

Wozupi Wi The Planting Moon April 2023

WAPAHA SKA



DAKOTA WOTANIN

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DAKOTA WOTANIN

Wozupi Wi

- April 2023

Wapaha Ska Dakota Wotanin

Will be posted to the website during the first week of the month

REMINDER:

THE NEXT WAPAHA SKA DAKOTA WOTANIN SUBMISSION DEADLINE IS: Friday April 28th, 2023 @ 4:30 PM

Forward Submissions to:

receptionbo@whitecapdakota.com Or call 306-477-0908 Thank you.

WHITECAP DAKOTA FIRST NATION

182 CHIEF WHITECAP TRAIL WHITECAP, SK S7K 2L2
TELEPHONE: 306-477-0908

FAX: 306-374-5899

www.whitecapdakota.com

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NEXT ISSUE: FIRST WEEK OF May 2023

WHITECAP EMERGENCY DIRECTORY

FIRE EMERGENCY

Major Fire: 911

Rural Saskatoon Fire Dispatch:

306-975-3030

Minor Fire: Contact Fire Chief

ARNOLD STONE: 306-290-2760 (Cell)

POLICING SERVICES

Contact: 911

Complaints & Inquires:

306-975-5145

MEDICAL EMERGENCY

Contact MD Ambulance Dispatch: 911

OUTAGE/NATURAL GAS REPORTING

SaskPower Outage Reporting: 306-310-2220

SaskEnergy Natural Gas Emergency & Safety:

1-888-700-0427

MEDICAL TRANSPORTATION

Medical Taxi: 306-373-4600

Weekdays Only: 8:00am—4:30pm

After Hours: 911

MD Ambulance Services

Poachers (TIP) Program

24 hours: 1-800-667-7561

SaskTel Cell: 55555

SELF HELP

& OTHER

Saskatchewan Crime Stoppers:

1-800-222-TIPS (8477)

Suicide Crisis Line: 306-933-6200

Kids Help Line/Suicide Hotline:

1-800-668-6868

STC Well-Being Services

Child Neglect/Protection Concerns:

1-866-871-4237

Toll Free: 1-844-956-5668

Domestic Abuse Crisis Line:

1-888-338-0880

Sexual Assault Crisis Line: 306-244-

2224

Poison Control Center: 1-866-454-1212

Problem Gambling: 1-800-306-6789

Health Line: 1-877-800-0002

The Health Line is a group of Health Nurses that will determine if your health condition requires immediate medical attention. This service is available 24 hours a day. All calls are confidential.

Whitecap Security Team

Telephone: 306-477-0082

Cell: 306-281-7543 or 306-281-4868

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WHITECAP DAKOTA FIRST NA	TION EMERGENCY CONTACT LIST
CRISIS	REPSONSE
AMBULANCE	911
RCMP	306-975-5145
Saskatoon Mobile Crisis	306-933-6200
SUICIDE I	PREVENTION
Whitecap Dakota FN Health Centre	306-373-4600
24/7 Hotline	1-833-456-4566
KIDS HELP LINE	1-800-668-6868
DOMESTI	CE VIOLENCE
HOTLINE	1-888-338-0880
Interval House	306-244-0185
Salvation Army Support	306-242-6833
	ROTECTION
STC Well-Being Services	1-866-871-4237 or 1-844-956-5668
Saskatoon and Rural	306-933-6077
After Hours- Mobile Crisis Services	306-933-6200
Saskatchewan Advocate for Children & Youth	306-933-6700 or 1-800-322-7221
	OUCE
RCMP	306-975-5145
Saskatoon City Police, Non-Emergency Line	306-975-8300
PARAMEDIC EMERGENCY MEDICAL SERVICES	911
	RGENCY SERVICES
Royal University Hospital	306-655-1368
St. Paul's Hospital	306-655-5113
City Hospital	306-655-8230
Whitecap Dakota First Nation Health Centre	306-373-4600
	ICY SHELTERS
YWCA, Women's Shelter	306-244-2844
Salvation Army, Men's Shelter	306-244-6280
	ASSAULT SUPPORT
Saskatoon Sexual Assault Center	306-244-2224
	TIM-WITNESS ASSISTANCE
Legal Aide	306-933-7820
Victim Services	306-975-8400
The control of the co	ually Transmitted Diseases)
Sexual Health Clinic, 101 - 310 Idylwyld Dr. North, Saskatoon	306-655-4664
Saskatoon Sexual Health, Family planning	306-244-7989
AIDS Saskatoon	306-242-5005
	306-242-5005
Persons Living with AIDS Organization	306-373-7766 LP GROUPS
Mental Health Clinic	306-655-7950
Alcoholics Anonymous	306-665-6727
Narcotics Anonymous	1-877-463-3537 or 306- 652-5216
Gambling Anonymous	1-800-306-6789
	OUNSELLING (MH Clinic)
Saskatchewan Health Authority- Adults	306-655-4100
Saskatchewan Health Authority- Youth	306-655-4900
MACSI Center Intake	306-657-4275
	ALTH SERVICES
Mental Health Therapist – Whitecap Dakota First Nation	306-373-4600 cellphone 306-979-8484
24/7 Hotline	1-855-242-3310
Canadian Mental Health Association, Saskatoon Branch	306-384-9333
Mental Health & Addiction Services Centralized Intake	306-655-7777
	RRECTIONS OFFICERS
WDFN Justice Worker	306-373-4600
Probation Officer	306-933-6324
Fine Option	306-244-0320

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Whitecap Community Safety Officer (CSO) Program.



CONTACT INFORMATION:

Temporary Phone Number: 306-281-4868

Office Location: Whitecap Dakota FN Fire Hall.



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FREQUENTLY ASKED QUESTIONS:

WHAT IS A COMMUNITY SAFETY OFFICER (CSO)?

A CSO will provide additional uniformed presence and patrol in WDFN. They can investigate low-risk incidents (ex. property theft) and engage in the enforcement of provincial laws and/or WDFN bylaws. They may also work with prevention-based programs, such as schools or with community groups.

WHAT HAPPENS TO THE RCMP?

CSO's and the RCMP will work together. When CSO's deal with lowrisk incidents, the RCMP will have more time to focus on serious criminal investigations.

CAN CSO's PULL YOU OVER?

Yes, CSO's can pull you over when they are in uniform.

CAN CSO's ARREST YOU?

CSO's have the authority to make arrests under certain provincial legislation.

DO CSO's CARRY WEAPONS?

CSO's do not carry guns, however, they do carry handcuffs, batons, and an Oleoresin Capsicum spray.

WHY DO WE HAVE CSO's?

In October 2019, WDFN, Muskoday, and the Province of Saskatchewan signed an MoU agreement. The MoU implements the CSO program to better enforce our laws and ensure community safety. This pilot program is supported by federal and provincial policing funding and by the Lands Advisory Board.



CSOs may enforce laws under the following acts:

- The Traffic Safety Act
- The Alcohol and Gaming Regulation Act, 1997
- The Highways and Transportation Act, 1997
- The Whitecap Environmental Protection Law, 2018
- The All-Terrain Vehicles Act and The Snowmobile Act
- The Trespass to Properties Act
- The Mental Health Services Act
- The Stray Animals Act
- The Summary Offence Procedures Act
- WDFN Smoking Bylaw
- WDFN Cannabis Control Law (2022)
- Other WDFN Bylaws (e.g., waste disposal)

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Upcoming Meetings

Council Meeting

Monday May 1st, 2023 9AM @ TBD Page 8 April 2023



Whitecap Dakota First Nation

Band Membership Meeting with the Hon. Marc Miller, Minister of Crown-Indigenous Relations

Wednesday, April 12, 2023
Tatanka Room, Dakota Dunes Resort

5:00 PM – Registration
5:30 PM – Supper
6:00 – 7:00 PM – Chief & Council Updates and Governance
Update
7:00 PM – Minister Miller
8:00 PM – Door Prizes

Open to Whitecap Band Members Only (18+ years)

Urban and On-Reserve Members requiring transportation to the event, please contact Reception at the Band Office @ 306-477-0908 or receptionbo@whitecapdakota.com by April 11

Cash Door Prize Draws

\$1000 - \$750 - \$500

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Whitecap Dakota First Nation COUNCIL PORTFOLIOS

Chief Darcy Bear

- 1. Self-Government
- 2. Intergovernmental Affairs
- 3. Dakota Reconciliation
- 4. Economic Development
- 5. Finance
- 6. Major Capital
- 7. Taxation
- 8. Gaming
- 9. Housing
- 10. Public Works & Infrastructure
- 11. Lands & Agriculture

Councillor Dwayne Eagle

- 1. Health & Social Development
- 2. Child and Family Services
- 3. Saskatoon District Health WDFN Partnership
- 4. Justice & Policing
- 5. Occupational Health & Safety
- 6. Emergency Response, Fire Protection & Security
- 7. Environment Management
- 8. Fisheries & Oceans
- 9. Hunting & Trapping
- 10. Dakota Dunes Casino Liaison

Councillor Frank Royal

- 1. Administration & Operations
- 2. Education
- 3. Post-Secondary
- 4. Saskatoon Public School WDFN Partnership
- 5. Whitecap Early Learning Centre Inc.
- 6. Culture & Language
- 7. Youth & Recreation
- 8. Employment & Training
- 9. Membership
- 10. Veterans Affairs

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Whitecap Dakota First Nation

ADVISORY COMMITTEES

EFFECTIVE FEBRUARY 25, 2021

Education Advisory Committee
Culture & Recreation Advisory Committee
Membership Advisory Committee

Members:

Members:

Sheldon Buffalo Heather Buffalo Kevin Littlecrow Chelsey Sinclair Don Redbear Jared Royal

Ex-officio Vice-chairperson: Councillor Frank Royal Vivian Anderson
Jennifer Buffalo
Elmer Eagle
Allison Daniels
Verna Buffalo
Lori Buffalo-DeLaRonde
Deanna Harper

Lands Advisory Committee

Self-Government Advisory Committee

Housing & Public Works Advisory Committee

Ex-officio Vice-chairperson: Chief Darcy Bear

Health & Social Development Advisory Committee

CFS Advisory Committee

Justice Advisory Committee

Members:

Nancy Linklater Rick Gamola Miranda Harper Loretta Whitecap Brown Trevor Cheekinew-Buffalo Caitlin Royal Pamela Eagle

Ex-officio Vice-chairperson: Councillor Dwayne Eagle Page 11 April 2023



WHITECAP DAKOTA HEALTH CENTRE

AT THIS TIME, PLEASE CALL THE HEALTH CENTRE TO ACCESS SERVICES 306-373-4600

Appointments available:
9:30 am- 3:30 pm
Monday-Friday
Closed Statutory
Holidays

THANK YOU FOR YOUR COOPERATION

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STC Well-Being Services

Saskatoon Tribal Council (STC) Well-Being Services works collaboratively with our member communities to provide positive outcomes for children and families through the Progressive Model. The Progressive Model funding assists communities in enhancing their prevention and family support services that keep families intact and thriving within their circle of support and cultural connections. The goal is to move towards implementing and delivering their child welfare model.

Well-Being Services provides two collaborative pathways of services to STC members in their respective communities:

Child Protection and Child Safety Services

STC has the legal authority under delegation of the Ministry of Social Services (Child and Family Services Act) to assess, investigate, and respond to alleged reports of child welfare concerns in our member communities.

Well-Being Services works collaboratively with communities to respond to child welfare concerns focusing on addressing safety concerns that support the child's best interest and build upon family strengths.

Secondary-Level Services

Ongoing assessments are essential in enhancing prevention and family support services.

Communities are in the best position to know what is required to meet the needs of their families and children.

Well-Being Services helps facilitate and support capacity building in essential prevention and family support services for our member communities through our clinical and technical support services.

STC Urban Family Services

Our urban members can also access STC Urban Family Services programs for family support and children programs at their new location at 320-21st Street West in Saskatoon. Please call 306-956-0318 for more information or visit STC's webpage.



Intake Contact Information

General Inquiries about Well-Being Services:

306-659-5668 or toll free 1-844-956-5668

(Monday to Friday 8am to 4:30pm)

This number gets forwarded to an answering service outside of office hours and only urgent child welfare concerns will be patched through to an on-call worker

For Kinistin, Mistawasis, Muskoday, One Arrow, and Whitecap:

STC toll-free child protection reporting line: 1-866-871-4237

This number is forwarded to a call-center after hours, which in turn directs the call to the STC worker on call.

For Muskeg Lake:

Child welfare reports currently go directly to the Ministry of Social Services. Their toll-free intake number is 1-800-274-8297. This number is routed through Mobile Crisis outside of regular office hours.

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The Child and Family Services Act requires First Nations Child and Family Services Agencies to provide services to families on reserve where children are believed to be in need of protection. The goal of child protection services is to maintain children in their family home whenever possible and, if a child must be removed for their protection, to reunite families as soon as possible.

What is child abuse and neglect?

Abuse and neglect refers to circumstances that may be harmful to a child's physical, emotional or psychological health.

- Physical abuse any action, including discipline, causing injury to the child's body. Indicators: the presence of several injuries over a period of time; any bruising on an infant; reluctant to go home; cannot recall how injuries occurred, or offers an inconsistent explanation.
- Sexual abuse any action involving a child in sexual exploitation or sexual activity including touching, exposure, using a child in the making of/or viewing pornography. Indicators: injuries to the genital or anal area (e.g., bruising, swelling, infection); pregnancy; age-inappropriate sexual play with toys, self, others; bizarre, sophisticated or unusual sexual knowledge.
- Emotional maltreatment expecting a child to be able to do things he or she cannot do, embarrassing or insulting a child, making hurtful comments about a child's appearance, intelligence, size, ability, etc. Indicators: bedwetting and/or diarrhea which is non-medical in origin; frequent complaints of headaches, nausea, abdominal pain; extreme withdrawal or aggressive behavior; severe depression; running away from home.
- Neglect failing to provide a child with enough food, proper clothing, shelter, health care, or supervision. Indicators: hunger, inappropriate dress, poor hygiene' developmental delays; persistent health conditions (e.g., scabies, head lice); steals food; reports no caregiver at home.
- Domestic violence exposing a child to a pattern of abusive behavior or threats of abusive behavior by one caregiver against another (hitting, kicking, restraining, slapping, throwing objects, intimidation, stalking, etc.). Indicators: physical injuries; aggressive or antisocial behaviours; poor social relationships; low selfesteem.

Duty to Report

Anyone having reasonable suspicion that a child's physical, mental, emotional welfare has been or is being neglected has the legal duty to report such information immediately to a local First Nations Child and Family Services, Ministry of Social Services, or to the Police.

"The duty to report overrides professional confidentiality codes when there is reason to believe that a child may be abused or neglected."

As a parent...

If you would like general information on supports available, please call 306-659-5668 or toll-free 1-844-956-5668 and request to speak to the Social Worker on Duty.

If you feel unable to safely parent your children, please call **1-866-871-4237**.

As a community member...

If you believe a child may be neglected or abused, you have a **legal responsibility** to report your concerns by calling 1-866-871-4237.



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Whitecap Health Centre Staff Phone: 306-373-4600 Extension Numbers

Staff Member	Ext.	Position	Email
Lori Sparling	#8601	Director of Health & Social Development	Isparling@whitecapdakotahealth.com
Angela Buffalo	#8625	RN	abuffalo@whitecapdakotahealth.com
Arlene Peeteetuce	#8603	RN	apeeteetuce@whitecapdakota.com
Brenda Littlecrow		Transportation Service Provider	blittlecrow@whitecapdakota.com
Carrie Desnomie	#8604	Administrative Assistant	cdesnomie@whitecapdakotahealth.com
Christine Greyeyes	#8614	Home Care/LPN	cgreyeyes@whitecapdakota.com
Cora Fischer-Sutherland	#8606	Jordan's Principal Coordinator	cfischer@whitecapdakotahealth.com
Vacant		Accreditation Coordinator	
Fern Rose	#8607	Dental Therapist	
Joanne Alexander	#8609	Mental Health Therapist	jalexander@whitecapdakotahealth.com
Jody Harder		Custodian	
Jolie Seaton		Home Health Care Aide	jseaton@whitecapdakota.com
Karen Hart	#8610	Nurse Practitioner	
Karen Hercina	#8610	Nurse Practitioner	
Larissa Robillard	#8613	Community Justice Worker	Irobillard@whitecapdakotahealth.com
Lee Sinclair		Transportation Service Provider	Isinclair@whitecapdakota.com
Lori Buffalo-Delaronde	#8615	Income Assistance Coordinator	lbuffalod@whitecapdakotahealth.com
Natasha Kwasek	#8626	Maternal Child Health/Healthy Living Nurse	Nkwasek@whitecapdakota.com
Victorine Royal	#8600	Receptionist	vroyal@whitecapdakotahealth.com
Wendy Derksen	#8618	Accountant-Health	

Whitecap Well-Being Staff Phone: 306-373-4600 Extension Numbers

Staff Member	Ext.	Position	Email
Tanis Shanks	#8617	Director, Wellbeing Services	tshanks@whitecapdakota.com
Angel Skipper		Youth & Community Program Assistant	askipper@whitecapdakota.com
Colette Eagle		Wellbeing Administrative Assistant	ceagle@whitecapdakota.com
Desmond Joyea		Youth & Community Program Coordinator	djoyea@whitecapdakota.com
Diane Littlecrow		Cultural Liaison	dlittlecrow@whitecapdakota.com
Jordanna Johnson		Nation's Youth and Community Program Coordinator - LEAD	jjohnson@whitecapdakota.com
Kristen Netmaker		Youth & Community Program Coordinator	knetmaker@whitecapdakota.com
Sheldon Buffalo		Cultural Liaison	sbuffalo@whitecapdakota.com
Wendy Dice		Child & Family Services Liaison	wdice@whitecapdakota.com

Whitecap Well-Being Staff - 410 LTC Phone: 306-373-4600 Extension Numbers

Staff Member	Ext.	Position	Email
Brittany Deschambeault		Family Support Coordinator	bdeschambeault@whitecapdakota.com
Heather Musqua		Family Support Coordinator	hmusqua@whitecapdakota.com
Tammy Kehoe		Wellbeing Prevention Supervisor	tkehoe@whitecapdakota.com



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WHITECAP HEALTH CENTRE

Whitecap is booking appointments for Covid-19 vaccine or booster and the flu vaccine.

If interested in getting your Covid-19 vaccine or booster, call the Health Centre to book.

Rapid tests are available at the Health Centre, please call to arrange for pick up or delivery.

Masks are encouraged while visiting the Health Centre if you are experiencing respiratory symptoms such as a cough, etc.



306-373-4600

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Learning to live with COVID-19 DOESN'T MEAN THE PANDEMIC IS OVER!

People in our community continue to get sick.

You can help protect our community by protecting yourself and others.

Wear A Mask In Public Indoor Settings



Wash Your Hands Frequently Or Use Hand Sanitizers



Protect Our Most Vulnerable!



TESTING 1-2 TIMES PER
WEEK IS RECOMMENDED
Ranid Test Kits are available

Rapid Test Kits are available at your Health Centre

COVID-19 VACCINATION
IS YOUR
BEST PROTECTION!



Cover Your Mouth When You Sneeze or Cough



Stay At Home When You Are Not Feeling Well



Practice Physical Distancing



 Reduces your risk of serious illness and Long COVID-19 symptoms

 Protects the Health Care System and essential services in our community

IMPROVE YOUR PROTECTION

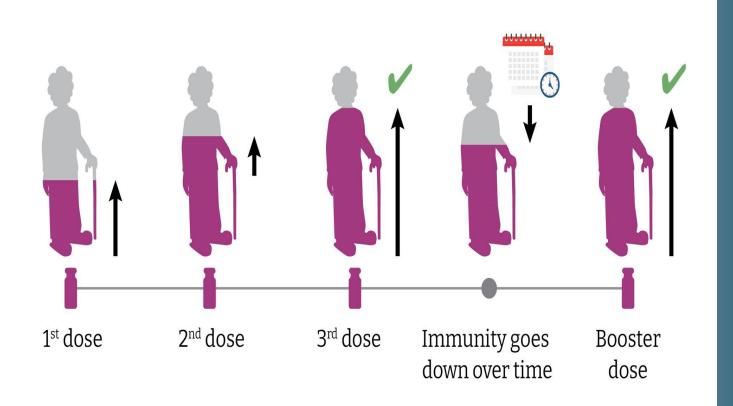
Talk to your Community Health Nurse about getting your COVID-19 Vaccinations up to date.

(Adapted from Northern Inter-Tribal Health Authority's "Learning to live with COVID-19" poster)

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Everyone's health is unique and some may need more doses to reach a high level of protection (like Max's Grandma).



The greater your immunity, the more your body is able to fight COVID-19. This means you are less likely to have a very serious case or need to go to the hospital.

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Mental Wellness Supports







If you're experiencing emotional distress or someone you know is struggling, these resources are available to support you.

If you are experiencing a mental health crisis, call 911 immediately.

Hope for Wellness Help Line and Chat

Immediate support is available 24/7

Toll-Free: 1-855-242-3310

Online Chat: www.hopeforwellness.ca

Indian Residential Schools Saskatchewan Region Toll-Free:

1-866-250-1529

National Indian Residential School Crisis Line Toll-Free:

1-866-925-4419

The National Indian Residential School Crisis Line has been set up to provide **immediate support** for former students and those affected. Emotional and crisis referral services can be accessed through the 24-hour national crisis line.

Missing and Murdered Indigenous Women and Girls Support Line Toll-Free:

1-844-413-6649

Wellness Together Canada

Provides immediate crisis/substance use support:

Adults: Text WELLNESS to 741741

Front Line Workers: Text FRONTLINE to

41741 https://ca.portal.gs/

Non-Insured Health Benefits (NIHB) Mental Health Counselling

Immediate support is available 24/7

Toll-Free: 1-866-885-3933

For Youth:

Kids Help Phone supports youth 24/7

and through a partnership with We Matter

Call: 1-800-668-6868 Text: 686868

Online: <u>kidshelpphone.ca</u> wemattercampaign.org

Jordan's Principle NEW

Saskatchewan Toll-Free Line: 1-

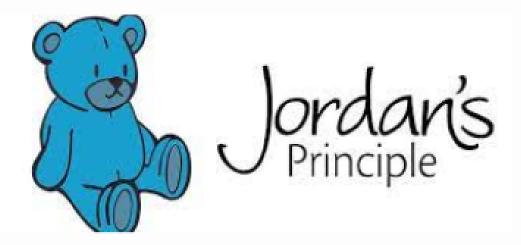
833-752-4453

(1-833-SK-CHILD)

www.canada.ca/jordans-principle



Indigenous Services Canada Services aux Autochtones Canada Page 19 April 2023



Helping First Nation's children under age of 18 access the products, services and supports they need

speech therapy, educational supports,
medical needs, health services,
respite care, medical supplies,
assessments and more.

If you have question about your child's needs, and what services/supplies are eligible contact Cora at cfischer@whitecapdakotahealth.com

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Mental Health

Suicide Prevention 1-833-456-4566

Hope for Wellness 1-855-242-3310

Addictions Detox 1-306-655-4195

Domestic Violence

Interval House 1-888-338-0880

Sexual Assault 1-306-242-3310

Child Protection 1-888-225-2244

WDFN Therapist: 306-979-8484

IN AN EMERGENCY CALL 911 RCMP .. 307-975-5145

811 - Health Line 211 - MH Hub





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AGES & STAGES

Growth and Devlopment

What is this?

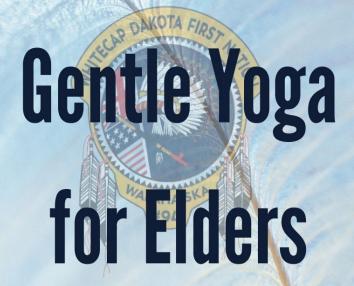
- Is your child between the ages of 2 months 5 years old.
- 2. Are you wondering if behaviour is normal?
- This testing will help identify your child's strengths and weaknesses.
- 4. Nurse Tasha will come to your home and assess your child and teach you ways to help your child succeed.

Call or text Tasha

306 381 6428 to set up an appointment.



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Yoga Instruction lead by Joanne Alexander

Elders Centre

Wednesday, April 5th & 19th.

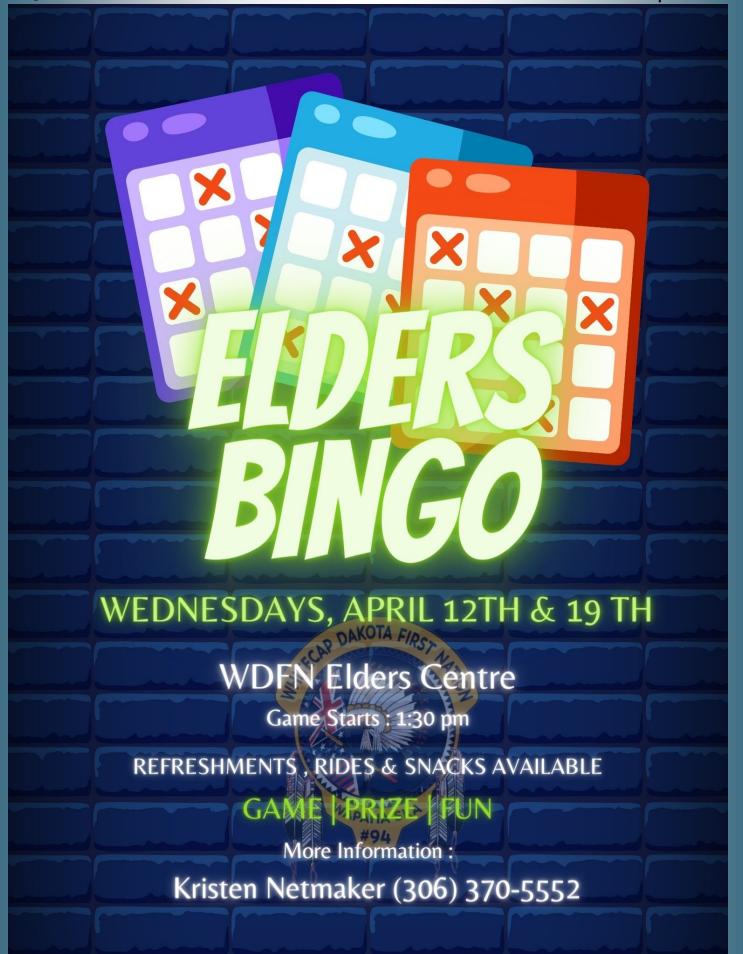
10:30am-12:30pm

Rides & light lunch provided

Please call Kristen Netmaker @ (306) 370-5552 to sign up.



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The Striders

What: Formerly known as the Elders Walking Program, this group is open to our Elders in the community who want to meet weekly to get their steps in.

Where: Saskatoon Leisure Centre's

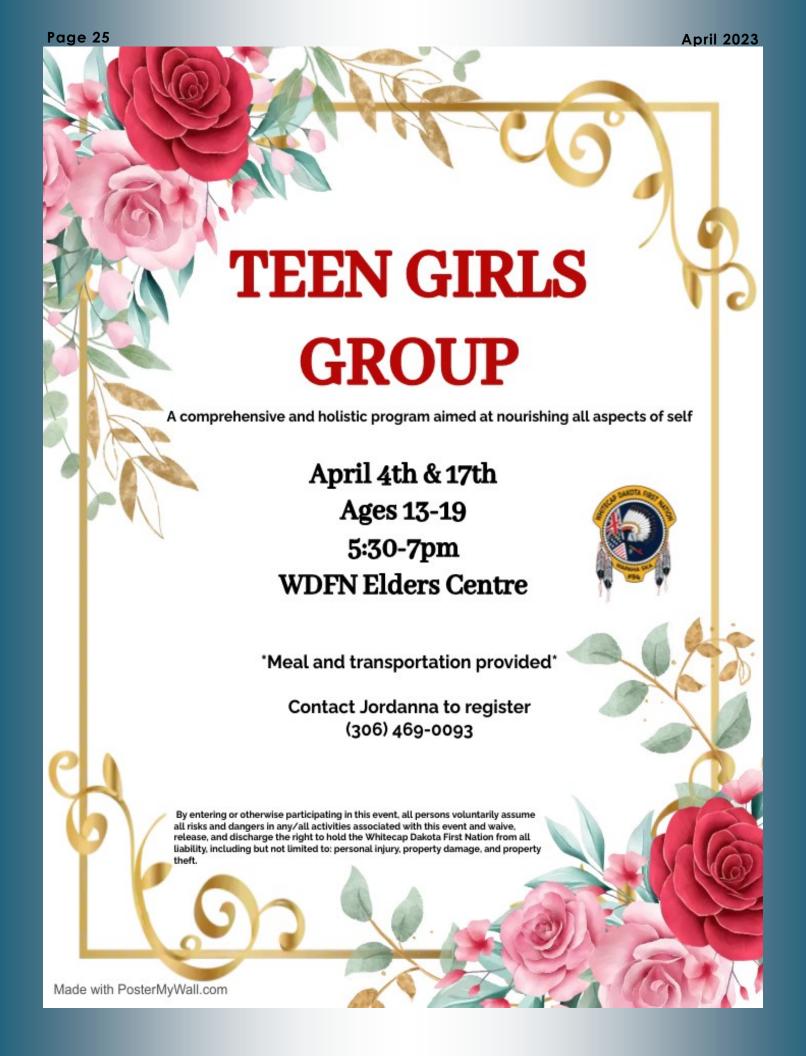
When: Thursdays @ Ipm.

Transportation and rides will be provided.

Please call Kristen Netmaker @ (306) 370-5552 to signup.







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Moen Wellbeing Services

ALL DAKOTA FIRST

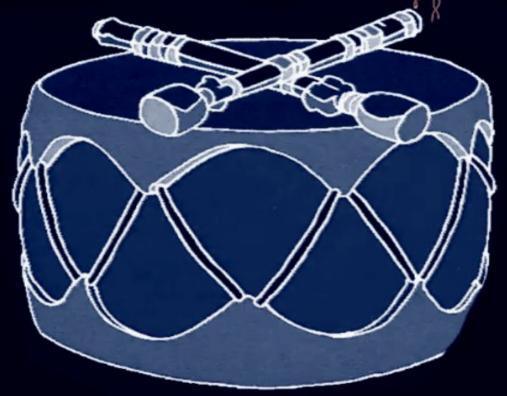
Double sided Drum making class for Adult Fathers

Location : WDFN WellBeing Trailer 326 Moosewoods Drive

When: April 24, 25 - 27, 28, 2023

Time 6:00pm - 8:00pm

8 Spots Available



Please contact Sheldon Buffalo @ 306 370 7061 And Desmond Joyea @ 306 491 0930 for more Info Page 27 **April 2023**



Wellbeing Services April Programming



APR 03

Men's Sharing Circle: ópm (Elders Cabin)

APR 04

Elders Sewing Circle: 10am (EC) Teen Girls Group: 5:30pm (EC) Singing with the Youth: 6pm (Elders Cabin)

APR 05

Elders Yoga: 10:30am (EC) Easter Activity Kit Deliveries

APR 06

Traditional Parenting: 12pm (EC) The Striders (Elders Walking): 1pm Open Gym (CRHES) Ages 10-17: 5:30pm Ages 18+: 6:30pm Adult Singing Practice: 6pm (Elders Cabin)

APR

Good Friday Offices Closed

EC: Elders Centre CRHES: Charles Redhawk Elementary School Page 28 April 2023



Wellbeing Services April Programming



APR

Easter Monday Offices Closed

APR

Singing with the Youth: 6pm (Elders Cabin)

APR 12

Elders Bingo: 1:30pm (EC)



Traditional Parenting: 12pm (EC) The Striders (Elders Walking): 1pm Adult Singing Practice: 6pm (Elders Cabin)



Children's Outing: CRHES Students: Mar's Mini Golf: 1pm

EC Eldere Centre CRHES: Charles Redhauk Elementary School Tony Cote 2023 Winter Games taking place in Saskatoon April 10-13th

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Wellbeing Services April Programming



APR 17

Grief Support Group: 4pm (EC)

TB Bingo for Elders: 12pm (EC) Teen Girls Group: 5:30pm (EC) Men's Sharing Circle: 6pm (Elders Cabin)

APR 18

Elders Sewing Circle: 10am Singing with the Youth: 6pm (Elders Cabin)

APR Elders Yoga: 10:30am (EC) Teen Outing: Outdoor Laser Tag (Ages 13-17): 5:30pm

APR

Traditional Parenting: 12pm (EC) The Striders (Elders Walking): 1pm Adult Singing Practice: 6pm (Elders Cabin)

APR Elders Outing: 12pm



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Wellbeing Services April Programming



25

APR Men's Sharing Circle: 6pm (Elders Cabin)

APR Elders Sewing Circle: 10am Singing with the Youth: 6pm (Elders Cabin)

APR Elders Bingo: 1:30pm (EC)

26

Traditional Parenting: 12pm (EC) APR The Striders (Elders Walking): 1pm Adult Singing Practice: 6pm (Elders Cabin)

APR Grief Support Group: 4pm (EC)

EC: Eldere Centre CRHES: Charles Redhauk Elementary School Page 31 April 2023



CALL THE WHITECAP HEALTH CENTRE TO BOOK 306-373-4600



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Foot Care Services

Thursday, April 13, 2023

Call the Whitecap Health Centre to book @ 306-373-4600



		-	æ		15	벍	22	C) as	29	9
2023	SATURDAY					Infant Moccasin Making 10am – 2pm		FREE Tax Clinic 9am – 1pm WDFN Business Centre		
APRIL 2023	FRIDAY	31	7	Good Friday OFFICE CLOSED	14	Wellbriety 830am Zoom Infant Moccasin Making 5-8pm	21	Wellbriety 830am Zoom Wellbriety Spring Gathering	28 Wellbriety 830am Zoom	n
	THURSDAY	30	9	Wellbriety 830sm Zoom Car Seat Safety 1:00pm to 4:30pm	13	Wellbriety 830am Zoom Foot Care Clinic	20	Wellbriety 830am Zoom	27 Wellbriety 830am Zoom	4
	WEDNESDAY	29	2	Wellbriety 830am Zoom Life Labs Chronic Disease Mgmt Cadet Program Chair Yoga 10am-1pm	12	Wellbriety 830am Zoom Life Labs Dietician Cadet Program	19	Wellbriety 830am Zoom Life Labs Dietician Chronic Disease Mgmt Chair Yoga 10am-1pm	Wellbriety 830am Zoom Life Labs Cades Program Cades Program	3
ctivities	TUESDAY	28	4	Wellbriety 830am Zoom	11	Wellbriety 830sm Zoom	18	Wellbriety 830am Zoom Teen Naloxone Training 530pm – 730pm	25 Wellbriety 830am Zoom	и
Health Centre Activities	MONDAY	27	89	Wellbriety 830am Zoom safeTALK 5-9pm	10	Easter Monday OFFICE CLOSED	17	Wellbriety 830am Zoom	24 Wellbriety 830am Zoom	-
Health (SUNDAY	26	2		6	Easter Sunday	91		R	30

Template © calendarlabs.com

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2022-23 SCHOOL YEAR CALENDAR

Kindergarten-Grade 12



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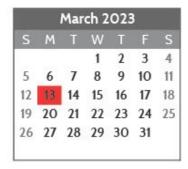
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Saskatoon Public Schools Inspiring Learning

WHITECAP EARLY LEARNING CENTRE



Whitecap Early Learning Centre has space available for:

Toddlers - 18 to 30 months

Preschoolers – 30 months to 5 years

Please contact Sara for more information or to book a tour!

slee@whitecapdakota.com

306.477.2615

We look forward to your family joining ours!

WHITECAP IRA NEWS



Indian Registry Administrator Report April 2023

CIS (Certificate of Indian Status) CARDS

By appointment only. Should you require a status card, you may call the Whitecap Government Office at (306) 477-0908 and leave a message with our receptionist. Our receptionist is instructed to screen your call for basic information: Name, reason for card request (First, Expired, Lost), phone number and/or email, and if you have the proper I.D. Then the IRA will contact you to book an appointment.

Is it time to Renew your CIS card? To find out; check your expiry date on the back of your current laminated status card. Please contact the Band Office as soon as you can to book in for a renewal once expired! Note that your Status number does not expire however, your photo must be updated every five years (for adults 18+) and every three years (for children under 18).

SERVICES AND INFORMATION

Italia Eagle is the IRA for Whitecap. For information on Indian Status eligibility, the SCIS (Secure Certificate Indian Status) card application form and process, and band membership, please contact her at the band office with your inquiry: (306) 477-0908

Important Update for Birth Registration Applications

PARENTS, PLEASE READ

We have been advised that applications for birth registrations that are mailed to the National Processing Unit in Gatineau, Quebec have been experiencing a delayed wait time of up to 2 years to process birth registrations, and that it is quicker to process birth registration applications if done in person or mailed to a regional office in Saskatchewan.

Parents: Please do not mail your child application for birth registration to the address listed on the application form. Instead, we strongly encourage parents to contact the Whitecap IRA for assistance with birth registration forms processing.

Options for parents for processing their child registration applications:

- On Reserve or Local Urban Parent Members:
 - a. Preferred method: Make an in-person appointment with the Whitecap IRA to verify the completeness of your forms, then she will mail them directly to the regional office in Regina.
 - b. Mail the application to the Whitecap IRA so she can verify the forms content and send to the Regina office:

IRA News (Apr 1 2023) Page 1 of 2

Whitecap Indian Registry Administrator 182 Chief Whitecap Trail Whitecap SK S7K 2L2

2. Off Reserve Members:

- a. Preferred method: Mail the application to the Whitecap IRA so she can verify the forms content and send to the Regina office.
- b. In Person Regina: Call (306) 780-5392 and ask to set up an appointment.
- c. In Person Prince Albert: Call (306) 953-8522 and ask to set up an appointment.
- d. Mail to: ISC Governance 1827 Albert Street Regina SK S4P 2S9

Application forms are available from the Whitecap IRA, or can be found online at www.canada.ca/indian-status

Please ensure to fill-out the <u>updated</u> 2020 Child/Dependent Adult application form found on the website or pick-up copy of the latest version available at the Band Office and Health Centre. Any old versions of the application will not be *accepted*.

REQUIRE A SASK. HEALTH CARD? Call toll free 1-800-667-7551 to place your request.

U.S. BORDER CROSSING

Consult the U.S. Customs and Border Protection for updates *before* you travel at 1-202-325-8000 or check this website for more info: https://travel.gc.ca/travel-covid

WDFN TOTAL POPULATION as of February 28, 2023: 693

IRA News (Apr 1 2023) Page 2 of 2

Process to Register Your Child on the Indian Register

Documents required:

- A completed 'Application for Registration on the Indian Register (for children 15 or younger or dependent adults)'
 - Applications may be picked up at the Band office or Health Centre, as well as online
 on the Indigenous Services Canada website under the Indian Status tab. Please
 note that any old versions of the application will not be accepted.

Click here for current Application form

- Important Note: Spelling and spacing of any given or family names that will be entered in IRS must be the same as the names appearing on the Proof of Birth Document
- 2. An original proof of birth document with parental information
 - To get an original proof of birth document, applications may be picked up from the Band Office or Health Centre. You can also visit the Saskatchewan Vital Statistics website: www.saskatchewan.ca – Vital Statistics or view the contact information below.

Vital Statistics

Phone: 1-800-667-7551 (Toll-free Canada & US) 306-787-3251

Email: VitalStatistics@eHealthSask.ca

Phone service: 8 a.m. to 5 p.m. Monday to Friday (excluding statutory holidays)

- The proof of document must contain parental information (at least one parent stated on the birth document)
- The identity information must be visible and undamaged. If information is illegible, the document will not be accepted.

If the child or dependent adult's name on the application form is different from the name on the proof of birth document or legal documents, you must also submit:

 an original legal name-linking document, such as a change of name certificate, that links the previous name with the current name

or

 a copy of a legal name-linking document and valid acceptable identification with the name that is on the application form

If the name of the applying parent, custodial parent or legal guardian is different from the name on any of the other necessary documents, you must also submit:

 a copy of a legal name-linking document, such as a change of name certificate, marriage certificate or divorce order, that links the previous name with the current name

If the Applicant cannot obtain the other parent's signature:

If both parents' names are listed on the child's birth document and after reasonable attempts to locate the other parent to obtain their signature were unsuccessful, a "Statement in Lieu of Other Parent's Signature" form can be completed.

- A copy of valid acceptable identification of the applying parent, custodial parent or legal guardian; copy must be taken of the <u>front and of the back</u> of the identification, each copy signed and dated by a guarantor (IRA).
 - One piece of valid government issued ID which contains the full name, date of birth, photo, and signature. You can provide more than one supporting ID in order to fulfill the data requirements.
 - Must indicate the Document Type (i.e., Saskatchewan Driver's License), Document Number (i.e., Driver's License number), the Expiry Date (YYYYMMDD format), and your Name exactly as it appears on the ID.
- 4. For a child (15 or younger), any legal documents granting custody or guardianship of the child to the applying parent or legal guardian, if applicable for a dependent adult, the guardianship order
 - Must indicate if there are any legal documents pertaining to the custody or guardianship of the child. If there are such documents, then must provide the most recent photocopies of the legal documents.
- 5. It is important to note that the Guarantor Declaration is required in the following three (3) situations:
 - When an applicant does not have sufficient supporting identification to submit with the application;
 - . When the applicant is applying by mail without the assistance of an IRA; and
 - When a third party submits an application on behalf of an applicant

Note that the application form must be submitted to ISC within the last 12 months from the date it was signed by both parents

All required/mandatory fields must be completed as stated in the instructions. Failure to complete these sections may result in delays in processing the application.

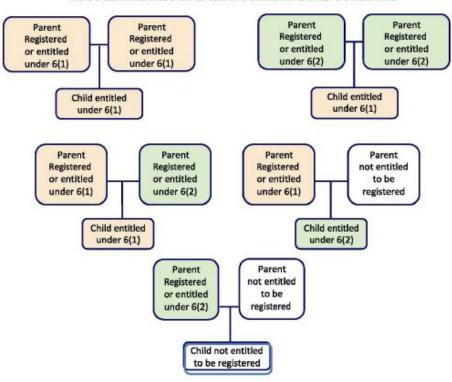
Please note that applications for birth registrations that are mailed to the National Processing Unit in Gatineau, Quebec have been experiencing a delayed wait time of up to 2 years to process birth registrations, and that it is quicker to process birth registration applications if done in person or mailed to a regional office in Saskatchewan

Parents: Please do not mail your child application for birth registration to the address listed on the application form. Instead, we strongly encourage parents to contact the Whitecap IRA for assistance with birth registration forms processing.

How do I know if my Child is Eligible to be Registered as an Indian?

Category Chart

This is a basic reference chart for section 6 entitlements under the Indian Act:



There are two key distinctions between entitlement categories, Subsections 6(1) and 6(2).

6(1) Entitlement

 An individual registered or entitled to be registered under subsection 6(1) can pass status to their child(ren).

6(2) Entitlement

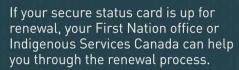
 An individual registered or entitled to be registered under subsection 6(2) must parent with another registered or entitled to be registered Indian in order to pass status to the child(ren).

If only one parent is listed on a child's birth record, it is assumed that the other parent is non-Indian and therefore your child would only be entitled for registration under category 6(2) or not entitled at all. Therefore, it is crucial for the father to sign the "live birth document" in hospital at the time of birth. If the father could not be at the hospital at the time, please ensure to contact Vital Statistics Saskatchewan (eHealth) to request an "amendment to their child's birth record" to add the father.

WHITECAP BAND MEMBER PARENTS: If you have any questions at all regarding Child Registration, or if you are unsure of your category of registration in the Indian Register, please feel free to contact your Whitecap IRA for assistance: Italia Eagle at (306) 477-0908.

April 2023 Page 41

Do you need to renew your Secure Certificate of Indian Status (SCIS)?







How to renew:





Read the instructions and complete the renewal application form.



Download the free SCIS Photo app to submit your photo.



Submit your complete application by mail or in person at your First Nation office.

R122-26/2022E-PDF 778-0-660-41738-7



For more information on how to renew your secure status card and to access the application, please scan the QR code below with your mobile device or visit canada.ca/indian-status-card.

Still have questions? Please contact the Public Enquiries Contact Centre by phone at 1-800-567-9604 or by email at infopubs@sac-isc.gc.ca.





Indigenous and Northern Affairs Canada Affaires autochtones et du Nord Canada



Do you have a will?

Did you know?



<9%

Less than 9% of First Nation peoples on reserve pass away with a will

- the INAC website has information about planning your estate
- your will differs if you live on- or off-reserve
- the Indian Act outlines what should be included in your will
- you can't gift your land on reserve to someone who is not a member of your First Nation
- you can change your will as often as you like
- writing a will doesn't have to be complicated or costly

Why make a will?

 to provide for your loved ones, your children and grandchildren



 to clearly state who should receive your possessions





to decide who will get your home



 to name who will take care of your children and dependents



 to leave instructions for end of life ceremonies





 to name who will take care of your estate



A will could provide peace of mind and clear direction about your wishes to your family and loved ones



Visit http://www.aadnc-aandc.gc.ca/eng/1100100032530/1100100032532

for more information

This publication is also available in French under the title: Avez-vous un testament?

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NOTICE REGARDING THE Whitecap Dakota First Nation

MEMBERSHIP CODE, 2012

BACKGROUND

- The WDFN Membership Code document was approved by the membership on November 16, 2012 via referendum (voting).
- The Minister of INAC notified the WDFN on August 23, 2013 that the Code was approved and is effective and retroactive to December 4, 2012.

MEMBERSHIP CODE GUIDELINES SUMMARY AND APPLICATION PROCESS

An individual must be a registered Indian in order to apply to be on the WDFN (Whitecap) Band list. <u>Automatic Membership</u>

- The parent(s) of minor children that requested of INAC to be on the Whitecap band list at the time they
 applied for their child to be a Registered Indian is recorded by INAC as an "affiliate" of Whitecap.
- An adult who became eligible to be a Registered Indian as a result of Bill C-3 that requested of INAC to be on the Whitecap band list at the time applied for Registration as an Indian is recorded by INAC as an "affiliate" of Whitecap.

	"Affiliates" are required to complete an application form for Band Membership and submit to the
	Membership Clerk for processing along with required document(s).
	The Membership Clerk notifies the individual in writing of the status of Band Membership application.
	The Membership Clerk updates the Whitecap Band list accordingly.
Dis	<u>cretionary Membership</u>
	The individual completes application for Band Membership and submits to the Membership Clerk for
	processing along with required documents.
	The Membership Clerk takes forward the application to the Membership Committee for their review and
	recommendation to Council.
	The Membership Clerk takes forward recommendation from Membership Committee to Council.
	If approved, the Membership Clerk posts a Notice of the approved Band Membership application for 30 days.
	The Membership Clerk notifies the person in writing of the status of Band Membership application.
	The Membership Clerk updates the Whitecap Band list accordingly.

DEFINITION OF AN "AFFILIATE":

When an individual is affiliated with a Band, it means that the individual is a registered Indian in the IRS (Indian Registry System) with that band and is eligible for benefits including certain non-insured health benefits, the possibility of post-secondary education assistance and exemption from certain federal and provincial taxes. Only that band can grant an individual Membership and access to benefits such as: the right to reside on-reserve; housing on-reserve; voting privileges within the band; and the right to involvement in Community affairs, etc., depending on that Band's Code.

★ Band Membership Application is available at the Whitecap Government (Band) Office, Health Centre, Elementary School or Housing & Public Works office ★

If you have any questions, please contact the WDFN Membership Clerk (Sheila) at 306-477-0908 or scaisse@whitecapdakota.com

Remember to update the WDFN Membership Clerk if you move. The Membership Clerk will correspond to the latest address on file. Page 44 April 2023

Join our Facebook Group! Whitecap Dakota Self-Governance Group



This group was created specifically for Whitecap Dakota First Nation Members and Community Members. The purpose of this group is to engage by sharing information and consulting with members to have those critical conversations about the self government processes.

- 1. Self Government Negotiations
- 2. WDFN Constitution
- 3. WDFN Governance Code
- 4. Final Self Government Agreement



*This group is private and exclusive to <u>Registered Band Members</u> only. Feel free to invite other band members to join!

For those members not on social media, please email engage@whitecapdakota.com for more information on Self-Governance.

Scan the QR to Join OR:

- 1. Like the Whitecap Dakota Government FB Page
- From the Whitecap Dakota Government Page, Click on the" Whitecap Dakota Self Governance Agreement Group"
- 3. Click "JOIN"
- 4. You will then be prompted to answer membership questions. Submit your responses and await approval!



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Free Tax Clinics

Get your benefits and credits

If you have a modest income and a simple tax situation, volunteers can do your tax return for you!



Where: Whitecap Business Centre

When: April 22nd, 2023







Go to canada.ca/taxes-help or call 1-800-959-8281 for more information.

Volunteers are not employees of the Canada Revenue Agency

Please contact Band Office reception at (306) 477 – 0908 to book an appointment with one of the Whitecap Volunteers.

Clinics will be held on Saturday's beginning at 9:00am and Tuesday evenings beginning at 4:30pm at the Whitecap Business Centre. Dates are listed above.

Ensure to bring ALL tax slips to scheduled appointment.

On-Reserve Elder's (55+) may also be contacted directly by reception to schedule an appointment.

For any further questions, contact: Tracey Lafond at (306) 370-1079 or Lori Buffalo-Delaronde at (639) 317-7091

TIS50S(E) Rev. 18

WHITECAP HOUSING & PUBLIC WORKS

Online Banking

Whitecap Dakota First Nation accepts rent payments through Online Banking.

Online Payment ➤ Fast, Simple, Convenient

- 1. The easiest and <u>preferred method</u> for rentpayments is by online banking. Simply add Whitecap Dakota First Nation as a Payee. All you need is your Customer Number, which can be obtained by calling Whitecap Housing and Public Works: 306-477-2013.
- 2. Schedule your payments in advance or set up as a recurring payment.
- 3. Pay rent or damage deposit any time through your RBC, BMO, TD, CIBC, Scotiabank, Affinity Credit Union or Conexus Credit Union, online banking from any personal computer or smart phone app day or night, 24/7. Recently added Peace Hills Trust, TCU Financial group and, Accent Credit Union to the list.
- 4. This saves you time, paperwork and leg-work.
- 5. Your bank not listed below? No problem, we can get your bank added to the list. Please call the Whitecap Finance staff to request it be added.





















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Whitecap Dakota First Nation

182 Chief Whitecap Trail, Whitecap SK S7K 2L2 Phone (306) 477-0908 • Fax (306) 374-5899 Website: www.whitecapdakota.com

Memorandum

To: ALL Whitecap Dakota Community Tenants

CC: WDFN Council

Warren Buffalo, General Manager

From: Terry Parenteau, Director WDFN Housing & Public Works

Date: November 29, 2022

Re: Maintenance Calls

Please be advised that we are requesting all tenants take the following actions prior to making a maintenance call to the Housing & Public Works.

All housing units have received a Basic Home Maintenance Manual. Within the manual holds valuable housing maintenance tips. Such as replacing your furnace filter, plunging your toilet, sinks and tubs along with many other valuable maintenance guides.

- When a maintenance repair arises please refer to your Basic Home Maintenance Manual and follow the procedure listed in the manual.
- Should you fail to rectify the maintenance repair issue please call Housing & Public Works 306-477-2013 and we will try to assist you over the phone.
- If maintenance repair attempts are unsuccessful, H&PW will then place a call to a Professional Service Technician.

If you have placed a maintenance call and a Service Technician has not arrived to your home within 24 hours please call H&PW and we will follow up. **DO Not** Contact the Contractor yourself unless you are willing to be **liable for the bill**.

Please do not disrupt Housing & Public Works while they are working in the community. They are extremely busy and are not authorized to change their schedule. Keep in mind it is not anyone other than the tenants' responsibility to report your housing issue.

Thank you for your immediate attention and cooperation in this matter.

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Whitecap Dakota First Nation

182 Chief Whitecap Trail, Whitecap SK S7K 2L2 Phone (306) 477-0908 • Fax (306) 374-5899 Website: www.whitecapdakota.com

Memorandum

To: All WDFN Community Tenants

From: Terry Parenteau, Director Housing & Public Works

Cc: Warren Buffalo, General Manager

Date: November 29, 2022

Re: Furnace Maintenance

Please be reminded that it is the tenant's responsibility to maintain the upkeep of the furnace, 9/10 winter furnace service calls are due to a clogged filter. If the furnace service call confirms that the furnace filter is clogged the tenant **will be held responsible** for the cost.

All Housing Units have been provided with a Basic Home Maintenance Tenant Hand Book, page 23 – 26 contains helpful tips on Furnace Maintenance:

Once a Month

Change or clean filters during the heating months.

As a reminder when the seasons change, change the furnace filter but check often.

To determine how dirty the filters are, hold them up to a light source. If you can easily see light through them, then they are still deemed clean enough to use. Vacuum out return air grilles.

Unusual noises produced by the furnace should be cause for concern.

If airflow from your heat register decrease or seems cooler, chances are the furnace filter is clogged and must be replaced.

Benefits of Furnace Maintenance:

- Helps to increase equipment life
- Restores lost capacity
- Prevents breakdown
- Reduces utility costs
- Prevents unnecessary repair costs

Standard Furnace Filters are 16 x 25 and may be purchased at Home Depot, Canadian Tire and Walmart at affordable prices.

This winter ensure warmth and change your furnace filter.

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Whitecap Dakota First Nation

182 Chief Whitecap Trail, Whitecap SK S7K 2L2 Phone (306) 477-0908 • Fax (306) 374-5899 Website: www.whitecapdakota.com

Memorandum

To: WDFN Tenants

From: Terry Parenteau, Director WDFN Housing & Public Works

cc: Warren Buffalo, General Manager

Date: November 29, 2022

Re: Tenant Responsibility to Remove Snow and Ice

This notice is to remind WDFN Tenants of their responsibility to remove snow and ice from driveways, walkways and steps. We suggest that each home have a shovel and ice melting salt on hand to clear driveways, walkways and steps as needed.

Keeping your driveway, walkway and steps clear of snow and ice will help prevent slips and falls for the occupants of the dwelling as well as any delivery persons.

Start removing the snow when the ground is lightly covered and keep clearing it often. Doing this greatly reduces the accumulation of heavy, packed snow.

If your dwelling has excessive buildup of snow or ice on walkways and or steps, delivery of items to the dwelling may be affected.

Elder units are **the only** units that are entitled to have their driveway, walkway and steps cleared of snow.

Please feel free to contact me at 306-477-2013 should you have any questions concerns pertaining to this matter.



Whitecap Dakota First Nation

182 Chief Whitecap Trail, Whitecap SK S7K 2L2 Phone (306) 477-0908 • Fax (306) 374-5899 Website: www.whitecapdakota.com

Memorandum

To: WDFN Community Dog Owners

From: Terry Parenteau, Director Housing & Public Works

cc: Warren Buffalo, General Manager

Date: January 5, 2023

Re: Dogs Running at Large

Within the last few months, WDFN Housing & Public Works has received an increased number of complaints of dogs running at large and, in some cases, acting aggressive towards people especially children. Due to this, WDFN Housing & Public works is taking a serious stance on owner(s) allowing their dog(s) to run at large.

A dog is running at large when it is beyond the boundaries of the land occupied by the owner of the dog, or beyond the boundaries of any lands where it may be with the permission of the owner or occupant of the said land when it is not under control by being:

- In direct and continuous charge of a person competent to control it;
- Securely confined within an enclosure; and
- Securely fastened so that it cannot roam at will.

Please be advised that WDFN H&PW will take necessary steps to remove any dog(s) running at large in the community.

Respectfully

Terry Parenteau, Director of Housing & Public Works Page 51 April 2023



Whitecap Dakota First Nation

182 Chief Whitecap Trail, Whitecap SK S7K 2L2 Phone (306) 477-0908 • Fax (306) 374-5899 Website: www.whitecapdakota.com

Memorandum

To: All WDFN Community Tenants

From: Terry Parenteau, Housing & Public Works Director

c.c.: WDFN Council

Warren Buffalo, CEO

Date: January 4th 2023

Re: Garbage and Recycle Collection Schedule

Loraas has made some changes to the pickup schedules for Recycle Collection.

Recycle Collection will be executed every second Monday starting January 16th 2023 which will greatly improve all facets of the operations including reliability as Loraas' routing will become much more efficient.

Waste Collection will not change and will still be every second Friday, waste will be collected on January 13th 2023.

Loraas is confident this will definitely be much more beneficial for WDFN Community.

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Whitecap Dakota First Nation

182 Chief Whitecap Trail, Whitecap SK S7K 2L2 Phone (306) 477-0908 • Fax (306) 374-5899

Website: www.whitecapdakota.com

Memorandum

To: All WDFN Community Tenants

Terry Parenteau, Director, WDFN Housing & Public Works From:

WDFN Council C.C.:

Warren Buffalo, General Manager

January 4th 2023 Date:

Re: Loraas Disposal Garbage Bins and Recyclable Bins

Please keep in mind when discarding your garbage and recyclables.

- 1. Collection equipment requires clear, safe access to your container on collection day to ensure service.
- 2. Containers with inappropriate materials, overweight or over height could be bypassed by collection personnel.
- Garbage bags should not be stacked on top of or beside the garbage bin. The garbage bin must be able to close. Cardboard boxes/material do not belong in the garbage bins but rather the blue recycle bins.

The Grey garbage bins are clearly marked "DO NOT OVERFILL" The Blue Recyclable bins are clearly marked "Recyclable Products"

Below are illustrations of what to do AND what not to do on garbage day.



ACCEPTABLE



UNACCEPTABLE

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WHITECAP- 2023 COLLECTION SCHEDULE

THANK YOU FOR HELPING US KEEP OUR ENVIRONMENT CLEAN!

- · Ensure your cart is rolled out by 7 a.m. on your designated collection day.
- · Collection equipment requires clear, safe access to your cart.
- · Do not place your container within 4 feet of buildings, vehicles, overhead and underground utilities.
- · We are not responsible for any damage resulting from service provision.
- Containers with inappropriate materials, overweight or overloaded will be bypassed by collection personnel.
- · Should your scheduled collection day fall on a statutory holiday, please be advised service will continue as normal.
- . If you scheduled collection day falls on either Christmas or New Years Day, collection will occur on the following Saturday.

RECYCLE PICK UP DAY										GARBAGE PICK UP DAY										2023							
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22	23	24	25	26	27	28	19	20	21	22	23	24	25	19	20	21	22	23	24	25	16	17	18	19	20	21	22
29	30	31	1	2	3	4	26	27	28	1	2	3	4	26	27	28	29	30	31	1	23	24	25	26	27	28	29
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30	1	2	3	4	5	6	28	29	30	31	1	2	3	25	26	27	28	29	30	1	30	31	1	2	3	4	5
7	8	9	10	11	12	13	4	5	6	7	8	9	10	2	3	4	5	6	7	8	6	7	8	9	10	11	12
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21	22	23	24	25	26	27	18	19	20	21	22	23	24	16	17	18	19	20	21	22	20	21	22	23	24	25	26
28	29	30	31	- 1	2	3	25	26	27	28	29	30	-1	23	24	25	26	27	28	29	27	28	29	30	31	1	2
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27	28	29	30	31	1	2	1	2	3	4	5	- 6	7	29	30	31	1	2	3	4	26	27	28	29	30	1	2
3	4	5	6	7	8	9	8	9	10	11	12	13	14	5	6	7	8	9	10	11	3	4	5	6	7	8	9
10	11	12	13	14	15	16	15	16	17	18	19	20	21	12	13	14	15	16	17	18	10	11	12	13	14	15	16
17	18	19	20	21	22	23	22	23	24	25	26	27	28	19	20	21	22	23	24	25	17	18	19	20	21	22	23
24	25	26	27	28	29	30	29	30	31	1	2	3	4	26	27	28	29	30	1	2	24	25	26	27	28	29	30
1	2	3	4	5	6	7	5	6	7	8	9	10	11	3	4	5	6	7	8	9	31	1	2	3	4	5	6

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ADVERTISEMENTS, ANNOUNCEMENTS & NOTICES

Hunting on Whitecap Dakota Lands

As per a Whitecap community meeting motion, WDFN has requested that Saskatchewan Conservation Officers patrol Whitecap Reserve Lands for unauthorized hunters.

- If you are a WDFN Member and hold a status card you may hunt as per usual. Remember it is necessary to carry your status card while you are out hunting.
- Non-WDFN members with a status card need a written permission slip from the Band and their status card while hunting.
- Non-status individuals must have a valid hunting license and a written permission slip from the Band.

If you have any questions or concerns please contact the Band Office.

Turn in Poachers or Unauthorized Hunters at:

TURN IN POACHERS
24 HOURS - TOLL FREE
1-800-667-7561
SASKTEL CELL - #5555

Thank you for your understanding.

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The Chief and Council of the Whitecap Dakota First Nation and its Members, would like to thank the Dakota Dunes Community Development Corporation (DDCDC) for their contributions to the following Community Events/ Projects:

- Buffalo Berry Playground Fence
- Zoom Boom
- Sander Project
- CSO Vehicles
- ▶ 616 HCP
- Boundary Road
- Wheelchair conversion



We look forward to another successful year in the name of community investment and partnership

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WDFN On-Reserve Subsidy Programs 2023-24

The Whitecap Dakota First Nation has the following On-Reserve Subsidy Programs available to eligible Band members or Community members. These programs sheets can be downloaded from the WDFN website under the "Our Community" section under "On-Reserve Subsidy Programs". The application forms are in PDF fillable format. Click here:

https://www.whitecapdakota.com/en/our-community/on-reserve-subsidy-programs.aspx

You may also contact the department office responsible for administering these programs for a copy be sent to you.

Each Subsidy Program contains a description of what is available to apply for, the Eligibility criteria, the Approval Process, Contact Information, and an Application Form.

- WDFN On-Reserve 50/50 Agriculture Projects Assistance Program
 - Chief Executive Officer (CEO)
- WDFN On-Reserve 50/50 Home Improvement Program
 - o CEO
- WDFN On-Reserve Children's School Supplies Program
 - Community School Coordinator
- WDFN On-Reserve DDGL Golf Season Pass Subsidy Program
 - o CEO
- WDFN On-Reserve Market Rent Subsidy Program
 - Director, Housing & Public Works
- WDFN On-Reserve Minor Sports and Fine Arts Fees Program
 - o CEO
- WDFN On-Reserve Private Home Ownership Program
 - Director, Housing & Public Works
- WDFN On-Reserve Rent Subsidy and Computer Grant for Skills and Trades Apprenticeship Program
 - Director, Housing & Public Works
- WDFN On-Reserve Seniors Housing Subsidy Program
 - Director, Housing & Public Works
- WDFN On-Reserve Seniors Tax Return Service Program
 - Director, Economic Development & Lands

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FITNESS CENTRE PROTOCOL



HOURS

6:00 AM to 10:00 PM DAILY

- 1. **EFFECTIVE SEPTEMBER 9, 2022 @ 4:30 PM.**
 - In the interest of community safety, the Fitness Centre door will be locked 24-7, 365 and all users must enter a code to gain access. → See page 2*
- 2. ENTER AT YOUR OWN RISK. All users acknowledge, by your use of this facility, that such use is at your sole risk, and that you shall be liable for and shall indemnify the Whitecap Dakota First Nation against any and all claims, actions, liabilities, losses, damages, or expenses relating to your use of this facility.
- 3. MUST BE 16+ YEARS OF AGE
- 4. MUST BE A WHITECAP COMMUNITY OR STAFF MEMBER
- 5. MASKING IS <u>OPTIONAL</u>
- 6. LOG-IN AND LOG-OUT. Enter your name, time entered, and time exited in the logbook in the entrance.

SAFETY RULES:

- If you are experiencing mild, cold-like symptoms including cough, sore throat, and sneezing, without fever, please refrain from entering our buildings.
- > No children under 16 years of age allowed in the Fitness Centre
- Pay attention to the safety posters in the Fitness Centre

Security Notice:

- This facility is monitored inside and out by security cameras
- The security alarms are set to automatically disarm shortly before 6am and to arm shortly after 10pm. If you remain in the gym past the scheduled close time, an alarm is generated, and authorities are notified. <u>Please exit the gym promptly at 10 pm so as not to set off false</u> alarms.

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FITNESS CENTRE ACCESS CODE PROCEDURE

EFFECTIVE SEPTEMBER 9, 2022 @ 8:00 AM

Fitness Centre users will contact either of the following staff for the community code and during business hours only of 8:00AM to 4:30 PM:

Desmond Joyea, Youth & Community Program Assistant

306-492-0930 or by email: <u>djoyea@whitecapdakota.com</u>

or

Jordanna Johnson, Youth & Community Program Coordinator 306-469-0093 or by email: jjohnson@whitecapdakota.com

EFFECTIVE OCTOBER 11, 2022 @ 4:30 PM

Fitness Centre users <u>must</u> sign up for the *Whitecap App* prior to October 11th as this will be the only way we will communicate code changes.

Fitness Centre users <u>must</u> fill out the membership form so that we can add you to the "Fitness Centre Group".

The community code will be changed every 2 weeks on Mondays (Tuesdays if Monday falls on a Stat holiday) and a notification will be sent to you via the App.

In the interest of Community Safety, please do not share the community access code to any person who is not a Whitecap Band member or community member.

Thank you for your understanding.

Pidamaya

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NOTICE:

Whitecap APP Discontinued

Effective March 31, 2023, the Whitecap Mobile App will be discontinued and removed from the *Apple* and *Google Play* stores.

The First Nation is switching to a new notification system soon. Watch for more information in the Whitecap Newsletter, website, and Facebook pages.

Note to the Whitecap Fitness Center Members: in the interim, we will switch to email notices to send you the bi-weekly Fitness Centre code changes. We have retained the email addresses for the users in our 'Fitness Centre' group only so that authorized Whitecap staff may continue to send you the code. If your email address has changed since you signed up for the App, please contact Italia at the Whitecap Government office to provide your new email at: ieagle@whitecapdakota.com or call 306-477-0908.

All other contact information for all users of the app will be deleted.

CEO, Whitecap Dakota First Nation

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Does Your Family Have A 72-Hour Emergency Kit?

"What is a 72- Hour Emergency Kit and why do I need one"?

Many people ask the question, "What is an emergency kit?" Simply put, a 72-hour emergency kit (for blizzards, tornadoes, power outage, wildland fires or other occurrence) is a collection of basic items your family will need to survive in the event of an emergency.

Being aware that you and your family may need to survive on your own after a major power outage or disaster situation occurs, means having your own emergency food, water and other important supplies on hand in sufficient quantities to sustain yourself and your family for at least 72 hours.

Local officials and relief workers will be on the scene when possible after a disaster, but they cannot reach everyone immediately. You could receive help in hours—or it may take days or longer. Additionally, basic services such as electricity, gas, water, sewage treatment and telephones may be cut off for days, or even a week or more. Your emergency supplies kit should include plenty of survival essentials to help you manage during these outages.

Why Emergency Kits are Important?

Emergency survival kits have been used for centuries to protect people from natural disasters. Most people use emergency kits in natural disasters to keep them safe; however, there are also people who do not use kits because they do not think that they will ever need one because they have never experienced a natural disaster. 72-hour kits are important in any natural disaster because they keep you safe, are essential for staying prepared and fighting off stress, and could mean the difference between life and death in an emergency situation.

MAKE A PLAN TODAY. Your family may not be together if a disaster strikes, so it is important to know which types of disasters could affect your area. Know how you'll contact one another and reconnect if separated. Establish a family meeting place that's familiar and easy to find.

Since you do not know where you will be when an emergency occurs, prepare supplies for home, work and vehicles

Home: Keep this kit in a designated place and have it ready in case you have to leave your home quickly. Make sure all family members know where the kit is kept.

Work/school: Be prepared to shelter at work or school for at least 24 hours. Your kit should include food, water, and other necessities like medicines, stored in a "grab and go" case (backpack).

Vehicle: In case you are stranded, keep a kit of emergency supplies in your car, and add items for winter driving as needed.

Emergency planning experts at WDFN are encouraging you to assemble your kit well in advance of an emergency. You may have to evacuate at a moment's notice and take essentials with you. You will probably not have time to search for the disaster supplies you require, at a time when you most need them. Emergency preparedness provides peace of mind and safety for yourself and your loved ones, and ensures that essential survival supplies will be on hand and ready-to-grab when you most need them! Now is the ideal time to make sure your emergency supplies kit is in place and up to date.

WDFN EMERGENCY MANAGEMENT

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Use this suggested checklist to stock a basic 72-hour kit and add items depending on your family's needs. Ideally, your kit should be stored in a waterproof and wheeled container. You may have to stay in your home without electricity or water, or you may have to evacuate your home for a period of time. Building a 72-hour emergency kit includes everything your family needs for a 3-day camping trip, at home.

A	Communication Plan	To	iletries
Ho	w will you get in touch? Who are you out of area		Cleaning supplies (hand sanitizer, shampoo).
CO	ntacts that family members can contact during an		First aid kit.
em	nergency?		Toilet paper.
Li	st of Emergency Numbers		Dish soap.
Po	lice, Fire, family doctor, family/friends who can		Feminine supplies.
hel	lp in a crisis.		Toothbrush, toothpaste.
Fo	od and water		Hair elastics.
	Four litres of drinking water per person per day.		Brush/comb.
	Food (non-perishable and easy to prepare items).		Deodorant.
Eq	uipment		Wash cloth.
	Manual can opener.		Medicine, pain relief.
	Flashlight (wind-up/battery-operated), batteries		Sunscreen.
	Wind-up/battery-powered radio.		Bug spray.
	Solar charger for phones.	Pe	rsonal documents and items
	Candles, lighter, waterproof matches.		A list of your emergency contacts (names and
	Pens, sharpie, and paper.		contact numbers).
	Duct tape		An extra set of house and car keys.
	Paracord, fishing line or rope, tarp, work gloves.		Some cash in smaller bills.
	Pocket knife, pocket camping saw.		Copies of important documents like passports, birth
	Cooking pot, folding backpack stove and eating		certificates and insurance policies, driver's license.
	utensils.		Photos of family members and pets (write the age,
	Warm clothes, shoes.		weight, height, name and other characteristics on
	Blankets or sleeping bags, mylar blankets.		the back)
	Garbage bags, Ziplock bags		Printed procedures to shut off home utilities (water,
	Whistle and/or flares.		electricity, gas)
	Extra batteries.	Ac	lditional Items for winter and car
	Playing cards, travel games and other activities		Shovel, ice melt or cat litter.
	for children.		Winter boots.
Sp	ecial needs items		Sleeping bags, blankets.
	Infant needs (diapers, formula, bottles).		Warm winter clothing.
	Prescription medicines.		Hand and foot warmers, HotHands.
	Extra prescription glasses or contact lenses.		
	Pet items (food, leash, muzzle, medication, etc.).		

KNOW THE RISKS, MAKE A PLAN AND BE PREPARED. YOUR 72 HOUR KIT HOLDS SUPPLIES TO SUPPORT YOU AND YOUR FAMILY FOR 3 DAYS. HAVING THE RIGHT EQUIPMENT MEANS THAT YOU AND YOUR LOVED ONES WILL BE TAKEN CARE OF AND YOU CAN SURVIVE UNTIL HELP ARRIVES.

WDFN EMERGENCY MANAGEMENT

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Whitecap Sports Centre Booking Policy for Whitecap Band Members

(Revised April 3, 2023)

- 1. This booking policy is for Whitecap Dakota First Nation (WDFN) Band Members only.
- 2. Band Members must contact the Housing & Public Works Housing Clerk to provide details of event: 306-477-2013
- 3. The Housing Clerk checks on availability and then relays the request to the Director, HPW for approval. Once approved, the Housing Clerk proceeds with the following:
 - a. Arranges for a Facility Usage Agreement (FUA) to be signed by the Director, HPW and the Band Member.
 - b. Collects a rental fee of \$150.00 from the Renter and issues a receipt and a copy of the FUA.
 - c. Books the WDFN after-hours security person to open/close the sports centre and to perform inspections of the facility before and after the event.
 - d. Arranges for a refund of \$75.00 to the Band Member provided that the Sports Centre is left in a clean state, there are no damages and there is no missing WDFN property. Deductions will be made accordingly based on the inspection report.

Booking Conditions:

- Band Member is responsible for any missing WDFN property and/or damages to the Sports Centre and agrees to reimburse WDFN for replacement/repair costs.
- The use of the sports centre does not include use of the kitchen cooking equipment.
- No alcohol allowed in the Sports Centre.
- Band Members must bring their food already prepared and bring their own supplies, such as disposable plates, cutlery, and coffee/tea and condiments.
- There is a coffee maker and tea kettle available for use.

Note:

This booking policy *does not* apply to bookings for the outdoor areas of the sports grounds i.e.) the Dakota Gardens or Sports Centre patio. Please refer to that separate policy for the booking protocol.

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Dakota Gardens or Sports Centre Patio Booking Policy for Whitecap Band Members

(Revised April 3, 2023)

- 1. This booking policy is for Whitecap Dakota First Nation (WDFN) Band Members only.
- 2. This booking policy applies to the Dakota Gardens or the Sports Centre Patio.
- 3. Band Members must contact the Housing & Public Works Housing Clerk to provide details of event: 306-477-2013
- 4. The Housing Clerk checks on availability and then relays the request to the Director, HPW for approval. Once approved, the Housing Clerk proceeds with the following:
 - a. Arranges for a Facility Usage Agreement (FUA) to be signed by the Director, HPW and the Band Member.
 - b. Collects a \$150.00 rental fee from the Band Member and issues a receipt and a copy of the FUA.
 - c. Books the WDFN after-hours security person to open/close the gate to the sports grounds, to open/close the shower-house washrooms, and to perform inspections of the washrooms and the outdoor area(s) before and after the event.
 - d. Arranges for a refund of \$75.00 to the Band Member provided that the area is left in a clean state, there are no damages and there is no missing WDFN property. Deductions will be made accordingly based on the inspection report.

Booking Conditions:

- Band member is responsible for any missing WDFN property and/or damages to the shower-house washrooms, the Dakota Gardens or the Sports Centre Patio and agrees to reimburse WDFN for replacement/repair costs.
- For events involving the serving of alcohol, the Band member must obtain approval from Council and purchase a liquor license, liability insurance and provide own security staff.

Note:

This booking policy *does not* apply to bookings for the Sports Centre. Please refer to that separate policy for the booking protocol.

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Charles Red Hawk Elementary School (CRHES) Gym Rental Policy for Whitecap Band Members

(Revised April 3, 2023)

- 1. This rental policy is for WDFN Band Members only.
- 2. Band Members must contact the CRHES Community School Coordinator (CSC) / Administrative Assistant (AA)** to provide details of event.
 - ** During the summer months of July and August, contact the Administrative Assistant Band Operations at the Band Office.
- 3. The CRHES CSC/AA makes inquiry with the School Principal and the Youth & Community Program Coordinator on availability of gym and then relays the request to the CEO for approval. Once approval granted, the CRHES CSC/AA proceeds with the following:
 - a. Arranges for a Facility Usage Agreement (FUA) to be signed by the CEO and the Renter.
 - b. Collects a rental fee of \$150.00 from the Renter and issues a receipt and a copy of the FUA.
 - c. Books the WDFN after-hours security person to open/close the gym and to perform inspection of the facility after the event.
 - d. Arranges for a refund of \$75.00 to the Band Member provided that the area(s) are left in a clean state, there are no damages and there is no missing CRHES property. Deductions will be made accordingly based on the inspection report.

Notes:

- No alcohol allowed in the CRHES Gym or premises.
- The use of the CRHES Gym does not include the use of the Kitchen unless the event is for a wake/funeral or a feast.

Bookings for Funeral/Feast Protocol:

- The WDFN will not charge a rental fee if the event is for a wake/funeral.
- The WDFN will charge a rental fee of \$150 if the event is for a private, family feast.



Booking Policy for Other Whitecap Indoor Facilities

(Updated April 3, 2023)

Please be advised that the following indoor facilities *are not available* for bookings for private events by Whitecap Band Members:

- **Fire Hall**: no longer available for bookings as it has been converted into office space.
- Elders Centre: not available for bookings as is dedicated to programs for Elders and certain health programming by Whitecap staff.
- Cover-All (at sports grounds): not available for bookings.

Note:

Please refer to the notices regarding the booking policies for the Sports Centre, the Dakota Gardens or Sports Centre Patio and the CRHES gym.

NOTICE

Please be advised of some recent changes to the operations at the Waste Transfer Station:

- Effective immediately, waste will be tracked and monitored by the Waste Transfer Attendant.
- Accepted waste includes:
 - Solid waste (sorted and bagged)
 - Organic waste (grass clippings, leaves, garden material, etc.)
 - Scrap metals
 - Recyclable materials
 - Wood
 - Electronics (computers, tv, etc.)
 - Used appliances (fridges, stoves)
 - Tires
 - Construction and demolition materials (shingles, bricks, cement, siding, etc.)
 - Propane tanks
- Hazardous accepted materials include:
 - Used oil and used oil filters
 - Automotive batteries
 - Used paint and stain
- When dropping off any lawn mowers or other items that may contain fuel or oil, it
 will be the individual's responsibility to drain any and all fluids prior to disposal at
 the site. The site attendant can restrict what is accepted at the transfer station.
- The facility is available for access Monday to Friday, 8:00AM 4:30PM by appointment only. Gates will be locked at all times when unsupervised. To access the site, contact the WDFN Public Works office at (306) 477 – 2013.
- WDFN Community will be notified when the site will be open and available for use without appointment via the community newsletter, the Whitecap mobile app, and/or the WDFN website.

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NOTICE

Be advised that hunting and fishing on the Dakota Dunes Golf Course is strictly prohibited.

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REMINDER

Whitecap Dakota First Nation Community Curfew

All persons, 12 years of age and under are required to be off Community streets and Community property between 8 P.M. and 7 A.M. unless accompanied by a parent or guardian.

All persons, between the ages of 13 and 17 are required to be off Community streets and Community property between 11 P.M. and 7 A.M. unless accompanied by a parent or guardian.

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Reminder for ATV/Snowmobile Usersi

- . Please be respectful of peoples property
 - . Stay in ditches and trails
 - . Follow all safety rules: helmets, etc.
 - . Respect time of day

(ATV's are loud, be considerate of neighbors)

- Children under the age of 16 should not be operating an ATV
- . Be cautious of children playing and pedestrians

Have Fun and Be Safe!

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NOTICE

Please be advised that the Band Office, Business Centre, Housing & Public Works, Health Centre, and Whitecap Early Learning Centre will be

Closed

Friday, April 7th, 2023

(Good Friday Stat Holiday)

&

Monday, April 10th, 2023

(Easter Monday Holiday)

Normal business hours will resume at 8:00 a.m. on Tuesday, April 11th, 2023