



Witehi Wi

The Midwinter Moon

January 2023

WAPAHA SKA



DAKOTA WOTANIN

DAKOTA WOTANIN

Witehi Wi

- January 2023

Wapaha Ska Dakota Wotanin

Will be posted to the website during the first week of the month

REMINDER:

THE NEXT WAPAHA SKA
DAKOTA WOTANIN
SUBMISSION DEADLINE IS:
Tuesday February 28th, 2023 @
4:30 PM

Forward Submissions to:

receptionbo@whitecapdakota.com

Or call 306-477-0908

Thank you.

WHITECAP DAKOTA FIRST NATION

182 CHIEF WHITECAP TRAIL

WHITECAP, SK S7K 2L2

TELEPHONE: 306-477-0908

FAX: 306-374-5899

www.whitecapdakota.com

INSIDE THIS ISSUE:

Table of Contents	2
Emergency Contact Numbers	3-4
Community Safety Officer Program	5-6
Upcoming Meetings	7
Whitecap Council Portfolios, Boards	8
Committees	9
Whitecap Health Centre	10-27
Charles Red Hawk Elementary	28
Whitecap Early Learning Centre	29
Whitecap IRA	30-36
Whitecap Membership Code	37
Whitecap Self Government	38-39
Whitecap Business Centre	-
Whitecap Housing & Public Works	40-47
Whitecap Memorandum	-
Whitecap Advertisements & Notices	48-72
Whitecap Office Closure	-
Miscellaneous	-

NEXT ISSUE:

FIRST WEEK OF February 2023

WHITECAP EMERGENCY DIRECTORY

FIRE EMERGENCY

Major Fire: 911
 Rural Saskatoon Fire Dispatch:
 306-975-3030
 Minor Fire: Contact Fire Chief
 ARNOLD STONE:
 306-290-2760 (Cell)

POLICING SERVICES

Contact: 911
 Complaints & Inquires:
 306-975-5145

MEDICAL EMERGENCY

Contact MD Ambulance Dispatch:
 911

OUTAGE/NATURAL GAS REPORTING

SaskPower Outage Reporting:
 306-310-2220
 SaskEnergy Natural Gas Emergency
 & Safety:
 1-888-700-0427

MEDICAL TRANSPORTATION

Medical Taxi: 306-373-4600
 Weekdays Only: 8:00am—4:30pm

 After Hours: 911
 MD Ambulance Services

Poachers (TIP) Program

24 hours: 1-800-667-7561
 SaskTel Cell: 55555

SELF HELP

& OTHER

Saskatchewan Crime Stoppers:
 1-800-222-TIPS (8477)

Suicide Crisis Line: 306-933-6200

Kids Help Line/Suicide Hotline:
 1-800-668-6868

STC Well-Being Services
Child Neglect/Protection Concerns:
 1-866-871-4237
 Toll Free: 1-844-956-5668

Domestic Abuse Crisis Line:
 1-888-338-0880

Sexual Assault Crisis Line: 306-244-2224

Poison Control Center: 1-866-454-1212

Problem Gambling: 1-800-306-6789

Health Line: 1-877-800-0002
 The Health Line is a group of Health Nurses that will determine if your health condition requires immediate medical attention. This service is available 24 hours a day. All calls are confidential.

Whitecap Security Team

Telephone: 306-477-0082
 Cell: 306-281-7543 or 306-281-4868

WHITECAP DAKOTA FIRST NATION EMERGENCY CONTACT LIST	
CRISIS RESPONSE	
AMBULANCE	911
RCMP	306-975-5145
Saskatoon Mobile Crisis	306-933-6200
SUICIDE PREVENTION	
Whitecap Dakota FN Health Centre	306-373-4600
24/7 Hotline	1-833-456-4566
KIDS HELP LINE	1-800-668-6868
DOMESTIC VIOLENCE	
HOTLINE	1-888-338-0880
Interval House	306-244-0185
Salvation Army Support	306-242-6833
CHILD PROTECTION	
STC Well-Being Services	1-866-871-4237 or 1-844-956-5668
Saskatoon and Rural	306-933-6077
After Hours- Mobile Crisis Services	306-933-6200
Saskatchewan Advocate for Children & Youth	306-933-6700 or 1-800-322-7221
POLICE	
RCMP	306-975-5145
Saskatoon City Police, Non-Emergency Line	306-975-8300
PARAMEDIC EMERGENCY MEDICAL SERVICES	911
HOSPITAL EMERGENCY SERVICES	
Royal University Hospital	306-655-1368
St. Paul's Hospital	306-655-5113
City Hospital	306-655-8230
Whitecap Dakota First Nation Health Centre	306-373-4600
EMERGENCY SHELTERS	
YWCA, Women's Shelter	306-244-2844
Salvation Army, Men's Shelter	306-244-6280
RAPE/SEXUAL ASSAULT SUPPORT	
Saskatoon Sexual Assault Center	306-244-2224
LEGAL ASSISTANCE/VICTIM-WITNESS ASSISTANCE	
Legal Aide	306-933-7820
Victim Services	306-975-8400
STD INFORMATION (Sexually Transmitted Diseases)	
Sexual Health Clinic, 101 - 310 Idylwyld Dr. North, Saskatoon	306-655-4664
Saskatoon Sexual Health, Family planning	306-244-7989
AIDS Saskatoon	306-242-5005
Persons Living with AIDS Organization	306-373-7766
SELF HELP GROUPS	
Mental Health Clinic	306-655-7950
Alcoholics Anonymous	306-665-6727
Narcotics Anonymous	1-877-463-3537 or 306- 652-5216
Gambling Anonymous	1-800-306-6789
SUBSTANCE ABUSE COUNSELLING (MH Clinic)	
Saskatchewan Health Authority- Adults	306-655-4100
Saskatchewan Health Authority- Youth	306-655-4900
MACSI Center Intake	306-657-4275
MENTAL HEALTH SERVICES	
Mental Health Therapist – Whitecap Dakota First Nation	306-373-4600 ... cellphone 306-979-8484
24/7 Hotline	1-855-242-3310
Canadian Mental Health Association, Saskatoon Branch	306-384-9333
Mental Health & Addiction Services Centralized Intake	306-655-7777
COMMUNITY CORRECTIONS OFFICERS	
WDFN Justice Worker	306-373-4600
Probation Officer	306-933-6324
Fine Option	306-244-0320



Whitecap Community Safety Officer (CSO) Program.



CONTACT INFORMATION:

Temporary Phone Number: 306-281-4868

Office Location: Whitecap Dakota FN Fire Hall.



FREQUENTLY ASKED QUESTIONS:

WHAT IS A COMMUNITY SAFETY OFFICER (CSO)?

A CSO will provide additional uniformed presence and patrol in WDFN. They can investigate low-risk incidents (ex. property theft) and engage in the enforcement of provincial laws and/or WDFN bylaws. They may also work with prevention-based programs, such as schools or with community groups.

WHAT HAPPENS TO THE RCMP?

CSO's and the RCMP will work together. When CSO's deal with low-risk incidents, the RCMP will have more time to focus on serious criminal investigations.

CAN CSO's PULL YOU OVER?

Yes, CSO's can pull you over when they are in uniform.

CAN CSO's ARREST YOU?

CSO's have the authority to make arrests under certain provincial legislation.

DO CSO's CARRY WEAPONS?

CSO's do not carry guns, however, they do carry handcuffs, batons, and an Oleoresin Capsicum spray.

WHY DO WE HAVE CSO's?

In October 2019, WDFN, Muskoday, and the Province of Saskatchewan signed an MoU agreement. The MoU implements the CSO program to better enforce our laws and ensure community safety. This pilot program is supported by federal and provincial policing funding and by the Lands Advisory Board.



CSOs may enforce laws under the following acts:

- *The Traffic Safety Act*
- *The Alcohol and Gaming Regulation Act, 1997*
- *The Highways and Transportation Act, 1997*
- *The Whitecap Environmental Protection Law, 2018*
- *The All-Terrain Vehicles Act and The Snowmobile Act*
- *The Trespass to Properties Act*
- *The Mental Health Services Act*
- *The Stray Animals Act*
- *The Summary Offence Procedures Act*
- *WDFN Smoking Bylaw*
- *WDFN Cannabis Control Law (2022)*
- *Other WDFN Bylaws (e.g., waste disposal)*

Upcoming Meetings

Council Meeting
Monday, January 16th, 2023
9:00am Via Zoom



Whitecap Dakota First Nation COUNCIL PORTFOLIOS

Chief Darcy Bear

1. Self-Government
2. Intergovernmental Affairs
3. Dakota Reconciliation
4. Economic Development
5. Finance
6. Major Capital
7. Taxation
8. Gaming
9. Housing
10. Public Works & Infrastructure
11. Lands & Agriculture

Councillor Dwayne Eagle

1. Health & Social Development
2. Child and Family Services
3. Saskatoon District Health – WDFN Partnership
4. Justice & Policing
5. Occupational Health & Safety
6. Emergency Response, Fire Protection & Security
7. Environment Management
8. Fisheries & Oceans
9. Hunting & Trapping
10. Dakota Dunes Casino Liaison

Councillor Frank Royal

1. Administration & Operations
 2. Education
 3. Post-Secondary
 4. Saskatoon Public School – WDFN Partnership
 5. Whitecap Early Learning Centre Inc.
 6. Culture & Language
 7. Youth & Recreation
 8. Employment & Training
 9. Membership
 10. Veterans Affairs
-



Whitecap Dakota First Nation ADVISORY COMMITTEES

EFFECTIVE FEBRUARY 25, 2021

Education Advisory Committee
Culture & Recreation Advisory Committee
Membership Advisory Committee

Members:

Sheldon Buffalo
Heather Buffalo
Kevin Littlecrow
Chelsey Sinclair
Don Redbear
Jared Royal

Ex-officio Vice-chairperson:
Councillor Frank Royal

Self-Government Advisory Committee
Housing & Public Works Advisory Committee
Lands Advisory Committee

Members:

Vivian Anderson
Jennifer Buffalo
Elmer Eagle
Allison Daniels
Verna Buffalo
Lori Buffalo-DeLaRonde
Deanna Harper

Ex-officio Vice-chairperson:
Chief Darcy Bear

Health & Social Development Advisory Committee
CFS Advisory Committee
Justice Advisory Committee

Members:

Nancy Linklater
Rick Gamola
Miranda Harper
Loretta Whitecap Brown
Trevor Cheeknew-Buffalo
Caitlin Royal
Pamela Eagle

Ex-officio Vice-chairperson:
Councillor Dwayne Eagle



WHITECAP DAKOTA HEALTH CENTRE

**AT THIS TIME, PLEASE CALL THE
HEALTH CENTRE TO ACCESS SERVICES
306-373-4600**



Appointments available:
9:30 am- 3:30 pm
Monday-Friday
Closed Statutory
Holidays



THANK YOU FOR YOUR COOPERATION



STC Well-Being Services

Saskatoon Tribal Council (STC) Well-Being Services works collaboratively with our member communities to provide positive outcomes for children and families through the Progressive Model. The Progressive Model funding assists communities in enhancing their prevention and family support services that keep families intact and thriving within their circle of support and cultural connections. The goal is to move towards implementing and delivering their child welfare model.

Well-Being Services provides two collaborative pathways of services to STC members in their respective communities:

➤ Child Protection and Child Safety Services

STC has the legal authority under delegation of the Ministry of Social Services (Child and Family Services Act) to assess, investigate, and respond to alleged reports of child welfare concerns in our member communities.

Well-Being Services works collaboratively with communities to respond to child welfare concerns focusing on addressing safety concerns that support the child's best interest and build upon family strengths.

➤ Secondary-Level Services

Ongoing assessments are essential in enhancing prevention and family support services. Communities are in the best position to know what is required to meet the needs of their families and children.

Well-Being Services helps facilitate and support capacity building in essential prevention and family support services for our member communities through our clinical and technical support services.

STC Urban Family Services

Our urban members can also access STC Urban Family Services programs for family support and children programs at their new location at 320-21st Street West in Saskatoon. Please call 306-956-0318 for more information or visit STC's webpage.



Intake Contact Information

General Inquiries about Well-Being Services:

306-659-5668 or toll free 1-844-956-5668

(Monday to Friday 8am to 4:30pm)

This number gets forwarded to an answering service outside of office hours and only urgent child welfare concerns will be patched through to an on-call worker

For Kinistin, Mistawasis, Muskoday, One Arrow, and Whitecap:

STC toll-free child protection reporting line:
1-866-871-4237

This number is forwarded to a call-center after hours, which in turn directs the call to the STC worker on call.

For Muskeg Lake:

Child welfare reports currently go directly to the Ministry of Social Services. Their toll-free intake number is 1-800-274-8297. This number is routed through Mobile Crisis outside of regular office hours.

The Child and Family Services Act requires First Nations Child and Family Services Agencies to provide services to families on reserve where children are believed to be in need of protection. The goal of child protection services is to maintain children in their family home whenever possible and, if a child must be removed for their protection, to reunite families as soon as possible.

What is child abuse and neglect?

Abuse and neglect refers to circumstances that may be harmful to a child's physical, emotional or psychological health.

- **Physical abuse** – any action, including discipline, causing injury to the child's body. Indicators: the presence of several injuries over a period of time; any bruising on an infant; reluctant to go home; cannot recall how injuries occurred, or offers an inconsistent explanation.
- **Sexual abuse** – any action involving a child in sexual exploitation or sexual activity including touching, exposure, using a child in the making of/or viewing pornography. Indicators: injuries to the genital or anal area (e.g., bruising, swelling, infection); pregnancy; age-inappropriate sexual play with toys, self, others; bizarre, sophisticated or unusual sexual knowledge.
- **Emotional maltreatment** – expecting a child to be able to do things he or she cannot do, embarrassing or insulting a child, making hurtful comments about a child's appearance, intelligence, size, ability, etc. Indicators: bedwetting and/or diarrhea which is non-medical in origin; frequent complaints of headaches, nausea, abdominal pain; extreme withdrawal or aggressive behavior; severe depression; running away from home.
- **Neglect** – failing to provide a child with enough food, proper clothing, shelter, health care, or supervision. Indicators: hunger, inappropriate dress, poor hygiene, developmental delays; persistent health conditions (e.g., scabies, head lice); steals food; reports no caregiver at home.
- **Domestic violence** – exposing a child to a pattern of abusive behavior or threats of abusive behavior by one caregiver against another (hitting, kicking, restraining, slapping, throwing objects, intimidation, stalking, etc.). Indicators: physical injuries; aggressive or antisocial behaviours; poor social relationships; low self-esteem.

Duty to Report

Anyone having reasonable suspicion that a child's physical, mental, emotional welfare has been or is being neglected has the legal duty to report such information immediately to a local First Nations Child and Family Services, Ministry of Social Services, or to the Police.

"The duty to report overrides professional confidentiality codes when there is reason to believe that a child may be abused or neglected."

As a parent...

If you would like general information on supports available, please call 306-659-5668 or toll-free 1-844-956-5668 and request to speak to the Social Worker on Duty.

If you feel unable to safely parent your children, please call **1-866-871-4237**.

As a community member...

If you believe a child may be neglected or abused, you have a **legal responsibility** to report your concerns by calling **1-866-871-4237**.





Whitecap Health Centre Staff
Phone: 306-373-4600
Extension Numbers

Staff Member	Ext.	Position	Email
Lori Sparling	#8601	Director of Health & Social Development	lsparling@whitecapdakotahealth.com
Angela Buffalo	#8625	Community Health Nurse	abuffalo@whitecapdakotahealth.com
Arlene Peeteetuce	#8603	Community Health Nurse	apeeteetuce@whitecapdakota.com
Brenda Littlecrow	---	Transportation Service Provider	blittlecrow@whitecapdakota.com
Carrie Desnomie	#8604	Administrative Assistant	cdesnomie@whitecapdakotahealth.com
Christine Greyeyes	#8614	Community Health Nurse	cgreyeyes@whitecapdakota.com
Cora Fischer-Sutherland	#8606	Jordan's Principal Coordinator	cfischer@whitecapdakotahealth.com
Vacant	---	Accreditation Coordinator	---
Fern Rose	#8607	Dental Therapist	---
Joanne Alexander	#8609	Mental Health Therapist	jalexander@whitecapdakotahealth.com
Jody Harder	---	Custodian	---
Jolie Seaton	---	Home Health Care Aide	jseaton@whitecapdakota.com
Karen Hart	#8610	Nurse Practitioner	---
Karen Hercina	#8610	Nurse Practitioner	---
Larissa Robillard	#8613	Community Justice Worker	lrobillard@whitecapdakotahealth.com
Lee Sinclair	---	Transportation Service Provider	lsinclair@whitecapdakota.com
Lori Buffalo-Delaronde	#8615	Income Assistance Coordinator	lbuffalod@whitecapdakotahealth.com
Natasha Kwasek	#8626	Maternal Child Health/Healthy Living Nurse	Nkwasek@whitecapdakota.com
Victorine Royal	#8600	Receptionist	vroyal@whitecapdakotahealth.com
Wendy Derksen	#8618	Accountant-Health	---

Whitecap Well-Being Staff
Phone: 306-373-4600
Extension Numbers

Staff Member	Ext.	Position	Email
Tanis Shanks	#8617	Director, Wellbeing Services	tshanks@whitecapdakota.com
Angel Skipper	---	P/T Youth & Community Program Assistant	askipper@whitecapdakota.com
Colette Eagle	---	Wellbeing Administrative Assistant	ceagle@whitecapdakota.com
Desmond Joyea	---	Youth & Community Program Assistant	djoyea@whitecapdakota.com
Diane Littlecrow	---	Cultural Liaison	dlittlecrow@whitecapdakota.com
Jordanna Johnson	---	Youth & Community Program Coordinator	jjohnson@whitecapdakota.com
Kristen Netmaker	---	Elders & Survivors Coordinator	knetmaker@whitecapdakota.com
Sheldon Buffalo	---	Cultural Liaison	sbuffalo@whitecapdakota.com
Wendy Dice	---	Child & Family Services Liaison	wdice@whitecapdakota.com

Whitecap Well-Being Staff – 410 LTC
Phone: 306-373-4600
Extension Numbers

Staff Member	Ext.	Position	Email
Brittany Deschambeault	---	Family Support Coordinator	bdeschambeault@whitecapdakota.com
Heather Musqua	---	Community Case Manager	hmusqua@whitecapdakota.com
Vacant	---	Wellbeing Services Supervisor	---



WHITECAP HEALTH CENTRE

Whitecap is booking appointments for Covid-19 vaccine or booster and the flu vaccine.

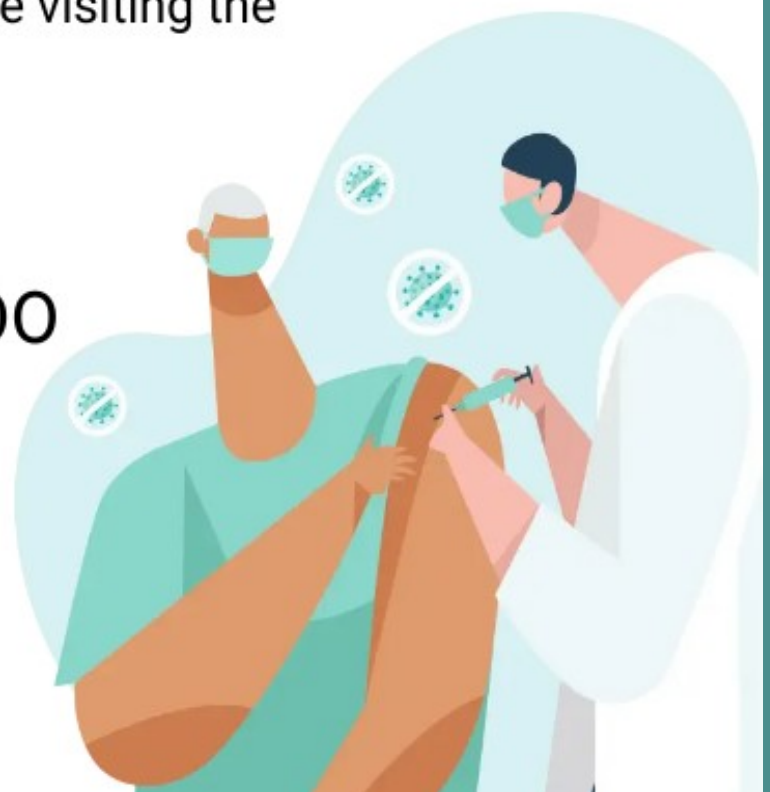
If interested in getting your Covid-19 vaccine or booster call the Health Centre to book.

Rapid tests are available at the Health Centre, please call to arrange for pick up or delivery.

Masks are mandatory while visiting the Health Centre.



306-373-4600



Learning to live with COVID-19 **DOESN'T MEAN THE PANDEMIC IS OVER!**

People in our community continue to get sick.

You can help protect our community by protecting yourself and others.

**Wear A Mask
In Public Indoor Settings**



**Wash Your Hands Frequently
Or Use Hand Sanitizers**



**Protect
Our Most Vulnerable!**



**TESTING 1-2 TIMES PER
WEEK IS RECOMMENDED**
Rapid Test Kits are available
at your Health Centre

**COVID-19 VACCINATION
IS YOUR
BEST PROTECTION!**



**Cover Your Mouth
When You Sneeze or Cough**



**Stay At Home When You
Are Not Feeling Well**



**Practice
Physical Distancing**



- Reduces your risk of serious illness and Long COVID-19 symptoms
- Protects the Health Care System and essential services in our community

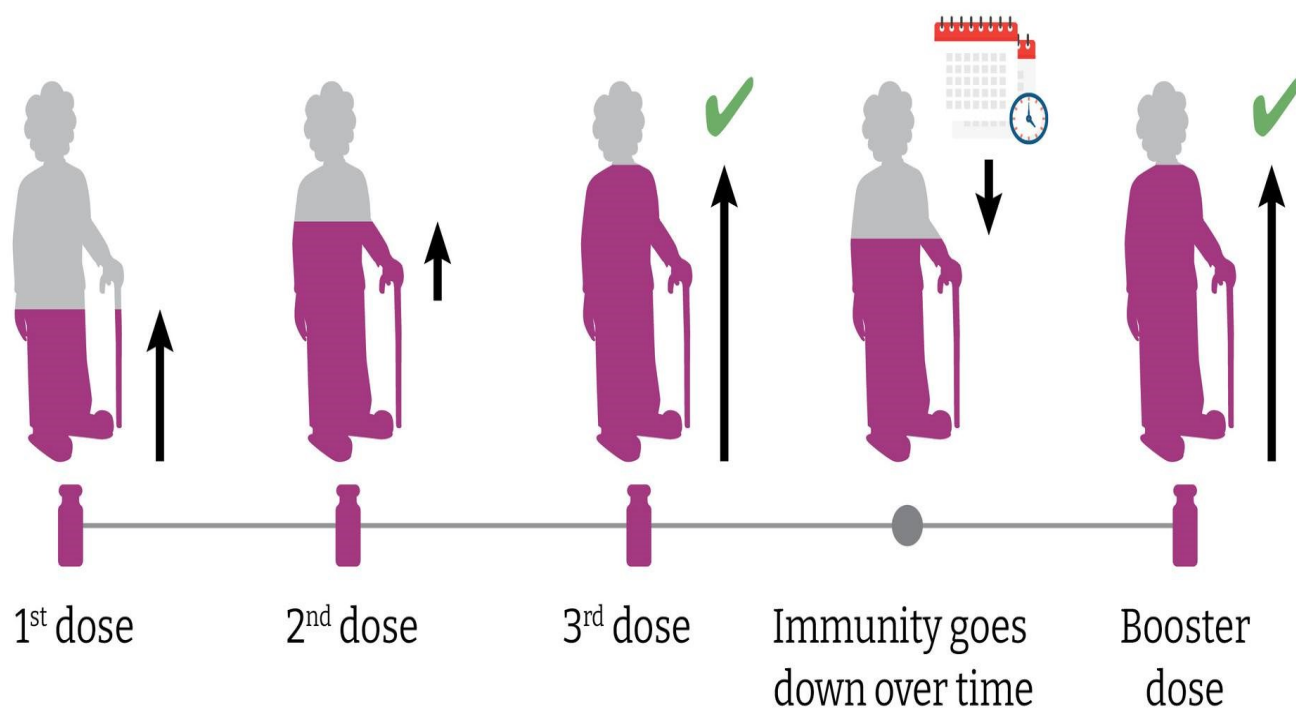
IMPROVE YOUR PROTECTION
Talk to your Community Health Nurse
about getting your COVID-19 Vaccinations
up to date.

(Adapted from Northern Inter-Tribal Health Authority's "Learning to live with COVID-19" poster)



Grandma

Everyone's health is unique and some may need more doses to reach a high level of protection (like Max's Grandma).



The greater your immunity, the more your body is able to fight COVID-19. This means you are less likely to have a very serious case or need to go to the hospital.

Mental Wellness Supports



If you're experiencing emotional distress or someone you know is struggling, these resources are available to support you.
If you are experiencing a mental health crisis, call 911 immediately.

Hope for Wellness Help Line and Chat

Immediate support is available 24/7

Toll-Free: 1-855-242-3310

Online Chat: www.hopeforwellness.ca

**Indian Residential Schools
Saskatchewan Region Toll-Free:**
1-866-250-1529

**National Indian Residential
School Crisis Line Toll-Free:**
1-866-925-4419

The National Indian Residential School Crisis Line has been set up to provide **immediate support** for former students and those affected. Emotional and crisis referral services can be accessed through the 24-hour national crisis line.

**Missing and Murdered
Indigenous Women and Girls
Support Line Toll-Free:**
1-844-413-6649

Wellness Together Canada

Provides immediate crisis/substance use support:

Adults: Text **WELLNESS** to 741741

Front Line Workers: Text **FRONTLINE** to 41741 <https://ca.portal.gs/>

Non-Insured Health Benefits (NIHB) Mental Health Counselling

Immediate support is available 24/7

Toll-Free: 1-866-885-3933

For Youth:

Kids Help Phone supports youth 24/7
and through a partnership with We Matter

Call: 1-800-668-6868 **Text:** 686868

Online: kidshelpphone.ca

wemattercampaign.org

Jordan's Principle NEW
Saskatchewan Toll-Free Line: 1-833-752-4453

(1-833-SK-CHILD)

www.canada.ca/jordans-principle



Indigenous Services
Canada

Services aux
Autochtones Canada



Jordan's Principle is a principle that ensures there is substantive equality (true equality) and that there are no gaps in publicly funded health, social, and education programs, services, and supports for all First Nations children, on or off reserve, under the age of majority (0 - 18).

The Jordan's Principle provides necessary funding for any services/products/supports, within the domains of health, dental, medical equipment, mental health, social, educational needs, and any other aspect that directly affects the child's wellbeing. In addition, the Jordan's Principle not only aids with individual requests but also group requests (group homes, schools, communities, etc.). The aim of the Jordan's Principle is to meet the unmet needs of all First Nations children and to be able to achieve equal outcomes as all children in Canada. Furthermore, the Jordan's Principle seeks to attain a level of care that is within and beyond Normative Standards of Care, provisions that are culturally appropriate, and adequate safeguards in the best interest of the child. There are a multitude of requests of services/products/supports that are provided for all First Nations children. Each request is evaluated and decided on a case-by-case basis.

If your child requires the support from the Jordan's Principle, please contact me. I will provide guidance in application, navigation of language & process, education of Jordan's Principle standards, provisions of immediate resources, and assist with all coordination processes and funding, if needed.

If you need more information, you can visit: [CANADA.CA/JORDANS-PRINCIPLE](https://canada.ca/jordans-principle)

Cora Fischer
Jordan's Principle Service Coordinator
Whitecap Dakota First Nation
182 Chief Whitecap Trail
Whitecap, SK S7K 2L2
(306) 380 – 2672 (Monday-Friday 8:00am-4:30pm)
cfischer@whitecapdakotahealth.com



AGES & STAGES

Growth and Development

What is this?

1. Is your child between the ages of 2 months – 5 years old.
2. Are you wondering if behaviour is normal?
3. This testing will help identify your child's strengths and weaknesses.
4. Nurse Tasha will come to your home and assess your child and teach you ways to help your child succeed.



Call or text Tasha

306 381 6428 to set up an appointment.



Mental Health

Suicide Prevention
1-833-456-4566

Hope for Wellness
1-855-242-3310

Addictions Detox
1-306-655-4195

Domestic Violence

Interval House
1-888-338-0880

Sexual Assault
1-306-242-3310

Child Protection
1-888-225-2244

WDFN Therapist: 306-979-8484

IN AN EMERGENCY CALL 911
RCMP .. 307-975-5145

811 - Health Line
211 - MH Hub



**STAY
SAFE**

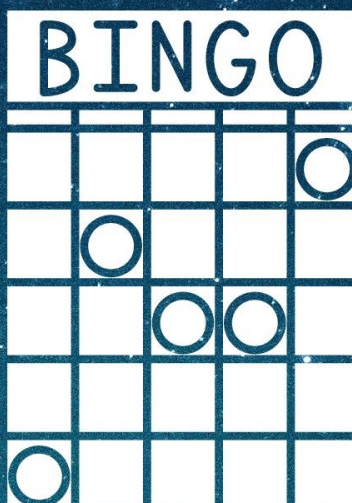
Elder's Bingo

Wednesdays, Jan. 11th & 25th.

P/u starts 1:00pm

Elder's Centre

Snacks & Refreshments provided.



Questions or Rides?

Please call Kristen Netmaker

@ (306) 370-5552

By entering or otherwise participating in this event, all persons voluntarily assume all risks and dangers in any/all activities associated with this event and waive, release, and discharge the right to hold the Whitecap Dakota First Nation from all liability, including but not limited to: personal injury, property damage, and property theft.

ELDER'S SEWING CIRCLE

with Diane Littlecrow
Starting January, 10th



Tuesday| 10am- 3pm
Elders Centre
Snacks & rides provided

To sign up please call
Kristen Netmaker (306) 370-5552 or
Diane Littlecrow (306) 380-9363

By entering or otherwise participating in this event, all persons voluntarily assume all risks and dangers in any/all activities associated with this event and waive, release, and discharge the right to hold the Whitecap Dakota First Nation from all liability, including but not limited to: personal injury, property damage, and property theft.

SNOW DAY CLUB



- Tuesdays from 3:15pm- 4:30pm
- For CRHES students only
[Kindergarten- Grade 4]
- If too cold club will be held in
Elders centre!
- *Pick up from CRHES!**

Liability statement

By entering or otherwise participating in this event, all persons voluntarily assume all risks and dangers in any/all activities associated with this event and waive, release, and discharge the right to hold the Whitecap Dakota First Nation from all liability, including but not limited to: personal injury, property damage, and property theft.



TEEN GIRLS GROUP

A comprehensive and holistic program aimed at nourishing all aspects of self

January 10th & 24th

Ages 13-19

6-7pm

WDFN Elders Centre



Meal and transportation provided

**Contact Jordanna to register
(306) 469-0093**

By entering or otherwise participating in this event, all persons voluntarily assume all risks and dangers in any/all activities associated with this event and waive, release, and discharge the right to hold the Whitecap Dakota First Nation from all liability, including but not limited to: personal injury, property damage, and property theft.



LEARN TO PLAY **BROOMBALL**

Outdoor Rink by Wellbeing Trailer

Snacks, equipment and rides provided

Every Monday starting January 9th

Ages 8-15: 5:30pm-6:30pm

Ages 16 & up: 6:45pm-7:45pm

**Contact Jordanna to Register
(306) 469-0093**

By entering or otherwise participating in this event, all persons voluntarily assume all risks and dangers in any/all activities associated with this event and waive, release, and discharge the right to hold the Whitecap Dakota First Nation from all liability, including but not limited to: personal injury, property damage, and property theft.



Whitecap Wellbeing
Presents

Sports NIGHT

at CRHES GYM

Every Thursday
Youth 10-17 (5:30-6:30)
Adult 18+ (6:30-7:30)
Rides & Snacks are
available



Call Jordanna at (306) 469-0093 or Des at (306) 491-0930
for more info.

By entering or otherwise participating in this event, all persons voluntarily assume all risks and dangers in any/all activities associated with this event and waive, release, and discharge the right to hold the Whitecap Dakota First Nation from all liability, including but not limited to: personal injury, property damage, and property theft.

January Calendar

Youth and Community Programs Activities

January 2023							February ▶
◀ December	Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Happy New Year! 🎉	2 STAT Holiday Office Closed	3	4	5	6 Sports Night (CRHES) Youth (10-17): 5:30-6:30pm Adult (18+): 6:30-7:30pm	7 Elders Movie @ the Elders Centre 1:30pm	
8	9 Broomball (ODR/CRHES) Ages 8-15: 5:30-6:30pm Ages 16+: 6:45-7:45pm	10 Elders Sewing Circle (EC) 10am-3pm Snow Day Club: CRHES Students (EC) 3:15-4:30pm Teen Girls Group (EC) 6-7pm	11 Elders Bingo (EC) 1:30-4pm	12 Elders Meals Sports Night (CRHES) Youth (10-17): 5:30-6:30pm Adult (18+): 6:30-7:30pm	13 Teen Outing: Optimist Hill Pickups start at 5pm	14	
15	16 Broomball (ODR/CRHES) Ages 8-15: 5:30-6:30pm Ages 16+: 6:45-7:45pm	17 Elders Sewing Circle (EC) 10am-3pm Snow Day Club: CRHES Students (EC) 3:15-4:30pm	18 Elders Bowling Outing: 12pm	19 Children's Outing: Fun Factory Pickups from CRHES at 3:15pm	20 Elders Craft (EC) 1:30-4pm	21	
22	23 Broomball (ODR/CRHES) Ages 8-15: 5:30-6:30pm Ages 16+: 6:45-7:45pm	24 Elders Sewing Circle (EC) 10am-3pm Snow Day Club: CRHES Students (EC) 3:15-4:30pm Teen Girls Group (EC) 6-7pm	25 Elders Bingo (EC) 1:30-4pm	26 Elders Meals Sports Night (CRHES) Youth (10-17): 5:30-6:30pm Adult (18+): 6:30-7:30pm	27	28	
29	30 Broomball (ODR/CRHES) Ages 8-15: 5:30-6:30pm Ages 16+: 6:45-7:45pm	31 Elders Sewing Circle (EC) 10am-3pm Snow Day Club: CRHES Students (EC) 3:15-4:30pm	CRHES: Charles Redhawk Elementary School ODR: Outdoor Rink by Wellbeing Trailer EC: Elders Centre				

2022-23 SCHOOL YEAR CALENDAR

Kindergarten—Grade 12

August 2022						
S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

September 2022						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

October 2022						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

November 2022						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

December 2022						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

January 2023						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

February 2023						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28				

March 2023						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

April 2023						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

May 2023						
S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

June 2023						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	1

	Stat Holiday
	No School - Students and Staff
	PD/Planning/Operations (K-12 No Students)
	PD/Planning/Operations (K-8 No Students)
	PD/Planning/Operations (9-12 No Students)
	Student First Day (K-12 Students)
	Last Day (K-8 Students)
	Last Day (9-12 Students)
XX	Grade 9 Orientation, PD/Planning/Operations (9-12 No Students)
	STA Convention



Saskatoon Public Schools
Inspiring Learning

saskatoonpublicschools.ca

MAY 9, 2022

WHITECAP EARLY LEARNING CENTRE

**WE ARE ACCEPTING APPLICATIONS FOR
ALL AGE GROUPS**

- ° Age groups: 6 weeks – 10 years
- ° Hours of operation: Monday – Friday
7:30 pm – 5:30 pm
- ° Before and After School Program

Band members and employees of Whitecap Dakota First Nation are eligible for a subsidy off regular daycare rates

Please come to the Whitecap Early Learning Centre to pick up your application forms.

If you have any questions, contact the Whitecap Early Learning Centre at 306 – 477 – 2615

WHITECAP IRA NEWS**Indian Registry Administrator Report
January 2023****CIS (Certificate of Indian Status) CARDS**

By appointment only. Should you require a status card, you may call the Whitecap Government Office at (306) 477-0908 and leave a message with our receptionist. Our receptionist is instructed to screen your call for basic information: Name, reason for card request (First, Expired, Lost), phone number and/or email, and if you have the proper I.D. Then the IRA will contact you to book an appointment.

Is it time to Renew your CIS card? To find out; check your expiry date on the back of your current laminated status card. Please contact the Band Office as soon as you can to book in for a renewal once expired! Note that your Status number does not expire however, your photo must be updated every five years (for adults 18+) and every three years (for children under 18).

SERVICES AND INFORMATION

Italia Eagle is the IRA for Whitecap. For information on Indian Status eligibility, the SCIS (Secure Certificate Indian Status) card application form and process, and band membership, please contact her at the band office with your inquiry: (306) 477-0908

Important Update for Birth Registration Applications**PARENTS, PLEASE READ**

We have been advised that applications for birth registrations that are mailed to the National Processing Unit in Gatineau, Quebec have been experiencing a delayed wait time of up to 2 years to process birth registrations, and that it is quicker to process birth registration applications if done in person or mailed to a regional office in Saskatchewan.

Parents: Please do not mail your child application for birth registration to the address listed on the application form. Instead, we strongly encourage parents to contact the Whitecap IRA for assistance with birth registration forms processing.

Options for parents for processing their child registration applications:

1. *On Reserve or Local Urban Parent Members:*
 - a. Preferred method: Make an in-person appointment with the Whitecap IRA to verify the completeness of your forms, then she will mail them directly to the regional office in Regina.
 - b. Mail the application to the Whitecap IRA so she can verify the forms content and send to the Regina office:

WHITECAP IRA NEWS

Whitecap Indian Registry Administrator
182 Chief Whitecap Trail
Whitecap SK S7K 2L2

2. *Off Reserve Members:*

- a. Preferred method: Mail the application to the Whitecap IRA so she can verify the forms content and send to the Regina office.
- b. In Person – Regina: Call (306) 780-5392 and ask to set up an appointment.
- c. In Person – Prince Albert: Call (306) 953-8522 and ask to set up an appointment.
- d. Mail to: ISC – Governance
1827 Albert Street
Regina SK S4P 2S9

Application forms are available from the Whitecap IRA, or can be found online at www.canada.ca/indian-status

Please ensure to fill-out the **updated** 2020 Child/Dependent Adult application form found on the website or pick-up copy of the latest version available at the Band Office and Health Centre. Any old versions of the application will not be *accepted*.

REQUIRE A SASK. HEALTH CARD? Call toll free 1-800-667-7551 to place your request.

U.S. BORDER CROSSING

Consult the U.S. Customs and Border Protection for updates *before* you travel at 1-202-325-8000 or check this website for more info: <https://travel.gc.ca/travel-covid>

WDFN TOTAL POPULATION as of November 30, 2022: 690

WHITECAP IRA NEWS

Process to Register Your Child on the Indian Register

Documents required:

1. A completed 'Application for Registration on the Indian Register (for children 15 or younger or dependent adults)'
 - Applications may be picked up at the Band office or Health Centre, as well as online on the Indigenous Services Canada website under the Indian Status tab. **Please note that any old versions of the application will not be accepted.**

Click here for current [Application](#) form

- **Important Note:** Spelling and spacing of any given or family names that will be entered in IRS must be the same as the names appearing on the Proof of Birth Document
2. An original proof of birth document with parental information
 - To get an original proof of birth document, applications may be picked up from the Band Office or Health Centre. You can also visit the Saskatchewan Vital Statistics website: www.saskatchewan.ca – Vital Statistics or view the contact information below.

Vital Statistics

Phone: 1-800-667-7551 (Toll-free Canada & US)
306-787-3251

Email: VitalStatistics@eHealthSask.ca

Phone service: 8 a.m. to 5 p.m. Monday to Friday (excluding statutory holidays)

- The proof of document must contain parental information (at least one parent stated on the birth document)
- The identity information must be visible and undamaged. If information is illegible, the document will not be accepted.

If the child or dependent adult's name on the application form is different from the name on the proof of birth document or legal documents, you must also submit:

- an original legal name-linking document, such as a change of name certificate, that links the previous name with the current name
- or
- a copy of a legal name-linking document and valid acceptable identification with the name that is on the application form

If the name of the applying parent, custodial parent or legal guardian is different from the name on any of the other necessary documents, you must also submit:

- a copy of a legal name-linking document, such as a change of name certificate, marriage certificate or divorce order, that links the previous name with the current name

WHITECAP IRA NEWS**If the Applicant cannot obtain the other parent's signature:**

If both parents' names are listed on the child's birth document and after reasonable attempts to locate the other parent to obtain their signature were unsuccessful, a "Statement in Lieu of Other Parent's Signature" form can be completed.

3. A copy of valid acceptable identification of the applying parent, custodial parent or legal guardian; copy must be taken of the front and of the back of the identification, each copy signed and dated by a guarantor (IRA).
 - One piece of valid government issued ID which contains the full name, date of birth, photo, and signature. You can provide *more than one* supporting ID in order to fulfill the data requirements.
 - Must indicate the Document Type (i.e., Saskatchewan Driver's License), Document Number (i.e., Driver's License number), the Expiry Date (YYYYMMDD format), and your Name exactly as it appears on the ID.
4. **For a child (15 or younger)**, any legal documents granting custody or guardianship of the child to the applying parent or legal guardian, if applicable **for a dependent adult**, the guardianship order
 - Must indicate if there are any legal documents pertaining to the custody or guardianship of the child. If there are such documents, then must provide the most recent photocopies of the legal documents.
5. It is important to note that the **Guarantor Declaration** is required in the following three (3) situations:
 - When an applicant does not have sufficient supporting identification to submit with the application;
 - When the applicant is applying by mail without the assistance of an IRA; and
 - When a third party submits an application on behalf of an applicant

Note that the application form must be submitted to ISC within the last 12 months from the date it was signed by both parents

All required/mandatory fields must be completed as stated in the instructions. **Failure to complete these sections may result in delays in processing the application.**

Please note that applications for birth registrations that are mailed to the National Processing Unit in Gatineau, Quebec have been experiencing a delayed wait time of up to 2 years to process birth registrations, and that it is quicker to process birth registration applications if done in person or mailed to a regional office in Saskatchewan.

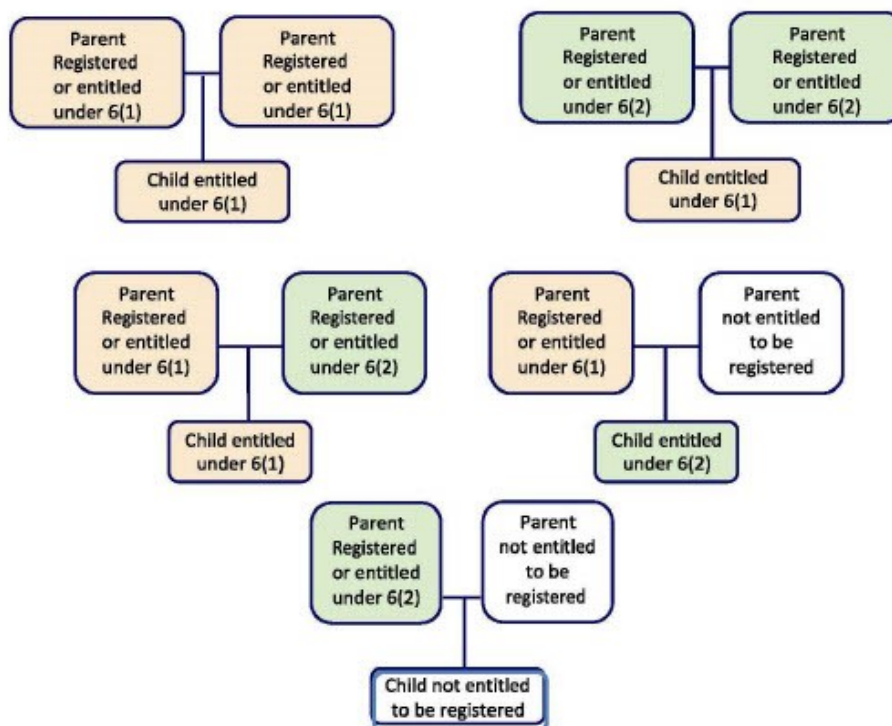
Parents: Please do not mail your child application for birth registration to the address listed on the application form. Instead, we strongly encourage parents to contact the Whitecap IRA for assistance with birth registration forms processing.

WHITECAP IRA NEWS

How do I know if my Child is Eligible to be Registered as an *Indian*?

Category Chart

This is a basic reference chart for section 6 entitlements under the *Indian Act*:



There are two key distinctions between entitlement categories, Subsections 6(1) and 6(2).

6(1) Entitlement

- An individual registered or entitled to be registered under subsection 6(1) can pass status to their child(ren).

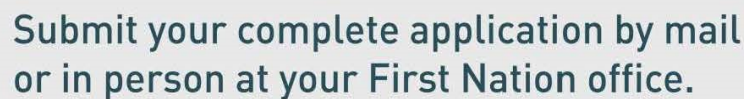
6(2) Entitlement

- An individual registered or entitled to be registered under subsection 6(2) must parent with another registered or entitled to be registered Indian in order to pass status to the child(ren).

If only one parent is listed on a child's birth record, it is assumed that the other parent is non-Indian and therefore your child would only be entitled for registration under category 6(2) or not entitled at all. Therefore, it is crucial for the father to sign the "live birth document" in hospital at the time of birth. If the father could not be at the hospital at the time, please ensure to contact Vital Statistics Saskatchewan (eHealth) to request an "amendment to their child's birth record" to add the father.

WHITECAP BAND MEMBER PARENTS: *If you have any questions at all regarding Child Registration, or if you are unsure of your category of registration in the Indian Register, please feel free to contact your Whitecap IRA for assistance: Italia Eagle at (306) 477-0908.*

If your secure status card is up for renewal, your First Nation office or Indigenous Services Canada can help you through the renewal process.



Still have questions? Please contact the Public Enquiries Contact Centre by phone at **1-800-567-9604** or by email at **infopubs@sac-isc.gc.ca**.



Indigenous and
Northern Affairs Canada

Affaires autochtones
et du Nord Canada

Canada

Do you have a will?

Did you know?



<9%

Less than 9% of First Nation peoples
on reserve pass away with a will

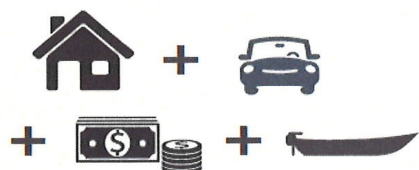
- the INAC website has information about planning your estate
- your **will** differs if you live on- or off-reserve
- the *Indian Act* outlines what should be included in your **will**
- you can't gift your land on reserve to someone who is not a member of your First Nation
- you can change your **will** as often as you like
- writing a **will** doesn't have to be complicated or costly

Why make a will?

- to provide for your loved ones, your children and grandchildren
- to decide who will get your home



- to clearly state who should receive your possessions



- to name who will take care of your children and dependents



- to leave instructions for end of life ceremonies



- to name who will take care of your estate



A will could provide peace of mind and clear direction
about your wishes to your family and loved ones



Visit <http://www.aadnc-aandc.gc.ca/eng/1100100032530/1100100032532>
for more information

This publication is also available in French under the title: Avez-vous un testament?

QS-1005-000-EE-A1



NOTICE REGARDING THE Whitecap Dakota First Nation MEMBERSHIP CODE, 2012

BACKGROUND

- The *WDFN Membership Code* document was approved by the membership on November 16, 2012 via referendum (voting).
- The Minister of INAC notified the WDFN on August 23, 2013 that the *Code* was approved and is effective and retroactive to December 4, 2012.

MEMBERSHIP CODE GUIDELINES SUMMARY AND APPLICATION PROCESS

An individual must be a registered Indian in order to apply to be on the WDFN (Whitecap) Band list.

Automatic Membership

- The parent(s) of minor children that requested of INAC to be on the Whitecap band list at the time they applied for their child to be a Registered Indian is recorded by INAC as an “affiliate” of Whitecap.
- An adult who became eligible to be a Registered Indian as a result of Bill C-3 that requested of INAC to be on the Whitecap band list at the time applied for Registration as an Indian is recorded by INAC as an “affiliate” of Whitecap.
- ☐ “Affiliates” are required to complete an application form for Band Membership and submit to the Membership Clerk for processing along with required document(s).
- ☐ The Membership Clerk notifies the individual in writing of the status of Band Membership application.
- ☐ The Membership Clerk updates the Whitecap Band list accordingly.

Discretionary Membership

- ☐ The individual completes application for Band Membership and submits to the Membership Clerk for processing along with required documents.
- ☐ The Membership Clerk takes forward the application to the Membership Committee for their review and recommendation to Council.
- ☐ The Membership Clerk takes forward recommendation from Membership Committee to Council.
- ☐ If approved, the Membership Clerk posts a Notice of the approved Band Membership application for 30 days.
- ☐ The Membership Clerk notifies the person in writing of the status of Band Membership application.
- ☐ The Membership Clerk updates the Whitecap Band list accordingly.

DEFINITION OF AN “AFFILIATE”:

When an individual is affiliated with a Band, it means that the individual is a registered Indian in the IRS (Indian Registry System) with that band and is eligible for benefits including certain non-insured health benefits, the possibility of post-secondary education assistance and exemption from certain federal and provincial taxes. Only that band can grant an individual Membership and access to benefits such as: the right to reside on-reserve; housing on-reserve; voting privileges within the band; and the right to involvement in Community affairs, etc., depending on that Band's Code.

★ Band Membership Application is available at the Whitecap Government (Band) Office, Health Centre, Elementary School or Housing & Public Works office ★

If you have any questions, please contact the WDFN Membership Clerk (Sheila) at 306-477-0908 or scaisse@whitecapdakota.com

*Remember to update the WDFN Membership Clerk if you move.
The Membership Clerk will correspond to the latest address on file.*

Join our Facebook Group!

Whitecap Dakota Self-Governance Group



This group was created specifically for Whitecap Dakota First Nation Members and Community Members. The purpose of this group is to engage by sharing information and consulting with members to have those critical conversations about the self government processes.

1. Self Government Negotiations
2. WDFN Constitution
3. WDFN Governance Code
4. Final Self Government Agreement



***This group is private and exclusive to Registered Band Members only.** Feel free to invite other band members to join!

For those members not on social media, please email engage@whitecapdakota.com for more information on Self-Governance.

Scan the QR to Join OR:







1. Like the Whitecap Dakota Government FB Page
2. From the Whitecap Dakota Government Page, Click on the "Whitecap Dakota Self Governance Agreement Group"
3. Click "JOIN"
4. You will then be prompted to answer membership questions. Submit your responses and await approval!





WDFN Self-Government- Helpful Links

Scan the following QR Codes using your mobile device or tablet to view the following:

<p>View the WDFN Website/Self-Government Webpage:</p> 	
<p>Read the Whitecap Constitution Consultation Draft:</p> 	
<p>Watch our latest videos, Whitecap Dakota Self-Government: "Building on Our Past, Creating Our Future" Video Series:</p> 	

WHITECAP HOUSING & PUBLIC WORKS

Online Banking

Whitecap Dakota First Nation accepts
rent payments through Online Banking.

Online Payment ➤ Fast, Simple, Convenient

1. The easiest and **preferred method** for rent payments is by online banking. Simply add Whitecap Dakota First Nation as a Payee. All you need is your Customer Number, which can be obtained by calling Whitecap Housing and Public Works: 306-477-2013.
2. Schedule your payments in advance or set up as a recurring payment.
3. Pay rent or damage deposit any time through your RBC, BMO, TD, CIBC, Scotiabank, Affinity Credit Union or Conexus Credit Union, online banking from any personal computer or smart phone app – **day or night, 24/7**. Recently added Peace Hills Trust, TCU Financial group and, Accent Credit Union to the list.
4. This saves you time, paperwork and leg-work.
5. Your bank not listed below? No problem, we can get your bank added to the list. Please call the Whitecap Finance staff to request it be added.





Whitecap Dakota First Nation

182 Chief Whitecap Trail, Whitecap SK S7K 2L2

Phone (306) 477-0908 • Fax (306) 374-5899

Website: www.whitecapdakota.com

Memorandum

To: ALL Whitecap Dakota Community Tenants
CC: WDFN Council
Warren Buffalo, General Manager
From: Terry Parenteau, Director WDFN Housing & Public Works
Date: November 29, 2022
Re: **Maintenance Calls**

Please be advised that we are requesting all tenants take the following actions prior to making a maintenance call to the Housing & Public Works.

All housing units have received a Basic Home Maintenance Manual. Within the manual holds valuable housing maintenance tips. Such as replacing your furnace filter, plunging your toilet, sinks and tubs along with many other valuable maintenance guides.

1. When a maintenance repair arises please refer to your Basic Home Maintenance Manual and follow the procedure listed in the manual.
2. Should you fail to rectify the maintenance repair issue please call Housing & Public Works 306-477-2013 and we will try to assist you over the phone.
3. If maintenance repair attempts are unsuccessful, H&PW will then place a call to a Professional Service Technician.

If you have placed a maintenance call and a Service Technician has not arrived to your home within 24 hours please call H&PW and we will follow up. **DO Not** Contact the Contractor yourself unless you are willing to be **liable for the bill**.

Please do not disrupt Housing & Public Works while they are working in the community. They are extremely busy and are not authorized to change their schedule. Keep in mind it is not anyone other than the tenants' responsibility to report your housing issue.

Thank you for your immediate attention and cooperation in this matter.



Whitecap Dakota First Nation

182 Chief Whitecap Trail, Whitecap SK S7K 2L2

Phone (306) 477-0908 • Fax (306) 374-5899

Website: www.whitecapdakota.com

Memorandum

To: All WDFN Community Tenants
From: Terry Parenteau, Director Housing & Public Works
Cc: Warren Buffalo, General Manager
Date: November 29, 2022
Re: **Furnace Maintenance**

Please be reminded that it is the tenant's responsibility to maintain the upkeep of the furnace, 9/10 winter furnace service calls are due to a clogged filter. If the furnace service call confirms that the furnace filter is clogged the tenant **will be held responsible** for the cost.

All Housing Units have been provided with a Basic Home Maintenance Tenant Hand Book, page 23 – 26 contains helpful tips on Furnace Maintenance:

Once a Month

Change or clean filters during the heating months.

As a reminder when the seasons change, change the furnace filter but check often.

To determine how dirty the filters are, hold them up to a light source. If you can easily see light through them, then they are still deemed clean enough to use. Vacuum out return air grilles.

Unusual noises produced by the furnace should be cause for concern.

If airflow from your heat register decrease or seems cooler, chances are the furnace filter is clogged and must be replaced.

Benefits of Furnace Maintenance:

- Helps to increase equipment life
- Restores lost capacity
- Prevents breakdown
- Reduces utility costs
- Prevents unnecessary repair costs

Standard Furnace Filters are 16 x 25 and may be purchased at Home Depot, Canadian Tire and Walmart at affordable prices.

This winter ensure warmth and change your furnace filter.



Whitecap Dakota First Nation

182 Chief Whitecap Trail, Whitecap SK S7K 2L2

Phone (306) 477-0908 • Fax (306) 374-5899

Website: www.whitecapdakota.com

Memorandum

To: WDFN Tenants
From: Terry Parenteau, Director WDFN Housing & Public Works
cc: Warren Buffalo, General Manager
Date: November 29, 2022
Re: **Tenant Responsibility to Remove Snow and Ice**

This notice is to remind WDFN Tenants of their responsibility to remove snow and ice from driveways, walkways and steps. We suggest that each home have a shovel and ice melting salt on hand to clear driveways, walkways and steps as needed.

Keeping your driveway, walkway and steps clear of snow and ice will help prevent slips and falls for the occupants of the dwelling as well as any delivery persons.

Start removing the snow when the ground is lightly covered and keep clearing it often. Doing this greatly reduces the accumulation of heavy, packed snow.

If your dwelling has excessive buildup of snow or ice on walkways and or steps, delivery of items to the dwelling may be affected.

Elder units are the only units that are entitled to have their driveway, walkway and steps cleared of snow.

Please feel free to contact me at 306-477-2013 should you have any questions concerns pertaining to this matter.



Whitecap Dakota First Nation

182 Chief Whitecap Trail, Whitecap SK S7K 2L2

Phone (306) 477-0908 • Fax (306) 374-5899

Website: www.whitecapdakota.com

Memorandum

To: WDFN Community Dog Owners
From: Terry Parenteau, Director Housing & Public Works
cc: Warren Buffalo, General Manager
Date: January 5, 2022
Re: *Dogs Running at Large*

Within the last few months, WDFN Housing & Public Works has received an increased number of complaints of dogs running at large and, in some cases, acting aggressive towards people especially children. Due to this, WDFN Housing & Public works is taking a serious stance on owner(s) allowing their dog(s) to run at large.

A dog is running at large when it is beyond the boundaries of the land occupied by the owner of the dog, or beyond the boundaries of any lands where it may be with the permission of the owner or occupant of the said land when it is not under control by being:

1. In direct and continuous charge of a person competent to control it;
2. Securely confined within an enclosure; and
3. Securely fastened so that it cannot roam at will.

Please be advised that WDFN H&PW will take necessary steps to remove any dog(s) running at large in the community.

Respectfully

Terry Parenteau,
Director of Housing & Public Works



Whitecap Dakota First Nation

182 Chief Whitecap Trail, Whitecap SK S7K 2L2
Phone (306) 477-0908 • Fax (306) 374-5899
Website: www.whitecapdakota.com

Memorandum

To: All WDFN Community Tenants
From: Terry Parenteau, Housing & Public Works Director
c.c.: WDFN Council
Warren Buffalo, CEO
Date: January 4th 2023
Re: **Garbage and Recycle Collection Schedule**

Loraas has made some changes to the pickup schedules for Recycle Collection.

Recycle Collection will be executed every second Monday starting January 16th 2023 which will greatly improve all facets of the operations including reliability as Loraas' routing will become much more efficient.

Waste Collection will not change and will still be every second Friday, waste will be collected on January 13th 2023.

Loraas is confident this will definitely be much more beneficial for WDFN Community.



Whitecap Dakota First Nation

182 Chief Whitecap Trail, Whitecap SK S7K 2L2

Phone (306) 477-0908 • Fax (306) 374-5899

Website: www.whitecapdakota.com

Memorandum

To: All WDFN Community Tenants
From: Terry Parenteau, Director, WDFN Housing & Public Works
c.c.: WDFN Council
Warren Buffalo, General Manager
Date: January 4th 2023
Re: **Loraas Disposal Garbage Bins and Recyclable Bins**

Please keep in mind when discarding your garbage and recyclables.

1. Collection equipment requires clear, safe access to your container on collection day to ensure service.
2. Containers with inappropriate materials, overweight or over height could be bypassed by collection personnel.
3. Garbage bags should not be stacked on top of or beside the garbage bin. The garbage bin must be able to close. Cardboard boxes/material do not belong in the garbage bins but rather the blue recycle bins.

The Grey garbage bins are clearly marked **"DO NOT OVERFILL"**

The Blue Recyclable bins are clearly marked **"Recyclable Products"**

Below are illustrations of what to do AND what not to do on garbage day.



ACCEPTABLE



UNACCEPTABLE



(306) 242-2300 | 805 – 47th Street East Saskatoon, SK S7K 8G7 | customercare@loraas.ca | loraas.ca

WHITECAP- 2023 COLLECTION SCHEDULE

THANK YOU FOR HELPING US KEEP OUR ENVIRONMENT CLEAN!

- Ensure your cart is rolled out by 7 a.m. on your designated collection day.
- Collection equipment requires clear, safe access to your cart.
- Do not place your container within 4 feet of buildings, vehicles, overhead and underground utilities.
- We are not responsible for any damage resulting from service provision.
- Containers with inappropriate materials, overweight or overloaded will be bypassed by collection personnel.
- Should your scheduled collection day fall on a statutory holiday, please be advised service will continue as normal.
- If you scheduled collection day falls on either Christmas or New Years Day, collection will occur on the following Saturday.

■ RECYCLE PICK UP DAY

■ GARBAGE PICK UP DAY

2023

JANUARY							FEBRUARY							MARCH							APRIL						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
1	2	3	4	5	6	7	29	30	31	1	2	3	4	28	27	28	1	2	3	4	26	27	28	29	30	31	1
8	9	10	11	12	13	14	5	6	7	8	9	10	11	5	6	7	8	9	10	11	2	3	4	5	6	7	8
15	16	17	18	19	20	21	12	13	14	15	16	17	18	12	13	14	15	16	17	18	9	10	11	12	13	14	15
22	23	24	25	26	27	28	19	20	21	22	23	24	25	19	20	21	22	23	24	25	16	17	18	19	20	21	22
29	30	31	1	2	3	4	26	27	28	1	2	3	4	26	27	28	29	30	31	1	23	24	25	26	27	28	29
5	6	7	8	9	10	11	5	6	7	8	9	10	11	2	3	4	5	6	7	8	30	1	2	3	4	5	6

MAY							JUNE							JULY							AUGUST						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
30	1	2	3	4	5	6	28	29	30	31	1	2	3	25	26	27	28	29	30	1	30	31	1	2	3	4	5
7	8	9	10	11	12	13	4	5	6	7	8	9	10	2	3	4	5	6	7	8	6	7	8	9	10	11	12
14	15	16	17	18	19	20	11	12	13	14	15	16	17	9	10	11	12	13	14	15	13	14	15	16	17	18	19
21	22	23	24	25	26	27	18	19	20	21	22	23	24	16	17	18	19	20	21	22	20	21	22	23	24	25	26
28	29	30	31	1	2	3	25	26	27	28	29	30	1	23	24	25	26	27	28	29	27	28	29	30	31	1	2
4	5	6	7	8	9	10	2	3	4	5	6	7	8	30	31	1	2	3	4	5	3	4	5	6	7	8	9

SEPTEMBER							OCTOBER							NOVEMBER							DECEMBER						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
27	28	29	30	31	1	2	1	2	3	4	5	6	7	29	30	31	1	2	3	4	28	27	28	29	30	31	1
3	4	5	6	7	8	9	8	9	10	11	12	13	14	5	6	7	8	9	10	11	3	4	5	6	7	8	9
10	11	12	13	14	15	16	15	16	17	18	19	20	21	12	13	14	15	16	17	18	10	11	12	13	14	15	16
17	18	19	20	21	22	23	22	23	24	25	26	27	28	19	20	21	22	23	24	25	17	18	19	20	21	22	23
24	25	26	27	28	29	30	29	30	31	1	2	3	4	26	27	28	29	30	1	2	24	25	26	27	28	29	30
1	2	3	4	5	6	7	5	6	7	8	9	10	11	3	4	5	6	7	8	9	31	1	2	3	4	5	6

ADVERTISEMENTS, ANNOUNCEMENTS & NOTICES

Hunting on Whitecap Dakota Lands

As per a Whitecap community meeting motion, WDFN has requested that Saskatchewan Conservation Officers patrol Whitecap Reserve Lands for unauthorized hunters.

- **If you are a WDFN Member and hold a status card you may hunt as per usual.** *Remember it is necessary to carry your status card while you are out hunting.*
- **Non-WDFN members with a status card need a written permission slip from the Band and their status card while hunting.**
- **Non-status individuals must have a valid hunting license and a written permission slip from the Band.**

If you have any questions or concerns please contact the Band Office.

Turn in Poachers or Unauthorized Hunters at:

**TURN IN POACHERS
24 HOURS – TOLL FREE
1-800-667-7561
SASKTEL CELL - #5555**

Thank you for your understanding.

The Chief and Council of the Whitecap Dakota First Nation and its Members, would like to thank the Dakota Dunes Community Development Corporation (DDCDC) for their contributions to the following Community Events/ Projects:

- Public Works
 - Maintenance Trucks
 - year 3
- Store Improvements
- Sports Centre
 - Renovations
- Sports Centre Kitchen
 - Upgrade
- Zoom Boom
- Sander Project
- Compensation Study
- Dakota Travelers
- Whitecap Dakota Days
- 616 HCP
- Dakota Language Conference
- Whitecap Parade Float Project 2019
- Septic Tank/ Trailer
- Pumphouse Reno
- Safety Assessment
- Boundary Road
- Public Works Facility
- AED project
- Wheelchair conversion



We look forward to another successful year in the name of community investment and partnership



WDFN On-Reserve Subsidy Programs 2022-23

The Whitecap Dakota First Nation has the following On-Reserve Subsidy Programs available to eligible Band members or Community members. These programs sheets can be downloaded from the WDFN website under the “Our Community” section under “On-Reserve Subsidy Programs”. These forms are in fillable format. Click this link:

<https://www.whitecapdakota.com/en/our-community/on-reserve-subsidy-programs.aspx>

You may also contact the department office responsible for administering these programs for a copy be sent to you.

Each Subsidy Program contains a description of what is available to apply for, the Eligibility criteria, the Approval Process, Contact Information, and an Application Form.

- **WDFN On-Reserve 50/50 Agriculture Projects Assistance Program**
 - Chief Executive Officer (CEO)
- **WDFN On-Reserve 50/50 Home Improvement Program**
 - CEO
- **WDFN On-Reserve Children’s School Supplies Program**
 - Community School Coordinator
- **WDFN On-Reserve DDGL Golf Season Pass Subsidy Program**
 - CEO
- **WDFN On-Reserve Market Rent Subsidy Program**
 - Director, Housing & Public Works
- **WDFN On-Reserve Minor Sports and Fine Arts Fees Program**
 - CEO
- **WDFN On-Reserve Private Home Ownership Program**
 - Director, Housing & Public Works
- **WDFN On-Reserve Rent Subsidy and Computer Grant for Skills and Trades Apprenticeship Program**
 - Director, Housing & Public Works
- **WDFN On-Reserve Seniors Housing Subsidy Program**
 - Director, Housing & Public Works
- **WDFN On-Reserve Seniors Tax Return Service Program**
 - Director, Economic Development & Lands



FITNESS CENTRE PROTOCOL HOURS



6:00 AM to 10:00 PM DAILY

1. **EFFECTIVE SEPTEMBER 9, 2022 @ 4:30 PM.**
In the interest of community safety, the Fitness Centre door will be locked 24-7, 365 and all users must enter a code to gain access. → See page 2*
2. **ENTER AT YOUR OWN RISK.** All users acknowledge, by your use of this facility, that such use is at your sole risk, and that you shall be liable for and shall indemnify the Whitecap Dakota First Nation against any and all claims, actions, liabilities, losses, damages, or expenses relating to your use of this facility.
3. **MUST BE 16+ YEARS OF AGE**
4. **MUST BE A WHITECAP COMMUNITY OR STAFF MEMBER**
5. **MASKING IS OPTIONAL**
6. **LOG-IN AND LOG-OUT.** Enter your name, time entered, and time exited in the logbook in the entrance.

SAFETY RULES:

- If you are experiencing mild, cold-like symptoms including cough, sore throat, and sneezing, without fever, please refrain from entering our buildings.
- No children under 16 years of age allowed in the Fitness Centre
- Pay attention to the safety posters in the Fitness Centre

Security Notice:

- This facility is monitored inside and out by security cameras
- The security alarms are set to automatically disarm shortly before 6am and to arm shortly after 10pm. If you remain in the gym past the scheduled close time, an alarm is generated, and authorities are notified. **Please exit the gym promptly at 10 pm so as not to set off false alarms.**

If you have any questions or concerns, please contact the
Whitecap Band Office during business hours:
8:00am-4:30 pm Monday-Friday: (306) 477-0908

FITNESS CENTRE ACCESS CODE PROCEDURE

EFFECTIVE SEPTEMBER 9, 2022 @ 8:00 AM

Fitness Centre users will contact either of the following staff for the community code and during business hours only of 8:00AM to 4:30 PM:

Desmond Joyea, Youth & Community Program Assistant

306-492-0930 or by email: djoyea@whitecapdakota.com

or

Jordanna Johnson, Youth & Community Program Coordinator

306-469-0093 or by email: jjohnson@whitecapdakota.com

EFFECTIVE OCTOBER 11, 2022 @ 4:30 PM

Fitness Centre users must sign up for the *Whitecap App* prior to October 11th as this will be the only way we will communicate code changes.

Fitness Centre users must fill out the membership form so that we can add you to the “Fitness Centre Group”.

The community code will be changed every 2 weeks on Mondays (Tuesdays if Monday falls on a Stat holiday) and a notification will be sent to you via the App.

In the interest of Community Safety, please do not share the community access code to any person who is not a Whitecap Band member or community member.

Thank you for your understanding.

Pidamaya

If you have any questions or concerns, please contact the
Whitecap Band Office during business hours:
8:00am-4:30 pm Monday-Friday: (306) 477-0908

Does Your Family Have A 72-Hour Emergency Kit?

“What is a 72- Hour Emergency Kit and why do I need one”?

Many people ask the question, “What is an emergency kit?” Simply put, a 72-hour emergency kit (for blizzards, tornadoes, power outage, wildland fires or other occurrence) is a collection of basic items your family will need to survive in the event of an emergency.

Being aware that you and your family may need to survive on your own after a major power outage or disaster situation occurs, means having your own emergency food, water and other important supplies on hand in sufficient quantities to sustain yourself and your family for at least 72 hours.

Local officials and relief workers will be on the scene when possible after a disaster, but they cannot reach everyone immediately. You could receive help in hours—or it may take days or longer. Additionally, basic services such as electricity, gas, water, sewage treatment and telephones may be cut off for days, or even a week or more. Your emergency supplies kit should include plenty of survival essentials to help you manage during these outages.

Why Emergency Kits are Important?

Emergency survival kits have been used for centuries to protect people from natural disasters. Most people use emergency kits in natural disasters to keep them safe; however, there are also people who do not use kits because they do not think that they will ever need one because they have never experienced a natural disaster. 72-hour kits are important in any natural disaster because they keep you safe, are essential for staying prepared and fighting off stress, and could mean the difference between life and death in an emergency situation.

MAKE A PLAN TODAY. Your family may not be together if a disaster strikes, so it is important to know which types of disasters could affect your area. Know how you'll contact one another and reconnect if separated. Establish a family meeting place that's familiar and easy to find.

Since you do not know where you will be when an emergency occurs, prepare supplies for home, work and vehicles.

Home: Keep this kit in a designated place and have it ready in case you have to leave your home quickly. Make sure all family members know where the kit is kept.

Work/school: Be prepared to shelter at work or school for at least 24 hours. Your kit should include food, water, and other necessities like medicines, stored in a “grab and go” case (backpack).

Vehicle: In case you are stranded, keep a kit of emergency supplies in your car, and add items for winter driving as needed.

Emergency planning experts at WDFN are encouraging you to assemble your kit well in advance of an emergency. You may have to evacuate at a moment's notice and take essentials with you. You will probably not have time to search for the disaster supplies you require, at a time when you most need them. Emergency preparedness provides peace of mind and safety for yourself and your loved ones, and ensures that essential survival supplies will be on hand and ready-to-grab when you most need them! Now is the ideal time to make sure your emergency supplies kit is in place and up to date.

WDFN EMERGENCY MANAGEMENT

Use this suggested checklist to stock a basic 72-hour kit and add items depending on your family's needs. Ideally, your kit should be stored in a waterproof and wheeled container. You may have to stay in your home without electricity or water, or you may have to evacuate your home for a period of time. Building a 72-hour emergency kit includes everything your family needs for a 3-day camping trip, at home.

A Communication Plan

How will you get in touch? Who are you out of area contacts that family members can contact during an emergency?

List of Emergency Numbers

Police, Fire, family doctor, family/friends who can help in a crisis.

Food and water

- ☐ Four litres of drinking water per person per day.
- ☐ Food (non-perishable and easy to prepare items).

Equipment

- ☐ Manual can opener.
- ☐ Flashlight (wind-up/battery-operated), batteries
- ☐ Wind-up/battery-powered radio.
- ☐ Solar charger for phones.
- ☐ Candles, lighter, waterproof matches.
- ☐ Pens, sharpie, and paper.
- ☐ Duct tape
- ☐ Paracord, fishing line or rope, tarp, work gloves.
- ☐ Pocket knife, pocket camping saw.
- ☐ Cooking pot, folding backpack stove and eating utensils.
- ☐ Warm clothes, shoes.
- ☐ Blankets or sleeping bags, mylar blankets.
- ☐ Garbage bags, Ziplock bags
- ☐ Whistle and/or flares.
- ☐ Extra batteries.
- ☐ Playing cards, travel games and other activities for children.

Special needs items

- ☐ Infant needs (diapers, formula, bottles).
- ☐ Prescription medicines.
- ☐ Extra prescription glasses or contact lenses.
- ☐ Pet items (food, leash, muzzle, medication, etc.).

Toiletries

- ☐ Cleaning supplies (hand sanitizer, shampoo).
- ☐ First aid kit.
- ☐ Toilet paper.
- ☐ Dish soap.
- ☐ Feminine supplies.
- ☐ Toothbrush, toothpaste.
- ☐ Hair elastics.
- ☐ Brush/comb.
- ☐ Deodorant.
- ☐ Wash cloth.
- ☐ Medicine, pain relief.
- ☐ Sunscreen.
- ☐ Bug spray.

Personal documents and items

- ☐ A list of your emergency contacts (names and contact numbers).
- ☐ An extra set of house and car keys.
- ☐ Some cash in smaller bills.
- ☐ Copies of important documents like passports, birth certificates and insurance policies, driver's license.
- ☐ Photos of family members and pets (write the age, weight, height, name and other characteristics on the back)
- ☐ Printed procedures to shut off home utilities (water, electricity, gas)

Additional Items for winter and car

- ☐ Shovel, ice melt or cat litter.
- ☐ Winter boots.
- ☐ Sleeping bags, blankets.
- ☐ Warm winter clothing.
- ☐ Hand and foot warmers, HotHands.

KNOW THE RISKS, MAKE A PLAN AND BE PREPARED. YOUR 72 HOUR KIT HOLDS SUPPLIES TO SUPPORT YOU AND YOUR FAMILY FOR 3 DAYS. HAVING THE RIGHT EQUIPMENT MEANS THAT YOU AND YOUR LOVED ONES WILL BE TAKEN CARE OF AND YOU CAN SURVIVE UNTIL HELP ARRIVES.

WDFN EMERGENCY MANAGEMENT



Keeping communities safe.

SaskEnergy wants to help make your community a safer place by partnering with you and your leadership to help prevent carbon monoxide poisoning.

Carbon monoxide (CO) is an odourless, colourless, tasteless, poisonous gas generated when common fuel sources are not completely combusted (natural gas, propane, fuel oil, wood, coal and charcoal).

If a home doesn't have proper ventilation or an adequate air supply, large amounts of CO can build up creating a life-threatening situation.

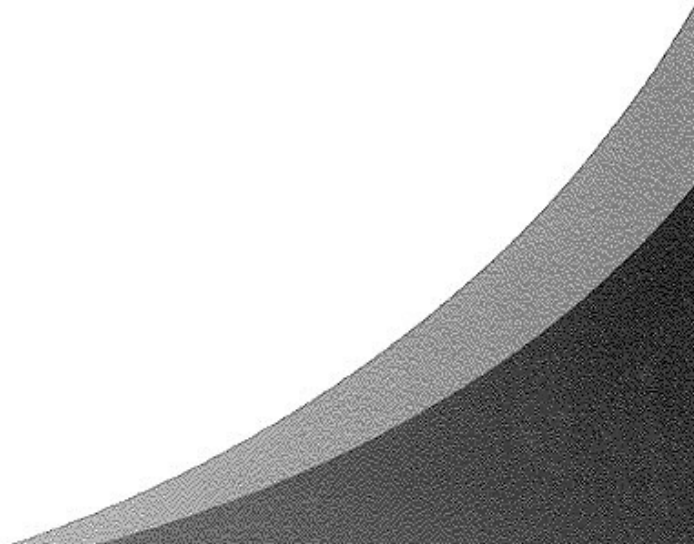
As a natural gas supplier, we recognize our part in carbon monoxide education and prevention. As such, we hope to continue a dialogue with your leadership, including those responsible for your community's housing needs, around carbon monoxide safety and specifically about installing carbon monoxide alarms inside each home. Installing a CO alarm is the best way to alert families if there is an issue.

Included in the package with this letter are magnets and informational posters that could be placed around your community. The materials talk about prevention, recognizing the signs of carbon monoxide poisoning, and who to call in case of an emergency.

We encourage you to visit [saskenergy.com/stayingsafe](https://www.saskenergy.com/stayingsafe) for more information or feel free to reach out to me directly.

Thank you for your time and consideration of the materials we have provided.

Joseph Daniels
Director, Indigenous Engagement
306.552.7712
jodaniels@saskenergy.com



Know the Symptoms of Carbon Monoxide Poisoning



Dizziness



Trouble breathing



Headache



Loss of muscle control



Burning eyes



Extreme tiredness



Nausea



Confusion

Remain calm.

If you are experiencing symptoms:



Leave the home or building immediately



Call 911



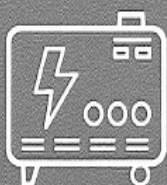
Do not enter the home or building until emergency responders say it is safe

Visit [saskenergy.com](https://www.saskenergy.com) for more information.

SaskEnergy

Protect Your Family From Carbon Monoxide Poisoning

1



**Never
use a
generator
indoors**

2



**Never use
a camp
stove or
barbecue
indoors**

3



**Keep
outside
furnace
vents clear
of ice and
snow**

Visit [saskenergy.com](https://www.saskenergy.com) for more information.

SaskEnergy

WINTER FIRE SAFETY

CHECK ON YOUR ELDERS
& NEIGHBOURS

The cold winter months can be isolating and pose a greater risk of illness and injury for many people, especially our Elders. But there are many things we can do to help our Elders, neighbours, and relatives stay healthy, connected, and safe!

VISIT AND LEND A HAND

Simply spend time. Enjoying the company of Elders and neighbours doesn't take much effort. Just being present, chatting over a cup of tea and listening to what's on their mind means a lot. If weather permits, dress warmly and enjoy a walk or outing outside together.

Clear steps and walkways. Slips and falls in icy, snowy conditions can happen easily. Help Elders and neighbours exit and enter their homes safely by shoveling snow and removing ice from their driveways, walkways, and stairs.

Clean and tidy. Kitchen fire safety starts with a clean kitchen. Help Elders and neighbours by wiping down cooking surfaces to prevent food and grease build-up. Make sure combustible materials such as paper towels, potholders, dish towels, and plastics, are away from the stove and other hot cooking surfaces where they could catch fire.

Shop and transport. Winter weather can make it difficult for elders to get out to buy food, medicine, and other supplies. Offer to include their shopping with your own and provide transportation to and from appointments.

PREPARE FOR FIRE SAFETY

Communication is key. Talk about home fire-safe practices with your Elders and neighbours to help them prepare for the winter months. Emphasize the importance of turning off all cooking and heating appliances before leaving the home or going to bed.

Heat the home safely. Make sure all heat sources are fire safe and working properly. Check space

heaters to ensure that cords and plugs are in good working order and that they are placed at least 3 feet from things that can burn. Always unplug heaters before leaving the home or going to bed.

Prevent burns. Cooking-related scalds and burns can be very painful. Provide a reminder to stay in the kitchen when cooking, turn pot handles away from the edge of the stove, wear short or tight-fitting sleeves, and use potholders when touching anything that could be hot.

Ensure alarms are working. Check that their home has working smoke alarms and carbon monoxide (CO) detectors. These early warning fire safety tools are lifesavers!

Prepare for power outages. Locate flashlights and other battery-operated lights and make sure they are working. If there is a home generator, make sure that it is outside in a dry location, well away from windows, doors, and vents that can allow CO into the home.

PLAN A SAFE ESCAPE

Ensure Elders and neighbours have a home fire escape plan. Make sure there are two ways out of each room and that windows, doors, stairs and hallways are clear of clutter. Practice the fire escape plan together.

If there is a fire, instruct everyone to get out of the home immediately and to NOT go back inside for anything.

Make sure they know to call 9-1-1 or the local emergency number.

@ fness.bc.ca B fireservices@fness.bc.ca (6 604-669-7305)

WINTER FIRE SAFETY

CANDLE SAFETY



Candle-related fires are a year-round concern especially during the winter months. Keep your home and family safe by using candles responsibly!

BEFORE BURNING

Purchase wisely. Buy good quality candles that are smoke-free, drip-free, and lead-free.

Trim the wick. Before lighting a candle, trim the wick to 1/4 inch to avoid uneven burning, dripping, and flaring.

Use sturdy holders. Secure candles in sturdy, non-combustible holders that won't tip over and can catch melting wax.

Pick the perfect spot. Place candles on stable, heat-resistant surfaces, in well-ventilated areas away from drafts, and at least 12 inches from anything that can catch fire. Keep candles out of reach of children and pets and avoid use in bedrooms and sleeping areas.

WHILE BURNING

Light with care. Use a long match or long-reach lighter to avoid painful burns. Keep matches and lighters out of reach of children.

Keep a close eye. Don't leave a burning candle unattended. A candle is an open flame that can easily cause a fire.

Stay in place. Don't touch a burning candle until it has been extinguished and has had time to cool. Hot candle wax can cause burns and the flame may ignite flammable materials.

WHEN EXTINGUISHING

Know when it's time. It is time to put the candle out when you are leaving the room, going to bed, when it has melted down to 1/2 an inch, the flame becomes too high, or flickers repeatedly.

Use care and caution. Extinguish a candle with a candle snuffer. It minimizes smoke and wax splatter. Never use water as it can cause hot wax splatter and could break the candle holder.

Leave when it's cool. Make sure the candle is completely out before leaving the room.

DURING A POWER OUTAGE

Use flashlights and other battery-operated lights, if possible, instead of candles. They are safer sources of light. Plan ahead and have spare batteries on-hand.

If you must use candles, follow the safety tips above, and NEVER use them to search for items in a confined space or when checking pilot lights or fueling equipment.

@ fness.bc.ca E: fireservices@fness.bc.ca 604-669-7305

First Nations'
Emergency Services Society
OF BRITISH COLUMBIA

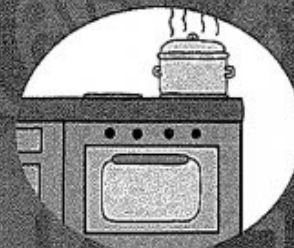


Indigenous Services
Canada

Services aux
Autochtones Canada

WINTER FIRE SAFETY

COOKING SAFETY



The kitchen is often the heart of the home, yet sadly cooking-related fires are a leading cause of home fires and injuries. These fires can be devastating and are preventable!

BEFORE YOU COOK

Keep it clear and clean. Kitchen fire safety starts with a clean kitchen. Regularly wipe cooking surfaces to prevent food and grease build-up. Keep things that burn, such as paper towels, potholders, dish towels, and plastics away from the stove and other hot cooking surfaces.

Maintain appliances. Keep cooking appliances in good working order. Check electrical cords and plugs and discard any that are damaged. Avoid overloading electrical outlets with too many appliances and be sure to unplug small appliances when not in use.

Have an early warning. Working smoke alarms save lives by providing an early warning of smoke and fire. Install working smoke alarms at least 10 feet from cooking appliances to minimize false alarms or use a smoke alarm designed to be near kitchens.

Have a fire extinguisher. Keep a fire extinguisher close by in case of a small fire. Know how and when to use it.

loved ones by turning pot handles away from the edge of the stove where they could be knocked over, keeping hot food and beverages away from counter edges, and removing lids from hot substances with care. Use oven mitts or potholders when touching anything that could be hot.

AFTER YOU COOK

Clean Up. Wipe up spills and splatters on the stove-top, in the oven, and microwave. Put things that can burn away from heat sources and always let grease cool before discarding it.

Look before you leave. When you finish cooking, turn off the oven, stove burners, and small appliances. Do a final check that everything is off before leaving home or going to bed.

EXTINGUISH SMALL FIRES

If you have any doubt about extinguishing the fire, get everyone out of the home, and call 9-1-1 or your local emergency number from outside.

Fire needs heat and oxygen to burn. To put out a small grease fire slide a lid over the pan to smother the flames, then turn off the element. Do not move the pot or remove the lid until it has cooled. For oven and microwave fires, close the appliance door and turn off the heat.

NEVER put water on a grease fire!

Fire extinguishers are only for small fires. Use an extinguisher if you know how and have a clear exit behind you in case the fire gets out of control. If in doubt, leave the home immediately and call 9-1-1 or your local emergency number.

WHILE YOU COOK

Stay present and alert. Cooking requires your full attention. Check cooking food regularly and always stay in the kitchen when frying, boiling, grilling, or broiling food. If you must leave, turn off all cooking appliances.

Protect children and pets. Keep children and pets at least 3 feet from cooking areas. This safe zone will protect them from potential burn injuries caused by hot foods and liquids.

Prevent burns. Cooking-related scalds and burns can be severe and painful. Protect yourself and your

© fness.bc.ca B fireservices@fness.bc.ca ☎ 604-669-7305

**First Nations'
Emergency Services Society**

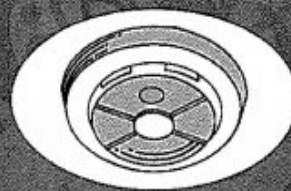


Indigenous Services
Canada

Services aux
Autochtones Canada

WINTER FIRE SAFETY

SMOKE ALARMS & CARBON MONOXIDE DETECTORS



Working smoke alarms and carbon monoxide (CO) detectors are essential fire safety tools. When properly installed and maintained, they can help save lives by providing an early warning of smoke and toxic gas.

WHY YOU NEED THEM

Smoke Alarms. Smoke alarms warn you when there is smoke. Most house fire deaths are the result of inhaling the hot, thick, toxic smoke from fire that can quickly disorient and incapacitate you.

Carbon Monoxide (CO) Detectors. CO detectors warn you when CO reaches a dangerous level in your home. Carbon monoxide is a toxic gas that you can't see or smell but can be harmful if you are exposed to it. CO is produced when fuel in fuel-burning appliances like gas stoves, furnaces, and fireplaces don't burn completely. Low levels of CO can cause headache, nausea, and fatigue; exposure to high levels can be fatal.

Combined Smoke and CO Alarms. These combination units provide detection and warning of both smoke and carbon monoxide.

HOME FIRE ESCAPE PLANNING

Plan. When a fire occurs in your home, every second counts. Create a home fire escape plan to get out quickly and safely. Plan two ways out of every room and make sure exit routes are clutter-free. Windows and doors leading outside should open easily. Decide on a family meeting place a safe distance from your home.

Practice. Having a plan isn't enough. Regular practice will ensure everyone in your home knows what to do if there is a fire and the alarm sounds. Practice your home fire drill using different ways out and at different times of the day and night.

In the event of fire. If the alarm sounds, get out and stay out. Never go back inside for anything. If you must go through smoke, stay low. When outside, call 9-1-1 or your local emergency number.

INSTALLATION & MAINTENANCE

Placement. Install smoke alarms and CO detectors according to the manufacturer's instructions. Place them on every level of the home, outside sleeping areas, and in each bedroom. To minimize nuisance alarms, avoid placing smoke alarms within 10 feet of cooking appliances and keep CO detectors at least 10 feet from fuel-burning appliances.

Testing. Make sure your alarms are working. Test smoke alarms and CO detectors monthly by pushing the test button. Change batteries once a year, or when the low-battery signal beeps. Some alarms come with a ten-year battery.

Replacement. Smoke alarms need replacing every 10 years. CO detectors require replacement every seven to ten years. If your unit malfunctions before that time, replace it.

PREVENT CARBON MONOXIDE BUILD-UP

Have fuel-burning appliances installed and serviced by a licenced contractor.

After a snowstorm, check that vents are not covered with snow.

Place generators outside in a dry location well away from windows, doors, and vents that can allow CO into your home. Never use generators indoors.

Always use kitchen vents and exhaust hoods when cooking.

Never leave a car running in an attached garage.

@fnss.bc.ca El fireservices@fnss.bc.ca 604-669-7305



Whitecap Sports Centre Booking Policy for Whitecap Band Members

(Revised May 24, 2022)

1. This booking policy is for Whitecap Dakota First Nation (WDFN) Band Members only.
2. Bookings are for family-oriented gatherings for up to 15 people.
3. Covid-19 safety protocols remain in place: *optional* masking, social distancing, and hand-sanitizing.
4. Band Members must contact the Housing & Public Works Housing Clerk to provide details of event: 306-477-2013
5. The Housing Clerk checks on availability and then relays the request to the Director, HPW for approval. Once approved, the Housing Clerk proceeds with the following:
 - a. Arranges for a Facility Usage Agreement (FUA) to be signed by the Director, HPW and the Band Member.
 - b. Collects the non-refundable \$50 cleaning fee from the Band Member and issues a receipt and a copy of the FUA.
 - c. Books the WDFN after-hours security person to open/close the sports centre and to perform inspections of the facility before and after the event.

Booking Conditions:

- Band Member is responsible for any missing WDFN property and/or damages to the sports centre and agrees to reimburse WDFN for replacement/repair costs.
- The use of the sports centre *does not include* use of the kitchen cooking equipment.
- The refrigerator is available to store food and beverages.
- No alcohol allowed in the Sports Centre.
- Band Members must bring their food already prepared and bring their own supplies; such as disposable plates, cutlery, and coffee/tea and condiments.
- There is a coffee maker and tea kettle available for use.

Note:

This booking policy *does not* apply to bookings for the outdoor areas of the sports grounds i.e.) the Dakota Gardens or Sports Centre patio. Please refer to that separate policy for the booking protocol.



Whitecap Sports Grounds Booking Policy for Whitecap Band Members

(Effective May 1, 2022)

1. This booking policy is for Whitecap Dakota First Nation (WDFN) Band Members only.
2. This booking policy applies to the Dakota Gardens or the Sports Centre Patio or a combination of these areas and *does not include* use of the Sports Centre washrooms.
3. Band Members must contact the Housing & Public Works Housing Clerk to provide details of event: 306-477-2013
4. The Housing Clerk checks on availability and then relays the request to the Director, HPW for approval. Once approved, the Housing Clerk proceeds with the following:
 - a. Arranges for a Facility Usage Agreement (FUA) to be signed by the Director, HPW and the Band Member.
 - b. Collects the \$150.00 damage deposit fee from the Band Member and issues a receipt and a copy of the FUA.
 - c. Books the WDFN after-hours security person to open/close the gate to the sports grounds and to perform inspections of the outdoor area(s) before and after the event.
 - d. Within (3) three business days, arranges for a refund of damage deposit to the Band Member provided that the area(s) are left in a clean state, there are no damages and there is no missing WDFN property. Deductions will be made accordingly based on the inspection report.

Booking Conditions:

- Band member is responsible for any damages to the sports grounds and agrees to reimburse WDFN for repair costs that exceed the amount of the damage deposit.
- The use of the sports grounds *does not include* the use of the Sports Centre washrooms. Band member must arrange for and cover their expense for the rental of outdoor portable toilets for their event.
- For events involving the serving of alcohol, the Band member must purchase a liquor license and liability insurance and provide security staff.

Note:

This booking policy *does not* apply to bookings for the Sports Centre. Please refer to that separate policy for the booking protocol.



**Charles Red Hawk Elementary School (CRHES)
Gym Rental Policy
for Whitecap Band Members
(Effective July 7, 2022)**

1. This rental policy is for WDFN Band Members only.
2. Band Members must contact the CRHES Community School Coordinator (CSC) / Administrative Assistant (AA)** to provide details of event.

*** During the summer months of July and August, contact the Administrative Assistant, Support Services at the Band Office.*

3. The CRHES CSC/AA makes inquiry with the School Principal and the Youth & Community Program Coordinator on availability of gym and then relays the request to the CEO for approval. Once approval granted, the CRHES CSC/AA proceeds with the following:
 - a. Arranges for a Facility Usage Agreement (FUA) to be signed by the CEO and the Renter.
 - b. Collects the rental fee of \$150.00 from the Renter and issues a receipt and a copy of the FUA.
 - c. Books the WDFN after-hours security person to open/close the gym and to perform inspection of the facility after the event.
 - d. Within (3) three business days, arranges for a \$100.00 refund to the Renter if the facility is left in a clean state, there are no damages and there is no missing CRHES property.

Notes:

- The use of the CRHES Gym does not include the use of the Kitchen unless the event is for a wake/funeral or a feast;
- All gym bookings will follow standard Covid-19 safety protocols with optional masking and hand sanitizing.
- Maximum number of guests is 60 people.
- Meal must be served in individually pre-packaged meals; no open buffet style meals permitted.

Bookings for Funeral/Feast Protocol:

- The WDFN will not charge a rental fee if the event is for a wake/funeral.
- The WDFN will charge a rental fee of \$150 if the event is for a private, family feast.



Booking Policy for Other Whitecap Indoor Facilities (As of July 7, 2022)

Please be advised that the following indoor facilities *are not available* for bookings for private events by Whitecap Band Members:

- **Fire Hall:** no longer available for bookings as it has been converted into office space.
- **Elders Centre:** not available for bookings as is dedicated to programs for Elders and certain health programming by Whitecap staff.
- **Cover-All** (at sports grounds): not available for bookings until further notice.

Note:

Please refer to the notices regarding the booking policies for the Sports Centre, the Sports Grounds and the CRHES gym.

NOTICE

Please be advised of some recent changes to the operations at the Waste Transfer Station:

- Effective immediately, waste will be tracked and monitored by the Waste Transfer Attendant.
- Accepted waste includes:
 - Solid waste (sorted and bagged)
 - Organic waste (grass clippings, leaves, garden material, etc.)
 - Scrap metals
 - Recyclable materials
 - Wood
 - Electronics (computers, tv, etc.)
 - Used appliances (fridges, stoves)
 - Tires
 - Construction and demolition materials (shingles, bricks, cement, siding, etc.)
 - Propane tanks
- Hazardous accepted materials include:
 - Used oil and used oil filters
 - Automotive batteries
 - Used paint and stain
- When dropping off any lawn mowers or other items that may contain fuel or oil, it will be the individual's responsibility to drain any and all fluids prior to disposal at the site. The site attendant can restrict what is accepted at the transfer station.
- The facility is available for access Monday to Friday, 8:00AM – 4:30PM by appointment only. Gates will be locked at all times when unsupervised. To access the site, contact the WDFN Public Works office at (306) 477 – 2013.
- WDFN Community will be notified when the site will be open and available for use without appointment via the community newsletter, the Whitecap mobile app, and/or the WDFN website.

NOTICE

Be advised that hunting
and fishing on the
Dakota Dunes Golf
Course is strictly
prohibited.

REMINDER

Whitecap Dakota First Nation **Community Curfew**

All persons, 12 years of age and under are required to be off Community streets and Community property between 8 P.M. and 7 A.M. unless accompanied by a parent or guardian.

All persons, between the ages of 13 and 17 are required to be off Community streets and Community property between 11 P.M. and 7 A.M. unless accompanied by a parent or guardian.



Reminder for ATV/Snowmobile Users!

- Please be respectful of peoples property
 - Stay in ditches and trails
 - Follow all safety rules: helmets, etc.
 - Respect time of day
- (ATV's are loud, be considerate of neighbors)
- Children under the age of 16 should not be operating an ATV
 - Be cautious of children playing and pedestrians

Have Fun and Be Safe!

Whitecap's Mobile App is Live!

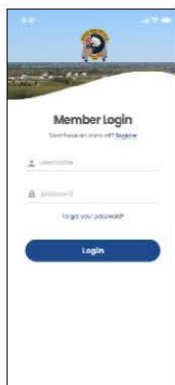
The First Nation's custom mobile communications app contains community notices, news articles, events and job postings.

The app is available for install on cellular devices and can be found in the *Apple Store* or the *Play Store*. Search for "Whitecap Dakota First Nation Communications". Looks like this →



WDFN

Or you can scan this QR Code to take you to the download link:



The app is public, and anyone can download it. However, we can push out urgent notifications, and post surveys and forms for various programs which will be sent privately to Whitecap Band Members, Community Members, and Staff only. Users need to register to log in.

A friendly reminder to Whitecap Band Members:

Once you are a registered user, we ask that you complete our *Member Verification* form found in the App under the *Forms* section. Your personal information will assist us to verify band membership and so that we can contact you for various Whitecap programs or initiatives. (Your completed form is sent directly to our IRA /Band Membership Clerk for confirmation and then your contact information is entered in our membership database.)



WDFN App User Guide

Registration & Login

Registering for an account is quick and easy, just follow the steps below.

1. Open the mobile application.
2. Continue through the first-run screens
3. Enable push notifications on your device via the prompt
4. Upon reaching the login screen, press the 'Register' link
5. Fill out the registration form and press the 'Registration' button
6. You will receive a confirmation email at the address you registered with, click the confirmation link in the email.
 1. If you do not receive the confirmation email, please check your spam folder.
7. once you click the verification link, you will be able to login with the username and password you registered with.

Recover Your Password

If you previously registered for Communikit and have forgotten your password, simply click the 'forgot your password?' link below the login form. Enter the email you signed up with in the 'Email' field and press 'Send Link'. Check your email for instructions on how to reset your password. If you do not receive the reset email, please check your spam folder.

Manage Your Profile

To manage your profile, tap on the menu icon and then tap 'edit my profile'. You can change your name or password from this screen.

FAQS

Access frequently asked questions about Communikit by tapping the menu button and selecting 'FAQs'. Tap each question to expand it's answer.

Can't find an answer to your question? Reach out to support at help@communikit.ca

Contact

To locate your Nation or Organization's contact information, tap the menu button and select 'Contact'. Any email addresses or phone numbers shown can be tapped to initiate an email or a phone call.

Troubleshooting

Here are some answers for commonly reported issues:

I registered through the app, but I can't login to the app.

There are a few reasons you might not be able to login after registering:

- Have you verified your email address? You will need to click the link in your verification email before logging in. If you have not received the verification email please check your spam or junk folder.
- Are you entering the correct username? Remember to use your username, not your email address.
- Are you typing your password correctly? Try opening notepad, typing out your password and then copying and pasting it into the password field.

If the above does not work, you can always reset your password or contact support

I have access to the app and new content appears, but i do not receive push notifications.

The first time you opened the app, you would have been asked to enable push notifications permissions, You can confirm that this is enabled through your device's settings.

I can't receive any verification/password reset/other automated email from the Communikit Platform.

If your email's spam filtering is particularly aggressive emails from Communikit may get caught up in your mail's junk or spam folder.

You can also try whitelisting the address: admin@mg.communikit.ca to ensure these emails are delivered to your inbox.

I'm receiving an error message that says my build has expired.

If you are receiving this error message, you were previously using a beta version of the app. Please delete the app and download it from your device's App store and log back in.

Support

Need help or technical support? You can reach our support team by reaching out using one of the methods below:

By Phone: 780-481-5444 (8AM-4PM MST | Monday - Friday

By Email: intake@communikit.ca (24/7 | We'll reply as soon as we can)