Staff
	PD/Planning/Operations (K-12 No Students)
	PD/Planning/Operations (K-8 No Students)
	PD/Planning/Operations (9-12 No Students)
	Student First Day (K-12 Students)
	Last Day (K-8 Students)
	Last Day (9-12 Students)
XX	Grade 9 Orientation/Planning/Operations (9-12 No Students)
	STA Convention



**Saskatoon Public Schools**  
Inspiring Learning

saskatoonpublicschools.ca

MAY 9, 2022



**WHITECAP EARLY LEARNING CENTRE****WHITECAP EARLY LEARNING CENTRE**

We currently have spaces available in our Preschool Room (3 – 5 years).

Contact me to book a tour or to pick up a parent package for registration.

[slee@whitecapdakota.com](mailto:slee@whitecapdakota.com) or 306.477.2615

\*Band members and employees of Whitecap Dakota First Nation are eligible for a subsidy off regular childcare rates\*

**HOURS OF OPERATION**

**Monday – Friday**

**7:30 am – 5:30 pm**

**WHITECAP IRA NEWS****Indian Registry Administrator Report  
March 2023****CIS (Certificate of Indian Status) CARDS**

**By appointment only.** Should you require a status card, you may call the Whitecap Government Office at (306) 477-0908 and leave a message with our receptionist. Our receptionist is instructed to screen your call for basic information: Name, reason for card request (First, Expired, Lost), phone number and/or email, and if you have the proper I.D. Then the IRA will contact you to book an appointment.

**Is it time to Renew your CIS card?** To find out; check your expiry date on the back of your current laminated status card. Please contact the Band Office as soon as you can to book in for a renewal once expired! Note that your Status number does not expire however, your photo must be updated every five years (for adults 18+) and every three years (for children under 18).

**SERVICES AND INFORMATION**

Italia Eagle is the IRA for Whitecap. For information on Indian Status eligibility, the SCIS (Secure Certificate Indian Status) card application form and process, and band membership, please contact her at the band office with your inquiry: (306) 477-0908

**Important Update for Birth Registration Applications****PARENTS, PLEASE READ**

We have been advised that applications for birth registrations that are mailed to the National Processing Unit in Gatineau, Quebec have been experiencing a delayed wait time of up to 2 years to process birth registrations, and that it is quicker to process birth registration applications if done in person or mailed to a regional office in Saskatchewan.

**Parents: Please do not mail your child application for birth registration to the address listed on the application form.** Instead, we strongly encourage parents to contact the Whitecap IRA for assistance with birth registration forms processing.

Options for parents for processing their child registration applications:

1. *On Reserve or Local Urban Parent Members:*
  - a. Preferred method: Make an in-person appointment with the Whitecap IRA to verify the completeness of your forms, then she will mail them directly to the regional office in Regina.
  - b. Mail the application to the Whitecap IRA so she can verify the forms content and send to the Regina office:

**WHITECAP IRA NEWS**

Whitecap Indian Registry Administrator  
182 Chief Whitecap Trail  
Whitecap SK S7K 2L2

2. *Off Reserve Members:*

- a. Preferred method: Mail the application to the Whitecap IRA so she can verify the forms content and send to the Regina office.
- b. In Person – Regina: Call (306) 780-5392 and ask to set up an appointment.
- c. In Person – Prince Albert: Call (306) 953-8522 and ask to set up an appointment.
- d. Mail to: ISC – Governance  
1827 Albert Street  
Regina SK S4P 2S9

Application forms are available from the Whitecap IRA, or can be found online at [www.canada.ca/indian-status](http://www.canada.ca/indian-status)

Please ensure to fill-out the **updated** 2020 Child/Dependent Adult application form found on the website or pick-up copy of the latest version available at the Band Office and Health Centre. Any old versions of the application will not be *accepted*.

**REQUIRE A SASK. HEALTH CARD?** Call toll free **1-800-667-7551** to place your request.

**U.S. BORDER CROSSING**

Consult the U.S. Customs and Border Protection for updates *before* you travel at **1-202-325-8000** or check this website for more info: <https://travel.gc.ca/travel-covid>

**WDFN TOTAL POPULATION** as of January 31, 2023: 692



## WHITECAP IRA NEWS

### Process to Register Your Child on the Indian Register

Documents required:

1. A completed 'Application for Registration on the Indian Register (for children 15 or younger or dependent adults)'
  - Applications may be picked up at the Band office or Health Centre, as well as online on the Indigenous Services Canada website under the Indian Status tab. **Please note that any old versions of the application will not be accepted.**

Click here for current [Application](#) form

- **Important Note:** Spelling and spacing of any given or family names that will be entered in IRS must be the same as the names appearing on the Proof of Birth Document
2. An original proof of birth document with parental information
    - To get an original proof of birth document, applications may be picked up from the Band Office or Health Centre. You can also visit the Saskatchewan Vital Statistics website: [www.saskatchewan.ca](http://www.saskatchewan.ca) – Vital Statistics or view the contact information below.

#### Vital Statistics

Phone: 1-800-667-7551 (Toll-free Canada & US)  
306-787-3251

Email: [VitalStatistics@eHealthSask.ca](mailto:VitalStatistics@eHealthSask.ca)

Phone service: 8 a.m. to 5 p.m. Monday to Friday (excluding statutory holidays)

- The proof of document must contain parental information (at least one parent stated on the birth document)
- The identity information must be visible and undamaged. If information is illegible, the document will not be accepted.

If the child or dependent adult's name on the application form is different from the name on the proof of birth document or legal documents, you must also submit:

- an original legal name-linking document, such as a change of name certificate, that links the previous name with the current name
- or
- a copy of a legal name-linking document and valid acceptable identification with the name that is on the application form

If the name of the applying parent, custodial parent or legal guardian is different from the name on any of the other necessary documents, you must also submit:

- a copy of a legal name-linking document, such as a change of name certificate, marriage certificate or divorce order, that links the previous name with the current name

**WHITECAP IRA NEWS****If the Applicant cannot obtain the other parent's signature:**

If both parents' names are listed on the child's birth document and after reasonable attempts to locate the other parent to obtain their signature were unsuccessful, a "Statement in Lieu of Other Parent's Signature" form can be completed.

3. A copy of valid acceptable identification of the applying parent, custodial parent or legal guardian; copy must be taken of the front and of the back of the identification, each copy signed and dated by a guarantor (IRA).
  - One piece of valid government issued ID which contains the full name, date of birth, photo, and signature. You can provide *more than one* supporting ID in order to fulfill the data requirements.
  - Must indicate the Document Type (i.e., Saskatchewan Driver's License), Document Number (i.e., Driver's License number), the Expiry Date (YYYYMMDD format), and your Name exactly as it appears on the ID.
4. **For a child (15 or younger)**, any legal documents granting custody or guardianship of the child to the applying parent or legal guardian, if applicable **for a dependent adult**, the guardianship order
  - Must indicate if there are any legal documents pertaining to the custody or guardianship of the child. If there are such documents, then must provide the most recent photocopies of the legal documents.
5. It is important to note that the **Guarantor Declaration** is required in the following three (3) situations:
  - When an applicant does not have sufficient supporting identification to submit with the application;
  - When the applicant is applying by mail without the assistance of an IRA; and
  - When a third party submits an application on behalf of an applicant

\*Note that the application form must be submitted to ISC within the last 12 months from the date it was signed by both parents\*

All required/mandatory fields must be completed as stated in the instructions. **Failure to complete these sections may result in delays in processing the application.**

Please note that applications for birth registrations that are mailed to the National Processing Unit in Gatineau, Quebec have been experiencing a delayed wait time of up to 2 years to process birth registrations, and that it is quicker to process birth registration applications if done in person or mailed to a regional office in Saskatchewan.

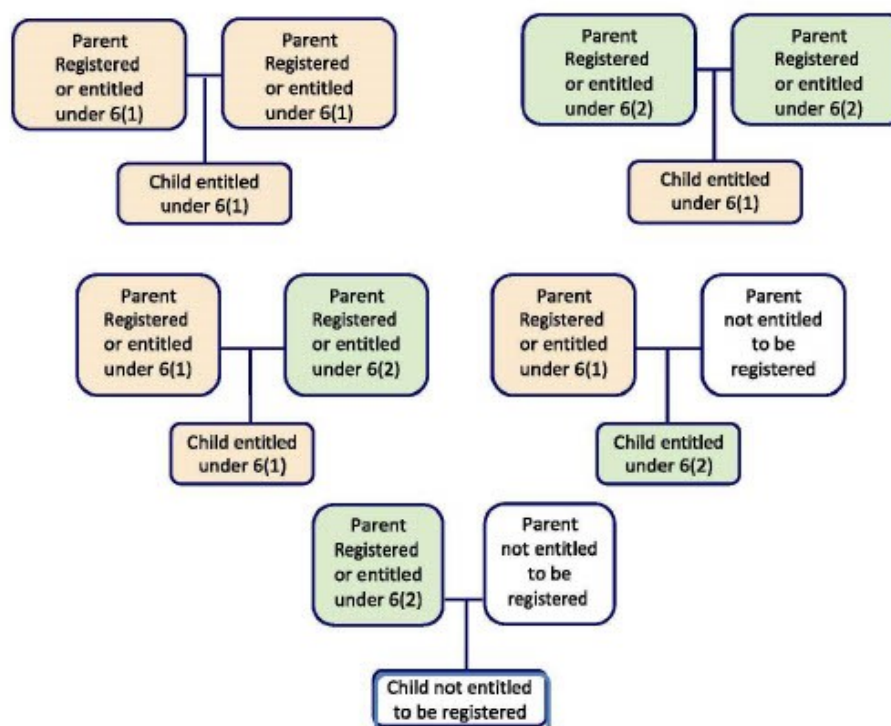
**Parents: Please do not mail your child application for birth registration to the address listed on the application form.** Instead, we strongly encourage parents to contact the Whitecap IRA for assistance with birth registration forms processing.

## WHITECAP IRA NEWS

### How do I know if my Child is Eligible to be Registered as an *Indian*?

#### Category Chart

This is a basic reference chart for section 6 entitlements under the *Indian Act*:



There are two key distinctions between entitlement categories, Subsections 6(1) and 6(2).

#### **6(1) Entitlement**

- An individual registered or entitled to be registered under subsection 6(1) can pass status to their child(ren).

#### **6(2) Entitlement**

- An individual registered or entitled to be registered under subsection 6(2) must parent with another registered or entitled to be registered Indian in order to pass status to the child(ren).

If only one parent is listed on a child's birth record, it is assumed that the other parent is non-Indian and therefore your child would only be entitled for registration under category 6(2) or not entitled at all. Therefore, it is crucial for the father to sign the "live birth document" in hospital at the time of birth. If the father could not be at the hospital at the time, please ensure to contact Vital Statistics Saskatchewan (eHealth) to request an "amendment to their child's birth record" to add the father.

**WHITECAP BAND MEMBER PARENTS:** *If you have any questions at all regarding Child Registration, or if you are unsure of your category of registration in the Indian Register, please feel free to contact your Whitecap IRA for assistance: Italia Eagle at (306) 477-0908.*







Indigenous and  
Northern Affairs Canada

Affaires autochtones  
et du Nord Canada

Canada

# Do you have a will?

## Did you know?



**<9%**

Less than 9% of First Nation peoples  
on reserve pass away with a will

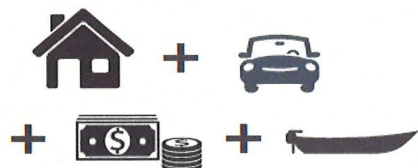
- the INAC website has information about planning your estate
- your will differs if you live on- or off-reserve
- the *Indian Act* outlines what should be included in your will
- you can't gift your land on reserve to someone who is not a member of your First Nation
- you can change your will as often as you like
- writing a will doesn't have to be complicated or costly

## Why make a will?

- to provide for your loved ones, your children and grandchildren
- to decide who will get your home



- to clearly state who should receive your possessions



- to name who will take care of your children and dependents



- to leave instructions for end of life ceremonies



- to name who will take care of your estate



A will could provide peace of mind and clear direction  
about your wishes to your family and loved ones



Visit <http://www.aadnc-aandc.gc.ca/eng/1100100032530/1100100032532>  
for more information

This publication is also available in French under the title: Avez-vous un testament?

QS-1005-000-EE-A1





## NOTICE REGARDING THE Whitecap Dakota First Nation MEMBERSHIP CODE, 2012

### BACKGROUND

- The *WDFN Membership Code* document was approved by the membership on November 16, 2012 via referendum (voting).
- The Minister of INAC notified the WDFN on August 23, 2013 that the *Code* was approved and is effective and retroactive to December 4, 2012.

### MEMBERSHIP CODE GUIDELINES SUMMARY AND APPLICATION PROCESS

An individual must be a registered Indian in order to apply to be on the WDFN (Whitecap) Band list.

#### Automatic Membership

- The parent(s) of minor children that requested of INAC to be on the Whitecap band list at the time they applied for their child to be a Registered Indian is recorded by INAC as an “affiliate” of Whitecap.
- An adult who became eligible to be a Registered Indian as a result of Bill C-3 that requested of INAC to be on the Whitecap band list at the time applied for Registration as an Indian is recorded by INAC as an “affiliate” of Whitecap.
- ☐ “Affiliates” are required to complete an application form for Band Membership and submit to the Membership Clerk for processing along with required document(s).
- ☐ The Membership Clerk notifies the individual in writing of the status of Band Membership application.
- ☐ The Membership Clerk updates the Whitecap Band list accordingly.

#### Discretionary Membership

- ☐ The individual completes application for Band Membership and submits to the Membership Clerk for processing along with required documents.
- ☐ The Membership Clerk takes forward the application to the Membership Committee for their review and recommendation to Council.
- ☐ The Membership Clerk takes forward recommendation from Membership Committee to Council.
- ☐ If approved, the Membership Clerk posts a Notice of the approved Band Membership application for 30 days.
- ☐ The Membership Clerk notifies the person in writing of the status of Band Membership application.
- ☐ The Membership Clerk updates the Whitecap Band list accordingly.

#### **DEFINITION OF AN “AFFILIATE”:**

When an individual is affiliated with a Band, it means that the individual is a registered Indian in the IRS (Indian Registry System) with that band and is eligible for benefits including certain non-insured health benefits, the possibility of post-secondary education assistance and exemption from certain federal and provincial taxes. Only that band can grant an individual Membership and access to benefits such as: the right to reside on-reserve; housing on-reserve; voting privileges within the band; and the right to involvement in Community affairs, etc., depending on that Band's Code.

**★ Band Membership Application is available at the Whitecap Government (Band) Office, Health Centre, Elementary School or Housing & Public Works office ★**

**If you have any questions, please contact the WDFN Membership Clerk (Sheila) at 306-477-0908 or [scaisse@whitecapdakota.com](mailto:scaisse@whitecapdakota.com)**

*Remember to update the WDFN Membership Clerk if you move.  
The Membership Clerk will correspond to the latest address on file.*



## Join our Facebook Group!

### Whitecap Dakota Self-Governance Group



This group was created specifically for Whitecap Dakota First Nation Members and Community Members. The purpose of this group is to engage by sharing information and consulting with members to have those critical conversations about the self government processes.

1. Self Government Negotiations
2. WDFN Constitution
3. WDFN Governance Code
4. Final Self Government Agreement



**\*This group is private and exclusive to Registered Band Members only.** Feel free to invite other band members to join!

For those members not on social media, please email [engage@whitecapdakota.com](mailto:engage@whitecapdakota.com) for more information on Self-Governance.

Scan the QR to Join OR:







1. Like the Whitecap Dakota Government FB Page
2. From the Whitecap Dakota Government Page, Click on the "Whitecap Dakota Self Governance Agreement Group"
3. Click "JOIN"
4. You will then be prompted to answer membership questions. Submit your responses and await approval!





### WDFN Self-Government- Helpful Links

Scan the following QR Codes using your mobile device or tablet to view the following:

<p>View the WDFN Website/Self-Government Webpage:</p> 	
<p>Read the Whitecap Constitution Consultation Draft:</p> 	
<p>Watch our latest videos, Whitecap Dakota Self-Government: "Building on Our Past, Creating Our Future" Video Series:</p> 	

# Free Tax Clinics

Get your benefits and credits



If you have a modest income and a simple tax situation, volunteers can do your tax return for you!

**Where:** Whitecap Business Centre

**When:** March 11th, 14th, 25th and 28th, 2023



T1550S(E) Rev. 18

Go to [canada.ca/taxes-help](https://canada.ca/taxes-help) or call **1-800-959-8281** for more information.

Volunteers are not employees of the Canada Revenue Agency

**Please contact Band Office reception at (306) 477 – 0908 to book an appointment with one of the Whitecap Volunteers.**

**Clinics will be held on Saturday's beginning at 9:00am and Tuesday evenings beginning at 4:30pm at the Whitecap Business Centre. Dates are listed above.**

**Ensure to bring ALL tax slips to scheduled appointment.**

**On-Reserve Elder's (55+) may also be contacted directly by reception to schedule an appointment.**

For any further questions, contact: Tracey Lafond at (306) 370-1079 or Lori Buffalo-Delaronde at (639) 317-7091



## WHITECAP HOUSING & PUBLIC WORKS

# Online Banking

Whitecap Dakota First Nation accepts  
rent payments through Online Banking.

### Online Payment ➤ Fast, Simple, Convenient

1. The easiest and **preferred method** for rent payments is by online banking. Simply add Whitecap Dakota First Nation as a Payee. All you need is your Customer Number, which can be obtained by calling Whitecap Housing and Public Works: 306-477-2013.
2. Schedule your payments in advance or set up as a recurring payment.
3. Pay rent or damage deposit any time through your RBC, BMO, TD, CIBC, Scotiabank, Affinity Credit Union or Conexus Credit Union, online banking from any personal computer or smart phone app – **day or night, 24/7**. Recently added Peace Hills Trust, TCU Financial group and, Accent Credit Union to the list.
4. This saves you time, paperwork and leg-work.
5. Your bank not listed below? No problem, we can get your bank added to the list. Please call the Whitecap Finance staff to request it be added.





## Whitecap Dakota First Nation

182 Chief Whitecap Trail, Whitecap SK S7K 2L2

Phone (306) 477-0908 • Fax (306) 374-5899

Website: [www.whitecapdakota.com](http://www.whitecapdakota.com)

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# Memorandum

**To:** ALL Whitecap Dakota Community Tenants  
**CC:** WDFN Council  
Warren Buffalo, General Manager  
**From:** Terry Parenteau, Director WDFN Housing & Public Works  
**Date:** November 29, 2022  
**Re:** **Maintenance Calls**

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Please be advised that we are requesting all tenants take the following actions prior to making a maintenance call to the Housing & Public Works.

All housing units have received a Basic Home Maintenance Manual. Within the manual holds valuable housing maintenance tips. Such as replacing your furnace filter, plunging your toilet, sinks and tubs along with many other valuable maintenance guides.

1. When a maintenance repair arises please refer to your Basic Home Maintenance Manual and follow the procedure listed in the manual.
2. Should you fail to rectify the maintenance repair issue please call Housing & Public Works 306-477-2013 and we will try to assist you over the phone.
3. If maintenance repair attempts are unsuccessful, H&PW will then place a call to a Professional Service Technician.

If you have placed a maintenance call and a Service Technician has not arrived to your home within 24 hours please call H&PW and we will follow up. **DO Not** Contact the Contractor yourself unless you are willing to be **liable for the bill**.

Please do not disrupt Housing & Public Works while they are working in the community. They are extremely busy and are not authorized to change their schedule. Keep in mind it is not anyone other than the tenants' responsibility to report your housing issue.

Thank you for your immediate attention and cooperation in this matter.



## Whitecap Dakota First Nation

182 Chief Whitecap Trail, Whitecap SK S7K 2L2

Phone (306) 477-0908 • Fax (306) 374-5899

Website: [www.whitecapdakota.com](http://www.whitecapdakota.com)

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# Memorandum

**To:** All WDFN Community Tenants  
**From:** Terry Parenteau, Director Housing & Public Works  
**Cc:** Warren Buffalo, General Manager  
**Date:** November 29, 2022  
**Re:** **Furnace Maintenance**

---

Please be reminded that it is the tenant's responsibility to maintain the upkeep of the furnace, 9/10 winter furnace service calls are due to a clogged filter. If the furnace service call confirms that the furnace filter is clogged the tenant **will be held responsible** for the cost.

All Housing Units have been provided with a Basic Home Maintenance Tenant Hand Book, page 23 – 26 contains helpful tips on Furnace Maintenance:

### Once a Month

Change or clean filters during the heating months.

**As a reminder when the seasons change, change the furnace filter but check often.**

To determine how dirty the filters are, hold them up to a light source. If you can easily see light through them, then they are still deemed clean enough to use. Vacuum out return air grilles.

Unusual noises produced by the furnace should be cause for concern.

If airflow from your heat register decrease or seems cooler, chances are the furnace filter is clogged and must be replaced.

### Benefits of Furnace Maintenance:

- Helps to increase equipment life
- Restores lost capacity
- Prevents breakdown
- Reduces utility costs
- Prevents unnecessary repair costs

Standard Furnace Filters are 16 x 25 and may be purchased at Home Depot, Canadian Tire and Walmart at affordable prices.

This winter ensure warmth and change your furnace filter.





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---

# Memorandum

**To:** WDFN Tenants  
**From:** Terry Parenteau, Director WDFN Housing & Public Works  
**cc:** Warren Buffalo, General Manager  
**Date:** November 29, 2022  
**Re:** **Tenant Responsibility to Remove Snow and Ice**

---

This notice is to remind WDFN Tenants of their responsibility to remove snow and ice from driveways, walkways and steps. We suggest that each home have a shovel and ice melting salt on hand to clear driveways, walkways and steps as needed.

Keeping your driveway, walkway and steps clear of snow and ice will help prevent slips and falls for the occupants of the dwelling as well as any delivery persons.

Start removing the snow when the ground is lightly covered and keep clearing it often. Doing this greatly reduces the accumulation of heavy, packed snow.

If your dwelling has excessive buildup of snow or ice on walkways and or steps, delivery of items to the dwelling may be affected.

**Elder units are the only** units that are entitled to have their driveway, walkway and steps cleared of snow.

Please feel free to contact me at 306-477-2013 should you have any questions concerns pertaining to this matter.



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# Memorandum

**To:** WDFN Community Dog Owners  
**From:** Terry Parenteau, Director Housing & Public Works  
**cc:** Warren Buffalo, General Manager  
**Date:** January 5, 2023  
**Re:** *Dogs Running at Large*

---

Within the last few months, WDFN Housing & Public Works has received an increased number of complaints of dogs running at large and, in some cases, acting aggressive towards people especially children. Due to this, WDFN Housing & Public works is taking a serious stance on owner(s) allowing their dog(s) to run at large.

A dog is running at large when it is beyond the boundaries of the land occupied by the owner of the dog, or beyond the boundaries of any lands where it may be with the permission of the owner or occupant of the said land when it is not under control by being:

1. In direct and continuous charge of a person competent to control it;
2. Securely confined within an enclosure; and
3. Securely fastened so that it cannot roam at will.

Please be advised that WDFN H&PW will take necessary steps to remove any dog(s) running at large in the community.

Respectfully

Terry Parenteau,  
Director of Housing & Public Works



## Whitecap Dakota First Nation

182 Chief Whitecap Trail, Whitecap SK S7K 2L2  
Phone (306) 477-0908 • Fax (306) 374-5899  
Website: [www.whitecapdakota.com](http://www.whitecapdakota.com)

---

# Memorandum

**To:** All WDFN Community Tenants  
**From:** Terry Parenteau, Housing & Public Works Director  
**c.c.:** WDFN Council  
Warren Buffalo, CEO  
**Date:** January 4<sup>th</sup> 2023  
**Re:** **Garbage and Recycle Collection Schedule**

---

Loraas has made some changes to the pickup schedules for Recycle Collection.

Recycle Collection will be executed every second Monday starting January 16<sup>th</sup> 2023 which will greatly improve all facets of the operations including reliability as Loraas' routing will become much more efficient.

Waste Collection will not change and will still be every second Friday, waste will be collected on January 13<sup>th</sup> 2023.

Loraas is confident this will definitely be much more beneficial for WDFN Community.





## Whitecap Dakota First Nation

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Phone (306) 477-0908 • Fax (306) 374-5899

Website: [www.whitecapdakota.com](http://www.whitecapdakota.com)

# Memorandum

**To:** All WDFN Community Tenants  
**From:** Terry Parenteau, Director, WDFN Housing & Public Works  
**c.c.:** WDFN Council  
Warren Buffalo, General Manager  
**Date:** January 4<sup>th</sup> 2023  
**Re:** **Loraas Disposal Garbage Bins and Recyclable Bins**

Please keep in mind when discarding your garbage and recyclables.

1. Collection equipment requires clear, safe access to your container on collection day to ensure service.
2. Containers with inappropriate materials, overweight or over height could be bypassed by collection personnel.
3. Garbage bags should not be stacked on top of or beside the garbage bin. The garbage bin must be able to close. Cardboard boxes/material do not belong in the garbage bins but rather the blue recycle bins.

The Grey garbage bins are clearly marked **"DO NOT OVERFILL"**

The Blue Recyclable bins are clearly marked **"Recyclable Products"**

Below are illustrations of what to do AND what not to do on garbage day.



**ACCEPTABLE**



**UNACCEPTABLE**



(306) 242-2300 | 805 – 47th Street East Saskatoon, SK S7K 8G7 | [customercare@loraas.ca](mailto:customercare@loraas.ca) | [loraas.ca](http://loraas.ca)

## WHITECAP- 2023 COLLECTION SCHEDULE

THANK YOU FOR HELPING US KEEP OUR ENVIRONMENT CLEAN!

- Ensure your cart is rolled out by 7 a.m. on your designated collection day.
- Collection equipment requires clear, safe access to your cart.
- Do not place your container within 4 feet of buildings, vehicles, overhead and underground utilities.
- We are not responsible for any damage resulting from service provision.
- Containers with inappropriate materials, overweight or overloaded will be bypassed by collection personnel.
- Should your scheduled collection day fall on a statutory holiday, please be advised service will continue as normal.
- If you scheduled collection day falls on either Christmas or New Years Day, collection will occur on the following Saturday.

■ RECYCLE PICK UP DAY

■ GARBAGE PICK UP DAY

2023

JANUARY							FEBRUARY							MARCH							APRIL						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
1	2	3	4	5	6	7	29	30	31	1	2	3	4	28	27	28	1	2	3	4	26	27	28	29	30	31	1
8	9	10	11	12	13	14	5	6	7	8	9	10	11	5	6	7	8	9	10	11	2	3	4	5	6	7	8
15	16	17	18	19	20	21	12	13	14	15	16	17	18	12	13	14	15	16	17	18	9	10	11	12	13	14	15
22	23	24	25	26	27	28	19	20	21	22	23	24	25	19	20	21	22	23	24	25	16	17	18	19	20	21	22
29	30	31	1	2	3	4	26	27	28	1	2	3	4	26	27	28	29	30	31	1	23	24	25	26	27	28	29
5	6	7	8	9	10	11	5	6	7	8	9	10	11	2	3	4	5	6	7	8	30	1	2	3	4	5	6

MAY							JUNE							JULY							AUGUST						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
30	1	2	3	4	5	6	28	29	30	31	1	2	3	25	26	27	28	29	30	1	30	31	1	2	3	4	5
7	8	9	10	11	12	13	4	5	6	7	8	9	10	2	3	4	5	6	7	8	6	7	8	9	10	11	12
14	15	16	17	18	19	20	11	12	13	14	15	16	17	9	10	11	12	13	14	15	13	14	15	16	17	18	19
21	22	23	24	25	26	27	18	19	20	21	22	23	24	16	17	18	19	20	21	22	20	21	22	23	24	25	26
28	29	30	31	1	2	3	25	26	27	28	29	30	1	23	24	25	26	27	28	29	27	28	29	30	31	1	2
4	5	6	7	8	9	10	2	3	4	5	6	7	8	30	31	1	2	3	4	5	3	4	5	6	7	8	9

SEPTEMBER							OCTOBER							NOVEMBER							DECEMBER						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
27	28	29	30	31	1	2	1	2	3	4	5	6	7	29	30	31	1	2	3	4	28	27	28	29	30	31	1
3	4	5	6	7	8	9	8	9	10	11	12	13	14	5	6	7	8	9	10	11	3	4	5	6	7	8	9
10	11	12	13	14	15	16	15	16	17	18	19	20	21	12	13	14	15	16	17	18	10	11	12	13	14	15	16
17	18	19	20	21	22	23	22	23	24	25	26	27	28	19	20	21	22	23	24	25	17	18	19	20	21	22	23
24	25	26	27	28	29	30	29	30	31	1	2	3	4	26	27	28	29	30	1	2	24	25	26	27	28	29	30
1	2	3	4	5	6	7	5	6	7	8	9	10	11	3	4	5	6	7	8	9	31	1	2	3	4	5	6

**ADVERTISEMENTS, ANNOUNCEMENTS & NOTICES**

## **Hunting on Whitecap Dakota Lands**

As per a Whitecap community meeting motion, WDFN has requested that Saskatchewan Conservation Officers patrol Whitecap Reserve Lands for unauthorized hunters.

- **If you are a WDFN Member and hold a status card you may hunt as per usual.** *Remember it is necessary to carry your status card while you are out hunting.*
- **Non-WDFN members with a status card need a written permission slip from the Band and their status card while hunting.**
- **Non-status individuals must have a valid hunting license and a written permission slip from the Band.**

If you have any questions or concerns please contact the Band Office.

**Turn in Poachers or Unauthorized Hunters at:**

**TURN IN POACHERS  
24 HOURS – TOLL FREE  
1-800-667-7561  
SASKTEL CELL - #5555**

Thank you for your understanding.



The Chief and Council of the Whitecap Dakota First Nation and its Members, would like to thank the Dakota Dunes Community Development Corporation (DDCDC) for their contributions to the following Community Events/ Projects:

- Buffalo Berry Playground Fence
- Zoom Boom
- Sander Project
- CSO Vehicles
- 616 HCP
- Boundary Road
- Wheelchair conversion



We look forward to another successful year in the name of community investment and partnership



## WDFN On-Reserve Subsidy Programs 2022-23

The Whitecap Dakota First Nation has the following On-Reserve Subsidy Programs available to eligible Band members or Community members. These programs sheets can be downloaded from the WDFN website under the “Our Community” section under “On-Reserve Subsidy Programs”. These forms are in fillable format. Click this link:

<https://www.whitecapdakota.com/en/our-community/on-reserve-subsidy-programs.aspx>

You may also contact the department office responsible for administering these programs for a copy be sent to you.

Each Subsidy Program contains a description of what is available to apply for, the Eligibility criteria, the Approval Process, Contact Information, and an Application Form.

- **WDFN On-Reserve 50/50 Agriculture Projects Assistance Program**
  - Chief Executive Officer (CEO)
- **WDFN On-Reserve 50/50 Home Improvement Program**
  - CEO
- **WDFN On-Reserve Children’s School Supplies Program**
  - Community School Coordinator
- **WDFN On-Reserve DDGL Golf Season Pass Subsidy Program**
  - CEO
- **WDFN On-Reserve Market Rent Subsidy Program**
  - Director, Housing & Public Works
- **WDFN On-Reserve Minor Sports and Fine Arts Fees Program**
  - CEO
- **WDFN On-Reserve Private Home Ownership Program**
  - Director, Housing & Public Works
- **WDFN On-Reserve Rent Subsidy and Computer Grant for Skills and Trades Apprenticeship Program**
  - Director, Housing & Public Works
- **WDFN On-Reserve Seniors Housing Subsidy Program**
  - Director, Housing & Public Works
- **WDFN On-Reserve Seniors Tax Return Service Program**
  - Director, Economic Development & Lands



# FITNESS CENTRE PROTOCOL HOURS

Door  
Code  
Required  
for Entry!

## 6:00 AM to 10:00 PM DAILY

1. **EFFECTIVE SEPTEMBER 9, 2022 @ 4:30 PM.**  
In the interest of community safety, the Fitness Centre door will be locked 24-7, 365 and all users must enter a code to gain access. → See page 2\*
2. **ENTER AT YOUR OWN RISK.** All users acknowledge, by your use of this facility, that such use is at your sole risk, and that you shall be liable for and shall indemnify the Whitecap Dakota First Nation against any and all claims, actions, liabilities, losses, damages, or expenses relating to your use of this facility.
3. **MUST BE 16+ YEARS OF AGE**
4. **MUST BE A WHITECAP COMMUNITY OR STAFF MEMBER**
5. **MASKING IS OPTIONAL**
6. **LOG-IN AND LOG-OUT.** Enter your name, time entered, and time exited in the logbook in the entrance.

### SAFETY RULES:

- If you are experiencing mild, cold-like symptoms including cough, sore throat, and sneezing, without fever, please refrain from entering our buildings.
- No children under 16 years of age allowed in the Fitness Centre
- Pay attention to the safety posters in the Fitness Centre

### Security Notice:

- This facility is monitored inside and out by security cameras
- The security alarms are set to automatically disarm shortly before 6am and to arm shortly after 10pm. If you remain in the gym past the scheduled close time, an alarm is generated, and authorities are notified. **Please exit the gym promptly at 10 pm so as not to set off false alarms.**

If you have any questions or concerns, please contact the  
Whitecap Band Office during business hours:  
8:00am-4:30 pm Monday-Friday: (306) 477-0908



## **FITNESS CENTRE ACCESS CODE PROCEDURE**

### **EFFECTIVE SEPTEMBER 9, 2022 @ 8:00 AM**

Fitness Centre users will contact either of the following staff for the community code and during business hours only of 8:00AM to 4:30 PM:

**Desmond Joyea, Youth & Community Program Assistant**

**306-492-0930      or by email: [djoyea@whitecapdakota.com](mailto:djoyea@whitecapdakota.com)**

**or**

**Jordanna Johnson, Youth & Community Program Coordinator**

**306-469-0093      or by email: [jjohnson@whitecapdakota.com](mailto:jjohnson@whitecapdakota.com)**

### **EFFECTIVE OCTOBER 11, 2022 @ 4:30 PM**

Fitness Centre users must sign up for the *Whitecap App* prior to October 11<sup>th</sup> as this will be the only way we will communicate code changes.

Fitness Centre users must fill out the membership form so that we can add you to the “Fitness Centre Group”.

The community code will be changed every 2 weeks on Mondays (Tuesdays if Monday falls on a Stat holiday) and a notification will be sent to you via the App.

***In the interest of Community Safety, please do not share the community access code to any person who is not a Whitecap Band member or community member.***

***Thank you for your understanding.***

***Pidamaya***

If you have any questions or concerns, please contact the  
Whitecap Band Office during business hours:  
8:00am-4:30 pm Monday-Friday: (306) 477-0908



# Feast & Kahomni March 17, 2023

**Affinity**  
Credit Union

Please  
remember to  
bring your  
feast  
containers!

Traditional Feast: 4:00 pm  
Kahomni: 6:00 pm-Midnight  
Evening Feed: 9:00 pm

**Dance Specials**

**Dakota Dunes Resort, Tatanka Tipi Room**

Invited Drums:

Dakota Juniors

Wooden Face

Elks Whistle

Dakota Travels

**Whitecap Dakota First Nation**

Eyahpaha: Harold Blacksmith  
& Clayton Waditaka

Stickmen: Terrence Bigstone

Info: [events@whitecapdakota.com](mailto:events@whitecapdakota.com)

This is a drug/alcohol free event  
We are not responsible for lost or stolen items



## **Does Your Family Have A 72-Hour Emergency Kit?**

### **“What is a 72- Hour Emergency Kit and why do I need one”?**

Many people ask the question, “What is an emergency kit?” Simply put, a 72-hour emergency kit (for blizzards, tornadoes, power outage, wildland fires or other occurrence) is a collection of basic items your family will need to survive in the event of an emergency.

Being aware that you and your family may need to survive on your own after a major power outage or disaster situation occurs, means having your own emergency food, water and other important supplies on hand in sufficient quantities to sustain yourself and your family for at least 72 hours.

Local officials and relief workers will be on the scene when possible after a disaster, but they cannot reach everyone immediately. You could receive help in hours—or it may take days or longer. Additionally, basic services such as electricity, gas, water, sewage treatment and telephones may be cut off for days, or even a week or more. Your emergency supplies kit should include plenty of survival essentials to help you manage during these outages.

### **Why Emergency Kits are Important?**

Emergency survival kits have been used for centuries to protect people from natural disasters. Most people use emergency kits in natural disasters to keep them safe; however, there are also people who do not use kits because they do not think that they will ever need one because they have never experienced a natural disaster. 72-hour kits are important in any natural disaster because they keep you safe, are essential for staying prepared and fighting off stress, and could mean the difference between life and death in an emergency situation.

**MAKE A PLAN TODAY.** Your family may not be together if a disaster strikes, so it is important to know which types of disasters could affect your area. Know how you'll contact one another and reconnect if separated. Establish a family meeting place that's familiar and easy to find.

Since you do not know where you will be when an emergency occurs, prepare supplies for home, work and vehicles.

**Home:** Keep this kit in a designated place and have it ready in case you have to leave your home quickly. Make sure all family members know where the kit is kept.

**Work/school:** Be prepared to shelter at work or school for at least 24 hours. Your kit should include food, water, and other necessities like medicines, stored in a “grab and go” case (backpack).

**Vehicle:** In case you are stranded, keep a kit of emergency supplies in your car, and add items for winter driving as needed.

Emergency planning experts at WDFN are encouraging you to assemble your kit well in advance of an emergency. You may have to evacuate at a moment's notice and take essentials with you. You will probably not have time to search for the disaster supplies you require, at a time when you most need them. Emergency preparedness provides peace of mind and safety for yourself and your loved ones, and ensures that essential survival supplies will be on hand and ready-to-grab when you most need them! Now is the ideal time to make sure your emergency supplies kit is in place and up to date.

## **WDFN EMERGENCY MANAGEMENT**



Use this suggested checklist to stock a basic 72-hour kit and add items depending on your family's needs. Ideally, your kit should be stored in a waterproof and wheeled container. You may have to stay in your home without electricity or water, or you may have to evacuate your home for a period of time. Building a 72-hour emergency kit includes everything your family needs for a 3-day camping trip, at home.

### **A Communication Plan**

How will you get in touch? Who are you out of area contacts that family members can contact during an emergency?

### **List of Emergency Numbers**

Police, Fire, family doctor, family/friends who can help in a crisis.

### **Food and water**

- ☐ Four litres of drinking water per person per day.
- ☐ Food (non-perishable and easy to prepare items).

### **Equipment**

- ☐ Manual can opener.
- ☐ Flashlight (wind-up/battery-operated), batteries
- ☐ Wind-up/battery-powered radio.
- ☐ Solar charger for phones.
- ☐ Candles, lighter, waterproof matches.
- ☐ Pens, sharpie, and paper.
- ☐ Duct tape
- ☐ Paracord, fishing line or rope, tarp, work gloves.
- ☐ Pocket knife, pocket camping saw.
- ☐ Cooking pot, folding backpack stove and eating utensils.
- ☐ Warm clothes, shoes.
- ☐ Blankets or sleeping bags, mylar blankets.
- ☐ Garbage bags, Ziplock bags
- ☐ Whistle and/or flares.
- ☐ Extra batteries.
- ☐ Playing cards, travel games and other activities for children.

### **Special needs items**

- ☐ Infant needs (diapers, formula, bottles).
- ☐ Prescription medicines.
- ☐ Extra prescription glasses or contact lenses.
- ☐ Pet items (food, leash, muzzle, medication, etc.).

### **Toiletries**

- ☐ Cleaning supplies (hand sanitizer, shampoo).
- ☐ First aid kit.
- ☐ Toilet paper.
- ☐ Dish soap.
- ☐ Feminine supplies.
- ☐ Toothbrush, toothpaste.
- ☐ Hair elastics.
- ☐ Brush/comb.
- ☐ Deodorant.
- ☐ Wash cloth.
- ☐ Medicine, pain relief.
- ☐ Sunscreen.
- ☐ Bug spray.

### **Personal documents and items**

- ☐ A list of your emergency contacts (names and contact numbers).
- ☐ An extra set of house and car keys.
- ☐ Some cash in smaller bills.
- ☐ Copies of important documents like passports, birth certificates and insurance policies, driver's license.
- ☐ Photos of family members and pets (write the age, weight, height, name and other characteristics on the back)
- ☐ Printed procedures to shut off home utilities (water, electricity, gas)

### **Additional Items for winter and car**

- ☐ Shovel, ice melt or cat litter.
- ☐ Winter boots.
- ☐ Sleeping bags, blankets.
- ☐ Warm winter clothing.
- ☐ Hand and foot warmers, HotHands.

**KNOW THE RISKS, MAKE A PLAN AND BE PREPARED. YOUR 72 HOUR KIT HOLDS SUPPLIES TO SUPPORT YOU AND YOUR FAMILY FOR 3 DAYS. HAVING THE RIGHT EQUIPMENT MEANS THAT YOU AND YOUR LOVED ONES WILL BE TAKEN CARE OF AND YOU CAN SURVIVE UNTIL HELP ARRIVES.**

## **WDFN EMERGENCY MANAGEMENT**



## Whitecap Sports Centre Booking Policy for Whitecap Band Members

(Revised May 24, 2022)

1. This booking policy is for Whitecap Dakota First Nation (WDFN) Band Members only.
2. Bookings are for family-oriented gatherings for up to 15 people.
3. Covid-19 safety protocols remain in place: *optional* masking, social distancing, and hand-sanitizing.
4. Band Members must contact the Housing & Public Works Housing Clerk to provide details of event: 306-477-2013
5. The Housing Clerk checks on availability and then relays the request to the Director, HPW for approval. Once approved, the Housing Clerk proceeds with the following:
  - a. Arranges for a Facility Usage Agreement (FUA) to be signed by the Director, HPW and the Band Member.
  - b. Collects the non-refundable \$50 cleaning fee from the Band Member and issues a receipt and a copy of the FUA.
  - c. Books the WDFN after-hours security person to open/close the sports centre and to perform inspections of the facility before and after the event.

### **Booking Conditions:**

- Band Member is responsible for any missing WDFN property and/or damages to the sports centre and agrees to reimburse WDFN for replacement/repair costs.
- The use of the sports centre *does not include* use of the kitchen cooking equipment.
- The refrigerator is available to store food and beverages.
- No alcohol allowed in the Sports Centre.
- Band Members must bring their food already prepared and bring their own supplies; such as disposable plates, cutlery, and coffee/tea and condiments.
- There is a coffee maker and tea kettle available for use.

### **Note:**

This booking policy *does not* apply to bookings for the outdoor areas of the sports grounds i.e.) the Dakota Gardens or Sports Centre patio. Please refer to that separate policy for the booking protocol.



## Whitecap Sports Grounds Booking Policy for Whitecap Band Members

(Effective May 1, 2022)

1. This booking policy is for Whitecap Dakota First Nation (WDFN) Band Members only.
2. This booking policy applies to the Dakota Gardens or the Sports Centre Patio or a combination of these areas and *does not include* use of the Sports Centre washrooms.
3. Band Members must contact the Housing & Public Works Housing Clerk to provide details of event: 306-477-2013
4. The Housing Clerk checks on availability and then relays the request to the Director, HPW for approval. Once approved, the Housing Clerk proceeds with the following:
  - a. Arranges for a Facility Usage Agreement (FUA) to be signed by the Director, HPW and the Band Member.
  - b. Collects the \$150.00 damage deposit fee from the Band Member and issues a receipt and a copy of the FUA.
  - c. Books the WDFN after-hours security person to open/close the gate to the sports grounds and to perform inspections of the outdoor area(s) before and after the event.
  - d. Within (3) three business days, arranges for a refund of damage deposit to the Band Member provided that the area(s) are left in a clean state, there are no damages and there is no missing WDFN property. Deductions will be made accordingly based on the inspection report.

### **Booking Conditions:**

- Band member is responsible for any damages to the sports grounds and agrees to reimburse WDFN for repair costs that exceed the amount of the damage deposit.
- The use of the sports grounds *does not include* the use of the Sports Centre washrooms. Band member must arrange for and cover their expense for the rental of outdoor portable toilets for their event.
- For events involving the serving of alcohol, the Band member must purchase a liquor license and liability insurance and provide security staff.

### **Note:**

This booking policy *does not* apply to bookings for the Sports Centre. Please refer to that separate policy for the booking protocol.





**Charles Red Hawk Elementary School (CRHES)  
Gym Rental Policy  
for Whitecap Band Members  
(Effective July 7, 2022)**

1. This rental policy is for WDFN Band Members only.
2. Band Members must contact the CRHES Community School Coordinator (CSC) / Administrative Assistant (AA)\*\* to provide details of event.

*\*\* During the summer months of July and August, contact the Administrative Assistant, Support Services at the Band Office.*

3. The CRHES CSC/AA makes inquiry with the School Principal and the Youth & Community Program Coordinator on availability of gym and then relays the request to the CEO for approval. Once approval granted, the CRHES CSC/AA proceeds with the following:
  - a. Arranges for a Facility Usage Agreement (FUA) to be signed by the CEO and the Renter.
  - b. Collects the rental fee of \$150.00 from the Renter and issues a receipt and a copy of the FUA.
  - c. Books the WDFN after-hours security person to open/close the gym and to perform inspection of the facility after the event.
  - d. Within (3) three business days, arranges for a \$100.00 refund to the Renter if the facility is left in a clean state, there are no damages and there is no missing CRHES property.

**Notes:**

- The use of the CRHES Gym does not include the use of the Kitchen unless the event is for a wake/funeral or a feast;
- All gym bookings will follow standard Covid-19 safety protocols with optional masking and hand sanitizing.
- Maximum number of guests is 60 people.
- Meal must be served in individually pre-packaged meals; no open buffet style meals permitted.

**Bookings for Funeral/Feast Protocol:**

- The WDFN will not charge a rental fee if the event is for a wake/funeral.
- The WDFN will charge a rental fee of \$150 if the event is for a private, family feast.



## Booking Policy for Other Whitecap Indoor Facilities (As of July 7, 2022)

Please be advised that the following indoor facilities *are not available* for bookings for private events by Whitecap Band Members:

- **Fire Hall:** no longer available for bookings as it has been converted into office space.
- **Elders Centre:** not available for bookings as is dedicated to programs for Elders and certain health programming by Whitecap staff.
- **Cover-All** (at sports grounds): not available for bookings until further notice.

Note:

Please refer to the notices regarding the booking policies for the Sports Centre, the Sports Grounds and the CRHES gym.

# NOTICE

Please be advised of some recent changes to the operations at the Waste Transfer Station:

- Effective immediately, waste will be tracked and monitored by the Waste Transfer Attendant.
- Accepted waste includes:
  - Solid waste (sorted and bagged)
  - Organic waste (grass clippings, leaves, garden material, etc.)
  - Scrap metals
  - Recyclable materials
  - Wood
  - Electronics (computers, tv, etc.)
  - Used appliances (fridges, stoves)
  - Tires
  - Construction and demolition materials (shingles, bricks, cement, siding, etc.)
  - Propane tanks
- Hazardous accepted materials include:
  - Used oil and used oil filters
  - Automotive batteries
  - Used paint and stain
- When dropping off any lawn mowers or other items that may contain fuel or oil, it will be the individual's responsibility to drain any and all fluids prior to disposal at the site. The site attendant can restrict what is accepted at the transfer station.
- The facility is available for access Monday to Friday, 8:00AM – 4:30PM by appointment only. Gates will be locked at all times when unsupervised. To access the site, contact the WDFN Public Works office at (306) 477 – 2013.
- WDFN Community will be notified when the site will be open and available for use without appointment via the community newsletter, the Whitecap mobile app, and/or the WDFN website.



# **NOTICE**

Be advised that hunting  
and fishing on the  
Dakota Dunes Golf  
Course is strictly  
prohibited.

# **REMINDER**

## **Whitecap Dakota First Nation** **Community Curfew**

All persons, 12 years of age and under are required to be off Community streets and Community property between 8 P.M. and 7 A.M. unless accompanied by a parent or guardian.

All persons, between the ages of 13 and 17 are required to be off Community streets and Community property between 11 P.M. and 7 A.M. unless accompanied by a parent or guardian.



# Reminder for ATV/Snowmobile Users!

- Please be respectful of peoples property
    - Stay in ditches and trails
  - Follow all safety rules: helmets, etc.
    - Respect time of day
- (ATV's are loud, be considerate of neighbors)
- Children under the age of 16 should not be operating an ATV
  - Be cautious of children playing and pedestrians

**Have Fun and Be Safe!**